The Catholic Prayer Book

Dedicated to Jesus through Mary
We ought always to pray.
Pray, lest ye enter into temptation.
Be instant in prayer.
(St. Luke 18:1; 22:40; Colossians 4:2)

Let nothing hinder thee from praying always.
(Ecclesiasticus 18:22)

The holy Catholic Church universal proclaims that God cannot be truly worshipped saving within herself, asserting that all they that are without her shall never be saved.
(Pope St. Gregory the Great, Moralia)
(v. 2, b. 14, s. 5)
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INSTRUCTIONS

Omit the prayers for the pope when the Holy See is vacant; that is, when the Catholic Church has no pope reigning. However, some of these prayers have substitute prayers for when the Holy See is vacant.

ADVENT PRAYERS

St. Andrew Advent Prayer

(Said daily beginning on St. Andrew’s Feast Day through the Vigil of Christmas)

Hail and blessed be the hour and the moment in which the Son of God was born of the most pure Blessed Virgin Mary at midnight in Bethlehem in the piercing cold. In that hour vouchsafe, O my God, to hear my prayer and grant my petitions. Through the merits of Jesus Christ our Lord. Amen.

Blessing of the Advent Wreath


Advent Antiphons

(Said daily beginning the 1st Lord’s Day of Advent through the Vigil of Christmas. Begin with “Daily Prayer” and then recite the prayer for the appropriate week.)

Daily Prayer

Drop down dew from above, ye heavens, and let the clouds rain the Just One. Let the earth be opened and bud forth a Savior. (Isa. 45:8)

First Week

Rejoice, O daughter of Sion, and be jubilantly glad, O daughter of Israel. Behold, thy Lord comes and in His day a great light shall arise. The mountains shall drop down sweetness and the hills shall flow with milk and honey, for the Great Prophet shall come and He shall renew Jerusalem.

Antiphon: Come, let us adore our Lord and King who is about to come to us!

Behold, thy God comes, the Man of the house of David, to sit upon the throne. And you shall see and your heart shall rejoice.

Antiphon

Second Week

Behold, the Lord our Protector comes, the Holy One of Israel, having on His head the regal crown. And He shall rule from sea to sea and from the river to the ends of the earth.

Antiphon

Behold, the Lord comes and He will not lie. Should He tarry, await Him, for He shall assuredly come and shall not delay.

Antiphon

Third Week

The Lord shall come down as rain upon the fleece, and in His days shall justice spring up and abundance of peace. And all kings of the earth shall adore Him, all nations shall serve Him.

Antiphon

A Child is born to us, and a Son is given to us, and the government is upon His shoulder. And His name shall be called Wonderful, Counselor, God the Mighty, the Father of the world to come, the Prince of Peace.

Antiphon

Fourth Week

And thou, Bethlehem Ephrata, art a little one among the thousands of Juda. Out of thee shall He come forth unto Me that is to be the ruler in Israel. And His going forth is from the beginning, from the days of eternity.

Antiphon

Our forerunner, Jesus, the Lamb undefiled, has entered the Holy of holies for us, having become a high priest forever according to the order of Melchisedech. He is the King of Justice, having neither beginning of days nor end of life.

Antiphon

The “O” Antiphons

(Said daily during Vespers beginning the 17th day of the 12th month. If you do not pray Vespers, then pray the antiphons with the prayer before your meal.)

12/17: O Wisdom, who didst come out of the mouth of the Most High, reaching from end to end and ordering all things mightily and sweetly: Come and teach us the way of prudence.

12/18: O Adonai and Leader of the house of Israel, who didst appear to Moses in the flame of the burning bush and didst give unto him the law on Sinai: Come and with an outstretched arm redeem us.

12/19: O Root of Jesse, who dost stand for an ensign of the people, before whom kings shall keep silence and unto whom the Gentiles shall make their supplication: Come to deliver us, and tarry not.

12/20: O Key of David and Sceptre of the house of Israel, who dost open and no man doth shut, who dost shut and no man doth open: Come and bring forth from his prisonhouse the captive that sitteth in darkness and in the shadow of death.

12/21: O Dawn of the East, brightness of the light eternal and Sun of Justice: Come and enlighten them that sit in darkness and in the shadow of death.

12/22: O King of the Gentiles and the desired of them, thou cornerstone that dost make both one: Come and deliver man, whom thou didst form out of the dust of the earth.

12/23: O Emmanuel, our King and Lawgiver, the expected of the nations and their Savior: Come to save us, O Lord our God.
Advent Resolutions Prayer
(Can be said on the Lord’s Day each week during Advent)

O Infant Savior, the prophets of old longed for thy coming into their world, we long for thy return to our modern world—another coming of thyself and thy principles into our pagan times. Only then will we breathe in a Christian atmosphere in which joy replaces sorrow, in which love casts out darkness.

O Mary, our Mother, be our model during this holy season. Christ was alive within thee during the first Advent; we want Him to be alive within us more than ever during this Advent. May we not merely possess our precious Catholic Faith—rather, may it take complete possession of us so that wherever we go, whatever we do or say, it will be the Christ Child that inspires us.

We resolve to make our Christmas a holyday with Christ instead of a holiday without Him. We resolve to observe Christmas as the birthday of Christ, not merely as a day to give and receive merchandise. And we resolve to help at least one poor family in honor of the Holy Family of Bethlehem. Finally, we promise every day to give glory to God in the highest and to work and pray for peace on earth among men of good will. Amen.

LENTEN PRAYERS

The Penitential Psalms
Antiphon: Remember not.

Psalm 6
O Lord, rebuke me not in thy indignation nor chastise me in thy wrath.

Have mercy on me, O Lord, for I am weak; heal me, O Lord, for my bones are troubled.

And my soul is troubled exceedingly; but thou, O Lord, how long?

Turn to me, O Lord, and deliver my soul; O save me for thy mercy’s sake.

For there is no one in death that is mindful of thee, and who shall confess to thee in hell?

I have laboured in my groanings; every night I will wash my bed, I will water my couch with my tears.

My eye is troubled through indignation; I have grown old amongst all my enemies.

Depart from me, all ye workers of iniquity, for the Lord hath heard the voice of my weeping.

The Lord hath heard my supplication, the Lord hath received my prayer.

Let all my enemies be ashamed and be very much troubled; let them be turned back and be ashamed very speedily.

Glory be...

Psalm 31

Blessed are they whose iniquities are forgiven and whose sins are covered.

Blessed is the man to whom the Lord hath not imputed sin and in whose spirit there is no guile.

Because I was silent, my bones grew old whilst I cried out all the day long.

For day and night thy hand was heavy upon me; I am turned in my anguish whilst the thorn is fastened.

I have acknowledged my sin to thee, and my injustice I have not concealed. I said I will confess against myself my injustice to the Lord, and thou hast forgiven the wickedness of my sin.

For this shall every one that is holy pray to thee in a seasonable time. And yet in a flood of many waters, they shall not come nigh unto Him.

Thou art my refuge from the trouble which hath encompassed me; my joy, deliver me from them that surround me.

I will give thee understanding, and I will instruct thee in this way in which thou shalt go; I will fix my eyes upon thee.

Do not become like the horse and the mule, who have no understanding. With bit and bridle fast their jaws who come not near unto Him.

Many are the scourges of the sinner, but mercy shall encompass him that hopeth in the Lord.

Be glad in the Lord and rejoice, ye just, and glory, all ye right of heart.

Glory be...

Psalm 37

Rebuke me not, O Lord, in thy indignation, nor chastise me in thy wrath.

For thy arrows are fastened in me, and thy hand hath been strong upon me.

There is no health in my flesh because of thy wrath, there is no peace for my bones because of my sins.
Psalm 50

Have mercy on me, O God, according to thy great mercy. And according to the multitude of thy tender mercies, blot out my iniquity. Wash me yet more from my iniquity, and cleanse me from my sin. For I know my iniquity, and my sin is always before me. To thee only have I sinned and have done evil before thee, that thou mayest be justified when thou speakest, and be in the right when thou judgest. For behold, I was conceived in iniquities and in sins did my mother conceive me. For behold, thou hast loved truth; the uncertain and hidden things of thy wisdom thou hast made manifest to me. Thou shalt sprinkle me with hyssop and I shall be cleansed; thou shalt wash me and I shall be made whiter than snow. To my hearing thou shalt give joy and gladness, and the bones that have been humbled shall rejoice. Turn away thy face from my sins, and blot out all my iniquities. Create a clean heart in me, O God; and renew a right spirit within my bowels. Cast me not away from thy face, and take not thy holy spirit from me. Restore unto me the joy of thy salvation, and strengthen me with a perfect spirit. I will teach the unjust thy ways, and the wicked shall be converted to thee. Deliver me from blood, O God, thou God of my salvation; and my tongue shall extol thy justice. O Lord, thou wilt open my lips and my mouth shall declare thy praise. For if thou hadst desired sacrifice, I would indeed have given it; with burnt offerings thou wilt not be delighted.

Psalm 101

Hear, O Lord, my prayer and let my cry come to thee. Turn not away thy face from me; in the day when I am in trouble, incline thy ear to me. In what day soever I shall call upon thee, hear me speedily. For my days are vanished like smoke, and my bones are grown dry like fuel for the fire. I am smitten as grass, and my heart is withered because I forgot to eat my bread. Through the voice of my groaning, my bone hath cleaved to my flesh. I am become like to a pelican of the wilderness, I am like a night raven in the house. I have watched and am become as a sparrow all alone on the housetop. All the day long my enemies reproached me, and they that praised me did swear against me. For I did eat ashes like bread and mingled my drink with weeping. Because of thy anger and indignation, for having lifted me up thou hast thrown me down. My days have declined like a shadow, and I am withered like grass. But thou, O Lord, endurest for ever and thy memorial to all generations. Thou shalt arise and have mercy on Sion, that the walls of Jerusalem may be built up. Then shalt thou accept the sacrifice of justice, oblations and whole burnt offerings; then shall they lay calves upon thy altar.

A sacrifice to God is an afflicted spirit; a contrite and humbled heart, O God, thou wilt not despise.

Deal favourably, O Lord, in thy good will with Sion, that the walls of Jerusalem may be built up.

For I will declare my iniquity, and I will think for my sin. But my enemies live and are stronger than I, and they that hate me wrongfully are multiplied. They that render evil for good have detracted me because I followed goodness. Forsake me not, O Lord my God; do not thou depart from me. Attend unto my help, O Lord, the God of my salvation.

Glory be...
And the Gentiles shall fear thy name, O Lord, and all the kings of the earth thy glory.

For the Lord hath built up Sion, and he shall be seen in his glory.

He hath had regard to the prayer of the humble, and he hath not despised their petition.

Let these things be written unto another generation; and the people that shall be created shall praise the Lord.

Because he hath looked forth from his high sanctuary, from heaven the Lord hath looked upon the earth,

That he might hear the groans of them that are in fetters, that he might release the children of the slain,

That they may declare the name of the Lord in Sion and his praise in Jerusalem.

When the people assemble together, and kings, to serve the Lord.

He answered him in the way of his strength: Declare unto me the fewness of my days.

Call me not away in the midst of my days; thy years shall not fail.

Out of the depths I have cried to thee, O Lord.

Glory be...

Psalm 129

Psalm 129 (De Profundis)

Out of the depths I have cried to thee, O Lord:

Lord, hear my voice. Let thy ears be attentive to the voice of my supplication.

If thou, O Lord, wilt mark iniquities, Lord, who shall stand it.

For with thee there is merciful forgiveness; and by reason of thy law I have waited for thee, O Lord. My soul hath relied on his word,

My soul hath hoped in the Lord.

From the morning watch even until night, let Israel hope in the Lord.

Because with the Lord there is mercy and with him plentiful redemption.

And he shall redeem Israel from all his iniquities.

Glory be...

Psalm 142

Psalm 142

Hear, O Lord, my prayer: give ear to my supplication in thy truth, hear me in thy justice.

And enter not into judgment with thy servant, for in thy sight no man living shall be justified.

For the enemy hath persecuted my soul; he hath brought down my life to the earth. He hath made me to dwell in darkness as those that have been dead of old;

And my spirit is in anguish within me, my heart within me is troubled.

I remembered the days of old, I meditated on all thy works, I meditated upon the works of thy hands.

I stretched forth my hands to thee; my soul is as earth without water unto thee.

Hear me speedily, O Lord; my spirit hath fainted away. Turn not away thy face from me lest I be like unto them that go down into the pit.

Cause me to hear thy mercy in the morning, for in thee have I hoped. Make the way known to me wherein I should walk, for I have lifted up my soul to thee.

Deliver me from my enemies, O Lord, to thee have I fled;

Teach me to do thy will, for thou art my God. Thy good spirit shall lead me into the right land;

For thy name’s sake, O Lord, thou wilt quicken me in thy justice. Thou wilt bring my soul out of trouble,

And in thy mercy thou wilt destroy my enemies. And thou wilt cut off all them that afflict my soul, for I am thy servant.

Glory be...

Antiphon: Remember not, O Lord, our offences nor those of our parents, nor take thou revenge of our sins.

The Stations of the Cross

Stations of the Cross, by St. Francis of Assisi

When reciting as a group: The leader announces all titles and leads the prayers written in italics; the leader (L), responders (R), and whole group (All) read all parts as designated; all sing the Stabat Mater verse that completes each Station.

L: Let each one, kneeling before the high altar, make an Act of Contrition and then say:

Preparatory Prayer

All: O most merciful Jesus, with a contrite heart and penitent spirit I bow down in profound humility before thy divine majesty. I adore thee as my supreme Lord and Master; I believe in thee, I hope in thee, I love thee above all things. I am heartily sorry for having offended thee, my supreme and only good. I resolve to amend my life; and although I am unworthy to obtain mercy, yet the sight of thy holy cross on which thou didst die inspires me with hope and consolation. I will, therefore, meditate on thy sufferings and visit the Stations of thy Passion, in company with thy sorrowful Mother and my guardian angel, with the intention of promoting thy honor and saving my soul.

O merciful Redeemer, who hast said, “And I, if I be lifted up from the earth, will draw all things to myself,” draw my heart and my love to thee, that I may perform this devotion as perfectly as possible and that I may live and die in union with thee.

Amen.
First Station
Jesus Is Condemned to Death

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.
L. Jesus, most innocent, who never committed sin, was condemned to death, and moreover to the most ignominious death of the cross. To avoid insurrection, Pilate delivered Jesus into the hands of the Jews. A fearful crime—to condemn Innocence to death for the sake of temporal peace!
R. O innocent Jesus! I, having sinned, am guilty of eternal death; but thou willingly dost accept the unjust sentence of death that I might live. For whom, then, shall I henceforth live if not for thee, my Lord? Should I desire to please men, I could not be thy servant. Let me, therefore, rather displease men and all the world than displease thee, O Jesus.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

At the cross her station keeping, / Stood the mournful Mother weeping, / Close to Jesus to the last.

Second Station
Jesus Is Made to Carry His Cross

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.
L. When our divine Savior beheld the cross, He most willingly stretched out His bleeding arms, lovingly embraced it, and tenderly kissed it. And placing it on His bruised shoulders, He, although almost exhausted, joyfully carried it.
R. O my Jesus, I cannot be thy friend and follower if I refuse to carry the cross. O dearly beloved cross! I embrace thee, I kiss thee, I joyfully accept thee from the hands of my God. Far be it from me to glory in anything save in the cross of my Lord and Redeemer. By it the world shall be crucified to me and I to the world that I may be thine forever.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Through her heart, His sorrow sharing, / All His bitter anguish bearing, / Now at length the sword has passed.

Third Station
Jesus Falls the First Time

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.
L. Our dear Savior, carrying the cross, was so weakened by its heavy weight as to fall exhausted to the ground. Our sins and misdeeds were the heavy burden which oppressed Him. The cross was to Him light and sweet, but our sins were galling and insupportable.
R. O my Jesus, thou didst bear my burden and the heavy weight of my sins. Should I, then, not bear in union with thee my easy burden of suffering and accept the sweet yoke of thy commandments? Thy yoke is sweet and thy burden is light; I therefore willingly accept it. I will take up my cross and follow thee.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Oh, how sad and sore distressed / Was that Mother highly blessed / Of the sole-begotten One!
Fourth Station
Jesus Meets His Sorrowful Mother

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. How painful and how sad it must have been for Mary, the sorrowful Mother, to behold her beloved Son laden with the burden of the cross. What unspeakable pangs her most tender heart experienced! How earnestly did she desire to die in place of Jesus or at least with Him! Implore this sorrowful Mother that she assist you in the hour of your death.

R. O Jesus! Whosoever does not take up his cross and follow thee is not worthy of thee. Behold, I join thee in the way of thy cross; I will be thy assistant, following thy bloody footsteps, that I may come to thee to eternal life.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Is there one who would not weep, / Welmed in miseries so deep / Christ’s dear Mother to behold?

Fifth Station
Simon of Cyrene Helps Jesus to Carry His Cross

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Simon of Cyrene was compelled to help Jesus carry His cross, and Jesus accepted his assistance. How willingly would He also permit you to carry the cross. He calls, but you hear Him not; He invites you, but you decline. What a reproach to bear the cross reluctantly!

R. O Jesus! What return does not take up his cross and follow thee is not worthy of thee. Behold, I join thee in the way of thy cross; I will be thy assistant, following thy bloody footsteps, that I may come to thee to eternal life.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Christ above in torment hangs, / She beneath beholds the pangs / Of her dying, glorious Son.

Sixth Station
Veronica Wipes the Face of Jesus

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Veronica, impelled by devotion and compassion, presents her veil to Jesus to wipe His disfigured face; and Jesus imprints on it His holy countenance, a great recompense for so small a service. What return do you make to your Savior for His great and manifold benefits?

R. Most merciful Jesus! What return shall I make for all the benefits thou hast bestowed upon me? Behold, I consecrate myself entirely to thy service. I offer and consecrate to thee my heart; imprint on it thy sacred image, never again to be effaced by sin.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Can the human heart refrain / From partaking in her pain, / In that Mother’s pain untold?
Seventh Station
Jesus Falls the Second Time

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. The suffering Jesus, under the weight of His cross, again falls to the ground; but the cruel executioners do not permit Him to rest a moment. Pushing and striking Him, they urge Him onward. It is the frequent repetition of our sins which oppresses Jesus. Witnessing this, how can I continue to sin?

R. O Jesus, Son of David, have mercy on me! Offer me thy helping hand, and aid me that I may not fall again into my former sins. From this very moment I will earnestly strive to reform; nevermore will I sin! Thou, O sole support of the weak, by thy grace, without which I can do nothing good, strengthen me to carry out faithfully this my resolution.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

bruised, derided, cursed, defiled, / She beheld her tender Child, / All with bloody scourges rent.

Eighth Station
The Women of Jerusalem Weep over Jesus

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. These devoted women, moved by compassion, weep over the suffering Savior. But He turns to them, saying: “Weep not for me, who am innocent, but weep for yourselves and for your children.” Weep thou also, for there is nothing more pleasing to our Lord and nothing more profitable for thyself than tears shed from contrition for thy sins.

R. O Jesus, who shall give to my eyes a torrent of tears, that day and night I may weep for my sins? I beseech thee, through thy bitter and bloody tears, to move my heart by thy divine grace so that from my eyes tears may flow abundantly and that I may weep all my days over thy sufferings, and still more over their cause, my sins.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Ninth Station
Jesus Falls the Third Time

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Jesus, arriving exhausted at the foot of Calvary, falls for the third time to the ground. His love for us, however, is not diminished, not extinguished. What a fearfully oppressive burden our sins must be to cause Jesus to fall so often! Had He, however, not taken them upon Himself, they would have plunged us into the abyss of hell.

R. Most merciful Jesus, I return thee thanks for giving me the grace and help to not continue in sin and to not fall, as I have so often deserved, into the depths of hell. Enkindle in me an earnest desire of amendment. Let me never again relapse, but vouchsafe me the grace to persevere in penance to the end of my life.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

O thou Mother! fount of love! / Touch my spirit from above, / Make my heart with thine accord.
Tenth Station
Jesus Is Stripped of His Garments

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. When our Savior had arrived on Calvary, He was cruelly despoiled of His garments. How painful this must have been because they adhered to His wounded and torn body and with them parts of His bloody skin were removed! All the wounds of Jesus are renewed. Jesus was despoiled of His garments that He might die possessed of nothing. How happy will I also die after laying aside my former self with all evil desires and sinful inclinations!

R. Induce me, O Jesus, to lay aside my former self and to be renewed according to thy will and desire. I will not spare myself, however painful this should be for me. Despoiled of my own will when it conflicts with thine, I desire to die in order to live for thee forever.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Make me feel as thou hast felt; / Make my soul to glow and melt / With the love of Christ, my Lord.

Eleventh Station
Jesus Is Nailed to the Cross

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Jesus, being stripped of His garments, was violently thrown upon the cross and His hands and feet nailed thereto. In such excruciating pains He remained silent because it pleased His heavenly Father. He suffered patiently because He suffered for me. How do I act in sufferings and in troubles? How fretful and impatient, how full of complaints I am!

R. O Jesus, gracious Lamb of God, I renounce forever my impatience. Crucify, O Lord, my flesh and its concupiscences; scourge, scathe, and punish me in this world, but spare me in the next. I commit myself to thee, resigning myself to thy holy will. May it be done in all things!

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Holy Mother, pierce me through! / In my heart each wound renew / Of my Savior crucified.

Twelfth Station
Jesus Is Raised upon the Cross and Dies

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

(remain kneeling until the hymn)

L. Behold Jesus crucified! Behold His wounds received for love of you! His whole appearance betokens love: His head is bent to kiss you, His arms are extended to embrace you, His heart is open to receive you. O superabundance of love, Jesus, the Son of God, dies upon the cross so that man may live and be delivered from everlasting death!

R. O most amiable Jesus! Who will grant me that I may die for thee! I will at least endeavor to die to the world. How must I regard the world and its vanities when I behold thee hanging on the cross, covered with wounds? O Jesus, receive me into thy wounded heart. I belong entirely to thee; for thee alone do I desire to live and to die.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Let me share with thee His pain. / Who for all our sins was slain, / Who for me in torments died.
Thirteenth Station

**Jesus Is Taken Down from the Cross**
and **Placed in the Arms of His Mother**

**L.** We adore thee, O Christ, and we praise thee.

**R.** Because by thy holy cross thou hast redeemed the world.

**L.** Jesus did not descend from the cross but remained on it until He died. And when taken down from it, He, in death as in life, rested on the bosom of His Mother. Persevere in your resolutions of reform, and do not part from the cross; he who persevereth to the end shall be saved. Consider, moreover, how pure the heart should be that receives the body and blood of Christ in the adorable Sacrament of the Altar.

**R.** O Lord Jesus, thy lifeless body, mangled and lacerated, found a worthy resting place on the bosom of thy Virgin Mother. Have I not often compelled thee to dwell in me, full of sin and impurity as I was? Create in me a new heart, that I may worthily receive thy most sacred body and blood in Holy Communion and that thou mayest remain in me and I in thee for all eternity.

**Our Father; Hail Mary; Glory Be.**

**L.** Lord Jesus, crucified.

**R.** Have mercy on us and on our suffering brothers in purgatory!

Let me mingle tears with thee, / Mourning Him who mourned for me, / All the days that I may live.

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Fourteenth Station

**Jesus Is Laid in the Sepulchre**

**L.** We adore thee, O Christ, and we praise thee.

**R.** Because by thy holy cross thou hast redeemed the world.

**L.** The body of Jesus is interred in a sepulchre not His own. He, who in this world had not whereupon to rest His head, would not even have a grave of His own because He was not of this world. You, who are so attached to the world, henceforth despise it that you may not perish with it.

**R.** O Jesus, thou hast set me apart from the world; what, then, shall I seek therein? Thou hast created me for heaven; what, then, have I to do with the world? Depart from me, deceitful world, with thy vanities! Henceforth I will follow the way of the cross traced out for me by my Redeemer and journey onward to my heavenly home, there to dwell forever and ever.

**Our Father; Hail Mary; Glory Be.**

**L.** Lord Jesus, crucified.

**R.** Have mercy on us and on our suffering brothers in purgatory!

By the cross with thee to stay, / There with thee to weep and pray, / Is all I ask of thee to give.

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**Concluding Prayer**

**All:** Almighty and eternal God, merciful Father, who hast given to the human race thy beloved Son as an example of humility, obedience, and patience, to precede us on the way of life, bearing the cross: Graciously grant us that we, inflamed by His love, may take up the sweet yoke of His gospel together with the mortification of the cross, following Him as His true disciples, so that we shall one day gloriously rise with Him and joyfully hear the final sentence: “Come, ye blessed of my Father, and possess the kingdom which was prepared for you from the beginning,” where thou reignest with the Son and the Holy Spirit, and where we hope to be with thee, forever and ever. Amen.

**Recite an** Our Father, Hail Mary, and Glory Be for the intention of the Sovereign Pontiff (or if the Holy See is vacant, for the intention of a future Roman Pontiff and the papacy).

**Optional:** Stabat Mater (conclusion), p. 24.

**Stations of the Cross, by Anonymous**

When reciting as a group: The leader announces all titles and leads the prayers written in italics; the leader (**L**), responders (**R**), and whole group (**All**) read all parts as designated; all sing the Stabat Mater verse that completes each Station.

**L:** Let each one, kneeling before the high altar, make an Act of Contrition and then say:

**Preparatory Prayer**

**All:** My Lord Jesus Christ, thou hast made this journey to die for me with love unutterable, and I have so many times unworthily abandoned thee; but now I love thee with my whole heart, and because I love thee I repent sincerely for ever having offended thee. Pardon me, my God, and permit me to accompany thee on this journey. Thou goest to die for love of me; I wish also, my beloved Redeemer, to die for love of thee. My Jesus, I will live and die always united to thee.
The First Station
Jesus Is Condemned to Death

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Consider that Jesus, after having been scourged and crowned with thorns, was unjustly condemned by Pilate to die on the cross.
R. My adorable Jesus, it was not Pilate, no, it was my sins that condemned thee to die. I beseech thee, by the merits of this sorrowful journey, to assist my soul in its journey toward eternity. I love thee, my beloved Jesus; I love thee more than myself. I repent with my whole heart of having offended thee. Never permit me to separate myself from thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

At the cross her station keeping, / Stood the mournful Mother weeping, / Close to Jesus to the last.

The Second Station
Jesus Is Made to Carry His Cross

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Consider that Jesus, in making this journey with the cross on His shoulders, thought of us and offered for us to His Father the death He was about to undergo.
R. My most beloved Jesus, I embrace all the tribulations thou hast destined for me until death. I beseech thee, by the merits of the pain thou didst suffer in carrying thy cross, to give me the necessary help to carry mine with perfect patience and resignation. I love thee, Jesus my love; I repent of having offended thee. Never permit me to separate myself from thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Through her heart His sorrow sharing, / All His bitter anguish bearing, / Now at length the sword has passed.

The Third Station
Jesus Falls the First Time

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Consider this first fall of Jesus under His cross. His flesh was torn by the scourges, His head crowned with thorns, and He had lost a great quantity of blood. He was so weakened that He could scarcely walk, and yet He had to carry this great load upon His shoulders. The soldiers struck Him rudely, and thus He fell several times in His journey.
R. My beloved Jesus, it is not the weight of the cross, but of my sins, which have made thee suffer so much pain. Ah, by the merits of this first fall, deliver me from the misfortune of falling into mortal sin. I love thee, O my Jesus, with my whole heart. I repent of having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Oh, how sad and sore distressed / Was that Mother highly blessed / Of the sole-begotten One!
The Fourth Station
Jesus Meets His Sorrowful Mother

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Consider the meeting of the Son and the Mother which took place on this journey. Jesus and Mary looked at each other, and their looks became as so many arrows to wound those hearts which loved each other so tenderly.

R. My most loving Jesus, by the sorrow thou didst experience in this meeting, grant me the grace of a truly devoted love for thy most holy Mother. And thou, my Queen, who wast overwhelmed with sorrow, obtain for me by thy intercession a continual and tender remembrance of the Passion of thy Son. I love thee, Jesus my love; I repent of ever having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Christ above in torment hangs, / She beneath beholds the pangs / Of her dying, glorious Son.

The Fifth Station
Simon of Cyrene Helps Jesus to Carry His Cross

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Consider that the Jews, seeing that at each step Jesus from weakness was on the point of expiring, and fearing that He would die on the way when they wished Him to die the ignominious death of the cross, constrained Simon the Cyrenian to help our Lord carry His cross.

R. My most sweet Jesus, I will not refuse the cross as the Cyrenian did; I accept it, I embrace it. I accept in particular the death that thou hast destined for me with all the pains that may accompany it. I unite it to thy death; I offer it to thee. Thou hast died for love of me! I will die for love of thee and to please thee. Help me by thy grace. I love thee, Jesus my love; I repent of having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Can the human heart refrain / From partaking in her pain, / In that Mother’s pain untold?

The Sixth Station
Veronica Wipes the Face of Jesus

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Consider that the holy woman named Veronica, seeing Jesus so afflicted and His face bathed in sweat and blood, presented Him with a towel with which He wiped His adorable face, leaving on it the impression of His holy countenance.

R. My most beloved Jesus, thy face was beautiful before, but in this journey it has lost all its beauty and wounds and blood have disfigured it. Alas! My soul also was once beautiful when it received thy grace in Baptism, but I have disfigured it since by my sins. Thou alone, my Redeemer, canst restore it to its former beauty. Do this by thy Passion, O Jesus. I repent of having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Can the human heart refrain / From partaking in her pain, / In that Mother’s pain untold?
The Seventh Station  
*Jesus Falls the Second Time*  

L. We adore thee, O Christ, and we praise thee.  
R. Because by thy holy cross thou hast redeemed the world.

L. Consider the second fall of Jesus under the cross—a fall which renewes the pains of all the wounds of the head and members of our afflicted Lord.

R. My most gentle Jesus, how many times thou hast pardoned me and how many times have I fallen again and begun again to offend thee? Oh, by the merits of this new fall, give me the necessary helps to persevere in thy grace until death. Grant that in all temptations which assail me I may always commend myself to thee. I love thee, Jesus my love, with my whole heart; I repent of having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

*Our Father; Hail Mary; Glory Be.*  

L. Lord Jesus, crucified.  
R. Have mercy on us and on our suffering brothers in purgatory!

Brased, derided, cursed, defiled, / She beheld her tender Child, / All with bloody scourges rent.

The Eighth Station  
*The Women of Jerusalem Weep over Jesus*  

L. We adore thee, O Christ, and we praise thee.  
R. Because by thy holy cross thou hast redeemed the world.

L. Consider that those women wept with compassion at seeing Jesus in so pitiable a state, streaming with blood as He walked along. But Jesus said to them, “Weep not for me, but for your children.”

R. My Jesus, laden with sorrows, I weep for the offences that I have committed against thee because of the pains which they have deserved, and still more because of the displeasure which they have caused thee, who hast loved me so much. It is thy love, more than the fear of hell, which causes me to weep for my sins. My Jesus, I love thee more than myself; I repent of having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

*Our Father; Hail Mary; Glory Be.*  

L. Lord Jesus, crucified.  
R. Have mercy on us and on our suffering brothers in purgatory!

O thou Mother! / Fount of love! / Touch my spirit from above, / Make my heart with thine accord.

The Ninth Station  
*Jesus Falls the Third Time*  

L. We adore thee, O Christ, and we praise thee.  
R. Because by thy holy cross thou hast redeemed the world.

L. Consider the third fall of Jesus Christ. His weakness was extreme and the cruelty of His executioners excessive, who tried to hasten His steps when He had scarcely strength to move.

R. Ah, my outraged Jesus, by the merits of the weakness that thou didst suffer in going to Calvary, give me strength sufficient to conquer all human respect and all my wicked passions which have led me to despise thy friendship. I love thee, Jesus my love, with my whole heart; I repent of having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

*Our Father; Hail Mary; Glory Be.*  

L. Lord Jesus, crucified.  
R. Have mercy on us and on our suffering brothers in purgatory!

O thou Mother! / Fount of love! / Touch my spirit from above, / Make my heart with thine accord.
The Tenth Station
Jesus Is Stripped of His Garments

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Consider the violence with which the executioners stripped Jesus. His inner garments adhered to His torn flesh, and they dragged them off so roughly that the skin came with them. Compassionate your Savior thus cruelly treated, and say to Him:

R. My innocent Jesus, by the merits of the torment which thou hast felt, help me to strip myself of all affection to things of earth in order that I may place all my love in thee, who art so worthy of my love. I love thee, O Jesus, with my whole heart; I repent of having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Make me feel as thou hast felt; / Make my soul to glow and melt / With the love of Christ, my Lord.

The Eleventh Station
Jesus Is Nailed to the Cross

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

L. Consider that Jesus, after being thrown on the cross, extended His hands and offered to His Eternal Father the sacrifice of His life for our salvation. These barbarians fastened Him with nails and then, raising the cross, left Him to die with anguish on this infamous gibbet.

R. My Jesus, loaded with contempt, nail my heart to thy feet that it may ever remain there to love thee and never quit thee again. I love thee more than myself; I repent of having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Holy Mother, pierce me through! / In my heart each wound renew / Of my Savior crucified.

The Twelfth Station
Jesus Is Raised upon the Cross and Dies

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.

(remain kneeling until the hymn)

L. Consider how thy Jesus after three hours of agony on the cross, consumed at length with anguish, abandons Himself to the weight of His body, bows His head, and dies.

R. O my dying Jesus, I kiss devoutly the cross on which thou didst die for love of me. I have merited by my sins to die a miserable death, but thy death is my hope. Ah, by the merits of thy death, give me grace to die embracing thy feet and burning with love for thee. I commit my soul into thy hands. I love thee with my whole heart; I repent of ever having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Let me share with thee His pain, / Who for all our sins was slain, / Who for me in torments died.
The Thirteenth Station
*Jesus Is Taken Down from the Cross and Placed in the Arms of His Mother*

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.
L. Consider that our Lord having expired, two of his disciples, Joseph and Nicodemus, took Him down from the cross and placed Him in the arms of His afflicted Mother, who received Him with unutterable tenderness and pressed Him to her bosom.

R. O Mother of sorrow, for the love of thy Son, accept me for thy servant and pray to Him for me. And thou, my Redeemer, since thou hast died for me, permit me to love thee; for I wish but thee, my Jesus, and I repent of ever having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

Let me mingle tears with thee, / Mourning Him who mourned for me, / All the days that I may live.

The Fourteenth Station
*Jesus Is Laid in the Sepulchre*

L. We adore thee, O Christ, and we praise thee.
R. Because by thy holy cross thou hast redeemed the world.
L. Consider that the disciples carried the body of Jesus to bury it, accompanied by His holy Mother, who arranged it in the sepulchre with her own hands. They then closed the tomb and all withdrew.

R. Ah, my buried Jesus, I kiss the stone that encloses thee. But thou didst rise again the third day. I beseech thee, by thy resurrection, make my soul rise to thee in heaven at my death and my body rise glorious at the Last Day, that I may praise thee and love thee forever. I love thee, and I repent of ever having offended thee. Never permit me to offend thee again. Grant that I may love thee always, and then do with me what thou wilt.

Our Father; Hail Mary; Glory Be.

L. Lord Jesus, crucified.
R. Have mercy on us and on our suffering brothers in purgatory!

By the cross with thee to stay, / There with thee to weep and pray, / Is all I ask of thee to give.

Prayer to Jesus Crucified

All: Behold, O kind and most sweet Jesus, I cast myself upon my knees in thy sight, and with the most fervent desire of my soul I pray and beseech thee that thou wouldst impress upon my heart lively sentiments of faith, hope, and charity, with true contrition for my sins and a firm purpose of amendment; while with deep affection and grief of soul I ponder within myself and mentally contemplate thy five wounds, having before my eyes the words which David the prophet put on thy lips concerning thee, O good Jesus: “They have pierced my hands and my feet, they have numbered all my bones.”

Recite an Our Father, Hail Mary, and Glory Be for the intention of the Sovereign Pontiff (or if the Holy See is vacant, for the intention of a future Roman Pontiff and the papacy).

Stabat Mater (conclusion)

(Optional)

All (sing): Virgin of all virgins best! / Listen to my fond request: / Let me share the grief of thine;

Let me, to my latest breath, / In my body bear the death / Of that dying Son of thine.

Wounded with His every wound, / Steep my soul till it hath swooned / In His very blood away.

Be to me, O Virgin, nigh, / Lest in flames I burn and die / In that awful Judgment Day.

Christ, when thou shalt call me hence, / Be thy Mother my defense, / Be thy Cross my victory.

While my body here decays, / May my soul thy goodness praise / Safe in paradise with thee. Amen.

L. Pray for us, Virgin most sorrowful.
R. That we may be made worthy of the promises of Christ.

L: LET US PRAY: Grant, we beseech thee, O Lord Jesus Christ, that the most blessed Virgin Mary, thy Mother, through whose most holy soul in the hour of thine own Passion the sword of sorrow passed, may intercede for us before the throne of thy mercy, now and at the hour of our death. Through thee, Jesus Christ, Savor of the world, who livest and reignest with the Father and the Holy Spirit, now and forever. Amen.
How to Pray the Rosary

Begin the Rosary by making the Sign of the Cross with the rosary crucifix.

The Sign of the Cross

* In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Introductory Prayer

I unite with all the angels and saints in heaven, with all the just on earth, and with all the faithful here present. I unite with thee, O my Jesus, in order to praise worthily thy holy Mother and to praise thee in her and through her. I renounce all the distractions that I may have during this Rosary, which I wish to pray with modesty, attention, and devotion, just as if it were to be the last of my life.

I offer thee, O most Holy Trinity, this Creed in honor of all the mysteries of our Faith, this Our Father and these three Hail Mary’s in honor of the unity of thy Essence and the Trinity of thy Persons. I ask of thee a lively faith, a firm hope, and an ardent charity. Amen.

The Apostles’ Creed

I believe in God, the Father almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He rose again from the dead; He ascended into heaven, and sitteth at the right hand of God the Father almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

On the single bead that follows the crucifix, pray the Our Father:

The Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

On each of the next three beads, pray a Hail Mary with the petition for an increase of faith, hope, and charity:

The Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

On the single bead next to the medal, pray the Glory Be:

The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, forever and ever. Amen.

Choose one of the sets of Mysteries (Joyful, Sorrowful, or Glorious), and holding the medal announce the title of the First Mystery. (For the titles of the Mysteries, refer to The Rosary Mysteries, p. 26.) For example, “The First Joyful Mystery is the Annunciation.” While on the medal read the accompanying prayer (“We offer thee, O Lord Jesus…” ) and then pray the Our Father.

On each of the following ten beads, pray a Hail Mary while meditating on the First Mystery. On the single bead that follows, pray the Glory Be and the petition prayer for the Mystery (“May the grace of the Mystery of the…”). This completes the first decade. On that same bead, announce the Second Mystery, read its accompanying prayer, and then pray the Our Father. On each of the ten beads that follow, pray a Hail Mary while meditating on the Second Mystery. Pray the Glory Be and the petition prayer for the Mystery on the single bead, thus ending the second decade. Continue in this way for the third, fourth, and fifth decades, ending the fifth decade on the medal. On the medal pray the Ending Prayers for the Rosary, p. 28.
To continue with another chaplet (a set of five Mysteries) or the full 15-decade Rosary, do not pray the ending prayers for the Rosary at this point but simply announce the next Mystery on the medal and continue the prayers around the rosary as before, ending on the medal. Holding the medal, complete the Rosary with the Ending Prayers for the Rosary, p. 28.

The Rosary Mysteries

The Joyful Mysteries

(Unless otherwise noted, prayed on the 2nd and 5th weekdays throughout the year; the Lord’s Day from the beginning of Advent until Septuagesima; from Christmas Day through Epiphany Day; and on the feast days of the Presentation in the Temple, the Annunciation, and the Visitation)

1. The Annunciation

We offer thee, O Lord Jesus, this first decade in honor of thine Incarnation in Mary’s womb; and we ask of thee, through this Mystery and through her intercession, a profound humility. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Annunciation come down into our souls. Amen.

2. The Visitation

We offer thee, O Lord Jesus, this second decade in honor of the visitation of thy holy Mother Mary to her cousin St. Elizabeth and the sanctification of St. John the Baptist; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, charity toward our neighbor. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Visitation come down into our souls. Amen.

3. The Nativity

We offer thee, O Lord Jesus, this third decade in honor of thy nativity in the stable of Bethlehem; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, detachment from the things of the world, contempt of riches, and love of poverty. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Nativity come down into our souls. Amen.

4. The Presentation in the Temple

We offer thee, O Lord Jesus, this fourth decade in honor of thy Presentation in the Temple and the Purification of Mary; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, purity of body and soul. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Presentation in the Temple come down into our souls. Amen.

5. The Finding of Our Lord in the Temple

We offer thee, O Lord Jesus, this fifth decade in honor of Mary’s finding thee in the Temple; and we ask of thee, through this Mystery and through her intercession, the gift of true wisdom. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Finding of Our Lord in the Temple come down into our souls. Amen.

Continue with the Ending Prayers for the Rosary, p. 28.
The Sorrowful Mysteries

(Unless otherwise noted, prayed on the 3rd and 6th weekdays throughout the year, the Lord’s Day from Septuagesima until Resurrection Day, and during all of Holy Week)

1. The Agony in the Garden

We offer thee, O Lord Jesus, this sixth decade in honor of thine agony in the Garden of Olives; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, contrition for our sins.
Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Agony in the Garden come down into our souls. Amen.

2. The Scourging

We offer thee, O Lord Jesus, this seventh decade in honor ofthy bloody scourging; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, the grace of mortifying our senses.
Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Scourging come down into our souls. Amen.

3. The Crowning with Thorns

We offer thee, O Lord Jesus, this eighth decade in honor of thy being crowned with thorns; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, contempt of the world.
Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Crowning with Thorns come down into our souls. Amen.

4. The Carrying of the Cross

We offer thee, O Lord Jesus, this ninth decade in honor of thy carrying of the cross; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, patience in bearing our crosses.
Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Carrying of the Cross come down into our souls. Amen.

5. The Crucifixion

We offer thee, O Lord Jesus, this tenth decade in honor of thy crucifixion and ignominious death on Calvary; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, the conversion of sinners, the perseverance of the just, and the relief of the souls in purgatory.
Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Crucifixion come down into our souls. Amen.

Continue with the Ending Prayers for the Rosary, p. 28.

The Glorious Mysteries

(Unless otherwise noted, prayed on the 4th and 7th weekdays throughout the year, Resurrection Day through all of Resurrection Week, Pentecost through its Octave, the Lord’s Day from Resurrection Day until Advent, and on the feast days of the Ascension and the Assumption)

1. The Resurrection

We offer thee, O Lord Jesus, this eleventh decade in honor of thy
glorious resurrection; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, love of God and fervor in thy service. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Resurrection come down into our souls. Amen.

2. The Ascension

We offer thee, O Lord Jesus, this twelfth decade in honor of thy triumphant ascension into heaven; and we ask of thee, through this Mystery and through the intercession of thy holy Mother, an ardent desire for heaven, our true home. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Ascension come down into our souls. Amen.

3. The Descent of the Holy Spirit

We offer thee, O Lord Jesus, this thirteenth decade in honor of the mystery of Pentecost; and we ask of thee, through this Mystery and through the intercession of thy holy

4. The Assumption

We offer thee, O Lord Jesus, this fourteenth decade in honor of the resurrection and triumphant assumption of thy holy Mother into heaven; and we ask of thee, through this Mystery and through her intercession, a tender devotion to so good a Mother. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Descent of the Holy Spirit come down into our souls. Amen.

5. The Coronation of the Blessed Virgin

We offer thee, O Lord Jesus, this fifteenth decade in honor of the coronation of thy holy Mother; and we ask of thee, through this Mystery and through her intercession, perseverance in grace and a crown of glory hereafter. Amen.

Our Father; 10 Hail Mary’s; Glory Be.

May the grace of the Mystery of the Coronation of the Blessed Virgin come down into our souls. Amen.

Continue with the Ending Prayers for the Rosary, p. 28.

Ending Prayers for the Rosary

Hail Holy Queen

Hail, holy Queen, Mother of mercy, hail our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

The Rosary Prayer

LET US PRAY: O God, whose only-begotten Son by His life, death, and resurrection has purchased for us the rewards of eternal life, grant, we beseech thee, that by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.

Recite the Exorcism Prayer of St. Michael the Archangel, p. 58, and end with the following (said 3 times):

V. Most Sacred Heart of Jesus.
R. Have mercy on us.

Then recite an Our Father, Hail Mary, and Glory Be for the Pope (or if the Holy See is vacant, for a future Roman Pontiff and the papacy).

The Rosary is then completed by making the Sign of the Cross with the rosary crucifix.
In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

**SHORT FORM OF THE HOLY ROSARY**

To pray the short form of the Holy Rosary, refer to the diagram and the following prayers found in [How to Pray the Rosary](#), p. 25.

Begin by making the Sign of the Cross with the rosary crucifix. Holding the crucifix, pray the Apostles’ Creed. On the single bead next to the crucifix, pray Our Father. On each of the following three beads, pray a Hail Mary; and on the single bead next to the medal, pray the Glory Be.

Choose one of the sets of Mysteries (Joyful, Sorrowful, or Glorious). Holding the medal, begin the first decade by announcing the title of the First Mystery. (For the titles of the Mysteries, refer to [The Rosary Mysteries](#), p. 26.) For example, “The First Joyful Mystery is the Annunciation.” On the same medal pray the Our Father. On each of the ten beads that follow, pray a Hail Mary while meditating on the First Mystery; and on the following single bead pray the Glory Be. This completes the first decade. On that same bead, announce the Second Mystery and pray the Our Father. On each of the ten beads that follow, pray a Hail Mary while meditating on the Second Mystery. Pray the Glory Be on the single bead, thus completing the second decade.

Continue in this way for the third, fourth, and fifth decades, ending the fifth decade on the medal. Holding the medal, pray the Hail Holy Queen, p. 28, (the V. and R. are optional) and then make the Sign of the Cross with the rosary crucifix.

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**THE HOLY HOUR OF REPARATION**

When reciting the Holy Hour as a group: Unless otherwise noted, the leader announces prayer titles and begins all prayers and invocations (short prayers in italics), the leader (L) and responders (R) alternate at each asterisk (*), and all sections labeled “All” are said together.

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**Prayer to the Holy Spirit**

**All:** 

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

(Here make the intention for the Holy Hour)

**All (sing):** O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving be every moment thine!

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**Act of Contrition**

**All:** O my God, I am heartily sorry for having offended thee; and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of thy grace, to confess my sins, to do penance, and to amend my life. Amen.

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**O Jesus in the Blessed Sacrament,**

*have mercy on us!*

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**Spiritual Communion**

**All:** My Jesus, I believe that thou art really present in the most Blessed Sacrament of the Altar. I love thee above everything else, and I long to receive thee into my soul. I cannot now receive thee in Holy Communion, but I beg thee to come to me at least spiritually. I embrace thee as already there and unite myself entirely to thee. Grant that I may never be separated from thee!

I adore thee every moment, *O living Bread from heaven, great Sacrament!*

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**Offering of the Holy Hour**

**L:** My sweet Jesus, I desire to spend this Hour with thee, to console thee, and to make some reparation by the love of my poor heart for the agony thou didst suffer in Gethsemane. *In that lone hour thou wast forsaken; and the creatures whom thou didst create to love thee, loved thee not.* The weight of all our sins, and mine as well, pressed on thee; and for the sorrow which I caused thee then by my sins, I will endeavor to repay thee now by my love. *Strengthen it, my Jesus, that it may in some small measure give thee consolation.*

**Sacred Heart of Jesus,**

*strengthened in thine agony by an angel,* *comfort us in our agony.*

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**Opening Prayer to the Blessed Sacrament**

**L:** My Lord Jesus Christ, it is thy great love for men that keeps thee day and night in this Sacrament, full of pity and love, expecting, inviting, and welcoming all who visit thee. I believe that thou art really present in the Sacrament of the Altar. *From the depths of my nothingness, I adore thee and I thank thee for the many graces thou hast given me, especially*
Act of Charity

L: O my God, I love thee above all things with my whole heart and soul because thou art all good and worthy of all love. * I love my neighbor as myself for the love of thee. I forgive all who have injured me and ask pardon of all whom I have injured.

Jesus, I live for thee; Jesus, I die for thee; * Jesus, I am thine in life and in death. Amen.

Act of Love

L: O good and merciful Savior, it is the desire of my heart to return thee love for love. My greatest sorrow is that thou art not loved by all men, and in particular, that my heart is so cold, so selfish, so ungrateful. * Deeply sensible of my own weakness and poverty, I trust that thy own grace will enable me to offer thee an act of pure love. * And I wish to offer thee this act of love in preparation for the coldness and neglect thy creatures show thee in the Sacrament of thy love. * O Jesus, my sovereign good, I love thee, not for the sake of the reward which thou hast promised to those who love thee, but purely for thyself. * I love thee above all things that can be loved, above all pleasures, and in fine above myself and all that is not thee, protesting in the presence of heaven and earth that I will live and die purely and simply in thy holy love. * and that if to love thee thus I must endure persecution and suffering, I am perfectly satisfied, and I will ever say with St. Paul: “Nothing shall separate me from the love of Christ.” *

O Jesus, Supreme Master of our hearts, I love thee, I adore thee, I praise thee, I thank thee because I am now all thine own. * Rule over me and transform my soul into the likeness of thyself so that it may bless and glorify thee forever in the abode of the saints. Amen.

Litany of the Sacred Heart

(See p. 45 for Litany)

Sacred Heart of Jesus, * I believe in thy love for me.

Consecration of the Human Race to the Sacred Heart of Jesus

L: Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before thy altar. * We are thine and thine we wish to be; but to be more surely united with thee, behold each one of us freely consecrates himself today to thy most Sacred Heart. *

Many, indeed, have never known thee; many, too, despising thy precepts have rejected thee. * Have mercy on them all, most merciful Jesus, and draw them to thy Sacred Heart. * Have mercy, O Lord, not only on the faithful who have never forsaken thee but also on the prodigal children who have abandoned thee. * Grant that they may quickly return to thy Father’s house lest they die of wretchedness and hunger. *

Have mercy, O Lord, on those who are deceived by heretical opinions or whom schism keeps aloof, and call them back to the harbor of truth and unity of faith, to thy one flock and one shepherd, that they may hail thee as the King of kings. *

Prayer to Christ the King

L: O Christ Jesus, I acknowledge thee King of the universe. All that thou hast created has been created for thee. Make full use of thy rights over me. * I renew the promises I made in baptism when I renounced Satan and all his pomps and works, and I promise to live a good Christian life. * And especially I undertake to help, to the extent of my means, to secure the triumph of the rights of God and of thy Church. * Divine Heart of Jesus, I offer thee my efforts to obtain that all hearts may acknowledge thy sacred royalty and that the kingdom of thy peace may be established throughout the entire universe. Amen.

Jesus, King and center of our hearts, * through the advent of thy kingdom, grant us peace.
idolatry and Islamism, and refuse not to draw them into the light of thy kingdom. * Turn thine eyes of mercy toward the children of that race, once thy chosen people. * Of old they called down upon themselves the Blood of the Savior: may it now descend upon them as a laver of redemption and life. *

Grant to thy Church, O Lord, assurance of freedom and immunity from harm. Grant peace and order to all Catholic nations, and make the earth resound from pole to pole with one cry:

**All:** Praise to the divine Heart that wrought our salvation; to It be glory and honor forever. Amen.

_Sacred Heart of Jesus, *thy kingdom come!_

**Act of Reparation**

**L:** O sweet Jesus, whose overflowing charity for men is required by so much forgetfulness, negligence, and contempt, * behold us prostrate before thy altar, eager to repair by a special act of homage the cruel indifference and injuries to which thy loving Heart is everywhere subject. *

Mindful, alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, * we humbly ask thy pardon and declare our readiness to atone by voluntary expiation not only for our personal offenses but also for the sins of those who, straying far from the path of salvation, refuse in their obstinate infidelity to follow thee, their Shepherd and Leader, or renouncing the vows of their baptism have cast off the sweet yoke of thy law. *

We are now resolved to expiate each and every deplorable outrage committed against thee. We are determined to make amends for the manifold offences against Christian modesty in unbecoming dress and behavior, * for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violation of the Lord’s Day and holydays, and the shocking blasphemies uttered against thee and thy saints. *

We wish also to make amends for the insults to which thy Vicar on earth1 and thy priests are subjected, for the profanation by conscious neglect or terrible acts of sacrilege of the very Sacrament of thy divine love, * and lastly for the public crimes of nations who resist the divine rights and teaching authority of the Catholic Church, which thou hast founded. *

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of thy divine honor, the satisfaction thou didst once make on the cross to thy Eternal Father and which thou dost continue to renew on our altars; * we offer it in union with the acts of atonement of thy Virgin Mother, the angels and saints in heaven, the souls in purgatory, and the pious faithful on earth. And we sincerely promise to make recompense, as far as we can with the help of thy grace, for all the neglect of thy great love and for the sins we and others have committed in the past. * Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the gospel and especially that of charity. * We promise to the best of our power to prevent others from offending thee and to bring as many as possible to follow thee. *

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; * and by the crowning gift of perseverance, keep us faithful unto death in our duty and the allegiance we owe to thee so that we may all one day come to that happy home where thou with the Father and the Holy Spirit livest and reignest, God, forever and ever. Amen.

_Praise and adoration ever more be given * to the Most Holy Sacrament._

**The Holy Rosary**

_Apostles’ Creed: Our Father; 3 Hail Mary’s; Glory Be._

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1 When the Holy See is vacant, replace the words “thy Vicar on earth” with “the Papacy.”

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L: “My soul is sorrowful unto death!” O divine sadness of Jesus, who savest the world and preparest for us the joys of paradise, heal all our sorrows; accept our sorrow for having so greatly offended the Lord our God!

**Our Father; 10 Hail Mary’s; Glory Be.**

**ALL STAND**

**The Second Sorrowful Mystery: Jesus Is Scourged at the Pillar**

**L:** “My people, what have I done to you? Wherein have I offended you? Laden with my gifts you scourge me like the least of slaves.” O Jesus, forgive the excesses of impiety against the Catholic Church, thy Mystic Body!

**Our Father; 10 Hail Mary’s; Glory Be.**

**The Third Sorrowful Mystery: Jesus Is Crowned with Thorns**

**L:** “I am a worm and no man!” O Jesus, sated with outrages in this Mystery, with what eloquence dost thou not show us that, lifted up from earth, we ever return to it again! May this divine lesson subdue our pride!

**Our Father; 10 Hail Mary’s; Glory Be.**

**The Fourth Sorrowful Mystery: Jesus Carries His Cross**

**L:** “They forced the Cyrenean to take up His cross.” Each day we also receive our crosses from thy hand. O Jesus, grant that we may carry them not by force, but for love.

**Our Father; 10 Hail Mary’s; Glory Be.**

**ALL KNEEL**

**The Fifth Sorrowful Mystery: Jesus Dies on the Cross**

**L:** “Behold thy Mother!” I thank thee, O my Savior, for this admirable gift, this last will of thy love. Grant that I may respond to it by a generous love toward thy afflicted Mother.
Our Father; 10 Hail Mary’s; Glory Be.

Finish the Rosary for the Holy Hour by praying the Ending Prayers for the Rosary, p. 28, and end with the “Most Sacred Heart of Jesus, have mercy on us” invocations.

Lord, I thank thee * that thou didst die on the cross for my sins.

To the Queen of the Most Holy Rosary

L: O Queen of the most holy Rosary, in these times of brazen impiety show again thy power with the signs which accompanied thy victories of old; * and from the throne where thou art seated, dispensing pardon and grace, in pity watch over the Church of thy Son, His Vicar,² and every order of the clergy and laity suffering in grievous warfare. *

Hasten, O most powerful destroyer of heresy, hasten the hour of mercy, seeing that the hour of judgment is daily challenged by innumerable offences. * Obtain for me, kneeling supplicant in thy presence, the grace which may enable me to live a holy life on earth and to obtain eternal happiness with the just in heaven, * whilst with the faithful throughout the world, O Queen of the most holy Rosary, I salute thee and cry out:

All: Queen of the most holy Rosary, pray for us!

Sacred Heart of Jesus, * I give myself to thee through Mary.

To Jesus Abandoned

L: With Mary Immaculate let us adore, thank, implore, and console the most beloved and Sacred Heart of Jesus in the Blessed Sacrament. *

O divine Jesus, lonely tonight in so many tabernacles without visitor or worshipper, I offer thee my poor heart. May its every throb be an act of love for thee. * Thou art always watching beneath the sacramental veils; in thy love thou dost never sleep and thou art never weary of thy vigil for sinners. * O lonely Jesus, may the flame of my heart burn and beam always in company with thee.

All (sing): O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving be every moment thine!

Veneration of the Thorn-Crowned Head of the Savior

L: And plating a crown of thorns, they put it upon His head. They began to spit upon Him, and they gave Him blows. Others smote His face and said: “Prophesy, who is it that struck thee?” *

O holy Redeemer! Thou art clothed with a scarlet cloak, a reed is placed in thy hands for a scepter, and the sharp points of a thorny crown are pressed into thy adorable head. *

My soul, thou canst never conceive the sufferings, the insults and indignities offered to our Blessed Lord during this scene of pain and mockery. *

The Jews mock thee; I salute thee and offer thee supreme homage as King of heaven and earth, the Redeemer of the world, the eternal Son of the living God. *

O my afflicted Savior! O King of the world, thou art ridiculed as a mock king. I believe in thee and adore thee as the King of kings and Lord of lords, as the supreme Ruler of heaven and earth. *

O Jesus! I devoutly venerate thy sacred head pierced with thorns, struck with a reed, overwhelmed with pain and derision. *

I adore thy precious blood flowing from thy bleeding wounds. To thee be all praise, all thanksgiving, and all love for evermore. *

O meek Lamb, Victim for sin! May thy thorns penetrate my heart with fervent love, that I may never cease to adore thee as my God, my King, and my Savior.

L. Behold, O God our Protector.
R. And look upon the face of thy Christ.

L: Let us pray: O my beloved Savior, at sight of thy most holy face disfigured by suffering, at sight of thy Sacred Heart so full of love, I cry out: “Lord Jesus, imprint on my heart thy sacred wounds so that I may read therein sorrow and love: sorrow, to endure every sorrow for thee; love, to despise every love for thee.”

All: Amen.

We adore thee, O Christ, and we praise thee * because by thy holy cross thou hast redeemed the world.

To Our Lord on the Cross

L: My crucified Jesus, mercifully accept the prayer which I now make to thee for help in the moment of my death, when at its approach all my senses shall fail me. *

When, therefore, O sweetest Jesus, my weary and downcast eyes can no longer look up to thee, be mindful of the loving gaze which I now turn to thee, and have mercy on me. *

When my parched lips can no longer kiss thy most sacred wounds, remember then those kisses which now I imprint on thee, and have mercy on me. *

When my cold hands can no longer effect thy most sacred wounds, remember then the kisses which now I imprint on thee, and have mercy on me. *

And when at length my swollen and lifeless eyes can no longer speak, remember that I called upon thee now:

All: Jesus, Mary, Joseph, to thee I commend my soul. Amen.

Eternal Father, I offer thee the wounds of our Lord Jesus Christ * to heal the wounds of our souls.
Devotion in Honor of the Five Holy Wounds

L: Most loving Savior of my soul, as I kneel before thee, who art crucified on the cross, my conscience tells me it is I who have nailed thee to that cross with these hands of mine as often as I have fallen into mortal sin, wearying thee with my monstrous ingratitude. *

My God, my chief and most perfect good, worthy of all my love, seeing thou hast ever loaded me with blessings, I cannot now undo my sins as I would most willingly, * but I can and will loathe them, grieving greatly for having offended thee who art infinite goodness. * And now, kneeling at thy feet, I will try at least to compass thy will, to give thee thanks, to ask of thee pardon and contrition. Wherefore with heart and lips I say:

To the Wound of the Left Foot

L: Holy wound of the left foot of my Jesus, I adore thee! I compassionate thee, O my Jesus, for that most bitter pain which thou didst suffer. * I thank thee for the love whereby thou wast wearied in overtaking me on the way to ruin and didst bleed amid the thorns and brambles of my sins. I offer to the Eternal Father the pain and love of thy most sacred humanity in atonement for my sins, all of which I detest with sincere and bitter contrition.

To the Wound of the Right Foot

L: Holy wound of the right foot of my Jesus, I adore thee! I compassionate thee, O my Jesus, for that most bitter pain which thou didst suffer. * I thank thee for the love whereby thou wast wearied in overtaking me on the way to ruin and didst bleed amid the thorns and brambles of my sins. I offer to the Eternal Father the pain and love of thy most sacred humanity in atonement for my sins, all of which I detest with sincere and bitter contrition.

To the Wound of the Sacred Side

L: Holy wound in the side of my Jesus, I adore thee! I compassionate thee, O my Jesus, for the cruel insult thou didst suffer. * I thank thee, my Jesus, for the love which suffered thy side and heart to be pierced, that the last drops of blood and water might issue forth, making my redemption to abound. * I offer to the Eternal Father this outrage and the love of thy most sacred humanity; * and I pray that my soul may enter once and for all into that most loving heart, eager and ready to receive the greatest sinners who repent, and from it may never more depart.

Sweet Heart of my Jesus, * grant that I may ever love thee more and more.

ALL STAND

Prayer for an Increase of Holy Communion

L: O sweet Jesus, who camest into the world to give to all the life of thy sanctifying grace and who to preserve and sustain it didst suffer to the remedy of our daily infirmities and our food, humbly we pray thee, by thy Heart all on fire for love of us, to pour out thy Holy Spirit upon those who are unhappily in mortal sin so that they may be converted to thee, confess their sins, receive the life of sanctifying grace, and then receive thee in Holy Communion. * And pour out thy Holy Spirit upon those who are in sanctifying grace so that they may approach devoutly to thy holy altar whereby receiving thee in Holy Communion they may obtain the antidote to their venial sins, the remission of the punishment due to their sins, the nourishing of the life of grace in their hearts, the purifying more and more of their souls, and at last eternal beatitude with thee.

Amen.

Heart of Jesus, burning with love for us, * inflame our hearts with love of thee.

ALL KNEEL

Prayer for Those in Their Last Agony

L: O most mercifoul Jesus, lover of souls, I pray thee, by the agony of thy most Sacred Heart and by the sorrows of thy Immaculate Mother, grant sinners who are now in their last agony the grace of conversion if they are not Catholic and the grace of penitence if they are Catholics in mortal sin. * And cleanse in thy most precious blood those who cooperate with thy grace. Amen.

Heart of Jesus agonizing, * have mercy on the dying.

All: Jesus, Mary, Joseph!

(Omit the following prayer when the Holy See is vacant)

Prayer for the Holy Father

L: O God, the Shepherd and Ruler of all the faithful, look down with favor upon thy servant, N., whom thou hast
deigned to appoint as the supreme pastor of thy Church. * Grant, we beseech thee, that both his word and example may benefit those over whom he has been placed so that together with the flock entrusted to his care he may attain unto life everlasting, through Christ our Lord. Amen. *

Most Sacred Heart of Jesus, pour in richest fullness thy blessings upon thy Holy Catholic Church, the Pope, and all the clergy. * Grant perseverance to the just and conversion to sinners; enlighten unbelievers; bless our Catholic relatives, friends, and benefactors; bless our catechumens; assist the dying; deliver the souls in purgatory; and extend over all hearts the gentle dominion of thy love. Amen.

Lord Jesus, shelter our Holy Father the Pope under the protection of thy Sacred Heart. * Be thou his light, his strength, and his consolation.

Prayer for Peace

O divine Master, grant that I may not so much seek To be consoled – as to console, * To be understood – as to understand, * To be loved – as to love, * For it is in giving – that we receive, * It is in pardoning – that we are pardoned, * It is in dying – that we are born to eternal life.

* By the sign of the holy cross, * deliver us from our enemies, O our God!

Prayer for Mercy for the Holy Souls in Purgatory
L: Have mercy, O gentle Jesus, on the souls detained in purgatory. Thou who for their ransom didst take upon thyself our human nature and suffer the most cruel death, * pity their sighs and tears shed when they raise their longing eyes toward thee; and by virtue of thy Passion, cancel the penalty due to their sins. * May thy blood, O tender Jesus, thy precious blood, descend into purgatory to solace and refresh those who there languish in captivity. * Reach forth thy hand to them and lead them into the realms of refreshment, light, and peace. Amen.

Optional:
L: Eternal rest grant unto N., O Lord.
R: And let perpetual light shine upon him.

Divine Heart of Jesus, * convert sinners, save the dying, set free the holy souls in purgatory.

Prayer for Our Daily Neglects
L: Eternal Father, I offer thee the Sacred Heart of Jesus with all its love, suffering, and merits:
All: First – To expiate all the sins I have committed this day and during all my life.
L. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, forever and ever. Amen.
All: Second – To purify the good I have done badly this day and during all my life.
L. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, forever and ever. Amen.
All: Third – To supply for the good I ought to have done and that I have neglected this day and during all my life.
L. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, forever and ever. Amen.

O Heart of love, I put all my trust in thee, * for I fear all things from my own weakness but I hope for all things from thy goodness.

Period of Silent Adoration
L: “Speak, Lord, for thy servant heareth.” (1 Kings 3:10)
R: “Lord, what wilt thou have me do?” (Acts 9:6)

Prayer for Final Perseverance
L: O Jesus, my Savior, my God, by thy Sacred Heart, by the most pure heart of the Virgin Mother, by whatever is pleasing to thee in heaven and on earth, I beg and entreat thee, grant me holy perseverance, grant me patience. * Give me grace and courage so that I may efficaciously employ the means which thou hast given.

Say three times:
Sweet Heart of Mary, * be my love;
Sweet Heart of Jesus, * be my salvation.

Closing Prayer to the Blessed Sacrament
L: As this hour of adoration closes, O Jesus, I renew my faith and trust in thee. I am refreshed after these moments with thee; * and I count myself among a privileged number, even as thy disciples were, who shared thy actual presence. *

Realizing that my visit to thee is of little avail unless I try to live a better life and set a better example, I am resolved to go forth again to my duties and my concerns with a renewed spirit of perseverance and good will. * In my daily life I will try to love and serve God well and love my neighbor also, for these two things go together. * I will try to be a true disciple, indeed; help me, O Jesus, in this my resolution. *

Bless me, dear Lord, before I go; and bless not me alone but all the Catholics and catechumens as well who are here present and all who could not come, especially the sick and the dying. * Bless our Catholic homes and all our Catholic children, and bless all our life and the hour of our death. * Grant the grace of conversion to our non-Catholic family members and friends and to all other non-Catholics. *
Grant rest to the souls of the faithful departed, and bring them into the light of thy divine glory. * May we who have worshipped thee and been blessed by thee here on earth come to behold the radiant glory of thy unveiled countenance in heaven, forever and ever. Amen.

Say three times:

Most Sacred Heart of Jesus, *
thy kingdom come!

For the Intentions of the Holy Father

Recite an Our Father, Hail Mary, and Glory Be for the intentions of the Holy Father (or if the Holy See is vacant, for a future Roman Pontiff and the papacy).

All (sing): O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving be every moment thine!

All: * In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

DAILY PRAYERS

Act of Contrition

O my God, I am heartily sorry for having offended thee; and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of thy grace, to confess my sins, to do penance, and to amend my life. Amen.

Act of Faith

O my God, I firmly believe all the sacred truths which thy holy Catholic Church believes and teaches because thou hast revealed them, who canst neither deceive nor be deceived.

Act of Hope

O my God, relying on thy infinite goodness and promises, I hope to obtain pardon of my sins, the assistance of thy grace, and life everlasting, through the merits of Jesus Christ, our Lord and Savior.

Act of Charity

O my God, I love thee above all things with my whole heart and soul because thou art all good and worthy of all love. I love my neighbor as myself for the love of thee. I forgive all who have injured me and ask pardon of all whom I have injured.

The Confiteor and Absolution

I confess to Almighty God, to Blessed Mary ever Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy apostles Peter and Paul, to all the saints, and to you, brethren, that I have sinned exceedingly in thought, word, and deed, through my fault, through my fault, through my most grievous fault. Therefore I beseech Blessed Mary ever Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy apostles Peter and Paul, all the saints, and you, brethren, to pray to the Lord our God for me.

May almighty God have mercy on us, forgive us our sins, and bring us to life everlasting. Amen.

May the almighty and merciful Lord grant us pardon *, absolution, and remission of our sins. Amen.

Morning Prayers

The Morning Offering

O my God, in union with the Immaculate Heart of Mary (here kiss your scapular as a sign of your consecration to Mary), I offer thee the Precious Blood of Jesus from all the altars throughout the world, joining with It the offering of my every thought, word, and action of this day. O my Jesus, I desire today to gain every merit I can and I offer them, together with myself, to Mary Immaculate that she may best apply them to the interests of thy most Sacred Heart.

Precious Blood of Jesus, save us! Immaculate Heart of Mary, pray for us! Most Sacred Heart of Jesus, have mercy on us!

Prayers for Protection at the Beginning of Work Days

First recite The Angelus, p. 62, followed by the Short Prayer to the Holy Spirit, p. 61, then:

V. Mary, Seat of Wisdom.
R. Pray for us!

V. St. Gabriel, the Archangel, most glorious prince of the heavenly messengers.
R. Pray for us! and intercede for us!

V. That we may work diligently and cheerfully in the service of our Lord.
R. May God the Father, God the Son, and God the Holy Spirit, through God the Son, Jesus Christ, grant us protection during this day through the special protection and intercession of our holy Mother Mary, St. Michael, St. Gabriel, St. Raphael, our Guardian Angels, St. Joseph, Good St. Anne, St. John the Baptist, St. Francis of Assisi, St. Anthony of Padua, St. Patrick, St. Christopher, and all the angels and saints that can be of assistance to us during this day.
(RJMI)

Recite the following St. Patrick’s Breastplate.

St. Patrick’s Breastplate

I arise today through a mighty strength, the invocation of the Trinity, through belief in the threeness,
through confession of the oneness of the Creator of creation.

I arise today through the strength of Christ’s birth with His baptism, through the strength of His crucifixion with His burial, through the strength of His resurrection with His ascension, through the strength of His descent for the Judgment of Doom.

I arise today through the strength of the love of cherubim, in obedience of angels, in the service of archangels, in hope of resurrection to meet with reward, in prayers of patriarchs, in predictions of prophets, in preaching of apostles, in faith of confessors, in innocence of holy virgins, in deeds of righteous men.

I arise today through God’s strength to pilot me, God’s might to uphold me, God’s wisdom to guide me, God’s eye to look before me, God’s hand to guard me, God’s way to lie before me, God’s shield to protect me, God’s host to save me from snares of devils, from temptations of vices, from everyone who shall wish me ill, afar and anear, alone and in multitude.

I summon today all these powers between me and those evils, against every cruel merciless power that may oppose my body and soul, against incantations of false prophets, against black laws of pagandom, against false laws of heretics, against craft of idolatry, against spells of witches and smiths and wizards, against every knowledge that corrupts man’s body and soul.

Christ to shield me today against poison, against burning, against drowning, against wounding, so that there may come to me abundance of reward.

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me, Christ above me, Christ on my right, Christ on my left, Christ when I lie down, Christ when I sit down, Christ when I arise, Christ in the heart of every man who thinks of me, Christ in the mouth of everyone who speaks of me, Christ in every eye that sees me, Christ in every ear that hears me.

I arise today through a mighty strength, the invocation of the Trinity, through belief in the threeness, through confession of the oneness of the Creator of creation.

Salvation is of the Lord. Salvation is of the Lord. Salvation is of Christ. May thy salvation, O Lord, be ever with us. Amen.

A Long Form of Morning Prayers

* In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Blessed be the holy and undivided Trinity, now and forever. Amen.

O my God, I believe in thee; do thou strengthen my faith. All my hopes are in thee; do thou secure them. I love thee with my whole heart; teach me to love thee daily more and more. I am sorry that I have offended thee; do thou increase my sorrow.

O my God, how good hast thou been to me and how little have I done for thee! Thou hast created me out of nothing, redeemed me by the death of thy Son, and sanctified me by the grace of thy Holy Spirit. Thou hast called me into thy Catholic Church, and thou givest me all the graces necessary for my salvation. Thou hast preserved me during the night past and given me the present day wherein I may serve thee. What return can I make to thee, O God, for all that thou hast done for me? I will bless thy holy Name and serve thee all the days of my life. I offer to thee, O my God, all my thoughts, words, actions, and sufferings; and I beseech thee to give me thy grace, that I may not offend thee this day but that I may faithfully serve thee and do thy holy will in all things.

Our Father; Hail Mary; Apostles’ Creed.

Holy Mary, be a Mother to me. O my good Angel, whom God has appointed to be my guardian, enlighten and protect me, direct and govern me during this day. All ye angels and saints of God, pray for me. May our Lord bless us and preserve us from all evil and bring us to life everlasting. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Prayer before Using the Internet

Angel of God, my guardian dear, to whom God’s love commits me here, ever during my trip through the Internet this day be at my side to light, to guard, to rule, to guide, and to protect me from all evil.

May Jesus through Mary, and the intercession of St. Raphael, my Guardian Angel, St. Francis of Assisi, and all the angels and saints that can be of assistance to me, protect me from over curiosity and any traps, poison, and deceptions on this Internet in any way, shape, or form. Amen. (RJMI)

Hail Mary...

Other Daily Prayers

Daily Blessing of Equipment, p.102.
Daily Prayer after Holy Communion or Spiritual Communion, p. 42.

Before and After Meal Prayers

Prayer before Meals

Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty. Through Christ our Lord. Amen.

Hail Mary...

Prayer after Meals

We give thee thanks, almighty God, for these gifts which we have received from thy bounty. Through Christ our Lord. Amen.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.
Night Prayers

Thanksgiving Prayer at the End of Work Days

Thank you, Lord God, for this peaceful and prosperous day. Thank you, Blessed Mother, St. Michael, St. Gabriel, St. Raphael, our Guardian Angels, St. John the Baptist, St. Joseph, the Good St. Anne, St. Francis of Assisi, St. Anthony of Padua, St. Patrick, St. Christopher, and all the angels and saints that have been of assistance to us during this day; and may the Lord grant us a peaceful night. (RJMI)

V. May the divine assistance remain with us always.
R. And may the souls of the faithful departed, through the mercy of God, rest in peace.

A Short Form of Night Prayers

✠ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
Our Father; Hail Mary; Apostles’ Creed.

A Long Form of Night Prayers

O my God, I believe that thou art here present and that thou observest all my actions, all my thoughts, and the most secret motions of my heart. I adore thee and I love thee with my whole heart. I return thee thanks for all the benefits which I have ever received from thee, and particularly this day. Give me light, O my God, to see what sins I have committed; and grant me grace to be truly sorry for them.

Here examine whether you have offended God during the day by any thought, word, deed, or neglect of any duty.

O my God, who art infinitely good in thyself and infinitely good to me, I beg pardon from my heart for all my offences against thee. I am sorry for all my sins and detest them above all things because they deserve thy dreadful punishments, because they have crucified my loving Savior Jesus Christ, and because they offend thy infinite goodness; and I am firmly resolved, by the help of thy grace, never to offend thee for the time to come and to carefully avoid the occasions of sin.

Here put yourself in the disposition you desire to be found in at the hour of death.

O my God, I accept death as an act of homage and adoration which I owe to thy divine majesty, as a punishment justly due to my sins, in union with the death of my dear Redeemer, and as the only means of coming to thee, my beginning and last end. Into thy hands, O Lord, I commend my spirit; Lord Jesus, receive my soul. Holy Mary, be a Mother to me. May the Blessed Virgin Mary, St. Joseph, and all the saints pray for us to the Lord that we may be preserved this night from sin and all evils. Amen.

O my good Angel, whom God has appointed to be my guardian, watch over me during this night. All ye angels and saints of God, pray for me. May our Lord bless us, and preserve us from evil, and bring us to life everlasting. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

O my God, I believe that thou art here present; therefore prepare yourself for it as if you were lying sick upon your deathbed and already at the brink of the grave. Ask God to give you the grace to make a good examination of conscience, the light to see your sins clearly, and the strength to make a sincere confession and amend your life.

Prayer to Jesus

O my Lord Jesus Christ, Judge of the living and the dead, before whom I must appear one day to give an exact account of my whole life, enlighten me, I beseech thee, and give me a humble and contrite heart so that I may see wherein I have offended thine infinite majesty and may judge myself now with such a just severity that then thou mayest judge me with mercy and clemency.

Invocation of the Holy Spirit

O Holy Spirit, Source of all light, Spirit of wisdom, of understanding, and of knowledge, come to my assistance and enable me to make a good confession.

Enlighten me and help me now to know my sins, as one day I shall be forced to recognize them before thy judgment seat. Bring to my mind the evil which I have done and the good which I have neglected. Permit me not to be blinded by self-love. Grant me, moreover, heartfelt sorrow for my transgressions, and the grace of a sincere confession so that I may be forgiven and admitted into thy friendship. Amen.

Examination of Conscience

Preliminary Examination

When did you make your last confession? Did you take sufficient pains to awaken perfect contrition?

Did you omit to confess a mortal sin either intentionally or through forgetfulness?

Did you intentionally neglect to do the penance imposed on you, or were you so careless as to forget it?

Have you carried out the promise of amendment and the good resolutions you made at your last confession, or have you paid no heed to them?

Examine your conscience also in regard to the six precepts of the Catholic Church, the seven capital sins, and the nine ways of being accessory to another’s sin.

The Ten Commandments

First: I am the Lord thy God... Thou shalt not have strange gods before Me... Thou shalt not adore them nor serve them.

Have you doubted in matters of faith? Have you denied the faith by sins of omission by not professing the faith or not condemning sins or not denouncing sinners when obliged?
Have you murmured against God at your adversity or at the prosperity of others? Despaired or presumed of God’s mercy?

Have you believed in fortune-tellers or consulted them? Have you believed in or read the messages in fortune cookies? Have you had your palm read? Have you believed in, read, or used horoscopes or any other form of astrology? Have you used a Ouija board or Tarot cards? Have you believed in or practiced Santería, Voodoo, Brújería, the Kabala, or any other form of witchcraft? Have you made use of any superstitious practices?

Have you attended non-Catholic churches or services? Have you prayed in communion with notorious heretics or schismatics?

Have you neglected your daily prayers or omitted religious duties or practices through motives of laziness or human respect? Have you neglected to study the Catholic Faith? Have you neglected to perform acts of exterior and interior mortification?

Have you read books, papers, and periodicals of anti-Catholic tendency? Have you spoken with levity or irreverence of Catholic priests, Catholic religious, or sacred objects?

Second: Thou shalt not take the name of the Lord thy God in vain, for the Lord will not hold him guiltless that shall take the name of the Lord his God in vain.

Have you taken the name of God in vain? Profaned anything relating to the Catholic religion? Have you sworn falsely, rashly, or in slight and trivial matters? Have you cursed yourself or unjustly cursed others or any creature? Have you provoked others so as to make them curse or blaspheme God?

Third: Remember thou keep holy the Lord’s Day.

Have you kept holy the Lord’s Day and all other days commanded to be kept holy? Have you bought or sold things not of necessity on that day? Done or commanded some unnecessary servile work? (Some Catholics, such as policemen, firemen, doctors and nurses, can work at their jobs on the Lord’s Day.) Have you missed Mass through your own fault? Have you been willfully distracted at Mass or distracted others?

Fourth: Honor thy father and thy mother.

Have you honored your parents, superiors, and masters according to your just duty? Deceived them? Disobeyed them? Have you failed in due reverence to aged persons?

Fifth: Thou shalt not murder.

Have you unjustly procured, desired, or hastened the death of anyone? Have you hated anyone? Unjustly oppressed anyone? Desired revenge? Not forgiven injuries? Unjustly refused to speak to others? Used provoking language? Unjustly injured others? Have you given scandal?

Sixth and Ninth: Thou shalt not commit adultery. Thou shalt not covet thy neighbor’s wife.

Have you dressed immodestly? Been in lewd company? Read impure books? Have you indulged in any impure thoughts, looked at any impure pictures or objects, willfully listened to any impure conversations, told or listened to impure or immodest jokes or stories or music, or in general spoken of impure things? Have you done any impure things or desired to do any while alone or with others?

Seventh and Tenth: Thou shalt not steal. Thou shalt not covet thy neighbor’s goods.

Have you stolen anything, or helped or advised others to steal? Have you received anything or part of anything that you knew to be stolen? Do you owe money and not pay it when you can? Have you bought anything with the intention of never paying for it or at least knowing you never could pay for it? Have you made restitution when told to do so by your confessor, or have you put it off from time to time? Have you failed to give back what belonged to another? Have you found anything and not tried to discover its owner, or have you kept it in your possession after you knew to whom it belonged? Have you cheated in business or at games? Have you willfully damaged another man’s goods, or negligently spoiled them? Have you violated copyright laws? Have you coveted anything that belongs to another?

Eighth: Thou shalt not bear false witness against thy neighbor.

Have you lied or unjustly injured anyone by your talk? Have you told the sins of others without necessity? You are not allowed to tell the sins of others, even when you tell the truth about them, unless some good comes of it. Have you flattered others? Judged rashly?

The Six Precepts of the Church

1. To hear Mass on the Lord’s Day and other Holy Days of Obligation.
2. To fast and abstain on the days appointed.
3. To receive the Holy Eucharist at least once a year during the Paschal season, if possible.
4. To go to Confession at least once a year, if possible.
5. To contribute to the support of the Catholic Church and Her Catholic pastors.
6. To observe the laws of the Catholic Church concerning marriage.

The Seven Deadly Sins and the Opposite Virtues

1. Pride Humility
2. Lust Chastity
3. Anger Meekness
4. Covetousness Liberality
5. Envy Brotherly love
6. Sloth Diligence
7. Gluttony Temperance

3 If a Catholic priest and thus a Catholic Mass is not available, then you are not bound to this obligation.
4 See previous footnote.
5 If for an extended period of time you do not have access to a Catholic priest, then confess your sins to God with the promise to re-confess them to a Catholic priest as soon as one is available, and God will remit your sins.
The Four Sins That Cry to Heaven for Vengeance
1. Willful murder. 2. The sin of Sodom. 3. Oppression of the poor. 4. Defrauding the laborer of his wages.

Nine Ways of Being Accessory to Another’s Sin

The Seven Spiritual Works of Mercy
1. To admonish sinners. 2. To instruct the ignorant. 3. To counsel the doubtful. 4. To comfort the sorrowful. 5. To bear wrongs patiently. 6. To forgive all injuries. 7. To pray for the living and the faithful departed.

The Seven Corporal Works of Mercy
1. To feed the hungry. 2. To give drink to the thirsty. 3. To clothe the naked. 4. To ransom the captive. 5. To give shelter to the homeless. 6. To visit the sick. 7. To bury the dead.

Prayers before Confession
Sorrow and Amendment
O my God, I am very sorry for all my sins. I promise that I will try to be good and never hurt thee again by sin. Dear Jesus, help me. Mother of God, pray that I may please thy Son by true sorrow for my sins.

Receive My Confession
Receive my confession, O most loving and gracious Lord Jesus Christ, only hope for the salvation of my soul. Grant to me true contrition of soul so that day and night I may by penance make satisfaction for my many sins. Savior of the world, O good Jesus, who didst give thyself to the death of the cross to save sinners, look upon me, a most wretched sinner; have pity on me and give me the light to know my sins, true sorrow for them, and a firm purpose of never committing them again.

O gracious Virgin Mary, Immaculate Mother of Jesus, I implore thee to obtain for me by thy powerful intercession these graces from thy divine Son.

St. Joseph, pray for me.

Manner of Confessing
When your turn comes, go into the confession box. Make the Sign of the Cross and wait until the priest opens the little window. Say what you have been taught to say, or you may say:

“Bless me, Father, for I have sinned. It has been (say how long) since my last confession. Since then I have committed these sins…”

Now tell all your sins and how many times you have committed each. If there is something you don’t know how to tell, just say, “Please help me, Father,” and the priest will help you. After you have told all your sins, say what you have been taught to say, or you may say:

“That is all, Father.”

The priest will tell you what to do for your penance. Then he will tell you to say the Act of Contrition. When your confession is done, leave the confessional. You must then do the penance that the priest imposed on you.

Prayers after Confession
May My Confession Be Acceptable
May my confession, O Lord, by the merits of thy mother Blessed Mary ever Virgin and of all the saints, be pleasing and acceptable in thy sight. Let thy goodness and mercy supply for whatever is wanting in my contrition and in the purity and integrity of my confession. Deign to mercifully regard me perfectly and entirely absolved in heaven. Who livest and reignest, God, forever and ever. Amen.

Prayer to God the Father
O Almighty Lord of heaven and earth, behold I, a wretched sinner, presume to appear before thee this day to offer up unto thee, by the hands of our High Priest, Jesus Christ thy Son, the Sacrifice of His Body and Blood, in union with that Sacrifice which He offered to thee upon the Cross and in remembrance of His Passion and death. First, I offer it for thine honor, praise, adoration, and glory; second, for obtaining...
pardon and remission of all my sins and of those for whom I ought to pray, whether living or of the faithful departed (here mention their names); third, in thanksgiving for all thy blessings bestowed upon thy whole Church, whether triumphant in heaven or militant on earth or suffering in purgatory, and especially for those bestowed upon me, thy unworthy servant; fourth, for obtaining all graces and blessings both for myself and for thy whole Church (here mention your particular requests). Almighty Lord, be pleased to assist me by thy grace so that I may behave myself this day as I ought to do in thy divine Presence, and that I may so commemorate the Passion and death of thy Son as to partake most plentifully of the fruits thereof. Through the same Jesus Christ, our Lord. Amen.

Prayer to God the Son
O Lord Jesus Christ, to whom belongeth all that is in heaven and on earth, I desire to consecrate myself wholly unto thee and to be thine for evermore. This day do I offer myself unto thee; and I offer thee, without ceasing, my praise and thanksgiving for thy most holy Sacrifice on the Cross. Receive me, O my Savior, in union with the holy oblation of thy Precious Body and Blood which I offer unto thee this day, in the presence of angels, that this Holy Sacrifice of the Mass may avail unto my salvation. Amen.

Prayer to God the Holy Spirit

Antiphon: Remember not, O Lord, our offences nor those of our fathers; and take not vengeance on our sins.

(P.T. Alleluia.)

V. Lord, have mercy on us.
R. Christ, have mercy on us.
V. Lord, have mercy on us.
V. Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.
R. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us;

and lead us not into temptation, but deliver us from evil.

V. I said: Lord, have mercy upon me.
R. Heal my soul, for I have sinned against thee.
V. Turn thou a little toward us, O Lord.
R. And be entreated for thy servants.
V. Let thy mercy, O Lord, be upon us.
R. As we have hoped in thee.
V. Let thy priests be clothed with righteousness.
R. And let thy saints rejoice.
V. From my secret sins cleanse me, O Lord.
R. And from those of others, spare thy servant.
V. O Lord, hear my prayer.
R. And let my cry come unto thee.

LET US PRAY: Incline the ears of thy loving kindness, most gracious God, unto our prayers; and enlighten our heart with the grace of the Holy Spirit, that we may worthily celebrate thy mysteries and love thee with an everlasting love.

O God, unto whom every heart is open, every desire known, and from whom no secrets are hid, cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee and worthily praise thy holy Name.

Burn our reins and our heart, O Lord, with the fire of the Holy Spirit, that we may serve thee with a chaste body and please thee with a clean heart.

We beseech thee, O Lord, that the Comforter who proceedeth from thee may enlighten our minds and lead us into all truth, as thy Son hath promised.

We beseech thee, O Lord, that the power of the Holy Spirit may be with us, mercifully cleansing our hearts and defending them from all harm.

O God, who didst teach the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in His consolation.

Cleanse our thoughts, we beseech thee, O Lord, by thy visitation, that when our Lord Jesus Christ, thy Son, shall come, He may find within us a dwelling prepared for Him. Who livest and reignest with thee in the unity of the same Holy Spirit, God, forever and ever. Amen.

Offering of All Catholic Masses in the World
O Jesus, victim for sin and font of all grace, I unite myself with all the Catholic Masses which at this time are being offered throughout the world. I place them in the hands of Mary, the Mediatrix of all graces, that by this sacrifice of thy Body and Blood she may obtain the perseverance of all the faithful; deliverance of souls from purgatory; relief for the sick and dying; and conversion of pagans, infidels, and other sinners. Amen.

Prayers before Holy Communion

Prayer before Receiving Holy Communion

Almighty and eternal God, behold, I approach the Sacrament of thine only-begotten Son, our Lord Jesus Christ. I approach as one who is sick, to the physician of life; as one unclean, to the fountain of mercy; as one blind, to the light of eternal brightness; as one poor and needy, to the Lord of heaven and earth. Therefore I beseech thee, of thine infinite goodness, to heal my sickness, to wash away my filth, to enlighten my blindness, to enrich my poverty, and to clothe my nakedness, that I may receive the Bread of Angels, the King of kings, and the Lord of lords with such reverence and humility, with such contrition and devotion, with such purity and faith, with such purpose and intention as may conduce to the salvation of my soul. Grant, I beseech thee, that I may receive not only the Sacrament of the Body and Blood of our Lord but also the fruit and virtue of this Sacrament. O most indulgent God, grant me so to receive the Body of thine only-begotten Son, our Lord Jesus Christ,
which He took of the Virgin Mary, that I may be found worthy to be incorporated into His Mystical Body and numbered among His members. O most loving Father, grant that I may one day contemnabe forever, face to face, thy beloved Son, whom now on my pilgrimage I am about to receive under the sacramental veils. Who liveth and reigneth with thee in the unity of the Holy Spirit, God, forever and ever. Amen.

**Prayer to the Blessed Virgin**

O most Blessed Virgin Mary, most loving and most merciful Mother, I, a wretched and unworthy sinner, come before thee with the heartfelt prayer that in thy goodness thou wouldest deign graciously to be near me and all who throughout the whole Catholic Church are to receive the Body and Blood of thy Son this day, even as thou didst stand by thy most dear Son as He hung on the cross, that aided by thy gracious help we may worthily offer up a pure and acceptable sacrifice in the sight of the most high and undivided Trinity. Amen.

**Prayer to St. Joseph**

O blessed Joseph, happy man, to whom it was given not only to see and to hear that God whom many kings longed to see and saw not, to hear and heard not, but also to carry Him in your arms, to embrace Him, to clothe Him, and to guard and defend Him.

V. Pray for us, O blessed Joseph. R. That we may be made worthy of the promises of Christ.

LET US PRAY: O God, who hast given us a royal priesthood, we beseech thee, that as blessed Joseph was found worthy to touch with his hands and to bear in his arms thine only-begotten Son, born of the Virgin Mary, so may we be made fit, by cleanliness of heart and blamelessness of life, to minister at thy holy altar. May we, this day, with reverent devotion partake of the sacred Body and Blood of thine only-begotten Son; and may we in the world to come be accounted worthy of receiving an everlasting reward.

Through the same Christ our Lord. Amen.

**Spiritual Communion**

_This prayer is for those who do not receive Holy Communion._

My Jesus, I believe that thou art really present in the Most Blessed Sacrament of the Altar. I love thee above everything else, and I long to receive thee into my soul. I cannot now receive thee in Holy Communion, but I beg thee to come to me at least spiritually. I embrace thee as already there and unite myself entirely to thee. Grant that I may never be separated from thee!

**Prayers after Holy Communion or Mass**

**Anima Christi**

Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, inebriate me; Water from the side of Christ, wash me; Passion of Christ, strengthen me; Oh my good Jesus, hear me; Within thy wounds hide me; Suffer me not to be separated from thee; From the malignant enemy defend me; In the hour of death, call me And bid me come unto thee So that with thy saints I may praise thee, Forever and ever. Amen.

**Thanksgiving**

How delectable is the sweetness of thy heavenly Bread! How admirable is the tranquility and how perfect the peace of him who receives thee after the contrite and sincere confession of his sins! Be thou blessed a thousand times, my Jesus! When I was in sin, I was unhappy; but now not only is my soul at peace but I seem to have a foretaste of the peace of paradise! Ah, how true it is that our hearts were made for thee, my beloved Lord, and that they rest only when they rest in thee! Therefore do I give thee thanks and firmly purpose evermore to avoid sin and its occasions and to fix my abode in thy Sacred Heart, whence I look for help to love thee even unto death. Amen.

**Pierce My Soul**

Pierce my inmost soul, O most sweet Lord Jesus Christ, with the most joyous and healthful wound of thy love, with true and serene and most holy apostolic charity, that my soul may ever languish and melt with love and longing for thee, that it may yearn for thee and faint for thy courts and long to be dissolved and to be with thee. Grant that my soul may hunger after thee, the Bread of Angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste. Let my heart ever hunger after and feed upon thee, upon whom the angels desire to look. And may my inmost soul be filled with the sweetness of thy savor; may it ever thirst after thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God; may it ever compass thee, seek thee, find thee, run to thee, attain to thee, mediate upon thee, speak of thee, and do all things to the praise and glory of thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end. Mayest thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my sweetness, my fragrance, my sweet savor, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firm and rooted immovably, henceforth and forever. Amen.

**I Give Thee Thanks**

I give thee thanks, O holy Lord, Father almighty, eternal God, who hast vouchsafed, not for any merits of mine but solely out of the condescension of thy mercy, to satisfy me, a sinner, thine unworthy servant, with the precious Body and Blood of thy Son, our Lord Jesus Christ. I pray that this Holy
Communion be not to me a condemnation unto punishment but a saving plea unto forgiveness. May it be unto me the armor of faith and the shield of good will. May it be the emptying out of my vices; the extinction of all concupiscence and lust; the increase of charity and patience, of humility and obedience and all virtues; a strong defense against the snares of all enemies, visible and invisible; the perfect quieting of all my evil impulses, both carnal and spiritual; a firm cleaving unto thee, the one true God; and a pledge of a blessed destiny. And I beseech thee that thou wouldst vouchsafe to bring me, a sinner, to that ineffable banquet where thou, with thy Son and the Holy Spirit, art to thy saints true light, fullness of content, eternal joy, gladness without alloy, and perfect bliss. Through the same Christ our Lord. Amen.

Adorn and Enrich My Soul

My Lord Jesus Christ, most sweet and most kind, who even now of thy great goodness hast entered into this poor and humble abode, adorn it and enrich it with thy treasures that it may be made worthy of thine indwelling. Take up thy rest therein that my heart may find its rest in thee alone. Let it not suffice thee, O Lord, to have given me thy sacred Body; give me also the treasures of grace which thou bringest with thee, for it will profit me little to eat the Bread of Life if I remain unfed by thy grace. Give me, O Lord, a heart completely transformed by love; give me a life that shall be all thine, a holy death that shall be the beginning of eternal life. That is what I look for, pray for, and hope for from thee, my eternal God, by virtue of this Blessed Sacrament. Amen.

Thanksgiving to the Holy Trinity for the Incarnation

Most Holy Trinity, Father, Son, and Holy Spirit, behold us prostrate in thy divine presence. We humble ourselves profoundly and beg of thee the forgiveness of our sins.

We adore thee, Almighty Father, and with hearts overflowing we thank thee that thou hast given us thy divine Son Jesus to be our Redeemer and that He hath bequeathed Himself to us in the most august Eucharist, even to the end of the world, revealing unto us the wondrous love of His Heart in this mystery of faith and love.

Glory be...

O Word of God, dear Jesus our Redeemer, we adore thee and with hearts overflowing we thank thee for having taken human flesh upon thee and becoming for our redemption both Priest and Victim in the Sacrifice of the Cross, a sacrifice which, through the exceeding love of thy Sacred Heart, thou dost renew upon our altars. O High Priest, O divine Victim, grant us the grace to honor thy Holy Sacrifice in the most adorabel Eucharist with the homage of Mary most holy and of all thy Holy Catholic Church, triumphant, suffering, and militant. We offer ourselves wholly to thee. Of thine infinite goodness and mercy, do thou accept our offering, unite it to thine own, and grant us thy blessing.

Glory be...

O Holy Spirit the Paraclete, we adore thee and with hearts overflowing we give thee thanks that thou hast, with such great love for us, wrought the ineffable blessing of the Incarnation of the Word of God, a blessing which is extended and enlarged in the most august Sacrament of the Eucharist. By this adorable mystery of the love of the Sacred Heart of Jesus, do thou grant unto us and all poor sinners thy holy grace. Pour forth thy holy gifts upon us and in an especial manner upon the visible Head of the Church, the supreme Roman Pontiff, upon all cardinals, bishops, and pastors of souls, upon priests and all other ministers of thy sanctuary. Amen.

Glory be...

Daily Prayer after Holy Communion or Spiritual Communion

I would like to thank thee, Lord God, simply for thyself, for thy great goodness and wonderful kindness; and then for the great goodness and wonderful kindness of thy greatest masterpiece, thy mother and my mother, Mary; and then for the great goodness and wonderful kindness of all the angels and saints in heaven.

I would like to thank thee, Lord God, for all the graces and other helps thou hast given me, first and foremost for the sanctification of my soul and then for my temporal needs, for every breath and step I take.

And I pray that this (spiritual) communion will grant me a perfect and pure fear, love, faith, hope, and trust in thee and enable me to carry my cross this day in complete and total resignation to thy holy will, and to do so joyfully as proof that I am not complaining.

And I pray that this (spiritual) communion will protect me from all sins during this day. And if I should commit a sin, make me aware of it forthwith so that I may confess it and amend my ways in order to be perfect and holy as thou art perfect and holy. From my secret sins cleanse me, O Lord, and from those of others spare thy servant. Incline not my heart to evil words to make excuses in sins.

I pray, O Lord, that this (spiritual) communion may protect me from the devils and damned humans when they attempt to possess, obsess, or tempt me. And when they attempt to do so, may it be the greatest cause of pain and agony to them. And may this (spiritual) communion protect me from any curses anyone tries to throw upon me. May the curses go back upon their own heads sevenfold.

I would like to thank thee, O Lord, for allowing my Guardian Angel and St. Philomena to protect me from the attacks of the devils and damned

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6 If the Holy See is vacant, replace “the visible Head of the Church, the supreme Roman Pontiff” with “the papacy.” If there are no cardinals, leave out “cardinals.” If you do not know of any Catholic bishops, priests, pastors, or other ministers, then after the word “sanctuary” add “if there are any.”

7 When you say the word “fear,” bow down your head so that your forehead touches the ground. If this is not possible, then at least bow your head.
humans and my own concupiscence during my dreams last night so that first and foremost the ungodly dreams fall on dead ground; and I thank thee for allowing them to protect me from pollution.* And may thou grant me the same protection during this day.

[*If pollution occurred: O Lord, please let me know if this pollution occurred because of a current sin I am guilty of and hence needs to be confessed, or if it occurred to keep me humble and aware of my own weakness, or if it occurred for penance due to my sins or to gain grace for others.]

I now pray the St. Michael prayer and the St. Benedict prayer to persecute, torture, and torment all the devils and damned human beings and living human beings that attacked Catholics in the previous day, directly, indirectly, exteriorly, and interiorly. And may these prayers be the greatest source of pain and agony to them.

Pray the Exorcism Prayer of St. Michael the Archangel, p. 58. (This is done for physical obstacles, when the devil tries to physically harm you.)

St. Benedict, pray for us.

Then pray the Exorcism Prayer of St. Benedict, p. 58, either in Latin or English. (This is done for internal obstacles, temptations, etc.) Any time you are internally tempted during the day, you can just say “St. Benedict, pray for us!” and this short prayer will invoke this whole exorcism prayer.

I pray, O Lord, that this (spiritual) communion will benefit our suffering brothers in purgatory by the special intercession of thy holy mother Mary under the title of Our Lady of Mount Carmel. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

And I pray that this (spiritual) communion may be for the benefit of my daily intention.

Recommended daily prayer intentions:

Lord’s Day: I pray above all else that I may have a pure, holy, innocent, childlike love of you, my God, as my Father, and Mary as my mother, and that I may persevere in that love now and for all eternity.

2nd Weekday: I pray for the conversion of the Jews and Moslems and all the other unbaptized people in the world.

3rd Weekday: I pray for the conversion of the Protestants and Schismatics and all the other baptized self-professed non-Catholics throughout the whole world.

4th Weekday: I pray for Catholics and nominal Catholics.

5th Weekday: I pray for the papacy and a future Roman Pontiff.

6th Weekday: I pray for our suffering brothers in purgatory. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. And may they rest in peace. Amen.

7th Weekday: I pray for Catholic priests and for the conversion of non-Catholic priests. I also pray for the Catholic priests in purgatory: Eternal rest grant unto the Catholic priests in purgatory, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

I pray that this (spiritual) communion will grant me the seven gifts of the Holy Spirit of counsel, understanding, wisdom, piety, fear of the Lord (bow your head), knowledge, and fortitude, that they may bear the twelve fruits of the Holy Spirit in me. And most of all, grant that I may love thee, O Most Holy Trinity, above all things, God the Father, God the Son, and God the Holy Spirit. And second to thee, to love thy greatest masterpiece, thy holy mother and my holy mother, Mary; and to love the Holy Family, Jesus, Mary, and Joseph; St. Joachim and St. Anne; St. Zachary and St. Elizabeth and St. John the Baptist; Ss. James, Jude, Matthew, and Simon; St. Ruth; St. King David; and all thy other blood relatives who are in heaven; and to love St. Michael, St. Gabriel, St. Raphael, and my Guardian Angel; to love St. Abraham and St. Peter; to love St. Francis of Assisi and St. Mary Magdalen; and to love all thy angels and saints; and to love my neighbor as myself for the love of thee; and to love the truth so that in whatever I do this day I may distinguish the truth from the lies.

Good St. Anne, pray for me. Saint (of the day), pray for me. St. John the Baptist, pray for me. St. Francis of Assisi, pray for me. Saint (your patron saint), pray for me. St. Benedict, pray for me. Ss. Peter and Paul, pray for me. Immaculate Heart of Mary, pray for us. Most Sacred Heart of Jesus, have mercy on us. Most Sacred Heart of Jesus, have mercy on us. Most Sacred Heart of Jesus, have mercy on us. Most Sacred Heart of Jesus, have mercy on us. Most Precious Blood of Jesus, save us. Most Precious Blood of Jesus, save us. Divine Heart of Jesus, have mercy on us. Most Holy Face of our Lord Jesus Christ, bless us and protect us. Most Holy Cross of Our Lord Jesus Christ, bless us and protect us. Amen. (RJMI)

Benediction of the Blessed Sacrament

O Salutaris Hostia

Latin Version:

O salutaris Hostia / Quae coeli pandis ostium: / Bella premunt hostilia / Da robur, fer auxilium.

Uní trinóque Domíno / Sit sempiterna glória: / Qui vitam sine termino, / Nobis donet in patria. / Amen.
English Version:
O saving Victim, opening wide / The gate of heaven to man below! / Our foes press on from every side; / Thine aid supply, thy strength bestow. / All praise and thanks to thee extend, / For ever more, blessed One in Three. / Oh, grant us life that shall not end / In our true native land with thee. / Amen.

Tantum Ergo

Latin Version
Tantum ergo Sacramentum / Veneremur cernu: / Et antiquum documentum / Novo cedat ritui: / Praesent fides supplementum / Sensuum defectui. Genitori, Genitoque / Laus et jubilatio. / Salus, honor, virtus quoque / Sit et benedictio / Procedenti ab quoque / Sit et benedictio / Justition, honor, virtus / With the

English Version:
Down in adoration falling, / Lo! the sacred Host we hail, / Lo! O’er ancient forms departing, / Newer rites of grace prevail; / Faith for all defects supplying / Where the feeble senses fail. / To the everlasting Father, / And the Son who reigns on high, / With the Holy Spirit proceeding / Forth from each eternally, / Be salvation, honor, blessing, / Might, and endless majesty. / Amen.

V. Panem de caelis praestitisti eis. (T.P. Alleluia.)
R. Omne delectamentum in se habentem. (T.P. Alleluia.)

V. LET US PRAY: O God, who in this wonderful Sacrament has left us a memorial of thy Passion, grant us, we beseech thee, so to reverence the Sacred Mysteries of thy Body and Blood, that we may ever perceive within us the fruit of thy redemption. / Amen.

The Divine Praises
Blessed be God.
Blessed be His holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph, her most chaste spouse.
Blessed be God in His angels and in His saints.

Adoro Te
O hidden Godhead, humbly I adore thee,
Who truly are beneath the forms in view;
To thee I bow my heart and bend the knee
Since contemplating thee all fails for me.
Sight, touch, and taste in thee are each deceived;
The ear alone most safely is believed.
I firmly hold whate’er God’s Son has spoken,
Than Truth’s own word there is no truer token.

God only on the cross was hid from view,
But here hides Deity and manhood too;
And I in both professing firm belief,
Make mine the prayer of the repentant thief.

Thy wounds, as Thomas saw, I do not see;
Yet thee confess my Lord and God to be.
My faith confirm and childlike trust impart;
And may I love thee, Lord, with all my heart.
O blest Memorial of our Lord’s own dying;
O Living Bread, to mortals life supplying;
Make thou my soul henceforth on thee to live;
Ever a taste of heavenly sweetness give.

O loving Pelican! O Jesu Lord!
Unclean I am, but cleanse me in thy Blood,
Of which a single drop, for sinners spilt,
Can purge the entire world from all its guilt.

O Jesus, whom at present veiled I see,
What I so thirst for, grant to me:
That I may see thy blessed Self unfolding,
And may find rest thy glory in beholding. Amen.

LITANIES

Litany of the Most Holy Name of Jesus

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Jesus, hear us.
Jesus, gloriously hear us.
God the Father of heaven,
Have mercy on us.
God the Son, Redeemer of the world,
Have mercy on us.
God the Holy Spirit,
Have mercy on us.
Holy Trinity, one God,
Have mercy on us.
Jesus, Son of the living God,
Have mercy on us. (repeat after each versicle)

Jesus, splendor of the Father,
Jesus, brightness of eternal light,
Jesus, king of glory,
Jesus, sun of justice,
Jesus, son of the Virgin Mary,
Jesus, most amiable,
Jesus, most admirable,
Jesus, mighty God,
Jesus, father of the world to come,
Jesus, angel of great counsel,
Jesus, most powerful,
Jesus, most patient,
Jesus, most obedient,
Jesus, meek and humble of heart,
Jesus, lover of chastity,
Jesus, lover of us,
Jesus, God of peace,
Jesus, author of life,
Jesus, model of all virtues,
Jesus, zealous for souls,
Jesus, father of the poor,
Jesus, treasure of the faithful,
Jesus, good shepherd,
Jesus, true light,
Jesus, eternal wisdom,
Jesus, infinite goodness,
Jesus, our way and our life,
Jesus, joy of angels,
Jesus, king of patriarchs,
Jesus, master of apostles,
Jesus, teacher of evangelists,
Jesus, strength of martyrs,
Jesus, light of confessors,
Jesus, purity of virgins,
Jesus, crown of all saints,

Be merciful,
Spare us, O Jesus.
Be merciful,
Graciously hear us, O Jesus.

From all evil,
Jesus, deliver us. (repeat after each versicle)
From all sin,
From thy wrath,
From the snares of the devil,
From the spirit of fornication,
From everlasting death,
From the neglect of thine inspirations,
Through the mystery of thy holy Incarnation,
Through thy nativity,
Through thine infancy,
Through thy most divine life,
Through thy labors,
Through thine agony and Passion,
Through thy cross and dereliction,
Through thy sufferings,
Through thy death and burial,
Through thy resurrection,
Through thy ascension,
Through thine institution of the Most Holy Eucharist,
Through thy joys,
Through thy glory,
Lamb of God, who takest away the sins of the world,
Spare us, O Jesus.
Lamb of God, who takest away the sins of the world,
Graciously hear us, O Jesus.
Lamb of God, who takest away the sins of the world,
Have mercy on us, O Jesus.

V. Jesus, hear us.
R. Jesus, graciously hear us.

LET US PRAY: O Lord Jesus Christ, who saidst: Ask and you shall receive, seek and you shall find, knock and it shall be opened unto you, grant, we beseech thee, to us thy suppliants, the gift of thy most divine love, that we may love thee with our whole heart and in all our words and works and never cease from praising thee.

O Lord, grant us a perpetual fear as well as love of thy holy Name, for thou never ceasest to govern those whom thou foundest upon the strength of thy love. Who livest and reignest forever and ever. Amen.

Litany of the Sacred Heart

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father of heaven,
Have mercy on us.
God the Son, Redeemer of the world,
Have mercy on us.
God the Holy Spirit,
Have mercy on us.

Holy Trinity, one God,
Have mercy on us.
Heart of Jesus, Son of the Eternal Father,
Have mercy on us. (repeat after each versicle)
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,
Heart of Jesus, united to the Eternal Word,
Heart of Jesus, of infinite majesty,
Heart of Jesus, holy temple of God,
Heart of Jesus, tabernacle of the Most High,
Heart of Jesus, house of God and gate of heaven,
Heart of Jesus, burning furnace of charity,
Heart of Jesus, vessel of justice and love,
Heart of Jesus, full of all goodness and love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, king and center of our hearts,
Heart of Jesus, in whom are all the treasures of wisdom and knowledge,
Heart of Jesus, in whom dwells the fullness of the divinity,
Heart of Jesus, in whom the Father is well pleased,
Heart of Jesus, of whose goodness we have all received,
Heart of Jesus, desire of the everlasting hills,
Heart of Jesus, patient and abounding in mercy,
Heart of Jesus, rich unto all that call upon thee,
Heart of Jesus, fountain of life and holiness,
Heart of Jesus, propitiation for our sins,
Heart of Jesus, filled with reproaches,
Heart of Jesus, bruised for our offenses,
Heart of Jesus, obedient even unto death,
Heart of Jesus, pierced with a lance,
Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and reconciliation,
Heart of Jesus, victim for sin,
Heart of Jesus, salvation of them that hope in thee,
Heart of Jesus, hope of them that die in thee,
Heart of Jesus, delight of all the saints,
Lamb of God, who taketh away the sins of the world, 
Spare us, O Lord.
Lamb of God, who taketh away the sins of the world, 
Graciously hear us, O Lord.
Lamb of God, who taketh away the sins of the world, 
Have mercy on us.
V. Jesus, meek and humble of Heart. 
R. Make our hearts like unto thine.

LET US PRAY: Almighty and eternal God, look upon the Heart of thy dearly beloved Son and the praise and satisfaction He offers thee on the behalf of sinners; appeased by worthy homage, pardon those who implore thy mercy, in the name of the same Jesus Christ, thy Son, who liveth and reigneth with thee, in the unity of the Holy Spirit, God, forever and ever. Amen.

Litany of the Holy Spirit

Lord, have mercy on us, 
Christ, have mercy on us.
Lord, have mercy on us, 
Father all powerful, 
Have mercy on us.
Jesus, eternal Son of the Father, 
Redeemer of the world, 
Save us.

Spirit of the Father and the Son, 
boundless life of both, 
Sanctify us.
Holy Trinity, 
Hear us.
Holy Spirit, who proceedeth from the Father and the Son, 
Enter our hearts. 
Holy Spirit, who art equal to the Father and the Son, 
Enter our hearts. 
Promise of God the Father, 
Have mercy on us. (repeat after each versicle) 
Ray of heavenly light, 
Author of all good, 
Source of heavenly water, 
Consuming fire, 
Ardent charity, 
Spiritual unction, 
Spirit of love and truth, 
Spirit of wisdom and understanding, 
Spirit of counsel and fortitude, 
Spirit of knowledge and piety, 
Spirit of the fear of the Lord, 
Spirit of grace and prayer, 
Spirit of peace and meekness, 
Spirit of modesty and innocence, 
Holy Spirit, the Comforter, 
Holy Spirit, the Sanctifier, 
Holy Spirit, who governest the Catholic Church, 
Gift of God, the Most High, 
Spirit who filleth the universe, 
Spirit of the adoption of the children of God, 
Holy Spirit, 
Inspire us with horror of sin. 
Holy Spirit, 
Come and renew the face of the earth. 
Holy Spirit, 
Shed thy light in our souls. 
Holy Spirit, 
Engrave thy law in our hearts. 
Holy Spirit, 
Inflame us with the flame of thy love. 
Holy Spirit, 
Open to us the treasures of thy graces. 
Holy Spirit, 
Teach us to pray well. 
Holy Spirit, 
Enlighten us with thy heavenly inspirations. 
Holy Spirit, 
Lead us in the way of salvation. 
Holy Spirit, 
Grant us the only necessary knowledge.

Litany of the Blessed Virgin Mary

Lord, have mercy on us. 
Christ, have mercy on us. 
Lord, have mercy on us.
Holy Spirit, 
Inspire in us the practice of good. 
Holy Spirit, 
Grant us the merits of all virtues. 
Holy Spirit, 
Make us persevere in justice. 
Holy Spirit, 
Be thou our everlasting reward. 
Lamb of God, who taketh away the sins of the world, 
Send us thy Holy Spirit. 
Lamb of God, who taketh away the sins of the world, 
Pour down into our souls the gifts of the Holy Spirit. 
Lamb of God, who taketh away the sins of the world, 
Grant us the Spirit of wisdom and piety.
V. Come, Holy Spirit! Fill the hearts of thy faithful. 
R. And enkindle in them the fire of thy love.

LET US PRAY: Grant, O merciful Father, that thy Divine Spirit may enlighten, inflame, and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works. Through our Lord Jesus Christ, thy Son, who with thee, in the unity of the same Spirit, liveth and reigneth forever and ever. Amen.

Litany of the Holy Spirit

Lord, have mercy on us, 
Christ, have mercy on us.
Lord, have mercy on us, 
Father all powerful, 
Have mercy on us.
Jesus, eternal Son of the Father, 
Redeemer of the world, 
Save us.
Christ, hear us.
Christ, graciously hear us.
God the Father of heaven,
Have mercy on us.
God the Son, Redeemer of the world,
Have mercy on us.
God the Holy Spirit,
Have mercy on us.
Holy Trinity, one God,
Have mercy on us.

Holy Mary,
Pray for us. (repeat after each versicle)
Holy Mother of God,
Holy Virgin of virgins,
Mother of Christ,
Virgin most pure,
Virgin most chaste,
Virgin most amiable,
Virgin most admirable,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of angels,
Queen of patriarchs,
Queen of prophets,
Queen of apostles,
Queen of martyrs,
Queen of confessors,
Queen of virgins,
Queen of all saints,
Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of peace,
Lamb of God, who takest away the sins of the world,
Spare us, O Lord.
Lamb of God, who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world,
Have mercy on us.
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

LET US PRAY: Grant, we beseech thee, O Lord God, that we thy servants may enjoy purity of heart, soundness of mind, and health of body, and by the glorious intercession of Blessed Mary, ever Virgin, may be delivered from present sorrows and enter into that joy which hath no end. Through Christ our Lord. Amen.

Litany of St. Joseph

St. Joseph,
Illustrious son of David,
Light of the patriarchs,
Spouse of the Mother of God,
Chaste guardian of the Virgin,
Foster father of the Son of God,
Diligent protector of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most strong,
Joseph most obedient,
Joseph most faithful,
Mirror of patience,
Lover of poverty,
Model of laborers,
Glory of home life,
Guardian of virgins,
Pillar of families,
Consolation of the afflicted,
Hope of the sick,
Patron of the dying,
Terror of demons,
Protector of the Holy Catholic Church,
Lamb of God, who takest away the sins of the world,
Spare us, O Lord.
Lamb of God, who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world,
Have mercy on us.
V. He made him the lord of His household.
R. And prince over all His possessions.

LET US PRAY: O Lord, who in thine ineffable providence didst vouchsafe to choose blessed Joseph to be the spouse of thy most holy Mother, grant, we beseech thee, that we may have him for our intercessor in heaven whom we venerate as our protector on earth. Who livest and reignest with the Father in the unity of the Holy Spirit, one God, forever and ever. Amen.
Litany of Good St. Anne

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father of heaven, Have mercy on us.
God the Son, Redeemer of the world, Have mercy on us.
God the Holy Spirit, Have mercy on us.
Holy Trinity, one God, Have mercy on us.
Holy Mary, Queen of angels and of saints, Pray for us. (repeat after each versicle)
St. Anne, St. Anne, mother of Mary, the Queen of heaven, St. Anne, instrument of the Holy Spirit, St. Anne, faithful spouse of St. Joachim, St. Anne, mirror of the married, St. Anne, example of widows, St. Anne, miracle of patience, St. Anne, mother of confidence, St. Anne, mother of constancy, St. Anne, mother of prayer, St. Anne, mother of blessing, St. Anne, vessel of sanctity, St. Anne, merciful mother, St. Anne, comfortress of the afflicted, St. Anne, help of the poor, St. Anne, protectress of virgins, St. Anne, support of the oppressed, St. Anne, refuge of thy clients, Through thy love for Jesus and Mary, We beseech thee, hear us. (repeat after each versicle) Through thy virtues and merits, Through thy goodness and mercy,

Through thy compassion and charity, Through the graces bestowed on thee by God, Through the joys thou didst experience with Jesus and Mary, Through the happiness thou dost enjoy for all eternity, Through the honor given thee by the saints in heaven, Lamb of God, who takest away the sins of the world, 
Spare us, O Lord.
Lamb of God, who takest away the sins of the world, 
Graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world, Have mercy on us.

V. Pray for us, St. Anne. R. That we may be made worthy of the promises of Christ.

LET US PRAY: O God, who didst vouchsafe to endow blessed Anne with grace so that she might be worthy to become the mother of her who brought forth thine only-begotten Son, mercifully grant that we who devoutly venerate her memory may also be helped by her powerful intercession. Through Christ our Lord, who liveth and reigneth with thee in the unity of the Holy Spirit, God, forever and ever. Amen.

Other prayers to St. Anne

Memorare to St. Anne, p. 70.
Novena to St. Anne, p. 98.
Petition Prayer to St. Anne, p. 70.
Prayer to St. Anne for Perfection, p. 70.

Litany of the Saints

On the vigils of Resurrection Day and Pentecost, the invocations marked * are omitted; for the remaining invocations each verse and response are said twice. On Rogation Days no invocations are omitted and all verses and responses are said twice.

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us. Christ, hear us. Christ, graciously hear us. God the Father of heaven, Have mercy on us. God the Son, Redeemer of the world, Have mercy on us. God the Holy Spirit, Have mercy on us. Holy Trinity, one God, Have mercy on us. Holy Mary, Pray for us. (repeat after each versicle)

Holy Mary, Holy Mother of God, Holy Virgin of virgins, St. Michael, St. Gabriel, St. Raphael, All ye holy Angels and Archangels, All ye holy orders of blessed Spirits, St. Joseph, St. John the Baptist, All ye holy Patriarchs and Prophets, St. Peter, St. Paul, St. Andrew, *St. James, St. John, *St. Thomas,
*From the snares of the devil,
*From sudden and unprovided death,
*From threatening dangers,
*From thy wrath,
O Lord, deliver us.

From all evil,
*Be Spare us, O Lord.
*Be merciful,
*Make intercession for us.

From all sin,
*From thy wrath,
*From sudden and unprovided death,
*From the snares of the devil,
*From anger, hatred, and all ill will,
*From the spirit of fornication,
*From lightning and tempest,
*From the scourge of earthquake,
*From plague, famine, and war,
From everlasting death,
Through the mystery of thy holy Incarnation,
Through thy coming,
Through thy nativity,
Through thy baptism and holy fasting,
Through thy cross and Passion,
Through thy death and burial,
Through thy holy resurrection,
Through thine admirable ascension,
Through the coming of the Holy Spirit, the Paraclete,
In the Day of Judgment,

We sinners,
*We beseech thee, hear us. (repeat after each versicle)
That thou wouldst spare us,
*That thou wouldst pardon us,
*That thou wouldst bring us to true penance,
That thou wouldst vouchsafe to govern and preserve thy holy Catholic Church,
That thou wouldst vouchsafe to preserve our Holy Father and all ecclesiastical orders in holy religion,
That thou wouldst vouchsafe to humble the enemies of thy holy Church,
That thou wouldst vouchsafe to give peace and concord to all Christian kings and princes,
*That thou wouldst vouchsafe to grant peace and concord to all Christian people,
*That thou wouldst vouchsafe to restore to the unity of the Church those who have strayed from the truth, and lead unbelievers to the light of the gospel,
That thou wouldst vouchsafe to confirm and preserve us in thy holy service,
*That thou wouldst lift up our minds to heavenly desires,
That thou wouldst be merciful to all our benefactors,

**That thou wouldst grant us, our brethren, relatives, and benefactors all the grace and other helps we need to be saved,
That thou wouldst vouchsafe to give and preserve the fruits of the earth,
That thou wouldst vouchsafe to grant eternal rest to all the faithful departed,

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In the conferring of Major Orders, the bishop, turning to those to be ordained, blesses them thrice, saying:

That thou wouldst vouchsafe to bless these chosen ones,
That thou wouldst vouchsafe to bless, hallow, and consecrate these chosen ones,

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That thou wouldst vouchsafe graciously to hear us,
*Son of God,
Lamb of God, who takest away the sins of the world,
Spare us, O Lord.
Lamb of God, who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world,
Have mercy on us.

Christ, hear us.
Christ, graciously hear us.
Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.

V. Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.
R. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Make haste, O God, to deliver me; make haste to help me, O Lord. Let them be ashamed and confounded that seek after my soul. Let them be turned backward and put to confusion that desire evils to me. Let them be turned back with shame that say unto

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8 When the Holy See is vacant, replace “our Holy Father” with “the papacy.”
9 If to your knowledge there are no Christian kings or princes, then omit this versicle.
me: Aha, Aha. Let all those that seek thee be joyful and glad in thee, and let such as love thy salvation say continually: Let the Lord be magnified. But I am poor and needy; help me, O God. Thou art my helper and my deliverer; O Lord, make no tarrying.

V. Glory be to the Father, and to the Son, and to the Holy Spirit.

R. As it was in the beginning, is now, and ever shall be, forever and ever. Amen.

V. Save thy servants.

R. Who hope in thee, O my God.

V. Be unto us, O Lord, a tower of strength.

R. From the face of the enemy.

V. Let not the enemy prevail against us.

R. Nor the son of iniquity have power to hurt us.

V. O Lord, deal not with us according to our sins.

R. Neither requite us according to our iniquities.

Ending Prayers

LET US PRAY: O God, whose property is to have mercy and to spare, receive our humble petition, that we and all thy servants who are bound by the chains of sin may by the compassion of thy goodness mercifully be absolved.

Graciously hear, we beseech thee, O Lord, the prayers of thy suppliants and pardon the sins of those who confess to thee, that in thy bounty thou mayest grant us both pardon and peace.

In thy clemency, O Lord, show unto us thine unspeakable mercy, that thou mayest both loose us from all our sins and deliver us from the punishment which we deserve for them.

O God, who by sin art offended and by penance pacified, mercifully regard the prayers of thy people making supplication to thee and turn away the scourges of thine anger which we deserve for our sins.

When the Holy See is vacant, omit the following verse and response:

V. Let us pray for our Sovereign Pontiff, N.

R. The Lord preserve him, and give him life, and make him blessed upon the earth, and deliver him not up to his enemies.

V. O Lord, deal not with us according to our sins.

R. Nor the son of iniquity have power to hurt us.

V. O Lord, deal not with us according to our sins.

R. Neither requite us according to our iniquities.

When the Holy See is vacant, omit the following prayer:

Almighty and everlasting God, who hast dominion over the living and the dead and art merciful to all those who thou foreknowest shall be thine by faith and good works, we humbly beseech thee that they for whom we intend to pour forth our prayers, whether this present world still detain them in the flesh or the world to come hath already received them out of their bodies, may through the intercession of all thy saints, by the clemency of thy goodness, obtain the remission of all their sins. Through our Lord Jesus Christ, thy Son, who with thee livest and reignest in the unity of the Holy Spirit, God, forever and ever.

R. Amen.

V. The Lord be with thee.

R. And with thy spirit.

V. May the almighty and merciful Lord graciously hear us.

R. Amen.

V. And may the souls of all the faithful departed, through the mercy of God, rest in peace.

R. Amen.

Litany for the Forty Hours’ Devotion

Pray the Litany of the Saints up to the Ending Prayers, then pray the following Ending Prayers for the Forty Hours’ Devotion:
Ending Prayers for Forty Hours’ Devotion

LET US PRAY: O God, who in this wonderful Sacrament has left us a memorial of thy Passion, grant us, we beseech thee, so to reverence the Sacred Mysteries of thy Body and Blood, that we may ever perceive within us the fruit of thy redemption.

According to the season, pray one of the following prayers of the Blessed Virgin:

From Advent to Christmas Day:
O God, who wast pleased that thy Word, at the message of an angel, should take flesh in the womb of the Blessed Virgin Mary, grant to us thy humble servants that we, who believe her to be truly the Mother of God, may be assisted by her intercession with thee.

From Christmas Day to Candlemas:
O God, who by the fruitful virginity of Blessed Mary hast given to mankind the rewards of eternal salvation, grant, we beseech thee, that we may experience her intercession by whom we received the author of life, our Lord Jesus Christ, thy Son.

From Candlemas to Resurrection Day, and from Trinity Day to Advent:
Grant, we beseech thee, O Lord God, that we thy servants may enjoy purity of heart, soundness of mind, and health of body, and by the glorious intercession of Blessed Mary, ever Virgin, may be delivered from present sorrows and enter into that joy which hath no end.

From Resurrection Day to Trinity Day:
O God, who didst vouchsafe to give joy to the world through the resurrection of thy Son, our Lord Jesus Christ, grant, we beseech thee, that through His Mother, the Virgin Mary, we may obtain the joys of everlasting life.

When the Holy See is vacant, omit the following prayer:
Almighty and eternal God, have mercy on thy servant N., our Sovereign Pontiff, and direct him according to thy clemency in the way of everlasting salvation, that by thy grace he may desire those things that are agreeable to thee and perform them with all his strength.

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Concluding prayers:
O God, our refuge and our strength, fountain of all goodness, mercifully give ear to the fervent prayers of thy Church and grant that what we ask with faith we may effectually obtain.

Almighty and eternal God, in whose hands are all the powers and all the rights of kingdoms, come to the assistance of thy Christian people, that all pagan and heretical nations, who trust in their own violence and craft, may be broken by the might of thy right hand.

Almighty and eternal God, who hast dominion over the living and the dead and art merciful to all who thou foreknowest will be thine by faith and good works, we humbly beseech thee that they for whom we have determined to offer up our prayers, whether this present world still detain them in the flesh or the world to come hath already received them out of their bodies, may by the clemency of thy goodness, all thy saints interceding for them, obtain pardon and full remission of all their sins. Through our Lord Jesus Christ, thy Son, with whom liveth and reigneth in the unity of the Holy Spirit, God, forever and ever.
R. Amen.
V. O Lord, hear my prayer.
R. And let my cry come unto thee.
V. May the almighty and most merciful Lord graciously hear us.
R. And may He ever keep us. Amen.
V. May the souls of the faithful departed, through the mercy of God, rest in peace.
R. Amen.

Litany of the Old and New Testament Saints
(by RJMI)

This litany can be prayed as a Litany of the Saints or as part of the Forty Hours’ Devotion.

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father of heaven,
Have mercy on us.
God the Son, Redeemer of the world,
Have mercy on us.
God the Holy Spirit,
Have mercy on us.
Holy Trinity, one God,
Have mercy on us.

Holy Mary,
Pray for us. (repeat after each versicle)
Holy Mother of God,
Holy Virgin of virgins,
St. Joseph, foster father of Jesus,
St. Michael,
St. Gabriel,
St. Raphael,
All ye holy Angels and Archangels,
All ye holy orders of blessed Spirits,
Ss. Adam and Eve,
St. Abel,
St. Seth,
St. Enoch,
St. Noe,
Ss. Abraham and Sara,
Ss. Isaac and Rebecca,
Ss. Jacob and Lia and Rachael,
St. Joseph, son of Jacob,
St. Moses,
St. Josue,
St. Caleb,
St. Tobias the Elder,
All ye holy Patriarchs and Matriarchs,
St. Debhora,
St. Gedeon,
St. Samson,
All ye holy Judges,
St. Samuel, St. Elias, St. Eliseus, St. Holda, St. Isaia, St. Jeremias, St. Ezechiel, St. Daniel, St. Amos, St. Jonas, St. Job, St. Simeon, St. Anna, St. John the Baptist, All ye holy Prophets and Prophetesses, Ss. Elcana and Anna, St. Manue and his wife, Ss. Booz and Ruth, Ss. Tobias the Younger and Sara, Ss. Joachim and Anne, Ss. Zachary and Elizabeth, All ye holy Spouses and Parents, St. Peter, St. Paul, St. Andrew, St. James, St. John, St. Thomas, St. James, St. Philip, St. Bartholomew, St. Matthew, St. Simon, St. Thaddeus, St. Matthias, All ye holy Apostles and Evangelists, St. Lazarus, St. Mark, St. Luke, St. Timothy, St. Barnabas, All ye holy Disciples of our Lord, St. Clement I, St. Sylvester I, St. Leo the Great, St. Gregory the Great, All ye holy Popes, St. Eleazar, The holy Seven Machabean Martyrs and their mother, All ye holy Innocents, St. Stephen, St. Laurence, St. Vincent, Ss. Fabian and Sebastian, Ss. John and Paul, Ss. Cosmas and Damian, Ss. Gervase and Protase, St. Agatha, St. Agnes, St. Barbara, St. Dymphna, St. Philomena, St. Lucy, St. Cecilia, St. Catherine, St. Anastasia, All ye holy Martyrs, St. Ignatius of Antioch, St. Polycarp, St. Ireneaeus, St. Cyprian, St. Athanasius, St. Martin of Tours, St. Epiphanius, St. Ambrose, St. Augustine, St. John Chrysostom, St. Patrick, St. Nicholas, All ye holy Church Fathers, Bishops, Confessors, and Doctors, St. Aaron, St. Phinees, St. Paul the Hermit, St. Antony of the Desert, St. Benedict, St. Dominic, St. Francis of Assisi, St. Anthony of Padua, All ye holy Levites, Priests, Monks, and Hermits, St. King David, St. King Ezechias, St. King Josias, The Holy Machabees: Mathathias, John, Simon, Judas, Eleazar, and Jonathan, Holy Emperor St. Constantine, Holy Emperor St. Charlemagne, All ye holy Kings, Emperors, and other Rulers, St. Judith, St. Susanna, St. Esther, St. Mary Magdalene, St. Martha, St. Joanna, St. Mary Salome, All ye holy Virgins, Widows, and other blessed Women, All ye holy men and women, Saints of God, Make intercession for us. Be merciful, Spare us, O Lord. Be merciful, Graciously hear us, O Lord.

Go to the Litany of the Saints and continue at From evil, p. 49.

Litany of St. Michael

Lord, have mercy on us. Christ, have mercy on us. Lord, have mercy on us. Christ, hear us. Christ, graciously hear us. God the Father of heaven, Have mercy on us. God the Son, Redeemer of the world, Have mercy on us. God the Holy Spirit, Have mercy on us. Holy Trinity, one God, Have mercy on us. Holy Mary, Queen of the Angels, Pray for us. (repeat after each versicle)

St. Michael, the Archangel, One of the seven who stand before the throne of God, Most glorious attendant of the Most Holy Trinity, Strength of God, Defender of the Divine glory, First to defend the Kingship of Christ and Queenship of Mary, Glorious prince of the heavenly armies, Leader of the angelic hosts, Standard-bearer of God’s armies, Invincible prince and warrior, Vanquisher of Satan, Vanquisher of all the rebel angels, Terror of the evil spirits, Victorious in battle against evil, Standing at the right hand of the Altar of Incense, Guardian of Paradise, Guardian of the Israelites in their journey through the desert, Defender of the dead body of Moses,
Guardian and defender of the Catholic Church,
Guardian and defender of the Catholic Faith,
Protector of the Sovereign Pontiff,
Bulwark of orthodox believers,
Powerful intercessor of Catholics,
Brave defender of those who hope in God,
Strength of those who fight under the standard of the Cross,
Guardian of our souls and bodies,
Angel of peace,
Helper of those in agony,
Light and confidence of souls at the hour of death,
Charged by the Lord to receive the elect after death,
Charged by the Lord to cast the reprobates into hell,
Consoler of the souls in purgatory,
Lamb of God, who takest away the sins of the world,
Lamb of God, who takest away the sins of the world,
Lamb of God, who takest away the sins of the world.

Lord, have mercy on us.
Christ, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father of heaven,
Have mercy on us.
God the Son, Redeemer of the world,
Have mercy on us.
God the Holy Spirit,
Have mercy on us.
Holy Trinity, one God,
Have mercy on us.
Jesus, King of angels,
Have mercy on us.
Mary, Queen of angels,
Pray for us.

(Please note: The remaining text is too long to be included here. The Litany of St. Gabriel and St. Raphael are repeated in full to the end of each litany.)

END BY PRAYING: The Angelus, p. 62.

Litany of St. Raphael
St. Raphael, patron of physicians,
St. Raphael, helper of the blind,
St. Raphael, patron of health,
St. Raphael, a
St. Raphael, patron angel of youth,
St. Raphael, protector of pure souls,
St. Raphael, guide and counselor of young people,
St. Raphael, conqueror of evil,
St. Raphael, protector of pure souls,
St. Raphael, angel of joy,
St. Raphael, angel of happy meetings,
St. Raphael, angel of chaste courtship,
St. Raphael, angel of those seeking a marriage partner,
St. Raphael, angel of happy marriage,
St. Raphael, angel of home life,
St. Raphael, angel guardian of the Christian family,
St. Raphael, protector of travelers,
St. Raphael, patron of health,
St. Raphael, angelic physician,
St. Raphael, helper of the blind,
St. Raphael, healer of the sick,
St. Raphael, patron of physicians,
St. Raphael, consoler of the afflicted,
St. Raphael, support of the dying,
St. Raphael, herald of blessings,
St. Raphael, defender of the Catholic Church,
Lamb of God, who takest away the sins of the world,
Spare us, O Lord.
Lamb of God, who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world,
Have mercy on us.
V. Pray for us, O glorious St. Raphael the Archangel.
R. That we may be made worthy of the promises of Christ.

LET US PRAY: O God, who graciously gave the Archangel Raphael as a companion to thy servant Tobias on his journey, grant us, thy servants, that we may ever benefit from his protection and be strengthened by his help. Through Christ our Lord. Amen.

Litany of the Holy Angels
Lord, have mercy on us.
Christ, have mercy on us.
Lamb of God, who takest away the sins of the world,
Spare us, O Lord.
Lamb of God, who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world,
Have mercy on us.

Mary, Queen of angels,
Pray for us. (repeat after each versicle)

Holy Mother of God,
Holy Virgin of virgins,
St. Michael, who was ever the defender of the people of God,
St. Michael, who drove from heaven Lucifer and his rebel crew,
St. Michael, who cast down to hell the accuser of our brethren,
St. Gabriel, who expounded to Daniel the heavenly vision.

St. Gabriel, who foretold to Zachary the birth and ministry of John the Baptist,
St. Gabriel, who announced to the Blessed Virgin Mary the Incarnation of the Divine Word,
St. Raphael, who led Tobias safely through his journey to his home again,
St. Raphael, who delivered Sara from the devil,
St. Raphael, who restored sight to Tobias the elder,
All ye holy angels, who stand around the high and lofty throne of God,
Who cry to Him continually: Holy, Holy, Holy,
Who dispel the darkness of our minds and give us light,
Who are the messengers of heavenly things to men,
Who have been appointed by God to be our guardians,
Who always behold the face of our Father who is in heaven,
Who rejoice over one sinner doing penance,
Who struck the Sodomites with blindness,
Who led Lot out of the midst of the ungodly,
Who ascended and descended on the ladder of Jacob,
Who delivered the divine law to Moses on Mount Sinai,
Who brought good tidings when Christ was born,
Who ministered to Him in the desert,
Who comforted Him in His agony,
Who sat in white garments at His sepulcher,
Who appeared to the disciples as He ascended into heaven,
Who shall go before Him bearing the standard of the cross when He comes to judge,
Who shall gather together the elect at the end of the world,
Who shall separate the wicked from among the just,
Who offer to God the prayers of those who pray,
Who assist us at the hour of death,
Who carried Lazarus into Abraham’s bosom,
Who conduct to heaven the souls of the just,
Who perform signs and wonders by the power of God,
Bless the Lord, all ye Angels, thou who art mighty in strength, who fulfill His commandments, listening to the voice of His words: He has given His angels charge over you to keep you in all His ways.

LET US PRAY: O God, who dost arrange the services of angels and men in a wonderful order, mercifully grant that our life may be protected on earth by those who always do thy service in heaven.

Almighty and eternal God, who in thine unspeakable providence dost send thy angels to keep guard over us, grant that we may be continually defended by their protection and may rejoice eternally in their company. Through Jesus Christ our Lord, who liveth and reigneth with thee in the unity of the Holy Spirit, God, forever and ever. Amen.

Litany of the Holy Guardian Angel

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Jesus, hear us.
Jesus, graciously hear us.
God the Father of heaven, Have mercy on us.
God the Son, Redeemer of the world, Have mercy on us.
God the Holy Spirit, Have mercy on us.
Holy Trinity, one God, Have mercy on us.
Holy Mary, Queen of angels, Pray for us. (repeat after each versicle)

Angel of heaven, who art my guardian, Angel of heaven, whom I revere as my superior, Angel of heaven, who gives me charitable counsel, Angel of heaven, who gives me wise direction, Angel of heaven, who takes the place of a tutor, Angel of heaven, who loves me tenderly, Angel of heaven, who art my consoler, Angel of heaven, who art attached to me as a good brother,

Angel of heaven, who instructs me in the duties and truth of salvation, Angel of heaven, who art to me a charitable shepherd, Angel of heaven, who art witness of all my actions, Angel of heaven, who helps me in all my undertakings, Angel of heaven, who continually watches over me, Angel of heaven, who intercedes for me, Angel of heaven, who carries me in thy hand, Angel of heaven, who directs me in all my ways, Angel of heaven, who defends me with zeal, Angel of heaven, who conducts me with wisdom, Angel of heaven, who guards me from all danger, Angel of heaven, who dissipates the darkness and enlightens the mind,

Lamb of God, who takest away the sins of the world, Spare us, O Lord.
Lamb of God, who takest away the sins of the world, Graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world, Have mercy on us.

Jesus, hear us. Jesus, graciously hear us.

V. Pray for us, O Guardian Angel.
R. That we may be made worthy of the promises of Christ.

LET US PRAY: Almighty and everlasting God, who in the counsel of thine ineffable goodness hast appointed to all the Faithful, from their mother’s womb, a special Angel Guardian of their body and soul, grant that I may so love and honor him whom thou hast so mercifully given me, that protected by the bounty of thy grace and by his assistance I may merit to behold with him and all the angelic hosts the glory of thy countenance in the heavenly kingdom. Thou who livest and reignest forever and ever. Amen.

10 If there is no pope reigning, replace “pope” with “papacy.”
Litany of Humility

O Jesus, meek and humble of heart, 
Hear me.

From the desire of being esteemed, 
Deliver me, Jesus. (repeat after each versicle)

From the desire of being loved, 
From the desire of being extolled, 
From the desire of being honored, 
From the desire of being praised, 
From the desire of being approved, 
From the desire of being consulted, 
From the desire of being consulted, 
From the desire of being consulted, 
From the desire of being suspected, 
From the desire of being suspected, 
From the desire of being suspected, 
That others may be loved more than I, 
Jesus, grant me the grace to desire it. (repeat after each versicle)

That others may be esteemed more than I, 
That in the opinion of the world others may increase and I may decrease, 
That others may be chosen and I set aside, 
That others may be praised and I unnoticed, 
That others may be preferred to me in everything, 
That others become holier than I, provided that I may become as holy as I should, 

LET US PRAY: Act of love to the Blessed Virgin Mary: O Mary, my Mother, how greatly I love thee! And yet how little is my love! Thou teachest me all that is necessary for me to know because thou teachest me what Jesus is for me and what I ought to be for Jesus. Amen.

Litany for the Dying

Lord, have mercy. 

Christ, have mercy. 

Lord, have mercy. 

Holy Mary, 
Pray for him. (repeat after each versicle)

All ye holy Angels and Archangels, 
Holy Abel, 
All ye Choirs of the Just, 
Holy Abraham, 
St. John the Baptist, 
St. Joseph, 
All ye Patriarchs and Prophets, 
St. Peter, 
St. Paul, 
St. Andrew, 
St. John, 
All ye holy Apostles and Evangelists, 
All ye holy Disciples of our Lord, 
All ye holy Innocents, 
St. Stephen, 
St. Laurence, 
All ye holy Martyrs, 
St. Sylvester, 
St. Gregory, 
St. Augustine, 
All ye holy Bishops and Confessors, 
St. Benedict, 
St. Francis, 
All ye holy Monks and Hermits, 
St. Anne, 
St. Mary Magdalen, 
St. Lucy, 
All ye holy Virgins and Widows, 
All ye holy Saints of God, 
Make intercession for him. 

Be merciful, 
Spare him, O Lord. 

Be merciful, 
O Lord, deliver him. 

From thy wrath, 
O Lord, deliver him. (repeat after each versicle)

From the peril of death, 
From an evil death, 
From the pains of hell, 
From all evil, 
From the power of the devil, 
Through thy nativity, 
Through thy cross and Passion, 
Through thy death and burial,

Through thy glorious resurrection, 
Through thine admirable ascension, 
Through the grace of the Holy Spirit, the Comforter, 
In the Day of Judgment, 

We sinners, 
We beseech thee, hear us. 

That thou spare him, 
We beseech thee, hear us. 

Lord, have mercy. 

Christ, have mercy. 

Lord, have mercy.

EXORCISM PRAYERS

Long Exorcism Prayer

Preliminary Prayers

KNEEL

First recite the Act of Contrition, p. 29, and The Confiteor, p. 35. The Litany of the Saints, p. 48, is optional.

REMAIN KNEELING

* In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Let God arise and let His enemies be scattered, and let them that hate Him flee from before His face!

As smoke vanisheth, so let them vanish away; as wax melteth before the fire, so let the wicked perish at the presence of God. (Ps. 67:2-3) Judge thou, O Lord, them that wrong me; overthrow them that fight against me.

Let them be confounded and ashamed that seek after my soul. Let them be turned back and be confounded that devise evil against me. Let them become as dust before the wind, and let the angel of the Lord straighten them. Let their way become dark and slippery, and let the angel of the Lord pursue them.

For without cause they have hidden their net for me unto destruction, without cause they have upbraided my soul.

Let the snare which he knoweth not, come upon him; and let the net which he hath hidden catch him; and into that very snare let him fall. But my
soul shall rejoice in the Lord and shall be delighted in His salvation. (Ps. 34:1, 4-9)

V. Glory be to the Father, and to the Son, and to the Holy Spirit.
R. As it was in the beginning, is now, and ever shall be, forever and ever.

O most glorious Prince of the heavenly armies, St. Michael the Archangel, defend us in the battle and in our wrestling against Principalities and Powers, against the rulers of the world of this darkness, against the spirits of wickedness in the high places. (Eph. 6:12) Come to the aid of men, whom God created incorruptible and to the image of His own likeness He made him (Wis. 2:23); and from the tyranny of the devil He bought him at a great price. (Apoc. 12:8-9)

Behold, the ancient enemy and murderer strongly raises his head! Transformed into an angel of light, with the entire horde of wicked spirits he goes about everywhere and takes possession of the earth so that therein he may blot out the name of God and of His Christ and steal away, afflict, and ruin into everlasting destruction the souls destined for a crown of eternal glory.

On men depraved in mind and corrupt in heart, the wicked dragon pours out like a most foul river the poison of his villainy, a spirit of lying, impiety, and blasphemy, and the deadly breath of lust and of all iniquities and vices. Her most crafty enemies have engulfed the Catholic Church, the Spouse of the Immaculate Lamb; with sorrows they have drenched Her with wormwood, on all Her desirable things they have laid their wicked hands.

Where the See of Blessed Peter and the Chair of Truth have been set up for the light of the Gentiles, there they have placed the throne of the abomination of their wickedness so that, the Pastor having been struck, they may also be able to scatter the flock. Therefore, O thou unconquerable leader, be present with the people of God and against the spiritual wickedness which is bursting in upon them, and bring them the victory.

The Holy Catholic Church venerates thee as its guardian and patron, and it glories in the fact that thou art its defender against the wicked powers of earth and hell. To thee the Lord has assigned the souls of the redeemed to be placed in heavenly bliss. Beseech the God of Peace to crush Satan under our feet, that he may no more be able to hold men captive and to harm the Church.

Offer our prayers in the sight of the Most High so that the mercies of the Lord may quickly come to our aid, that thou mayest seize the dragon, the ancient serpent, who is the devil and Satan, and that having bound him thou mayest cast him into the bottomless pit so that he may no more seduce the nations. (Apoc. 20:3)

Hence confiding in thy protection and guardianship, [say the following only if you are an authorized minister: by the sacred authority of our ministry,] we confidently and securely begin the task, in the name of Jesus Christ our God and Lord, of driving away the attacks of diabolical deceit.

V. Behold the cross of the Lord; flee away, ye hostile forces.
R. The Lion of the tribe of Juda, the Root of David, hath conquered.

V. May thy mercy, O Lord, be upon us.
R. Since we have hoped in thee.
V. O Lord, hear my prayer.
R. And let my cry come unto thee.
V. The Lord be with thee.
R. And with thy spirit.

LET US PRAY: O God, and Father of our Lord Jesus Christ, we invoke thy holy name and we humbly implore thy mercy, that by the intercession of the Mother of God Mary Immaculate ever Virgin, of blessed Michael the Archangel, of blessed Joseph the spouse of the same Blessed Virgin, of the blessed Apostles Peter and Paul and of all the saints, thou wouldest deign to afford us help against Satan and all the other unclean spirits and against whatever wanderers throughout the world to do harm to the human race and to ruin souls. Through the same Christ our Lord. Amen.

The Exorcism Prayer

STAND

NOTE: * denotes that the sign of the cross is to be made within the prayer, as indicated.

We exorcize thee, O every unclean spirit, Satanic power, infernal invader, wicked legion, assembly and sect; in the name and by the power of our Lord Jesus Christ * may thou be snatched away and driven from the Church of God and from the souls made to the image of God and redeemed by the precious blood of the Divine Lamb *. Most cunning serpent, thou shalt no more dare to deceive the human race, persecute the Catholic Church, torment God’s elect, and sift them as wheat *. The Most High God commands thee *, He with whom in your great insolence thou still claimest to be equal, He who wants all men to be saved and to come to the knowledge of the truth. (1 Tim. 2:4)

God the Father commands thee *; God the Son commands thee *; God the Holy Spirit commands thee *. The majesty of Christ, the Eternal Word of God made flesh, commands thee *; He who to save our race, outdone through thy envy, “humbled Himself, becoming obedient even unto death” (Phil. 2:8); He who has built His Church on the firm rock and declared that the gates of hell shall never prevail against Her because He will dwell with Her “all days even to the end of the world.” (Mt. 28:20) The sacred sign of the cross commands thee *, as does also the power of the Mysteries of the Christian Faith *. The glorious Mother of God, the Virgin Mary,
commands thee *; she who by her humility and from the first moment of her Immaculate Conception crushed thy proud head. The faith of the holy Apostles Peter and Paul and of the other Apostles commands thee *

Thus, cursed dragon and thee diabolical legion, we adjure thee by the Living God *, by the True God *, by the Holy God *, by the God “who so loved the world that He gave up His only Son, that every soul believing in Him might not perish but have life everlasting” (Jn. 3:16), stop deceiving human creatures and pouring out to them the poison of eternal damnation. Stop harming the Catholic Church and ensnaring Her liberty. Begone, Satan, inventor and master of all deceit, enemy of man’s salvation. Give place to Christ in whom thou hast found none of your works. Give place to the one, holy, Catholic, and Apostolic Church, acquired by Christ at the price of His blood. Stoop beneath the powerful hand of God. Tremble and flee when we invoke the holy and terrible name of JESUS; this name which causes hell to tremble; this name to which the Virtues, Powers, and Dominations of heaven are humbly submissive; this name which the Cherubim and Seraphim praise unceasingly, repeating: Holy, holy, holy is the Lord, the God of armies!

KNEEL
V. O Lord, hear my prayer.
R. And let my cry unto thee.
V. May the Lord be with thee.
R. And with thy spirit.

LET US PRAY: God of Heaven, God of Earth, God of Angels, God of Archangels, God of Patriarchs, God of Prophets, God of Apostles, God of Martyrs, God of Confessors, God of Virgins, God who has power to give life after death and rest after work, because there is no other God than thee and there can be no other, for thou art the Creator of all things visible and invisible, of whose reign there shall be no end. We humbly prostrate ourselves before thy glorious majesty; and we beseech thee to deliver us by thy power from all the tyranny of the infernal spirits, from their snares, their lies, and their furious wickedness. Deign, O Lord, to grant us thy powerful protection and to keep us safe and sound. We beseech thee through Jesus Christ our Lord. Amen.

V. From the snare of the devil.
R. Deliver us, O Lord.
V. Grant that thy Church may serve thee in secure liberty.
R. We beseech thee, hear us.
V. Deign to crush down the enemies of the Holy Catholic Church.
R. We beseech thee, hear us.

While reciting the Exorcism Prayer of St. Michael the Archangel, p. 58, holy water is sprinkled on the persons present and in the place where the exorcism is done, usually the home and property.

Then repeat 3 times:
V. Most Sacred Heart of Jesus.
R. Have mercy on us.

Exorcism Prayer of St. Michael the Archangel

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snare of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

Exorcism Prayer of St. Benedict

Latin Version:
Crux Sancti Patri Benedicti / Crux Sacra Sit Mihi Lux / Non Draco Sit Mihi Dux / Vade Retro Satana! / Nunquam Suade Mihi Vana! / Sunt Mala Quae Libas. / Ipse Venena Bibas!

English Version:
The cross of the holy Father Benedict / The holy cross will be my light / May the dragon never be my guide / Begone Satan! / Never tempt me with your vanities! / What you offer me is evil. / Drink the poison yourself!

PRAYERS TO GOD

Prayer to the Holy Trinity

Most Holy Trinity, Godhead indivisible, Father, Son, and Holy Spirit, our Creator and Judge, since thou hast made us after thine own image, grant that all the affections of our hearts, all the thoughts of our minds, all the words of our tongues, and all our actions may be always conformed to thy most holy will so that we may come at last to contemplate thee face to face in the perfect possession of thee forever in heaven. Amen.

The Athanasian Creed

Whosoever willeth to be saved needs above all to hold the Catholic faith. Which faith except every one do keep whole and undefiled, he will without doubt perish eternally. Now the Catholic faith is this, that we worship one God in Trinity and Trinity in unity, neither confounding the Persons nor dividing the substance. For there is one Person of the Father, another of the Son, and another of the Holy Spirit. But the divine nature of the Father, of the Son, and of the Holy Spirit is one, their glory equal, their majesty co-eternal. Such as the Father is, such is the Son, and such is the Holy Spirit; the Father uncreated, the Son uncreated, and the Holy Spirit uncreated; the Father infinite, the Son infinite, and the Holy Spirit infinite; the Father eternal, the Son
eternal, and the Holy Spirit eternal. And yet they are not three eternals but one eternal. As also they are not three uncreated nor three infinites but one uncreated and one infinite. So likewise the Father is almighty, the Son almighty, and the Holy Spirit almighty. And yet they are not three almighties but one almighty. So the Father is God, the Son is God, and the Holy Spirit is God. And yet they are not three Gods but one God. So the Father is Lord, the Son is Lord, and the Holy Spirit is Lord. And yet they are not three Lords but one Lord. For as we are compelled by Christian truth to acknowledge every Person by himself to be God and Lord, so are we forbidden by the Catholic religion to say there be three Gods or three Lords. The Father is made of none, neither created nor begotten. The Son is of the Father alone, not made nor created but begotten. The Holy Spirit is of the Father and the Son, not made nor created nor begotten but proceeding. So there is one Father, not three Fathers; one Son, not three Sons; one Holy Spirit, not three Holy Spirits. And in this Trinity is nothing before or after, nothing is greater or less. But all three Persons are coeternal and coequal with one another. So that in all things, as is aforesaid, the unity in Trinity and the Trinity in unity is to be worshipped. He therefore that willeth to be saved, let him think thus of the Trinity. But it is necessary for eternal salvation that he also believe faithfully the Incarnation of our Lord Jesus Christ. The right faith therefore is that we believe and confess that our Lord Jesus Christ, the Son of God, is God and man. God, of the substance of the Father, begotten before the worlds; and man, of the substance of his mother, born into the world. Perfect God, perfect man, consisting of a rational soul and a human body; equal to the Father according to his Godhead, inferior to the Father according to his humanity. Who although he be God and man, yet he is not two but one Christ; one, however, not by conversion of the divinity into flesh but by taking of the manhood into God; one altogether, not by confusion of substance but by unity of Person. For as the rational soul and body are one man, so God and man are one Christ, who suffered for our salvation, descended into hell, rose again the third day from the dead, and ascended into heaven. He sitteth at the right hand of the Father, God almighty, from whence he shall come to judge the living and the dead. At his coming all men shall rise again with their bodies and shall give account for their own works. And they that have done good shall go into life eternal, but they that have done evil into eternal fire. This is the Catholic faith, which except a man believe faithfully and firmly he cannot be saved.

**Prayer to Our Almighty Father**

Almighty Father, come into our hearts and so fill us with thy love that forsaking all evil desires we may embrace thee, our only good. O Lord our God, show us what thou art to us. Say to our souls: I am your salvation; speak so that we may hear. Our hearts are before thee; open our ears, let us hasten after thy voice. Hide not thyself from us, we beseech thee, O Lord. Open our hearts so that thou mayest enter in. Repair the ruined mansions so that thou mayest dwell therein. Hear us, O heavenly Father, for the sake of thine only-begotten Son, our Lord Jesus Christ, who lives and reigns with thee and the Holy Spirit, one God, now and forever. Amen.

**Hail, Christ Our King**

Most sweet Jesus! Come near to us, thy children. Receive from our hands that crown which those who are but dust of earth try to seize from thee. Enter now in triumph among us, thy fervent followers! Hail, Christ our King!

Lawmakers may break the tables of thy law; but whilst they lose their thrones and are forgotten, we, thy subjects, will continue to salute thee! Hail, Christ our King!

They have said that thy gospel is out of date, that it hinders progress and must no longer be considered. They who say this soon disappear into obscurity and are forgotten, whilst we who adore thee continue to salute thee! Hail, Christ our King!

The proud, the worldly, those who possess unlawful riches, those who thirst for riches and honors and pleasures alone, declaring thy moral law to be for past ages, will be hurled against the Rock of Calvary and thy Catholic Church and falling will be reduced to dust and sink into oblivion, whilst we, thy followers, continue to salute thee! Hail, Christ our King!

Those who seek the dawn of a material civilization divorced from God will surely die, poisoned by their own false doctrine, deserted and cursed by their own children, whilst we, who would console thee, will continue to salute thee. Hail, Christ our King!

Yes, hail to thee, O Christ our King! Put to flight Lucifer, the fallen angel of darkness, from our homes, schools, and societies. Force him and his agents into hell. Chain him there everlastingly, whilst we, thy friends, continue to salute thee! Hail, Christ our King!

**Seven Offerings of the Precious Blood**

Eternal Father, I offer thee the merits of the most Precious Blood of Jesus, thy beloved Son and my divine Redeemer, for the propagation and exaltation of my dear Mother the Holy Catholic Church; for the safety and prosperity of Her visible head,
the Holy Roman Pontiff,¹¹ for the cardinals, bishops, and pastors of souls; and for all the ministers of the sanctuary...¹²

**Response:** Glory be to the Father, etc. Blessed and praised for evermore be Jesus, who hath saved us by His Precious Blood!

Eternal Father, I offer thee the merits of the most Precious Blood of Jesus, thy beloved Son and my divine Redeemer, for the conversion of the enemies of our holy Catholic Faith and for the happiness of all Christian people.

**Response**

Eternal Father, I offer thee the merits of the most Precious Blood of Jesus, thy beloved Son and my divine Redeemer, for all my relations, friends, and enemies; for the poor, the sick, and those in tribulation; and for all those for whom thou willest I should pray or knowest that I ought to pray.

**Response**

Eternal Father, I offer thee the merits of the most Precious Blood of Jesus, thy beloved Son and my divine Redeemer, for the conversion of unbelievers, the extirpation of all heresies, and the repentance of sinners.

**Response**

Eternal Father, I offer thee the merits of the most Precious Blood of Jesus, thy beloved Son and my divine Redeemer, for all my wants, spiritual and temporal; and for the Holy Souls in purgatory, particularly those who in their lifetime were most devoted to this price of our redemption and the sorrows and pains of our dear Mother, Holy Mary.

**Response**

Blessed and praised be the most Precious Blood of Jesus, now and forever!

**Prayer before a Picture of Jesus and His Sacred Heart**

Most Sacred Heart of Jesus, have mercy on us! Most Precious Blood of Jesus, save us! Within thy wounds hide me, sweet Jesus. Bless the Lord, O my soul, and let all that is within me bless His Holy Name. Bless the Lord, O my soul, and never forget all He has done for thee; [when saying the following three things, place one finger up facing the holy picture after each statement until three fingers are up:] for He has forgiven all thy iniquities, healed all thy diseases, and redeemed thy soul from destruction. Thou art just, O Lord, and all thy judgments are right.

Thank you, Lord God, for giving mankind another day. And may I use this day primarily to give thee great glory and for no sinful purpose. And second to thee, to give great glory to thy greatest masterpiece, thy mother and my mother, Mary; and then for the great glory of all thy angels and saints in heaven; and for the salvation of my own soul and the souls of others. Amen. (RJMI)

**Prayer to the Holy Face**

O Lord Jesus Christ, in presenting ourselves before thine adorable Face to ask of thee the graces of which we stand most in need, we beseech thee above all to grant us that interior disposition of never refusing at any time what thou requirest of us by thy holy commandments and divine inspirations. O good Jesus, who hast said, “Ask, and you shall receive; seek, and you shall find; knock, and it shall be opened to you,” grant us, O Lord, that faith which obtains all, or supply in us what we lack. Grant us, by the pure effect of thy charity and for thine eternal glory, the graces which we need and which we look for from thine mercy.

Be merciful to us, O my God, and reject not our prayers when amid our afflictions we call upon thy holy Name and seek with love and confidence thine adorable Face.

O almighty and eternal God, look upon the Face of thy Son Jesus. We present it to thee with confidence to implore thy pardon. The all-merciful Advocate opens His mouth to plead our cause; hearken to His cries, behold His tears, O God, and through His infinite merits hearken to Him when He intercedes for us poor, miserable sinners.

Adorable Face of Jesus, my love, my light, and my life, grant that I may know thee, love thee, and serve thee.

¹¹ When the Holy See is vacant, replace the words “Her visible head, the Holy Roman Pontiff” with “the papacy.”

¹² If, to your knowledge, there are no Catholic cardinals, bishops, or ministers, include these words “pastors of souls” and again after the word “sanctuary.”
Before each Our Father, I offer thee the adorable Face of thy beloved Son for the honor and glory of thy Name, the conversion of sinners, and the salvation of the dying. O divine Jesus, through thy Face and Name, save us. Our hope is in the virtue of thy holy Name! Amen.

Chaplet of the Infant of Prague

The chaplet consists of a medal of the Infant Jesus of Prague, three beads in honor of the Holy Family, and twelve beads in memory of the twelve years of the sacred childhood of our Divine Savior.

Beginning on the medal, say:
Divine Infant Jesus, I adore thy Cross and I accept all the crosses thou wilt be pleased to send me. Adorable Trinity, I offer thee for the glory of the holy Name of God all the adorations of the Sacred Heart of the Holy Infant Jesus.

On each of the three beads, pray an Our Father in honor of the Holy Family (first Our Father for St. Joseph, second for the Blessed Virgin Mary, third for the Holy Infant Jesus). On each of the twelve beads, pray a Hail Mary in honor of the twelve years of Our Lord’s childhood. Before each Our Father and Hail Mary, say:

And the Word was made flesh and dwelt among us.

To conclude the chaplet, say:
Holy Infant Jesus, bless and protect us!

Prayer to the Holy Spirit
Come, O Holy Spirit, fill the hearts of thy faithful and enkindle in them the fire of thy love. Send forth thy Spirit and they shall be created, and thou shalt renew the face of the earth.

LET US PRAY: O God, who by the light of the Holy Spirit didst instruct the hearts of the faithful, grant that by the same Spirit we may be truly wise and ever rejoice in His consolation. Through Christ our Lord. Amen.

Prayer to the Holy Spirit for Guidance
Come, Holy Spirit, Sanctifier, all powerful God of love, who filled the Virgin Mary with grace, who wonderfully transformed the hearts of the apostles, who endowed all thy martyrs with a miraculous heroism, come and sanctify us. Set our hearts on fire, illumine our hearts and minds, strengthen our wills, purify our consciences, rectify our judgments, and preserve us from the misfortune of resisting thine inspirations. We consecrate to thee our heart, our will, our understanding, and our whole being, for time and eternity. May our heart be ever inflamed with love of God and neighbor; may our will be ever conformed to the divine will; may our understanding be always submissive to thy heavenly inspirations and to the teachings of thy Holy Catholic Church, of which thou art the infallible guide; and may our whole life be a faithful imitation of the life and virtues of our Lord and Savior, Jesus Christ, to whom with the Father and thee, O Holy Spirit, be all honor and glory forever and ever. Amen.

The Veni Creator
Come, O Creator Spirit blest! And in our souls take up thy rest; Come with thy grace and heavenly aid

To fill the hearts which thou hast made.
Great Paraclete! To thee we cry, O highest gift of God most high! O font of life! O fire of love! And sweet anointing from above.
Thou in thy sevenfold gifts art known, The finger of God’s hand we own; The promise of the Father, thou! Who dost the tongue with power endow.

Kindle our senses from above, And make our hearts overflow with love; With patience firm and virtue high, The weakness of our flesh supply.

Far from us drive the foe we dread, And grant us thy true peace instead; So shall we not, with thee for guide, Turn from the path of life aside.

O may thy grace on us bestow The Father and the Son to know, And thee, through endless times confessed, Of both, the eternal Spirit blest.

All glory while the ages run Be to the Father and the Son, Who rose from death, the same to thee, O Holy Spirit, eternally. Amen.

Veni Sancte Spiritus
Come, Holy Spirit, send down those beams, which sweetly flow in silent streams from thy bright throne above.

O come, thou Father of the poor; O come, thou source of all our store; come, fill our hearts with love.
O thou, of comforters the best; O thou, the soul’s delightful guest; the pilgrim’s sweet relief.

Rest art thou in our toil, most sweet refreshment in the noonday heat, and solace in our grief.
O blessed Light of life thou art! fill with thy light the inmost heart of those who hope in thee.

Without thy Godhead nothing can have any price or worth in man, nothing can harmless be.
Lord, wash our sinful stains away, refresh from heaven our barren clay, our wounds and bruises heal.

To thy sweet yoke our stiff necks bow, warm with thy fire our hearts of snow, our wandering feet recall.

Grant to thy faithful, dearest Lord, whose only hope is thy sure word, the sevenfold gifts of grace.

Grant us in life thy grace that we in peace may die and ever be, in joy before thy face. Amen. Alleluia.

PRAYERS TO THE BLESSED VIRGIN MARY

The Magnificat

(Luke 1:46-55)

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior
Because He hath regarded the humility of His handmaid. For behold, from henceforth all generations shall call me blessed
Because He that is mighty hath done great things to me and holy is His name.
And His mercy is from generation unto generation to them that fear Him.
He hath showed might in His arm, He hath scattered the proud in the conceit of their heart,
He hath put down the mighty from their seat and hath exalted the humble.

The Angelus

(From the evening before Trinity Day through the evening before Resurrection Day: prayed daily at dawn, noon, and eventide, or as soon thereafter as possible)

V. The angel of the Lord declared unto Mary.
R. And she conceived by the Holy Spirit.

Hail Mary...

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.

Hail Mary...

V. And the Word was made flesh.
R. And dwell amongst us.

Hail Mary...

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

LET US PRAY: Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the Incarnation of Christ thy Son was made known by the message of an angel may by His Passion and cross be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

The Regina Cœli

(From Resurrection Day through noon before Trinity Day; prayed daily at dawn, noon, and eventide, or as soon thereafter as possible)

V. O Queen of heaven, rejoice!
R. Alleluia!

V. For He whom thou didst merit to bear.
R. Alleluia!

V. Hath risen as He said.
R. Alleluia!

V. Pray for us to God.
R. Alleluia!

V. Rejoice and be glad, O Virgin Mary.
R. Alleluia!

V. For the Lord hath risen indeed.
R. Alleluia!

LET US PRAY: O God, who through the resurrection of thy Son, our Lord Jesus Christ, didst vouchsafe to give joy to the world, grant, we beseech thee, that through the intercession of the Virgin Mary, His Mother, we may attain to the joys of eternal life. Through Christ our Lord. Amen.

Ave Maris Stella

Hail, bright star of ocean, God’s own Mother blest, Ever sinless Virgin, Gate of heavenly rest.
Taking that sweet Ave Which from Gabriel came, Peace confirm within us, Changing Eva’s name.
Break the captives’ fetters, Light on blindness pour, All our ills expelling, Every bliss implore.
Show thyself a Mother; May the Word divine, Born for us thy Infant, Hear our prayers through thine.
Virgin all excelling, Mildest of the mild, Freed from guilt, preserve us, Pure and undefiled.
Keep our life all spotless, Make our way secure, Till we find in Jesus Joy forevemore.
Through the highest heaven To the Almighty Three, Father, Son, and Spirit, One same glory be. Amen.

Little Crown of the Blessed Virgin Mary

I. Crown of Excellence

To honor the maternity of the Blessed Virgin, her ineffable virginity, her purity without stain, and her innumerable virtues.
1. **Our Father... Hail Mary...**
Blessed art thou, O Virgin Mary, who didst bear the Lord, the Creator of the world; thou didst give birth to Him who made thee, and remainest a virgin forever. Rejoice, O Virgin Mary; rejoice a thousand times!

2. **Hail Mary...**
O holy and immaculate Virgin, I know not with what praise to extol thee since thou didst bear in thy womb the very One whom the heavens cannot contain. Rejoice, O Virgin Mary; rejoice a thousand times!

3. **Hail Mary...**
Thou art all fair, O Virgin Mary, and there is no stain in thee. Rejoice, O Virgin Mary; rejoice a thousand times!

4. **Hail Mary...**
Thy virtues, O Virgin, surpass the stars in number. Rejoice, O Virgin Mary; rejoice a thousand times!

5. **Our Father... Hail Mary...**
Glory be to thee, who destroyest heresies and crushest demons! Be thou our loving guide. Rejoice, O Virgin Mary; rejoice a thousand times!

6. **Hail Mary...**
Thy riches. Rejoice, O Virgin Mary; rejoice a thousand times!

7. **Hail Mary...**
To honor the royalty of the Blessed Virgin, her magnificence, her universal mediation, and the strength of her rule.

8. **Hail Mary...**
Thou art all fair, O Virgin Mary, and there is no stain in thee. Rejoice, O Virgin Mary; rejoice a thousand times!

9. **Our Father... Hail Mary...**
Glory be to thee, who art ever ready to assist us in life and in death! Lead us with thee to the kingdom of heaven. Rejoice, O Virgin Mary; rejoice a thousand times!

10. **Hail Mary...**
Glory be to thee, O Mother of orphans! Render the Almighty favorable to us. Rejoice, O Virgin Mary; rejoice a thousand times!

11. **Hail Mary...**
Glory be to thee, O joy of the just! Lead us with thee to the joys of heaven. Rejoice, O Virgin Mary; rejoice a thousand times!

12. **Hail Mary...**
Glory be to thee, who art ever ready to assist us in life and in death! Lead us with thee to the kingdom of heaven. Rejoice, O Virgin Mary; rejoice a thousand times!

**III. Crown of Goodness**
*To honor the mercy of the Blessed Virgin toward sinners, the poor, the just, and the dying.*

9. **Our Father... Hail Mary...**
Glory be to thee, O refuge of sinners! Intercede for us with God. Rejoice, O Virgin Mary; rejoice a thousand times!

10. **Hail Mary...**
Glory be to thee, O Mother of martyrs, whose soul a sword transfixed, Hail Mary! Lady most blessed, most powerful of all God’s creatures, Hail Mary! My Queen and my Mother! My life, my sweetness, and my hope, Hail Mary! Mother most amiable, Hail Mary! Mother most admirable, Hail Mary! Mother of Divine Love, Hail Mary! Immaculate, conceived without sin! Hail Mary! Full of grace! The Lord is with thee! Blessed art thou among women, and blessed is the fruit of thy womb, Jesus! Blessed be thy spouse, St. Joseph. Blessed be thy father, St. Joachim. Blessed be thy mother, St. Anne. Blessed be thy guardian, St. John. Blessed be thy holy angel, St. Gabriel. Glory be to God the Father, who chose thee. Glory be to God the Son, who loved thee. Glory be to God the Holy Spirit, who espoused thee. O glorious Virgin Mary, may all men love and praise thee. Holy Mary, Mother of God! Pray for us and bless us, now and at death, in the name of Jesus, thy divine Son! Amen.

**Salutation to Mary**
Hail Mary! Daughter of God the Father, Hail Mary! Mother of God the Son, Hail Mary! Spouse of God the Holy Spirit, Hail Mary! Temple of the Most Blessed Trinity, Hail Mary! Pure lily of the effulgent Trinity, Hail Mary! Celestial rose of the ineffable love of God, Hail Mary! Virgin pure and humble, of whom the King of heaven willed to be born and with thy milk to be nourished, Hail Mary! Virgin of virgins, Hail Mary! Queen of martyrs, whose soul a sword transfixed, Hail Mary! Lady most blessed, most powerful of all God’s creatures, Hail Mary! My Queen and my Mother! My life, my sweetness, and my hope, Hail Mary! Mother most amiable, Hail Mary! Mother most admirable, Hail Mary! Mother of Divine Love, Hail Mary! Immaculate, conceived without sin! Hail Mary! Full of grace! The Lord is with thee! Blessed art thou among women, and blessed is the fruit of thy womb, Jesus! Blessed be thy spouse, St. Joseph. Blessed be thy father, St. Joachim. Blessed be thy mother, St. Anne. Blessed be thy guardian, St. John. Blessed be thy holy angel, St. Gabriel. Glory be to God the Father, who chose thee. Glory be to God the Son, who loved thee. Glory be to God the Holy Spirit, who espoused thee. O glorious Virgin Mary, may all men love and praise thee. Holy Mary, Mother of God! Pray for us and bless us, now and at death, in the name of Jesus, thy divine Son! Amen.
Act of Consecration to Our Lady of the Most Blessed Trinity

With all my heart I praise thee, most holy Virgin, above all angels and saints in paradise, beloved Daughter of the Eternal Father. I consecrate to thee my soul with all its faculties.

Hail Mary...

With all my heart I praise thee, most holy Virgin, above all angels and saints in paradise, beloved Mother of the Son of God. I consecrate to thee my body with all its senses.

Hail Mary...

Memorare to the Blessed Virgin Mary

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petition, but in thy mercy hear and answer me.

Hail Sovereign Queen

Hail Mary, beloved Daughter of the Eternal Father, admirable Mother of the Son, faithful Spouse of the Holy Spirit, august temple of the Most Holy Trinity! Hail, sovereign Queen, to whom all creatures owe subjection in heaven and on earth! Hail, O refuge of sinners, our Lady of mercy, who hears our requests. All sinful though I am, I cast myself at thy feet and beseech thee to obtain for me from Jesus, thy beloved Son, contrition and pardon for all my sins, as well as the gift of divine wisdom. I consecrate myself entirely to thee with all that I have. I choose thee this day for my Mother and Mistress. Treat me, then, as one of thy children and servants. Listen, my Queen, listen to the sighs of a heart that desires to love and serve thee faithfully. Let it never be said that of all those who have had recourse to thee I was the first to be abandoned. O my hope, O my life, O my faithful and Immaculate Virgin Mary, defend me, nourish me, hear me, teach me, and save me. Amen.

The Swords of Sorrow

Which pierced the heart of the Blessed Virgin in the Passion of her Son:

The First Sword

O most sorrowful Virgin Mary, I recall to thy mind now that sharp sword of sorrow which pierced thy soul when thou didst behold thy Son led forth by Pilate, His sacred body torn and bleeding. His head crowned with thorns, defiled with spittings, so that there was no beauty in Him nor comeliness. Remember, O Mother most sad, how thy heart was torn when thou didst hear the Jews exclaim: “Away with him, away with him! Crucify him!” Remember that keenest wound which was dealt upon thy heart when thou didst hear the sentence of an accursed death pronounced by Pilate. Remember all the compassion and grief which wrung thy maternal heart when thou didst see thy Son laden with His heavy cross and led forth with direst ignominy to the hill of Calvary. Oh, who shall count thy sighs and tears, who shall tell the sorrows of thy most afflicted heart! I compassionate thee, O Mother most desolate, and I humbly beseech thee be with me in the dread hour of judgment when I

The Second Sword

O most afflicted Virgin Mary, I recall to thy mind now that keen sword of sorrow which pierced thy soul when the blessed John came to tell thee that thy Son had been betrayed by Judas, seized by the Jews, dragged before Annas and Caiphas, and there blasphemed and mocked, spit upon, buffeted, and overwhelmed with contumely and rude reproach. Remember, O thou most afflicted one, how these mournful tidings pierced thy heart. O remember now the moans and wailing plaints with which thou didst fill the house, how thou didst cry: O Jesus, my Son Jesus, who will grant me that I might die for thee. O Jesus, my Son, my Son! By that keenest sword of sorrow, I beseech thee, O Mary, in my last hour when my heart shall quake with anguish and the dread of death, do thou deign to cheer me with thy most holy presence lest I sink into the abyss of despair. Amen.

The Third Sword

O most sad Virgin Mary, I recall to thy mind now that sword of sorrow which pierced thy heart when thou didst behold thy Son led forth by Pilate, His sacred body torn and bleeding. His head crowned with thorns, defiled with spittings, so that there was no beauty in Him nor comeliness. Remember, O Mother most sad, how thy heart was torn when thou didst hear the Jews exclaim: “Away with him, away with him! Crucify him!” Remember that keenest wound which was dealt upon thy heart when thou didst hear the sentence of an accursed death pronounced by Pilate. Remember all the compassion and grief which wrung thy maternal heart when thou didst see thy Son laden with His heavy cross and led forth with direst ignominy to the hill of Calvary. Oh, who shall count thy sighs and tears, who shall tell the sorrows of thy most afflicted heart! I compassionate thee, O Mother most desolate, and I humbly beseech thee be with me in the dread hour of judgment when I
am overwhelmed with the accusations of the devil, and drive far from me, then, all mine enemies. Amen.

**The Fourth Sword**

O most desolate Virgin Mary, I recall to thy mind now that sword of sorrow which pierced through thy heart when thou didst behold thy Son raised high upon His cross and fastened thereunto with three nails. O most sorrowful Mother, how was it that thy soul was not utterly crushed down and wrenched from thy body? How could it be that thine eyes did not fail for tears? Oh, remember now the sadness which filled thy heart when thou didst behold Him blasphemed, mocked with vinegar and gall in His thirst, reviled and treated more ruthlessly than the very robbers. Remember thine ineffable anguish when thou didst see Him fail and sink beneath His immense love and grief; His lips grow pale, His limbs quiver, His eyes grow glazed and dim, until at length His sacred heart broke with a mighty pang and with a loud cry He gave up the spirit. By these thy surpassing sorrows, O Mother most desolate, and by all thy groanings and tears, I beseech thee be with me with the same love when my heart shall break in the agony of death, and deign to receive my soul into thy hands as it goes forth from the body. Amen.

**The Fifth Sword**

O Virgin Mary, Mother of Dolors, I recall to thy mind now that sword of sorrow which pierced thy heart when thou didst receive into thy bosom thy Son, taken down from the cross, and didst bedew His sacred body with thy tears. Oh, what didst thou feel as thou didst gaze upon that head pierced all around with thorns, that side riven with the lance, those hands and feet dug through with the cruel nails, that beauteous face marred with blows and defiled with spittings, and all that sacred body torn with wounds, livid with stripes, and besmeared with blood. O most sorrowful Mother, how didst thou kiss that divine face and wash it with thy tears and bewail the dishonor of thy Beloved. O Mother most forlorn, I pray thee, by all the sighs and groans wrung from thy heart, by all the sorrows and wounds of thy soul, comfort mine in the hour when it goes forth from the body, wash it with thy tears, and receive it into thy maternal arms as thou didst receive the lifeless body of thy Son, and lead it up to the joys of heaven. Amen.

**Prayer to Our Lady of Sorrows**

O holy Mother most afflicted, by the bitter sorrow which thou didst endure at the foot of the cross during the three hours’ agony of Jesus, vouchsafe to assist all of us, the children of thy sorrows, in our last agony, that through thine intercession we may pass from the bed of death to form a crown for thee in heaven.

**Recite 3 Our Father’s and 3 Hail Mary’s.**

O Mary, Mother of grace, Mother of mercy, protect us from the enemy and receive us at the hour of death.

V. From sudden or unprovided death.
R. O Lord, deliver us.

V. From the snares of the devil.
R. O Lord, deliver us.

V. From everlasting death.
R. O Lord, deliver us.

LET US PRAY: O God, who for the salvation of mankind didst give an example and a help in the Passion and death of thy Son, grant, we beseech thee, that in the hour of our death we may experience the effects of this thy charity and deserve to be partakers in the glory of Him, our Redeemer. Through the same Jesus Christ our Lord.

R. Amen.

Jesus, Mary, and Joseph, I give thee my heart and my soul.

Jesus, Mary, and Joseph, assist me in my last agony.

Jesus, Mary, and Joseph, may I breathe forth my soul in peace with thee!

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**Petition Prayer to Our Lady of Sorrows**

O most holy and afflicted Virgin, Queen of martyrs, who stood beneath the cross witnessing the agony of thy dying Son, look down with a mother’s tenderness and pity on us as we kneel before thee to venerate thy sorrows and to place our requests, with filial confidence, in the sanctuary of thy wounded heart. Present them on our behalf to Jesus, through the merits of His most sacred Passion and death, together with thy sufferings at the foot of the cross; and through the united efficacy of both, obtain the favor which we humbly ask (here make your petition). To whom shall we go in our wants and miseries if not to thee? O Mother of mercy, who having so deeply drunk of the chalice of thy Son, graciously alleviate the sufferings of those who still sigh in this land of exile. Amen.

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**PRAYERS TO ST. JOSEPH**

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**Petition Prayer to St. Joseph**

O glorious St. Joseph, faithful follower of Jesus Christ, to thee do we raise our hearts and hands to implore thy powerful intercession in obtaining from the benign heart of Jesus all the helps and graces necessary for our spiritual and temporal welfare, particularly the grace of a happy death and the special...
Recite seven times:

V. O glorious St. Joseph, through the love you bear to Jesus and for the glory of His name.

R. Hear our prayers and obtain our petitions.

O glorious St. Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, and charitable mind, and perfect resignation to the divine will. Be my guide, father, and model through life that I may merit to die as thou didst in the arms of Jesus and Mary. Help us, St. Joseph, in our earthly strife ever to lead a pure and blameless life. Amen.

Work Prayer to St. Joseph

O glorious St. Joseph, model of all who are devoted to labor, obtain for me the grace to work in the spirit of penance in expiation of my many sins; to work conscientiously by placing love of duty above my inclinations; to gratefully and joyously deem it an honor to employ and to develop by labor the gifts I have received from God; to work methodically, peacefully, and in moderation and patience, without ever shrinking from it through weariness or difficulty to work; above all, with purity of intention and selflessness, having unceasingly before my eyes death and the account I have to render of time lost, talents unused, good not done, and vain complacency in success, so baneful to the work of God. All for Jesus, all for Mary, all to imitate thee, O patriarch St. Joseph! This shall be my motto for life and eternity. Amen.

Prayer to St. Joseph for the Tenth Month

(To be recited after the Rosary either daily or on the Lord's Day)

To thee, O blessed St. Joseph, do we have recourse in our tribulation. Having implored the help of thy thrice holy Spouse, we now, with hearts filled with confidence, earnestly beg thee also to take us under thy protection. By that charity which united thee to the Immaculate Virgin Mother of God and that fatherly love with which thou cherished the Child Jesus, we humbly beseech thee to graciously look down upon that inheritance which Jesus Christ has purchased by His precious blood and to succor us in our need by thy power and strength.

O most watchful guardian of the Holy Family, defend the chosen children of Jesus Christ. O most loving father, keep us from all contagion of error and corruption. O most valiant defender, aid us from on high in this conflict against the powers of darkness. And as once thou defended the Child Jesus from deadly peril, so now defend God’s Holy Catholic Church from the snares of the enemy and from all adversity. Shield us ever under thy patronage, that following thine example and strengthened by thy help we may live a holy life, die a happy death, and attain to everlasting bliss in heaven. Amen.

Memorare to St. Joseph

Remember, O amiable and powerful protector St. Joseph, that whosoever implores thy intercession with devotion and confidence obtains relief. Animated by this sweet and consoling hope, I come to thee, O worthy spouse of the Virgin of virgins, and prostrate at thy feet I seek refuge and protection.

O thou who hast borne the glorious title of father of Jesus, reject not my humble prayer but hear it favorably and present it for me to Him, who did not disdain to be called thy son and who will not refuse thy petition.

Most pure heart of St. Joseph, chaste spouse of the Mother of God; foster father of her adorable Son; guardian, confidant, and imitator of both; in virtue of these illustrious prerogatives and of the power granted thee on earth and in heaven, I beseech thee to obtain for me a heart resembling thine in its silence, meekness, humility, charity, obedience, and chastity. O heart of St. Joseph, deign to watch over me, to assist me every day of my life, and to obtain for me the great grace to die like unto thee in the arms of Jesus and Mary. Amen.

Act of Consecration to St. Joseph

O blessed St. Joseph, I consecrate myself to thy honor and give myself to thee that thou mayest always be my father, my protector, and my guide in the way of salvation. Obtain for me a great purity of heart and a fervent love of the interior life. Following thy example, may I do all my actions for the greater glory of God, in union with the Divine Heart of Jesus and the Immaculate Heart of Mary. And do thou, O blessed St. Joseph, pray for me that I may share in the peace and joy of thy holy death. Amen.

The Seven Sorrows and Joys of St. Joseph

Most glorious St. Joseph, by thy grief before thou didst understand that the mystery of the Incarnation was wrought in Mary, and by thy joy when that mystery was revealed to thee, obtain the favor I implore.

Our Father; Hail Mary; Glory Be.

Most glorious St. Joseph, by thy grief at witnessing the cold and poverty of Jesus in the manger of Bethlehem, and by thy joy on hearing the hymns of the angels and beholding the adoration of the kings, obtain the favor I implore.

Our Father; Hail Mary; Glory Be.

Most glorious St. Joseph, by thy grief when thou didst behold the precious blood of Jesus flow in His circumcision, and by thy joy on hearing the sweet name of Jesus, obtain the favor I implore.

Our Father; Hail Mary; Glory Be.

Most glorious St. Joseph, by thy grief when Simeon foretold that a sword would pierce the soul of Mary, and by thy joy on hearing that the divine Infant would be for the salvation of many, obtain the favor I implore.

Our Father; Hail Mary; Glory Be.
Most glorious St. Joseph, by thy grief when thou didst flee with Jesus and Mary into Egypt, and by thy joy on beholding the idols fall, obtain the favor I implore.

**Our Father; Hail Mary; Glory Be.**

Most glorious St. Joseph, by thy grief on hearing of the cruelty of Archelaus, and by thy joy when the angel bade thee return to Galilee, obtain the favor I implore.

**Our Father; Hail Mary; Glory Be.**

Most glorious St. Joseph, by thy grief at the loss of Jesus, and by thy joy at finding Him sitting in the midst of the Doctors in the Temple, obtain the favor I implore.

**Our Father; Hail Mary; Glory Be.**

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**PRAYERS TO THE ANGELS**

### St. Michael the Archangel

**Prayer to St. Michael, Archangel**

Holy Archangel Michael, defend us in battle, that we may not perish in the tremendous Day of Judgment.

**Salutation to St. Michael the Archangel**

Hail, most glorious prince, Michael the Archangel! Hail, most noble leader of the heavenly host! Hail, honor and glory of the hierarchies of heaven! O most august prince, under what obligation art thou to thy Creator, who hath endowed thee with such excellent might and adorned thee with such peerless virtues? O thou renowned warrior, thou ornament of paradise, thou lustrous gem of the court of heaven, thou art the seal of likeness to God, full of wisdom and consummate in beauty. Every precious stone is thine adornment, and all the working of thy finished comeliness is of gold in the delights of the paradise of our God. Thou hast been appointed prince and captain to receive the souls of the elect and to lead them into the paradise of rejoicing. I recall to thy mind now, O most blessed prince, these and all other graces wherewith the boundless liberality of God hath enriched thee above all orders of angels, beseeching thee, by that mutual love which binds thy heart to the divine Heart of Jesus, that thou wouldst deign to receive my soul at the moment of my departure and to render the Judge propitious to me through thy intercession. Amen.

**Prayer to St. Michael for Protection**

O victorious Prince, most humble guardian of the Church of God and of faithful souls, who with such charity and zeal cast Satan and his fallen angels out of heaven and who is victorious in all battles for God, protect us in our battles, for we are continually besieged with such great perils by our enemies: the world, the flesh, and the devil. O glorious St. Michael, who led the people of God through the desert, so also be our faithful leader and companion through the desert of this world. Conduct us safely to the happy land of the living, to that blessed fatherland from which we are all exiles. Amen.

**Other prayers to St. Michael**

- **Exorcism Prayer of St. Michael the Archangel**, p. 58.
- **Litany of St. Michael**, p. 52.

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### St. Gabriel the Archangel

**Prayer to St. Gabriel the Archangel**

Mighty Archangel Gabriel, thou wast chosen by God to announce the glad tidings of the Incarnation of the Divine Word. I praise God for having sent thee with His joyful message to...
mankind. Pray for me that I may proclaim thy message to others and be ready to suffer for the love of it. Amen.

**Petition Prayer to St. Gabriel the Archangel**

St. Gabriel the Archangel, I venerate thee as the Angel of the Incarnation because God chose thee from among all the angels to announce the divine messages concerning the God-Man to the prophet Daniel, St. Zachary, and the Blessed Virgin Mary. O mighty consoled and comforter, chosen to strengthen God’s faithful, I ask for the strength of will that I may strive always for holiness of life and to follow God’s will and thus to fulfill His purposes in my life. Steady my resolution and renew my courage. Clear away confusion and obtain for me the wisdom I need to make good decisions and the fortitude I need to act on them. Comfort and console me in the problems, trials, and sufferings of daily life. St. Gabriel, I ask thee especially for this favor: **(here make your petition)**. Through thy ardent love for the Son of God, made man, and His blessed Mother, I beseech thee to intercede for me that my request may be granted if it be God’s holy will. Obtain for me a tender and devoted love, like thine, for Jesus Christ the Incarnate Word and His Blessed Mother. Pray for us, St. Gabriel the Archangel, that we may be made worthy of the promises of Christ. Amen.

**Other prayers to St. Gabriel**

[ Litany of St. Gabriel, p. 53. ]

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**St. Raphael the Archangel**

[Image of St. Raphael]

**Prayer to St. Raphael for a Safe Journey**

St. Raphael the Archangel, faithful companion to young Tobias on his long journey from Syria to Media, who rescued him from many dangers, even the danger of death in the river Tigris: We beseech thee to be a guide and an angel of consolation to us in our travels. Keep all dangers of body and soul far from us, and lead us safely to our destination. Spread thy loving wings of protection over us, and guide us as we journey both near and far from home. Amen.

Lord God, grant us the help of St. Raphael, who enters and serves before thy glory and offers thee our petitions. We ask this through Jesus Christ our Lord. Amen.

**Prayer to St. Raphael for Those Undertaking a Journey or a Walk**

In the way of peace direct us, O Lord. We praise and venerate thy heavenly prince St. Raphael, faithful physician, protector of travelers, and true companion, who with heaven’s power bindeth fast the demon.

**V.** God hath given His angels charge over thee.

**R.** To keep thee in all thy ways.

LET US PRAY: O God, who didst give the blessed Archangel Raphael unto thy servant Tobias to be his fellow-traveler, grant unto us, thy servants, that he may ever keep us, shield us, help us, and defend us in our travels. Through Jesus Christ our Lord. Amen.

Let us go forward in peace, in the name of the Lord. Amen.

**Prayer for Busy People**

Angel St. Raphael, fill my life with happy meetings. Let each one fulfill the loving decrees of God’s holy will. St. Raphael, humanity’s protector, be thou my guide, my friend, and my director. Amen.

**Prayer for Help**

O glorious Archangel, St. Raphael, great prince of the heavenly court, illustrious by thy gifts of wisdom and grace, guide of travelers by land and sea, consoled of the unfortunate, and refuge of sinners, I entreat thee, help me in all my needs and in all trials of this life, as thou didst once assist the young Tobias in his journeys. And since thou art a physician of God, I humbly pray thee to heal my soul of its many infirmities and my body of the ills that afflict it, if this favor be for my greater good. I ask especially for angelic purity so that I may be fit to be a living temple of the Holy Spirit. Amen.

**Prayer for Health**

O St. Raphael, of the glorious seven who stand before the throne of Him who lives and reigns, Angel of health, the Lord hath filled thy hand with balm from heaven to soothe and cure our pains: Heal our physical ills and console us in our pain **(here make your petition)**.

O Lord God, vouchsafe to send unto our assistance St. Raphael the Archangel; and may he, who stands evermore before the throne of thy majesty, offer unto thee our humble petitions to be blessed by thee. Through Christ our Lord. Amen.

**Prayer for Happy Meetings**

Dear St. Raphael, Angel of happy meetings, lead us by the hand toward
those who are waiting for us. May all our movements, all their movements, be guided by thy light and transfigured by thy joy.

Angel guide of Tobias, lay the request we now address to thee at the feet of Him on whose unveiled face thou art privileged to gaze (here make your petition).

Lonely and weary, deeply grieved by the separations and sorrows of earth, we call out to thee and plead for the protection of thy wings so that we may not be as strangers in the province of joy.

Remember the weak, thou who art strong, whose home lies beyond the region of thunder in a land that is always peaceful, always serene, and bright with the resplendent glory of God. Amen.

Other prayers to St. Raphael
Novena to St. Raphael the Archangel, p. 98.
Litany of St. Raphael, p. 53.

The Angels

Invocation of the Nine Choirs of Angels

O holy Angels, watch over us at all times during this perilous life; O holy Archangels, be our guides on the way to heaven; O heavenly choir of the Principalities, govern us in soul and body; O mighty Powers, preserve us against the wiles of the demons; O celestial Virtues, give us strength and courage in the battle of life; O powerful Dominations, obtain for us dominion over the rebellion of our flesh; O sacred Thrones, grant us peace with God and man; O brilliant Cherubim, illumine our minds with heavenly knowledge; O burning Seraphim, enkindle in our hearts the fire of charity. Amen.

The Angelic Chaplet

(Also known as the “Chaplet of St. Michael”)

V. O God, come to my assistance. 
R. O Lord, make haste to help me.
Glory be...

First Salutation – in honor of the first choir of angels, the Seraphim:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Seraphim, may the Lord make us worthy to burn with the fire of perfect charity. Amen.

Second Salutation – in honor of the second choir of angels, the Cherubim:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Cherubim, may the Lord vouchsafe to grant us grace to leave the ways of wickedness to run in the paths of Christian perfection. Amen.

Third Salutation – in honor of the third choir of angels, the Thrones:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Thrones, may the Lord infuse into our hearts a true and sincere spirit of humility. Amen.

Fourth Salutation – in honor of the fourth choir of angels, the Dominations:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Dominations, may the Lord grant us perseverance in faith and in all good works in order that we may gain the glory of paradise. Amen.

Fifth Salutation – in honor of the fifth choir of angels, the Powers:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Powers, may the Lord vouchsafe to protect our souls against the snares and temptations of the devil. Amen.

Sixth Salutation – in honor of the sixth choir of angels, the Virtues:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Virtues, may the Lord preserve us from evil and suffer us not to fall into temptation. Amen.

Seventh Salutation – in honor of the seventh choir of angels, the Principalities:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Principalities, may God fill our souls with a true spirit of obedience. Amen.

Eighth Salutation – in honor of the eighth choir of angels, the Archangels:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Archangels, may the Lord grant us perseverance in faith and in all good works in order that we may gain the glory of paradise. Amen.

Ninth Salutation – in honor of the ninth choir of angels, the Angels:
1 Our Father; 3 Hail Mary’s.
By the intercession of St. Michael and the celestial choir of Angels, may the Lord grant us to be protected by them in this mortal life and conducted by them hereafter to eternal glory. Amen.

In Conclusion:

Say an Our Father on each of the four large beads nearest the medal:

The first Our Father in honor and veneration of St. Michael the Archangel:

Our Father...

The second Our Father in honor and veneration of St. Gabriel the Archangel:
Litany of the Holy Angels, p. 55.

PRAYERS TO THE SAINTS

St. Anne, Mother of Mary

Memorare to St. Anne
Remember, O holy mother St. Anne, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided, for thou art a most merciful mother and aid all who art in distress. Inspired with this confidence, I take refuge with thee and beseech thee, by the great prerogative of being the mother of the Queen of heaven and grandmother of the Savior of the world, come to my aid with thy powerful intercession and obtain from thine immaculate daughter this favor (here make your petition). In honor of the nine months during which thou didst bear the ever-blessed Virgin in thy womb and brought her forth without stain of original sin, I now pray the Hail Mary nine times and offer these prayers to thee through my guardian angel. Amen.

Hail Mary... (nine times)

Petition Prayer to St. Anne
With deep and heartfelt veneration, I prostrate myself before thee, O glorious St. Anne. Thou art that creation of privilege and predilection, who through thy extraordinary virtues and sanctity, wast worthy to receive from God the supreme grace of giving life to the treasure-house of all graces, the most holy Virgin Mary, blessed among women, Mother of the Word Incarnate. Deign, therefore, O most compassionate Saint, for the sake of this lofty privilege, to receive me into the number of thy true followers, for such I protest I am and desire to remain so long as I may live. Surround me with thy powerful patronage, and obtain for me from God the grace to imitate those virtues with which thou wast so abundantly adorned.

Grant that I may know and bitterly lament my sins. Obtain for me a most lively affection for Jesus and Mary and fidelity and constancy in the practice of the duties of my state. Preserve me from every danger in life, and assist me in the moment of my death so that safe in paradise I may unite with thee, good St. Anne, in praising the Word of God made man in the bosom of thy most pure child, the Virgin Mary. Amen.

Our Father; Hail Mary; Glory Be. (three times each)

Prayer to St. Anne for Perfection
Good St. Anne, pray for me and intercede for me so that I may be perfect and holy as God is perfect and holy. Beg God to place a ring through my nose representing the stubborn, slothful, and lazy bull that I am. And may God place His finger in that ring and pull me up to heaven even if I am kicking and screaming so that above all things I may end up in heaven. And may God suffer not the devil to come close to that ring so as to take hold of it and deceive me and lead me down the wrong path. And by thy intercession may God protect me from anything, especially my own concupiscence, that may try to take away from the vocation God has given me. And by thy intercession may God protect me from my past sins so that I may not fall into them or any other sin and may hate them with a perfect hatred. Do not let the enemy use them against me so as to take
away from the vocation God has
given me or to drive me into despair.

Good St. Anne, grandmother of God
and tabernacle of the Tabernacle of
God, pray for us and intercede for us
that our tabernacles may always be
holy and pure! (RJMI)

**Other Prayers to St. Anne**

*Litany of Good St. Anne*, p. 48.
*Novaena to St. Anne*, p. 98.

**St. Anthony of Padua**

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**Prayer to St. Anthony of Padua**

O glorious St. Anthony, servant and
friend of God, I salute thee through
the most loving Heart of our divine
Savior Jesus Christ, whom thou didst
bear in thy pure arms under the form
of a child. I choose thee today as my
patron, advocate, and father. I place
all my cares and temptations in thy
hands. I earnestly resolve never to
forsake thee. Great Saint, lily of
celestial purity and vanquisher of
concupiscence, obtain for me and all
thy other clients perfect purity of soul
and body. I also, in imitation of thy
zeal, promise to lead others to the
knowledge, love, and service of God
through my own example and
counsel. Amen.

**Prayer of Petition to St. Anthony of Padua**

O wondrous St. Anthony, glorious by
reason of the fame of thy miracles,
who had the happiness of receiving
within thine arms our blessed Lord
under the guise of a little child, obtain
for me of His bounty this favor that I
desire from the bottom of my heart.
Thou who wast so gracious unto poor
sinners, regard not the lack of merit
on the part of him who calls upon
thee but consider the glory of God,
which will be exalted once more
through thee, to the salvation of my
soul and the granting of the petition
that I now make with such ardent
yearning *(here make your petition)*.

As a pledge of my gratitude, I beg
thee to accept my promise to live
henceforth in union with the
 teachings of the gospel and to be
devoted to the service of the poor,
whom thou didst ever love and still
dost love so greatly. Bless this my
resolution, and obtain for me the
grace to be faithful thereto even until
death. Amen.

**Prayer of Thanksgiving to St. Anthony of Padua**

O glorious wonder-worker, St.
Anthony, father of the poor and
comforter of the afflicted, thou who
hast come with such loving solicitude
to my assistance and hast comforted
me so abundantly, behold me at thy
feet to offer thee my heartfelt thanks.
Accept, therefore, this offering and
with it my earnest promise, which I
now renew, to live always in the love
of Jesus and my neighbor. Continue
to shield me graciously with thy
protection; and obtain for me the final
grace of being able one day to enter
the kingdom of heaven, there to sing
with thee the everlasting mercies of
God. Amen.

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**St. Christopher**

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**Prayer to St. Christopher, the
Christ-Bearer**

Dear St. Christopher, thou wert given
a beautiful name, Christ-bearer,
because whilst carrying people across
a raging stream thou didst also carry
the Child Jesus. Teach us to be true
Christ-bearers to those who do not
know Him. Amen.

**Other Prayers to St. Christopher**

*Prayer to St. Christopher for
Travelers*, p. 76.
St. Francis of Assisi

Prayer to St. Francis of Assisi
In the name of the heavenly Father, we greet and venerate thee, St. Francis, as our father. By founding thy holy orders, thou didst become the father of so many children who, following thy example, embraced thy life of poverty and penance. Be thou always our kind father and bestow upon us thy blessing, that we may ever be thy good and loving children and resemble thee in life and in death. In the name of the Divine Son, we greet and venerate thee, St. Francis, as the perfect image of Jesus Christ. Thou hadst wonderful devotion to the infant Jesus and to the suffering of our Savior. Obtain for us the graces necessary to be true children of God and faithful disciples of Jesus by purity of soul, simplicity of mind, and humility of heart, which made thee so like Christ, the Son of God. In the name of the Holy Spirit, we greet and venerate thee, St. Francis, as the seraph of love in whom the Holy Spirit formed a wonderful model of holiness and perfection. Help us with thy powerful intercession so that we, too, may constantly grow in the love of God for the greater sanctification of our souls and the eternal salvation of many poor sinners. May we live and die like thee in the love of Jesus. Amen.

Prayer of St. Francis
All highest glorious God, cast thy light into the darkness of our hearts; give us true faith, firm hope, perfect charity, and profound humility so that we may do what is truly thy holy will. Amen.

St. Joachim

Prayer to St. Joachim
O great and glorious patriarch St. Joachim, what joy is mine when I consider that you were chosen among all of God’s holy ones to be the father of the Blessed Virgin Mary, the Mother of God, and thus to participate in the second greatest miracle of all, second to the Incarnation, the Immaculate Conception. Obtain for me the grace to persevere in the Catholic faith and to obey all of God’s commandments; the grace of interior recollection and a spirit of detachment from the passing goods of this life; and a lively, enduring, and everlasting love of Jesus and Mary and your holy spouse, the Good St. Anne. Amen. (RJMI)

Prayer to St. Jude in Trials
MOST holy Apostle St. Jude, faithful servant and friend of Jesus, the name of the traitor who delivered the beloved Master into the hands of His enemies has caused thee to be forgotten by many; but the Church honors and invokes thee universally as the patron of hopeless cases, of things despaired of. Pray for me, who am so miserable; make use, I implore thee, of that particular privilege accorded to thee to bring visible and speedy help where help is almost despaired of. Come to my assistance in this great need, that I may receive the consolations and succor of heaven in all my necessities, tribulations, and sufferings, particularly (here make your petition), and that I may bless God with all the elect forever. I promise thee, O blessed St. Jude, to be ever mindful of this great favor; and I will never cease to honor thee as my special and powerful patron and to do all in my power to encourage devotion to thee. Amen.

May the most just, most high, and most adorable will of God be in all things done, praised, and magnified, forever and ever. Amen.

St. Jude

Prayer to St. Jude
MOST holy Apostle St. Jude, faithful servant and friend of Jesus, the name of the traitor who delivered the beloved Master into the hands of His enemies has caused thee to be forgotten by many; but the Church honors and invokes thee universally as the patron of hopeless cases, of things despaired of. Pray for me, who am so miserable; make use, I implore thee, of that particular privilege accorded to thee to bring visible and speedy help where help is almost despaired of. Come to my assistance in this great need, that I may receive the consolations and succor of heaven in all my necessities, tribulations, and sufferings, particularly (here make your petition), and that I may bless God with all the elect forever. I promise thee, O blessed St. Jude, to be ever mindful of this great favor; and I will never cease to honor thee as my special and powerful patron and to do all in my power to encourage devotion to thee. Amen.

May the most just, most high, and most adorable will of God be in all things done, praised, and magnified, forever and ever. Amen.
St. Mary Magdalen

Prayer for Constancy in Amendment of Life

O good Jesus, St. Mary Magdalen was one of the women who assisted thee and the apostles during thy public ministry. Her sincere sorrow for her sins touched thy heart and obtained from thee the full pardon of her sins. It was in answer to her prayer, and that of her sister Martha, that thou didst call their brother Lazarus, four days after death, back from the grave to life. She wept with thy Blessed Mother and St. John at the foot of thy cross and helped to bury thy dead body. For serving thee with such devotion, she was among the first to see thee resurrected. Mercifully grant that we who venerate her memory may, by her intercession and example, obtain perfect contrition for our sins and constancy in our amendment of life, for the love of thee, good Jesus. Amen.

St. Mary Magdalen, intercede for us with the Divine Master so that we may share with thee in the happiness of heaven. Amen.

Prayer for Protection from Past Remitted Sins

St. Mary Magdalen, take my petition before our holy mother Mary so that she may take it before her Son and our Lord, Jesus Christ, that He may take it before the Father, in unity with the Holy Spirit. And by thy intercession may God protect me from my past sins so that I may not fall into them or any other sin and may hate them with a perfect hatred. Do not let the enemy use them against me so as to take away from the vocation God has given me or to drive me into despair. Amen. (RJMI)

Our Father; Hail Mary; Glory Be.

St. Martha

Prayer of Petition to St. Martha

O blessed St. Martha, friend and servant of our Savior, I resort to thy aid and protection. Comfort me in all my difficulties; and through the great favor thou didst enjoy when the Savior was lodged in thy house, intercede for me that I may be provided for in my necessities (mention your petition). I ask of thee, St. Martha, to assist me in overcoming all my difficulties, trials and tribulations, as thou didst overcome the dragon which thou didst slay at thy feet.

Our Father; Hail Mary; Glory Be.

Prayer to St. Martha to Choose the Best Part

O blessed St. Martha, thou wert privileged to welcome Jesus into thy home as thy guest and to serve Him most willingly. At thy brother Lazarus’ grave, thy faith led Jesus to proclaim, “I am the resurrection and the life”; and thy faith let thee see beyond His humanity when thou didst cry out, “Lord, I believe that thou art Christ, the Son of the living God!” With firm hope thou didst say, “I know that whatsoever thou wilt ask of God, God will give it thee,” and Jesus called thy brother Lazarus back from the dead. Beloved friend and servant of our Savior, obtain for me from our Lord that I may serve Him willingly and lovingly as thou didst. Dispel the cares and distractions of this world so that by thy assistance I may not be troubled about many things and may always choose the best part, to love and serve our Lord. Pray for me that I may grow in faith, hope, and charity so that Jesus, who sat at thy table, will grant me a place at the banquet of eternal life. Amen.

St. Peter

Prayer to St. Peter

O glorious St. Peter, who in return for thy lively and generous faith, thy profound and sincere humility, and thy burning love, was honored by Jesus Christ with singular privileges, and in particular with the leadership of the other apostles and the primacy and supremacy of the whole Catholic Church on earth, obtain for us the grace of a lively faith so that we shall not fear to profess the faith openly in its entirety and in all its manifestations, even to the shedding of blood if occasion should demand it and to the sacrifice of life itself in preference to surrender. Obtain for us a sincere loyalty to our Holy Mother.
when he walked upon the water and
began to sink, and who thrice
delivered his fellow apostle St. Paul
from the depths of the sea when he
suffered shipwreck: graciously hear
us and grant that by their merits we
may be saved from sinking in the
ocean of temptation and drowning in
the sea of sin of this evil world and
thus may attain unto everlasting glory
with thee, who livest and reignest
forever and ever. Amen.

St. Paul

Prayer to St. Paul

O St. Philomena, virgin and martyr,
pray for us that through thy powerful
intercession we may obtain that
purity of heart and mind which leads
to the perfect love of God. Amen.

Prayer for Those Who Wear the
Cord of St. Philomena

O most pure virgin, glorious martyr,
St. Philomena, whom God in His
eternal power hast revealed to the
world in these disastrous days of ours
in order to revive the faith, sustain the
hope, and inflame the charity of
Christian hearts, I kneel at thy feet.
Deign, O kindest virgin, to receive
my humble prayers and to obtain for
me that purity for love of which thou
didst sacrifice all the most attractive
pleasures of the earth. Obtain for me
that strength of soul which made thee
resist the most terrible attacks of
tribulation and suffering; that ardent
love for Jesus which the most fearful
sufferings could not extinguish in thy
heart; and protect me in all the events
of my life from all dangers, spiritual
and temporal. Be present with me
also in my last hour, which I
commend to thy loving charity with
confidence, since in life I love thee
and wear thy holy cord as a mark of
my special devotion toward thee, the
beloved of Jesus and Mary. Amen.

Prayer to St. Paul for Patience
in Tribulations

O glorious St. Paul, who from a
persecutor of Christianity didst
become a most ardent and zealous
apostle, and who to make known the
Savior Jesus Christ unto the ends of
the world didst joyfully suffer
imprisonment, scourging, stoning,
shipwreck, and all manner of
persecutions, and who didst finish thy
course by shedding the last drop of
thy blood, obtain for us the grace to
accept, as favors bestowed by the
mercy of God, the infirmities,
tribulations, and misfortunes of the
present life. May we not grow slack
in our service to God by reason of
these trials but rather show ourselves
ever more faithful and more fervent.
Amen.

Prayer to St. Philomena

O St. Philomena, virgin and martyr,
pray for us that through thy powerful
intercession we may obtain that
purity of heart and mind which leads
to the perfect love of God. Amen.

St. Philomena

Prayer to St. Paul

O holy Apostles Peter and Paul, I
choose thee this day and forever to be
my special patrons and advocates;
thee, St. Peter, Prince of the Apostles,
because thou art the Rock upon which
Almighty God hath built His Holy
Catholic Church; thee, St. Paul,
because thou wast forechosen by God
as the vessel of election and preacher
of truth to the whole world. Obtain
for me, I pray thee, a lively faith, firm
hope, and a burning love for God;
hatred of sin, contempt of the world,
patience in adversity, humility in
prosperity, attention in prayer, purity
of heart, a right intention in all my
works, diligence in fulfilling the
duties of my state of life, constancy in
my resolutions, resignation to the will
of God, and perseverance in the grace
of God even unto death. By thy
intercession and thy glorious merits,
may I be able to overcome the
temptations of the world, the flesh,
and the devil, and be made worthy to
appear before the chief and eternal
Shepherd of souls, Jesus Christ, to
enjoy His presence and love Him
forever, who with the Father and the
Holy Spirit livest and reigneth
forever and ever. Amen.

Our Father; Hail Mary; Glory be.

V. Thou shalt make them princes
over all the earth.
R. They shall be mindful of thy
name, O Lord.

LET US PRAY: O God, whose right
hand raised up thy apostle St. Peter

Prayer to Ss. Peter and Paul

O St. Philomena, virgin and martyr,
pray for us that through thy powerful
intercession we may obtain that
purity of heart and mind which leads
to the perfect love of God. Amen.

Prayer for Those Who Wear the
Cord of St. Philomena

O most pure virgin, glorious martyr,
St. Philomena, whom God in His
eternal power hast revealed to the
world in these disastrous days of ours
in order to revive the faith, sustain the
hope, and inflame the charity of
Christian hearts, I kneel at thy feet.
Deign, O kindest virgin, to receive
my humble prayers and to obtain for
me that purity for love of which thou


13 When the Holy See is vacant, replace “to the Holy Father, who is the heir of thy faith and authority, the one true visible head of the Catholic Church” with “to the papacy.”
Chaplet of St. Philomena

Recite the Apostles’ Creed on the crucifix. On each of the white beads, recite an Our Father in honor of the Most Blessed Trinity. Then on each of the thirteen red beads, recite:

V. Hail, O holy St. Philomena, whom I acknowledge after Mary as my advocate with the Divine Spouse, intercede for me now and at the hour of my death.
R. St. Philomena, beloved daughter of Jesus and Mary, pray for us who have recourse to thee. Amen.

Then on the medal:

Hail, O illustrious St. Philomena, who so courageously shed thy blood for Christ, I praise the Lord for all the graces He bestowed upon thee in life and especially at thy death. I praise and glorify Him for the honor and power with which He has crowned thee, and I beg thee to obtain for me from God the graces I ask through thy intercession. Amen.

PRAYERS FOR STUDY

Short Prayers for Study

To Jesus: O merciful God, grant me the grace that I may eagerly desire all that is pleasing to thee, examine it carefully, acknowledge it truthfully, and fulfill it perfectly, to the praise and glory of thy holy Name. Amen. O Lord, preserve to us the Catholic Faith.

To Mary: O dearest Mother, by thine Immaculate Conception, I wish to place all my studies under thy direction and I declare that I chiefly study in order to spread greater glory to God and devotion to thee. Therefore I beseech thee, most loving Mother, Seat of Wisdom, to assist my work; and I promise to give the proper thanks for any success I obtain to thine intercession with God. Amen. Our Lady of Good Studies, pray for us.

Prayer before Study

O God the Holy Spirit, by the mediation of the Blessed Virgin Mary, Seat of Wisdom, grant me the grace to love my studies, and the gift of mind so that I may understand and retain what I learn. Protect me from anything sinful in my studies so that I may detect and reject it and warn others. Help me so that I may not consent in any way to sinful things in my studies or give a sinful answer to pass a course. Help me to admonish a teacher who teaches something sinful and to warn the students, knowing that if I do not do these things I sin by omission and thus am guilty of that very sin. Grant me the grace and other helps not to fail prey to human respect or to the love of position, job, or money more than the love of truth and virtue, so that I would rather be expelled from or fail the course of study and live poor and without position the rest of my life rather than consent to or do anything sinful. This I ask through Jesus Christ, thy Son our Lord. Amen. (RJMI)

Prayer before Theological Studies

O God the Holy Spirit, through the intercession of the Blessed Virgin Mary, Seat of Wisdom, and St. Gabriel, most glorious prince of the heavenly messengers, assist me and do not abandon me this day so that I may write and speak with all truthfulness, holiness, and simplicity, for the glory of God and the salvation of souls.

Ss. Peter and Paul and the other apostles, pray for me. Ss. Cyprian of Carthage, Epiphanius, Athanasius, Ambrose, Augustine, John Chrysostom, Leo the Great, and Gregory the Great, pray for me that during my religious studies this day I may keep what is good, correct what needs to be corrected, and reject what is bad to its exact degree of goodness, correctness, and badness. And protect me from all seductions and deceptions. Through our Lord Jesus Christ, to whom with the Father and thee be all honor and glory, one God, forever and ever. Amen. (RJMI)

Prayer before Reading the Bible

First recite the Prayer to the Holy Spirit, p. 61, and then place the Bible on your forehead and recite the following prayer:

Mary, Seat of Wisdom, pray for me. St. Gabriel the Archangel, most glorious prince of the heavenly messengers, pray for me. St. Joseph, pray for me. Ss. Augustine, Leo the Great, and Gregory the Great, pray for me. Ss. Isaias, Jeremias, and Ezechiel, pray for me. Ss. Daniel and John the Evangelist, pray for me. Ss. Elias and John the Baptist, pray for me. Ss. Moses and Paul, pray for me. Ss. Matthew, Mark, and Luke, pray for me. Ss. Francis of Assisi and Anthony of Padua, pray for me. Good St. Anne, pray for me. Ss. Josue and the Holy Emperor St. Constantine the Great, pray for me. Ss. King David and the Holy Emperor St. Charlemagne, pray for me. Ss. Abraham and Peter, pray for me. Angels and saints of God, pray for me so that first and foremost these Holy Scriptures may sink deep into my heart, my soul, my mind, and my entire being and become my very life itself, the holy words of God, the true meaning thereof as interpreted by the Holy Catholic Church.

Prayer before reading the gospel:

May the reading of the gospel blot out my sins. May the reading of the gospel be my health and protection. May Christ, the Son of God, teach me the words of the holy gospel. Amen. (RJMI)

Prayer before Memorizing Bible Verses

By the intercession of Ss. Abraham and Moses and Ss. Peter and Paul, may I memorize these Holy Scriptures with the greatest of ease with the assistance of God’s grace, without which I can do absolutely nothing of any good. And may this memorization be for edification and enlightenment and not for vanity and pride. Amen. (RJMI)
PRAYERS FOR TRAVELERS

Guardian Angel Prayer for Travel

Angel of God, my guardian dear, to whom God’s love commits me here, ever my travels this day be at my side to light, to guard, to rule, and to guide. St. Raphael and St. Christopher, patron saints of travelers, protect me during my travels this day. Amen. (RJMI)

Prayer to St. Christopher for Travelers

O St. Christopher, hear my prayer; keep me in your loving care. Protect me from perils along the way; guide me during my travels this day. Give a warning if danger is near so I may stop till the path is clear. To our caution and attention, we add a prayer for your protection. Carry me safely to my destined place, as you carried Christ in your close embrace. Amen.

Other Prayers for Travel

Blessing of Travelers, p. 103.
The Guardian Angel Prayer, p. 70.
Prayer to St. Raphael for a Safe Journey, p. 68.
Prayer for Those Undertaking a Journey or a Walk, p. 68.

PRAYERS FOR THE SICK Catholics

Prayer for a Sick Catholic

Almighty and eternal God, the everlasting salvation of them that believe in thee, hear us on behalf of thy sick servant, N., for whom we implore the aid of thy pitying mercy, that with his bodily health restored he may give thanks to thee in thy Church. Through Christ our Lord. Amen.

Prayer for Relief and Perseverance in Sickness

Behold me, my beloved Jesus, weighed down under the burden of my trials and sufferings. I cast myself at thy feet that thou mayest renew my strength and my perseverance. Help me to carry my cross; and hide me in thy Sacred Heart, for only thine infinite goodness can sustain me, only thy love can help me bear my cross, only thy powerful hand can lighten its weight. O Divine King Jesus, whose heart is so compassionate to the afflicted, I wish to live for thee, to suffer and die for thee. During my life be my model and my support; at the hour of my death be my hope and my refuge. Amen.

Prayer for Restoration to Health

O Jesus, thou didst suffer and die for us and thus thou didst experience suffering. Teach me to accept my suffering like thee, to bear it in union with thee, to offer it with thee to atone for my sins and the sins of others and to bring thy grace to souls in need. Calm my fears; increase my trust. May I gladly accept thy holy will. If it be thy will, heal me from my sickness and restore me to health so that I may work for thy honor and glory and for the salvation of my soul and the souls of others. Amen.

Prayer for Strength of Body

St. Raphael, St. Luke, and Ss. Cosmas and Damian, take my petition before our holy mother Mary so that she may take it before her Son, our Lord Jesus Christ, that He may take it before the Father, in unity with the Holy Spirit. And by thy intercession may God [heal my (mention your specific bodily afflictions) and] make my body strong enough to do the spiritual work He has given me and to do my daily duties. Amen. (RJMI)

Our Father; Hail Mary; Glory Be.

Prayer in Pain and Suffering

O Lord Jesus Christ, accept my sufferings which I desire to unite with thine. Sanctify this affliction so that every pain I feel may purify my soul and bring it nearer to thee, that I may be more united to thee. Grant that I may welcome the sufferings which will make me more like to thee. Stand by me with thy supporting grace; sanctify each pain, sustain my weakness, and then order for me what thou pleasest. Come now to my help, O Lord, and so purify my soul that I may be spared eternal sufferings; let me fly to the embrace of thy love forever.

Lord Jesus, thou hast invited all that labor and are burdened to come to thee for refreshment. Behold now thy servant, afflicted and oppressed, who has come to thee for help; relieve me, I beseech thee, thou who art merciful. O thou who comforted the martyrs in their torments and refreshed them with heavenly sweetness on the rack and in the fire, renew thy mercies to me thine unworthy servant. Defend me against all temptation; suffer not the enemy to take advantage of me, but grant me thy heavenly strength, the fullness of thy grace and peace. O Lord, by thy Cross and Passion strengthen me. Lord, let this cup pass from me; nevertheless, not my will but thine be done. Amen.

Prayer to Offer Up Pain in Sickness

Dear Lord, who hast sent me this affliction so that I may share in thy sufferings for our sins, grant me the graces that I may draw closer to thee for consolation and not turn away from thee in my misery. O my Savior, grant me that precious grace to offer up my pain to atone for sins, as thou didst in thy sacred Passion. Help me to imitate thy patience and to turn my complaints into reparation for my sins or for those of others, as thou dost see fit. In this time of distress and pain, I ask, I seek, and I knock for the graces of endurance, perseverance, and, above all, trustful submission to thy Divine will, for thy greater glory and my own good. Amen.

Rules for a Sick Catholic

1. Receive your sickness from the hands of your heavenly Father dealing with you as with a child.
2. Look on it as a loving correction for your sins, and as a summons to prepare more carefully for death.

3. Practice the virtues of patience and submission to the will of God; deepen your repentance and offer yourself to God to suffer, if it pleases Him, still greater pains; give thanks for the blessings you enjoy.

4. In any dangerous illness, let your first care be to go to or send for a Catholic priest to hear your confession and, if necessary, to administer extreme unction. 14

5. Beg your friends to give you timely notice if your illness be dangerous, and not to flatter you with false hopes of recovery.

6. Make the best use of the time you have; only admit good Catholics or good-willed non-Catholics as visitors; let your conversation be mostly on spiritual matters.

7. Settle your temporal affairs in order to give yourself more entirely to spiritual matters.

8. Meditate often on our Lord’s Passion.

9. Bear in mind St. Augustine’s words: However innocent your life may have been, no Christian ought to venture to die in any other state than that of a penitent.

**Other Prayers for the Sick**

**Prayer to St. Raphael for Health** p. 68.

**Non-Catholics**

**Prayer for a Sick Non-Catholic**

O God of the Holy Catholic Church, we pray that by the intercession of the Blessed Virgin Mary and St. Raphael you will heal this non-Catholic in body and, more importantly, in soul so that he (or she) may believe in the Catholic faith and enter the Catholic Church and thus have a hope to save his (or her) immortal soul. Amen.

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14 If no Catholic priest is available, confess your sins to God with the promise to confess them to a Catholic priest as soon as one is available, and God will remit your sins.
tempting me to take my own life. Place in me thy grace, make me humble and penitent, give me peace of heart and mind, and make me know, and more importantly believe, that if I commit suicide I will suffer in hell for all eternity worse pains than anyone can suffer on earth. Help me to believe that suicide is not an escape but a trap to thrust me into hell for all eternity, where there is no peace of heart, mind, or body but only eternal excruciating torments. If thou wilt answer my prayer, I promise to do whatever I must to be a good Catholic so that I may be saved and be with thee for all eternity, where there is no more pain, sadness, despair, sickness, or any other evil thing but only eternal peace, happiness, joy, bliss, health and all other good things. This I ask through Jesus Christ, thy Son our Lord, and by the mediation of the Blessed Virgin Mary and the intercession of St. Jude. Amen. (RJMI)

Prayer for Those in Mourning

Almighty God, who knowest the weakness and frailty of our nature, we beseech thee to give unto us, thy servants, whom thou hast stricken with this sorrow, such measure of thy grace as shall enable us to bear it with humility, resignation, and submission to thy divine will. Grant that no impatient murmuring or repining thoughts may find a place in our hearts, that we may not sorrow as those who have no hope. Let not our grief exceed the bounds of reason and religion, but so temper it, we beseech thee, with the consolations of thy Holy Spirit, that whatever we may want in outward consolation we may find in the inward consolation of perfect submission to thy holy will and unshaken trust in thy loving mercy. Through Jesus Christ our Lord. Amen.

Prayers for the Dying

Special Offering for the Dying

O my God, I offer thee all the Catholic Masses which will be said today, throughout the whole world, for sinners who are now in their last agony and will die this day. May the Precious Blood of our Savior, Jesus Christ, obtain for them mercy. Amen.

Prayer for a Dying Catholic

Our Lord Jesus Christ, who was crucified for our sake, free (N.) from the temptations and assaults of the devil and from excruciating pain so that he may bear his sufferings patiently. But most of all, in order that he may not suffer the excruciating pain that never ends in the torments of hell, grant him the grace of conversion so that he may enter thy Catholic Church either by baptism or by abjuration; and if by abjuration, make him aware of any sins he must confess. Thus may he die in a state of grace and enter heaven and the ever green loveliness of thy paradise to come, where thou, the true Shepherd, will recognize him as one of thy own. May he see thee face to face, and stand in thy presence forever, and behold with joyful eyes his Redeemer, Truth revealed in all its fulness. This we ask by the intercession of the Blessed Virgin Mary, St. Joseph her spouse, the Archangels St. Michael, St. Gabriel, and St. Raphael, and in thy holy name, thou who livest and reignest with God the Father in the unity of the Holy Spirit, God, forever and ever. Amen.

Prayer to Jesus for a Happy Death

O good Jesus, Son of the living God, who for our salvation didst vouchsafe to be born in a stable, to live in poverty, and to suffer and die amidst the torments of the cross, I beseech thee to say to thy divine Father at the hour of my death: “Father, forgive him”; say to thy beloved Mother: “Behold thy son”; say to my soul: “This day thou shalt be with Me in paradise.” My God, my God, forsake me not in that hour! “I thirst!” Verily, my God, my soul thirsteth after thee, who art the fountain of living waters. My life passes by like a shadow, yet a little while and all things shall be accomplished. Wherefore, my adorable Savior, from this moment to all eternity “into thy hands I
commend my spirit.” Lord Jesus Christ, receive my soul. Amen.

Prayer to St. Joseph for the Dying

Everlasting Father, for the sake of the love which thou didst bear to St. Joseph, whom thou didst choose above all to occupy thy place on earth, have mercy on us and on those who are dying.

Our Father; Hail Mary; Glory Be.

Everlasting Son of God, for the sake of thy love toward St. Joseph, who didst protect thee so faithfully on earth, have mercy on us and on those who are dying.

Our Father; Hail Mary; Glory Be.

Everlasting Holy Spirit, for the sake of thy love toward St. Joseph, whom thou didst choose above all to occupy thy place on earth, have mercy on us and on those who are dying.

Our Father; Hail Mary; Glory Be.

Prayer for a Happy Death

O God, great and omnipotent Judge of the living and the dead, we are to appear before thee after this short life to render an account of our faith and works. Grant us the grace to prepare for our last hour by a devout and holy life, and protect us against a sudden and unprovided death. Let us remember our frailty and mortality so that we may always live in the ways of thy commandments. Teach us to “watch and pray” (Luke 21:36), that when thy summons comes for our departure from this world, we may go forth with joy to meet thee and rejoice in everlasting happiness. Amen.

Other Prayers for the Dying

Litany for the Dying, p. 56.

Prayers for Repentance and Conversion of Sinners

Prayer for the Conversion of Heathens

O eternal God, Creator of all things, remember that the souls of unbelievers, heretics, and sinners were made by thee and fashioned to thine own image. Behold, O Lord, how many of them go down into hell, to the dishonor of thy Holy Name. Remember that thy beloved Son Jesus hath suffered a most cruel death for their salvation. Suffer not, I beseech thee, O Lord, thy Son to be any longer despised by unbelievers, heretics, and sinners, but graciously hear the prayers of holy men and of all the Catholic Church, the most holy spouse of thy Son. Remember thy mercies and thy compassions; remember no more their idolatry, their unbelief, their hardness of heart, nor their evil will; but give them grace at length to know, to fear, and to love Him whom thou hast sent, Jesus Christ our Lord, who is our salvation, our life, and resurrection, through whom we are saved and made free, to whom be all glory for evermore. Amen.

Prayer for the Conversion of Unbelievers

O Holy Spirit of truth, we beseech thee to enlighten the minds of unbelievers in the midst of us, to incline their hearts to love thy word and to believe the teachings of thy Catholic Church; give them courage to accept the Faith and openly profess it, that they may come into union with thee and the Father and the Son, who livest and reigneth, one God, forever and ever. Amen.

Prayer for the Conversion of Sinners

Almighty and eternal God, who seeks not the death but the life of sinners, who would save all and have none to perish, mercifully hear our prayers on behalf of those who are dead in sin and grant that they may repent and live in thy grace. Through Christ our Lord. Amen.

Prayer for Those with an Addiction

O Lord Jesus Christ, you said: Ask and you shall receive, seek and you shall find, knock and it shall be opened to you, grant me the grace and other helps I need to overcome my addiction. I believe with my whole heart that you can cure me, provided I really want to be cured of this addiction. With my whole heart, I do want to be cured from it! Help me to hate it with a perfect hatred. And once cured, help me to moderate what is good and avoid what is evil. Help me to know that this one sin alone will send me to hell for all eternity, where I will be tormented with excruciating pains, day and night, and forever and ever. I ask for your help through the intercession of your holy Mother Mary, the Mediatrix of All Graces; and the intercession of St. Jude your Apostle, the patron saint of hopeless cases. O Lord, hear my prayer and let my cry come unto you, who lives and reigns forever and ever. Amen. (RJMI)

Prayer to Repent and Be Freed from Homosexuality

O Lord Jesus Christ, through the intercession of your holy, pure, and ever-virgin mother, Mary Immaculate, grant me the grace and other helps I need to hate my homosexual sins of thought and deed with a perfect hatred. Help me that I may sincerely and with my whole heart confess these sins, repent, and amend my life. I know that you did not create men to be homosexuals and that it is your will that men not commit these sins or any other sins. Hence I believe with my whole heart that by your grace and my cooperation I can be completely cured of this curse and sinful affliction. O Lord, you said: Ask and you shall receive, seek and you shall find, knock and it shall be opened to you. I ask, I seek, I knock. Please, I beg of you, free me from this filthy, impure sin against nature. Help me know that
this one sin alone will send me to hell for all eternity, where I will be tormented with excruciating pains, day and night, forever and ever. O Lord Jesus Christ, I beseech your help, who lives and reigns forever and ever. Amen. (RJMI)

**PRAYERS FOR THE POOR SOULS IN PURGATORY**

Those who are not guilty of original sin or mortal sin are in a state of grace. Only Catholics can be in a state of grace because all non-Catholics are guilty of either original sin or mortal sin or both.

Catholics who die in a state of grace but are guilty of venial sins or have not expiated the punishment due to their remitted sins go to purgatory. They cannot enter heaven until their venial sins and punishment due to their sins are remitted. These souls are known as the faithful departed or the poor souls or the suffering souls. For the dead to be numbered among the faithful departed, they must have died as Catholics and in a state of grace. Therefore if there is credible evidence that they died as non-Catholics or in any mortal sin, then it is certain they are not among the faithful departed and thus cannot be prayed for.

The souls in purgatory cannot help themselves; but the faithful on earth can help them by their prayers, penances, alms, and other good works. Hence the faithful on earth are obliged in charity and justice to pray for the poor souls. Those who in this life forget the faithful departed and thus do not pray for them will not save their souls when they die. Divine justice will punish with eternal hell their cruelty and hardness of heart. They will be damned to hell for all eternity for not loving their brothers as God commanded as a necessity for salvation. Jesus said, “A new commandment I give unto you: That you love one another, as I have loved you, that you also love one another. By this shall all men know that you are my disciples, if you have love one for another.” (Jn. 13:34-35) Hence, whoever shows no mercy toward the suffering souls and remains cold and indifferent to their pain shall suffer eternal hell fire in which there is no relief.

**Petition Prayer for the Poor Souls**

O Jesus, thou didst suffer and die that all mankind might be saved and brought to eternal happiness. Hear our pleas for further mercy on the faithful departed souls of:

My spiritual and temporal benefactors,

*My Jesus, mercy!* (repeat after each versicle)

All for whom love or duty bids me pray,

Those who offended me,

Those who suffered disadvantage or harm through me,

Those who are especially beloved by thee,

Those whose release is near at hand,

Those who desire most to be united to thee,

Those who endure the greatest sufferings,

Those whose release is most remote,

Those who are least remembered,

Those who are most deserving on account of their services to the Catholic Church,

The rich, who are now the most destitute,

The mighty, who are now powerless,

The once spiritually blind, who now see their folly,

The frivolous, who spent their time in idleness,

The poor, who did not seek the treasures of heaven,

The tepid, who devoted little time to prayer,

The indolent, who neglected to perform good works,

Those of little faith, who neglected the frequent reception of the sacraments,

The habitual sinners, who owe their salvation to a miracle of grace,

Parents who failed to watch over their children,

Superiors who were not solicitous for the salvation of those entrusted to them,

Those who strove for worldly riches and pleasures,

The worldly-minded, who failed to use their wealth and talents in the service of God,

Those who witnessed the death of others but would not think of their own,

Those who did not provide for the life hereafter,

Those whose sentence is severe because of the great things entrusted to them,

The popes, kings, and rulers,

The bishops and their counselors,

My teachers and spiritual advisers,

The deceased priests of this diocese,

The priests and religious of the Catholic Church,

The defenders of the Catholic Faith,

Those who died on the battlefield,

Those who fought for their country,

Those who were buried in the sea,

Those who died of apoplexy,

Those who died of heart attacks,

Those who suffered and died of cancer,

Those who died suddenly in accidents,

Those who died without the last rites of the Church,

Those who shall die within the next twenty-four hours,

My own poor soul when I shall have to appear before thy judgment seat.

**Prayer**

Eternal rest grant unto all these, O Lord, and let the perpetual light of thy countenance shine upon them soon. Amen.
Offering of the Passion of Christ for the Faithful Departed

Look down, O Father of compassion, from thy high and holy seat, upon the hapless souls detained in purgatory. Look upon all the pains and torments wherewith they are so piteously chastised, regard now the plaintive groans and tears which they pour forth unto thee, hear the prayers and supplications wherewith they entreat thy mercy, and be merciful unto them and remit their sins and the punishment due to their sins. Remember, O most compassionate Father, all the sufferings which thy Son endured for them, remember His precious blood shed in such abundance for them, call to mind the most bitter death which He suffered for them, and have mercy on them. For all the sins they committed against thee, I offer thee the most holy life and conversation of thy most beloved Son; for all their negligences, I offer thee His most fervent desires toward thee; for all their omissions, I offer thee the great abundance of His merits; for their every insult and wrong to thee, I offer thee the sweet submission with which He honored thee. Finally, for all the chastisements which they have incurred, I offer thee all the mortifications, fastings, watchings, the labors and afflictions, wounds and stripes, Passion and death, which He endured in such spotless innocence and with such loving eagerness, beseeching thee now to suffer thy anger to be appeased toward them and to lead them forth into everlasting joy. Amen.

Four Prayers for the Faithful Departed

First Prayer
I adore, salute, and bless thee, O sweetest Lord Jesus Christ, and I praise thee and give thee thanks with the love of all thy creatures for the vast love wherewith thou didst condescend to be made man for us, to be born, to endure hunger and thirst, toils and sorrows, and to bestow on us thyself in the Most Holy Sacrament, beseeching thee that thou wouldst vouchsafe to unite and blend with the merits of thy holy conversation and life this my prayer which I make to thee for the soul of N., faithful departed, and to supply from the great abundance of those merits, and perfectly to complete whatsoever he neglected in thy worship and love, in thanksgiving and prayer, in virtue and good works, and all the service due to thee, in all that by thy grace he might have done and did not do, or did from impure motives or carelessly and imperfectly. Amen.

Response

Second Prayer
I adore, salute, and bless thee, O sweetest Lord Jesus Christ, and I give thee thanks for that love whereby thou, the Creator of all things, didst condescend for our redemption to be seized and bound and dragged away to judgment, to be trampled upon, buffeted and spit upon, to be scourged and crowned with thorns, to be condemned to bear thine own cross, to be stripped and nailed to the cross, to die a most bitter death, and to be pierced through with the lance. And in union with that love, I offer thee my unworthy prayers, beseeching thee to blot out and efface utterly through the merits of thy most holy Passion and death whatsoever this soul for which I pray ever did against thy will by evil thoughts or words or deeds; and that thou wouldst vouchsafe to offer to God the Father all the sorrow and the anguish of thy torn body and of thy desolate soul, all thy merits and all thine actions, for all that chastisement which he has incurred at the hands of thy justice. Amen.

Response

Third Prayer
I adore, salute, and bless thee, O sweetest Lord Jesus Christ, and I give thee thanks for all the love and the faithfulness with which thou didst overcome death and rise from the dead and glorify our flesh by ascending in it to the right hand of the Father, beseeching thee that thou wouldst now vouchsafe to render the soul for which I pray partaker of thy triumph and thy glory. Amen.

Response

Fourth Prayer
I adore, salute, and bless thee, O sweetest Lord Jesus Christ, and I render thee thanks for all the graces thou hast ever bestowed on thy glorious Mother and on all thine elect, in union with the gratitude with which all thy saints exult in the bliss thou hast obtained for them through thy holy incarnation, Passion, and resurrection, beseeching thee that thou wouldst vouchsafe to supply to this soul from the merits and prayers of the same glorious Virgin and all thy saints whatever is lacking to his own. Amen.

Response

The Lord's Prayer for the Faithful Departed

Our Father, who art in heaven, I beseech thee that thou wouldst forgive all the souls in purgatory whereinsoever they neither sufficiently loved nor worthily honored thee, their adorable and most beloved Father, who of thine own mere grace didst adopt them to be thy children and they thrust thee forth from their hearts in which thou didst delight to dwell. And in satisfaction for this their sin, I offer thee that love and honor which thy beloved Son showed thee upon earth, and that most abundant satisfaction which He hath made for all their sins. Amen. Hallowed be thy name. I beseech thee, O thou Father of compassion, forgive the souls of the faithful departed whereinsoever they did not worthily honor nor daily make mention of thy holy Name, but took it in vain, and by their scandalous life rendered themselves unworthy of the name of Catholic. And in satisfaction for these their sins, I offer thee the consummate holiness of thy Son
whereby He magnified thy Name by His teaching and made it honorable by His work. Amen.

Thy kingdom come. I beseech thee, O Father of compassion, vouchsafe to forgive the souls of the faithful departed whereinsoever they did not fervently long nor ardently strive after thee and thy kingdom, in which alone is true rest and abiding glory. And for this and all their sloth in doing good, I offer thee the most holy and longing desires of thy Son wherewith He desired to make them heirs together with Him of His kingdom. Amen.

Thy will be done on earth as it is in heaven. I beseech thee, O Father of compassion, vouchsafe to forgive the souls of the faithful departed, and especially whereinsoever they did not prefer thy will above their own, or did not love it in all things, but too often lived and did only according to their own will. And in satisfaction for this their disobedience, I offer thee the union of the sweetest Heart of thy Son with that most ardent love and obedience wherewith He was obedient unto thee, even to the death of the cross. Amen.

Give us this day our daily bread. I beseech thee, O Father of compassion, vouchsafe to forgive the souls of the faithful departed whereinsoever they did not receive the most blessed and adorable Sacrament of the Altar with pure and perfect desire, devotion, and love; or received it unworthily or seldom. And in satisfaction for these their sins, I offer thee the consummate holiness and devotion of thy Son, together with that most ardent love and ineffable yearning desire wherewith He bestowed upon us this most inestimable treasure. Amen.

And forgive us our trespasses as we forgive them that trespass against us. I beseech thee, O Father of compassion, vouchsafe to remit their sins and the punishment due to their sins, and especially wherein they did not forgive those who trespassed against them, or did not love their enemies. And for all these their sins, I offer thee that most sweet and tender prayer which thy Son prayed to thee for His enemies while hanging on the cross. Amen.

And lead us not into temptation. I beseech thee, O Father of compassion, vouchsafe to forgive the souls of the faithful departed whereinsoever they did not resist their concupiscence and the sins to which they were especially prone, but again and again consented to the devil and the flesh and entangled themselves by their own will in many grievous evils. And for all these their manifold sins, I offer thee the glorious victory wherewith thy Son overcame the world and the devil, together with all His most holy life and conversation, His toil and weariness, His most bitter Passion and His death. Amen.

But deliver us and them from every evil and every woe, through the merits of thy beloved Son; and bring us to the kingdom of thy glory, which is none other than thy most glorious Self. Amen.

Prayer to Jesus for the Faithful Departed

O most compassionate Jesus, have mercy on the souls detained in purgatory, for whose redemption thou didst take upon thee our nature and endure a bitter death. Mercifully hear their groanings, look with pity on the tears which they now shed before thee, and by the virtue of thy Passion release them from the pains due unto their sins. O most pitiful Jesus, let thy precious blood reach down into purgatory and refresh and revive the captive souls which suffer there. Stretch forth unto them thy strong right hand and bring them forth into the place of refreshment, light, and peace. Amen.

Prayer Addressed to the Faithful Departed

O most afflicted and unrepining souls, may Jesus Christ have mercy upon you, who for you was crucified and died; and may He refresh you in your sufferings by the sprinkling of His precious blood. I commend you to that exceeding love which drew down the Son of God from heaven and constrained Him to a most bitter death on earth, that in that amazing compassion wherewith He entered into and took upon Himself all the afflictions of the afflicted He may have compassion on you. And for your full solace and refreshment, I offer you all that filial love which the same Jesus Christ felt toward the Father in His divinity and toward Mary in His humanity. Amen.

Prayer to the Heart of Jesus

O gentlest Heart of Jesus, ever present in the Blessed Sacrament, ever consumed with burning love for the poor captive souls in purgatory, have mercy on the souls of thy departed servants, be not severe in thy judgments, but let some drops of thy Precious Blood fall upon the devouring flames. And do thou, O merciful Savior, send thy angels to conduct thy departed servants to a place of refreshment, light, and peace. Amen.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Merciful Jesus, grant unto them eternal rest.

Prayer for Mercy on the Souls in Purgatory

My Jesus, by the sorrows suffered by thee in thine agony in the garden, in thy scourging and crowning with thorns, in thy way to Calvary, in thy crucifixion and death, have mercy on the souls in purgatory, especially those that are most forsaken. Deliver them from the dire torments they endure. Call them and admit them to thy most sweet embrace in heaven. Amen.

Thirty-Day Prayer for the Souls in Purgatory

DAY 1—The Dogmas on Heaven, Purgatory, and Hell

The destiny awaiting us at death is not the same for all men, for God “will render to every man according to his works.” (Rom. 2:6) Heaven, purgatory, or hell are the three places
to which the souls of the departed go. Heaven is the place of eternal bliss for holy and pure souls, for “there shall not enter into it anything defiled” (Apol. 21:27), for “who shall ascend into the mountain of the Lord: or who shall stand in his holy place? The innocent in hands and clean of heart.” (Ps. 23:3-4) Hell is the place of eternal torments for reprobates. At their particular judgment Jesus shall say to them: “Depart from me, you cursed, into everlasting fire which was prepared for the devil and his angels.” (Mt. 25:41)

Purgatory is the place for holy souls who are not yet purified and need to be cleansed in God’s avenging fire, for they cannot enter heaven until they have perfectly satisfied God’s justice: “Amen I say to thee, thou shalt not go out from thence till thou repay the last farthing.” (Mt. 5:26)

To be holy, one must be in a state of grace; that is, not guilty of original sin or mortal sin. Only Catholics can be holy and thus in a state of grace because all non-Catholics are guilty of either original sin or mortal sin or both.

To be pure, one must not only be in a state of grace but must be free from venial sin and have all the punishment due to his sins remitted. Catholics who die in a state of grace but are guilty of venial sins or have not expiated the punishment due to their remitted sins go to purgatory. They cannot enter heaven until their venial sins and the punishment due to their sins are remitted. When Jesus said that there are some sins which will not be forgiven “neither in this world, nor in the world to come” (Mt. 12:32), He implied that in the world to come, after death, there are some sins that will be forgiven. The sins that will be forgiven after death are the venial sins of Catholics in the state of grace. These venial sins are forgiven in purgatory.

The souls in heaven and purgatory no longer have the concupiscence of the flesh, are no longer tempted, and will no longer sin.

The souls in purgatory are known as the faithful departed or the poor souls or the suffering souls. For the dead to be numbered among the faithful departed, they must have died as Catholics and in a state of grace. Hence if there is credible evidence that they died as non-Catholics or in any mortal sin, then it is certain they are not among the faithful departed and thus cannot be prayed for.

The souls in purgatory cannot help themselves; but the faithful on earth can help them by prayers, penances, alms, and other good works. Thus the faithful on earth are obliged in charity and justice to pray for the poor souls.

Prayer: Graciously hear, O God, the fervent prayers we offer thee for the suffering souls in purgatory, who not having satisfied thy divine justice confide in thy mercy and our intercessions. Extend unto them thy mercy, remit their venial sins and the punishment due to their sins, and grant them thy consolations. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who need their venial sins remitted.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

Practice: Examine how often and in what manner during the year you have prayed for the souls in purgatory.

Invocation: My Jesus, mercy!

DAY 3—Our Duty to Relieve the Souls in Purgatory

One of the most consoling dogmas of the Catholic Church is the communion of saints. All Catholics—the saints in heaven, the faithful upon earth, the souls in purgatory—are members of one great family. Mutual charity becomes an obligation by this perfect bond which unites the Suffering Church in purgatory and the Triumphant Church in heaven with the Militant Church upon earth, incorporating them into one body, the Holy Catholic Church. This bond of love demands that all the Catholics on earth must pray for one another, for the poor souls in purgatory, and to the saints in heaven; the poor souls in purgatory must pray for the Catholics on earth and to the saints in heaven; and the saints in heaven must pray for
the Catholics on earth and for the poor souls in purgatory. In these prayers, offered mutually, Christian charity is most beautifully and eloquently expressed.

From this obligation we derive the special duty to pray for the suffering souls in purgatory, who are unable in their extreme distress to do anything for their own relief. It is a dogma of the Catholic Church that the faithful on earth, as well as the saints in heaven, can assist the poor souls in purgatory. We must offer our petitions for the suffering souls in purgatory, that God in His goodness and mercy may mitigate and shorten their punishment and hasten their entrance into heaven. It is a dogma of the Catholic Church that by the intercession of the faithful upon earth God remits the venial sins of the poor souls, remits the punishments due to their sins, and relieves their sufferings. “In this,” says the Catholic catechism, “the supreme goodness and mercy of God deserve our grateful acknowledgment and praise, that He has granted to our frailty the privilege that one may satisfy for another.”

**Prayer:** O Lord Jesus Christ, thou who hast said, “Where there are two or three gathered together in my name, there am I in the midst of them” (Mt. 18:20), look mercifully upon thy Holy Catholic Church, who implores thy clemency on behalf of Her suffering members. End their intense pain and open unto them the portals of the heavenly Jerusalem so that they may praise and bless thee in heaven, forever and ever. Amen.

**Special Intercession:** Pray for the poor souls who during the course of their earthly lives did much to relieve the souls in purgatory.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

**(three times)**

**Practice:** Attend a Catholic public devotion for the suffering souls (when a public devotion is available).

**Invocation:** My Jesus, mercy!

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**DAY 4—The Sins of the More Mighty**

The judgments of God are often different from the judgments of men: “For my thoughts are not your thoughts, nor your ways my ways, saith the Lord. For as the heavens are exalted above the earth, so are my ways exalted above your ways, and my thoughts above your thoughts.” (Isa. 55:8-9) Though the judgments of God are severe, they are ever just. Where grace has been augmented, there also the account has been increased. “Unto whomsoever much is given, of him much shall be required.” (Lk. 12:48) From those souls upon whom God has bestowed great and special graces, He demands a more faithful cooperation; and the least infidelity to such grace is punished with extreme severity. “A greater punishment is ready for the more mighty.” (Wis. 6:9) Hence the sins of the more mighty (the prelates, priests, theologians, and secular rulers) are punished more severely than those who were not as highly privileged (simple laymen).

**Prayer:** O Lord, have mercy on the poor souls unto whom much was given and grant them the remission of their sins and the punishment due to their sins. Through Christ our Lord. Amen.

**Special Intercession:** Pray for the souls in purgatory to whom much was given.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

**(three times)**

**Practice:** Do not let human respect prevent you from performing a duty.

**Invocation:** My Jesus, mercy!

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**DAY 5—The Sufferings of Purgatory**

The sufferings of purgatory are twofold: the pain of loss and the pain of the senses, both in proportion to temporal punishment unremitted. Having committed sin, the soul has turned away from God and therefore God deprives it of His beatific vision by delaying its entrance into heaven, which increases the pain of loss.

By sin the soul has been attached to creatures, making improper use of them, which is displeasing to God, and hence the severe punishment consisting in the pain of the senses. Thus even though the mortal sins of the poor souls have been remitted, God nevertheless punishes them for having “served the creature rather than the Creator.” (Rom. 1:25) God permits them to be chastised by the very things they had put above Him, by the very things by which they sinned. “By what things a man sinneth, by the same also he is tormented.” (Wis. 11:17) For example, the mouths of those who blasphemed, the eyes that gazed upon evil things, the hands that stole or murdered—these will all be tormented in purgatory.

The suffering of the senses in purgatory consists of fire, hideous sights and sounds, disgusting odors, and other torments which differ depending on how much these souls need to be purified.

**Prayer:** O Lord, by thy love and clemency graciously grant to the suffering souls in purgatory remittance of their venial sins and the punishment due to their sins. Receive them into thy eternal glory, that blessed by thy beatific vision they may praise and adore thee in heaven, forever and ever. Amen.

**Special Intercession:** Pray for the souls who have suffered for the longest time in purgatory.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

**(three times)**

**Practice:** Mortify your prevailing weakness or inclination.

**Invocation:** My Jesus, mercy!

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**DAY 6—The Pain of Loss**

The spiritual sufferings or the pain of loss is the greatest pain in purgatory according to the Fathers of the Church. No one can comprehend the great sufferings of a soul departed which in all its ardent desire for the highest and only good sees itself repulsed as an object of God’s revenging justice. Far greater than the
pain of the senses in purgatory is the pain which the holy souls must endure in being deprived of the vision of God. Because these souls are inflamed not only with a natural but also a supernatural love of God, they are so vehemently attracted to the union with their highest good that in being repulsed, through their own fault, they experience so violent a pain as would kill them instantly if death were possible to them. Therefore this pain of being deprived of God is a far greater pain to them than the pain of the senses.

**Prayer:** O God, Father of mercies, grant the ardent desire of the souls in purgatory, who yearn to behold thee. Send down to them thy holy angel with the joyful tidings that the moment of their release has come and their exile has ended, and bless them by perfect union with thee forever. Through Christ our Lord. Amen.

**Special Intercession:** Pray for the souls who are punished for their forgetfulness of the holy presence of God during their lives.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. *(three times)*

**Practice:** Try to remember at all times the holy presence of God.

**Invocation:** My Jesus, mercy!

**DAY 7—Pain of Sorrow for Sin**
The soul departed, when summoned before the judgment seat of God, is enlightened with a perfect knowledge of the purity and sanctity of its divine Judge. It clearly perceives the stains with which it is sullied and its extreme unworthiness of union with God. The thought that “I have offended God, who is everlasting beauty and perfection, and am not yet worthy to appear before the face of the Lord, who is infinitely holy, and thus am not worthy to take possession of my dwelling place in heaven” is the greatest sorrow of the suffering souls. Much more clearly than during their earthly lives do these holy souls comprehend the perfections of God and love Him above all things; therefore the thought of having offended Him is a piercing sorrow which surpasses all their other sufferings.

One of the greatest agonies is remorse of conscience for sin. There are examples on record of men who died from the effects of this vehement sorrow; yet how much more intense must be the contrition of the suffering souls in purgatory, who fully understand the great malice of sin! We know by our own experience that the depth of sorrow for having offended a person is equal to the love we bear him; therefore the greatest sorrow of the poor souls is for having offended God, whom they now love above all things with a perfect love and thus with perfect contrition.

**Prayer:** O God, Father of grace and mercy, graciously regard the deep sorrow of the suffering souls in purgatory. Deign to accept their love and grant them remission of their venial sins and the punishment due to their sins, that united with thee they may praise thy goodness forever. Through Christ our Lord. Amen.

**Special Intercession:** Pray for the souls in purgatory who when they lived did not have a sufficient fear and love of God and a horror of the sins they committed.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. *(three times)*

**Practice:** Be sorry for the sins you have committed. For penance, whip yourself with a cord or belt ten times on each side of your back, three times throughout the day. If this is not possible, then replace this penance with an equivalent form of mortification.

**Invocation:** My Jesus, mercy!

**DAY 8—Pain of Helplessness and Desolation**
The souls in purgatory have entered into the realm of divine justice. The peneance and satisfaction due for their sins must be made either by the pain of purgatory itself or by the sufferings of the faithful, consisting in prayer, penance, alms, and other good works offered on their behalf, since the suffering souls can no longer earn merit for themselves and thus are entirely unable to assist themselves. Hence for them “the night hath come in which no man can work.” The suffering souls, then, have no resource but that of patience, resignation, and hope.

In bestowing charity upon any person, we are usually guided by the degree of his poverty; but who is in such great need as he who possesses absolutely nothing, owes a heavy debt, is unable to labor or gain any merit or even to beg, and must nevertheless suffer torments until the last farthing has been paid? A sick man and a beggar can at least cry out for help, and the very sight of their misery will move others to compassion; but the suffering souls are not seen by us and cannot ask for our help, for the instances in which they have been permitted to implore aid of the living are exceptional cases and very few are on record. In their extreme desolation and distress, they incessantly cry out to us for relief and assistance; but since they cannot do this in a manner perceptible to us, Holy Church does it for them by instituting many touching devotions on their behalf. How could we be devoid of all sympathy for them in their sufferings and leave them in their pain and anguish? Hence “restrain not grace from the dead.” *(Eccus. 7:37)*

**Prayer:** Have mercy, O Lord, upon the suffering souls in purgatory; and in their helplessness and desolation comfort them by the prayers and petitions of the angels and saints in heaven and the faithful on earth. Shorten the time of their suffering, and reward them with joys eternal. Through Christ our Lord. Amen.

**Special Intercession:** Pray for the most forsaken and helpless souls in purgatory.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. *(three times)*

**Practice:** When possible, visit a Catholic cemetery and pray for the faithful departed who may be buried there.
Invocation: My Jesus, mercy!

DAY 9—Pain of Fire in Purgatory

It is a dogma that the fire in purgatory is real material fire and thus not symbolic. Therefore what St. Paul writes to the Corinthians, “But he himself shall be saved, yet so as by fire” (1 Cor. 3:15), must be taken in a literal sense.

Hence besides being deprived of the vision of God, souls in purgatory endure the terrors of fire, the effects of which are much more painful since it is an instrument in the avenging hand of God, a fire in comparison to which our material fire on earth is nothing, a fire that entirely penetrates the soul in whatever manner this may be accomplished. How and to what extent this is done, we know not; but we may draw our conclusions from similar instances. In like manner the fallen angels, although pure spirits, are tormented by the material fire of hell, so may a similar fire torture the souls of the departed in purgatory. The justice of God can punish a spirit by means of material substance, as He can also in His omnipotence give life to a body by the agency of a spirit. According to the Holy Fathers, the fire of purgatory does not differ from the fire of hell except in duration. The same fire that torments the reprobate in hell also torments the just in purgatory; and the deeper the soul is in hell or purgatory, the more intense the fire.

The only thing that makes the fire in purgatory more bearable than the fire in hell is God’s grace, which helps the poor souls endure the fire and gives them occasional relief.

Prayer: Refresh, O Lord, the suffering souls in purgatory with the dew of thy grace that their pains may be relieved; and in thy mercy hasten the moment of their deliverance that they may meet thee in heaven, where no fire but that of thy holy love shall consume them. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who suffer the most pain in God’s avenging fire.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Endeavor to spread the devotion for the holy souls as much as possible.

Invocation: My Jesus, mercy!

DAY 10—The Duration of Time Spent in Purgatory

The poor souls do not stay in purgatory forever. Concerning the duration of time to be spent in purgatory, we are not informed of the length of time required for the purification of a soul. The soul, to be reunited to its Creator in heaven, must be in the state of primitive innocence which adorned Adam and Eve in the Garden of Eden before they sinned. The likeness of God must be entirely restored within the soul before it can enter into the glory and holiness awaiting it in heaven.

From this it is evident that the suffering souls cannot enter heaven until perfectly cleansed either by their pains or by the suffrages of the faithful. With the Royal Prophet they cry out in plaintive voice: “As the hart panteth after the fountains of water, so my soul panteth after thee, O God! When shall I come to appear before the face of God?” (Ps. 41:2-3) They suffer until entirely purified, until the last farthing of their debt has been discharged.

Prayer: O God, the dispenser of pardon and salvation, we beseech thee, by the intercession of the Blessed Virgin Mary and all thy saints, to grant relief to the poor souls in purgatory who are suffering in the cleansing flames of thy justice. Have mercy on them, O Lord, and bring them to the joys of eternal bliss. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who are most desirous of obtaining help from you.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Mortify your curiosity.

Invocation: My Jesus, mercy!

DAY 11—Our Duty to Relieve Our Suffering Relatives in Purgatory

There is a universal law to assist the needy which extends even to strangers. How much more, then, are we obliged to help the souls in purgatory who were intimately connected with us and who suffer, perhaps, for having loved us excessively.

If there be among the faithful departed our fathers, mothers, brothers, sisters, and other relatives, how exceedingly painful for them to be forgotten and deserted even by those whose happiness they promoted during their sojourn upon earth. Were any of these persons afflicted with the least pain while they lived, we would have done all in our power to relieve them; but now that they have departed from us, shall we leave them in their terrible sufferings and anguish? Can we be cold and heartless toward these souls and devoid of all sympathy for them? “A hard heart will fare evil at the last.”

Prayer: O Lord, revive within the hearts of thy faithful an active sympathy for their faithful departed brethren that they may not, by our indifference or neglect, suffer without relief and assistance. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who have been forgotten by their Catholic relatives.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Suffer patiently any inconveniences throughout the day and any disagreeable occurrences in your dealings with others and offer them for the poor souls.

Invocation: My Jesus, mercy!

DAY 12—The Special Duty to Aid Our Faithful Departed Friends and Benefactors

Besides the general duty imposed upon us by the divine law of charity to pray for the souls in purgatory, we are obliged especially to pray for
personal relations who are numbered among the faithful departed.

What could more forcibly elicit our charity and gratitude than to behold our friends and benefactors in extreme distress while we have the means of alleviating their sufferings! That person does not possess a spark of Christian charity who, from neglect or indolence, suffers the souls of his friends to be tormented in the flames of purgatory without relief.

Prayer: Have mercy, O Lord, upon the suffering souls in purgatory; mitigate the severity of thy judgment, that they, who during their earthly lives believed in thee, hoped in thee, and loved thee, receive the crown of justice in heaven. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who have been forgotten by their Catholic friends and beneficiaries.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Deny yourself a little comfort or some special consolation and offer it for the most forsaken souls in purgatory.

Invocation: My Jesus, mercy!

DAY 13—Our Duty toward Our Faithful Departed Catholic Parents

“Honor thy father, and forget not the groaning of thy mother. Remember that thou hadst not been born but through them, and make a return to them as they have done for thee.” (Eccus. 7:29-30)

The duty to love and pray for our father and mother extends beyond this life if they are counted among the faithful departed. Should they find no relief in their pains? Must they cry out in bitter anguish: “I have reared sons and daughters, but they have forgotten me!”

Oh, let us remember how near and dear our faithful departed father and mother are to us and how greatly we are indebted to them. They cry out to us for mercy. After their death we owe for them prayers, penances, alms, Masses, and other good works. Would it not be the highest degree of ingratitude to forget them in their need? How painful for them to see their possessions left to their children foolishly squandered while they themselves not receiving the benefit of the least farthing thereof? God’s commandment “Honor thy father and thy mother” is an obligation also toward our faithful departed parents.

Prayer: O God, who has commanded us to honor father and mother, look with loving kindness upon the fathers and mothers in purgatory and have mercy on them. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls of parents in purgatory who have been forgotten by their Catholic children.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Mortify yourself by an act of obedience.

Invocation: My Jesus, mercy!

DAY 14—Grand Display Is of No Value to the Holy Souls

In regard to pompous displays for the faithful departed, costly funerals and expensive displays may afford the living some consolation but are of no benefit to the departed. Let care be bestowed upon funerals and the erection of monuments, for Holy Writ reckons these among good works. Let the living perform these last services for the faithful departed and thereby relieve their own sorrow; but let them show greater zeal, care, and generosity in succoring these souls by Masses, prayers, penances, and alms, thus giving evidence not only of a temporal but also a spiritual love for those who are departed in body only but not in spirit.

Prayer: We beseech thee, O Lord, by thy mercy, do not despise our prayers on behalf of the souls in purgatory but grant them the peace and consolation we desire for them. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls of those who were remembered by a pompous funeral only and have no relief in their pain.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: If possible, at the first opportunity accompany the funeral of a poor person who is of the faithful departed.

Invocation: My Jesus, mercy!

DAY 15—The Better Our Dispositions and Intentions Are, the More Merit We Can Earn for the Poor Souls

Holy Church teaches us that some prayers and other good works gain more merit than others depending on the dispositions and intentions of the one who offers them. Hence the more pure and holy our dispositions and intentions are, the more merit is gained for the poor souls. And the more our inordinate desires are consumed here upon earth, the more efficacious our prayers will be for the suffering souls in purgatory.

Prayer: Grant us the grace, O Lord, to offer our prayers and other good works with a good disposition and intention, that by thy bounty our supplications for the suffering souls may be more acceptable to thee and more beneficial to them. Through Christ our Lord. Amen.

Special Intercession: Pray for the suffering souls who on earth prayed with poor dispositions and intentions for the souls in purgatory.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Endeavor to make an act of perfect contrition.

Invocation: My Jesus, mercy!

DAY 16—The Efficacy of Prayer for the Suffering Souls

“It is therefore a holy and wholesome thought to pray for the dead that they may be loosed from sins.” (2 Mach. 12:46) Prayer for the dead is holy
because it is pleasing to God; wholesome, because through the merciful goodness of God it accomplishes its sublime and charitable object. Our sacrifices of love and mercy are very pleasing to God especially when offered for the suffering souls, whom He loves most tenderly because they are holy and sure of heaven.

To relieve the suffering souls, we can gain merit for them by our prayers, petitions, sacrifices, alms, and other good works on their behalf.

**Prayer:** Open, O Lord, the rich treasures of Holy Church in favor of the souls in purgatory that they may receive pardon, in full or in part, and grant them relief in their pains. We beseech thee to grant us the graces to deliver and comfort a great number of suffering souls by prayer and other good works. Through Christ our Lord. Amen.

**Special Intercession:** Pray for the poor souls who during their lives endeavored to gain many merits for the faithful departed.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

**Practice:** Offer for the souls in purgatory all the merits you can gain today.

**Invocation:** My Jesus, mercy!

**DAY 18**—The Efficacy of Holy Mass for the Faithful Departed

The Sacrifice of the Mass is the greatest devotion and source of grace in the Catholic Church; and of all means to assist the souls in purgatory none is more valuable or meritorious, for there Jesus Christ Himself offers His infinite merits to His heavenly Father, by the hands of the priest, on behalf of the suffering souls. The unbloody Sacrifice of the Mass does not essentially differ from the bloody Sacrifice of the Cross except in the mode of oblation. No limit can be placed on the effect of this great Sacrifice which contains in itself all graces.

From this inestimable efficacy, however, we may not infer that the offering of one Mass is sufficient to release a soul from purgatory. It was not the intention of Jesus Christ to bestow upon us the full efficacy of His suffering and death which is celebrated in every Mass. His merits are applied according to His adorable will, according to His justice and mercy, for the ways of God are often inscrutable.

It is therefore very salutary to have the Holy Sacrifice of the Mass offered at least once a year for the repose of a soul.

**Prayer:** O Lord Jesus Christ, who didst institute the unbloody Sacrifice of the Mass in commemoration of thy Sacrifice on the Cross, we beseech thee to bestow the merits of this Holy Sacrifice upon the souls in purgatory that they may soon be released from their pains. Who livest and reignest forever and ever. Amen.

**Special Intercession:** Pray for the souls in purgatory who were most zealous to assist at Mass.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

**Practice:** If possible, assist at Mass for the relief of the suffering souls (if a Catholic Mass is available).

**Invocation:** My Jesus, mercy!

**DAY 19**—Holy Communion Is of Great Benefit to the Faithful Departed

Let our love and compassion for our neighbor lead us to the holy Altar, for nothing is so well calculated to obtain eternal rest for the souls. A pious servant of God beheld in a vision a departed friend, wrapped in flames, and learned from him that he suffered terribly because he received our Lord in Holy Communion with but little preparation. "Therefore," added this departed friend, "I beg you, for the love we bore each other, to communicate for the benefit of my soul; but do so with great preparation and fervor. I then hope to be released from the terrible sufferings that I have indeed well deserved for my negligence toward the Blessed Sacrament." The friend at once complied with the request; and having received Holy Communion with due preparation, he saw the departed soul enveloped in light, winging its happy flight to heaven to behold face to face the King of eternal glory.

**Prayer:** O Lord Jesus Christ, who in the most Holy Sacrament of the Altar hast given us thine own Flesh and Blood as nourishment for our souls...
and a pledge of our own future resurrection, grant us the grace always to receive worthily this most holy Mystery that It may be a source of salvation to us and a relief to the souls in purgatory. Who livest and reignest forever and ever. Amen.

Special Intercession: Pray for the souls in purgatory who were negligent in their preparation for Holy Communion.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

(three times)

Practice: If possible, receive Holy Communion for the relief of the suffering souls (if not possible, then make a Spiritual Communion).

Invocation: My Jesus, mercy!

DAY 20—Love of the Blessed Virgin Mary toward the Souls in Purgatory

When dying upon the cross, our divine Redeemer gave us Mary as a mother when He said to the beloved St. John, “Behold thy Mother.” (Jn. 19:26-27) Hence the Blessed Virgin regards us Catholics as her beloved children, and therefore she harbors tender feelings of maternal love toward her children who are suffering in purgatory. Let us give the Mother of Love satisfaction by offering abundant sufferages to her for the souls in purgatory.

Taking into consideration the great prerogatives of the Blessed Virgin and the infinite love of the Holy Trinity toward her, we cannot doubt that by her merit and intercession every soul in purgatory receives the greatest benefits. However, the Blessed Virgin does not pray to have all of these souls delivered at once, for her will is in perfect conformity to the will of God and she exercises her dominion over the souls in purgatory in perfect union with His divine will.

The text of Holy Writ has been applied to Mary, “I have walked in the waves of the sea.” (Eccus. 24:8) She descends into the sea of fire, quenching the flames for the suffering souls. It is said that the souls in purgatory experience the same joy and relief at the mere mention of her name that consoling words bring to the bedridden sick.

Prayer: O most holy and glorious Virgin Mary, Blessed Mother of our Lord, we place our petitions for the suffering souls into thy hands. Cleanse our petitions from all imperfections, and by thy intercession obtain eternal rest for the poor souls in purgatory. Through the same Jesus Christ, thy Son, our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who were most zealous in their devotion to the Blessed Virgin Mary.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

(three times)

Practice: Pray the Litany of the Blessed Virgin Mary, p. 46, for the suffering souls in purgatory.

Invocation: My Jesus, mercy!

DAY 21—Efficacy of the Rosary for the Suffering Souls

The release of the holy souls from purgatory is one of the principal effects of the Rosary. A monk writes that while they prayed the Rosary, many of the deceased brethren appeared to them and declared that the Rosary was a most powerful means to help the suffering souls and that numerous souls were released thereby who otherwise would have been obliged to remain there for some years. Therefore if we wish to be of assistance to the souls in purgatory, we should recommend them often in our prayers to the Blessed Virgin Mary and offer the holy Rosary for them.

Prayer: O Lord, graciously hear the prayers we offer thee in the holy Rosary in honor of Mary, thy Virgin Mother, for the relief of the souls in purgatory, while by devoutly meditating upon thy holy life and suffering we implore thy diverse assistance. Who livest and reignest forever and ever. Amen.

Special Intercession: Pray for the souls in purgatory who were most devoted to the holy Rosary.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

(three times)

Practice: Recite the Rosary for the suffering souls.

Invocation: My Jesus, mercy!

DAY 22—Alms-Giving Affords Great Relief to the Faithful Departed

Besides prayer and other acts of devotion, there are additional good works we can perform for the relief of the suffering souls in purgatory. Among these good works, almsgiving is one of the most prominent, for this being a work of mercy is especially efficacious in obtaining assistance for the holy souls. “Prayer is good with fasting and alms more than to lay up treasures of gold: For alms delivereth from death, and the same is that which purgeth away sins and maketh to find mercy and life everlasting.” (Tob. 12:8-9)

Not only the rich are able to give alms but the poor can do so as well, since it is not the value of the gift that is acceptable in the sight of God but the good intention by which it is bestowed.

If we, too, are numbered among the suffering souls in purgatory when we die, we will benefit from the alms we gave while we lived. And any Catholic person whom we assisted may be inspired to pray for our soul because of the charity we showed him upon earth. Therefore Holy Scripture says, “Do good to thy friend before thou die; and according to thy ability, stretching out thy hand, give to the poor.” (Eccus. 14:13)

Prayer: O Lord, graciously look down upon the alms we offer for the relief of the captive souls in purgatory. Bestow upon these souls the full merit thereof that they may be able to discharge their debt. Accept this boon of charity, we beseech thee, that when they are delivered from debt and penalty thou mayest lead them into thy heavenly kingdom. Through Christ our Lord. Amen.

Special Intercession: Pray for the poor souls who while they lived gave
alms for the relief of the souls in purgatory.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

(three times)

Practice: Bestow a gift upon a poor person and offer the merit for the souls in purgatory.

Invocation: My Jesus, mercy!

DAY 23—Works of Penance for the Holy Souls

The Church has at all times recommended to Her children to have recourse to the works of penance as one of the best means of obtaining extraordinary graces from God, and these works of mortification are of great efficacy for the faithful departed. Works of penance and mortification are expected of everyone, and even the smallest acts are beneficial. There is no one who could not occasionally deny himself some favorite food or some amusement, mortify his eyes or ears or tongue, observe silence for a time, bear in patience the pain of sickness or heat or cold or any other adversity, or curb his self will—in short, bear with submission and gratitude to God everything that causes pain or distress.

Prayer: Grant us, O Lord, the grace to do works of penance and mortification and in these works to remember the souls in purgatory. Deign to accept what we offer in the spirit of charity for the comfort and relief of these penitent souls. Through Christ our Lord. Amen.

Special Intercession: Pray for the poor souls who were negligent in offering good works for the suffering souls.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

(three times)

Practice: Bear your sufferings with patience and offer them for the holy souls.

Invocation: My Jesus, mercy!

DAY 24—Value of Good Works Offered for the Suffering Souls

Even though our good and merciful Lord loves the souls of His elect who must be purified after death and ardentely desires their release, in His justice He does not release them until full satisfaction has been made. Hence, when we appease God’s justice by our prayers and penances for the poor souls, we not only hasten their release but it is as if we have delivered the Lord Himself from a hard captivity. He promises to give us as full a recompense as such a work of mercy practiced toward Himself would deserve, for He Himself has said, “Amen, I say to you, as long as you do it to one of these, my least brethren, you did it to me.” (Mt. 25:40) Whatever we do with a pious intention for the suffering souls will revert to our own merit and will be returned a hundredfold at the hour of our death.

Prayer: O God of love and mercy! Animated with charity and compassion for our faithful departed brethren, we offer thee our prayers and good works and supplicate thee to accept them as a propitiatory sacrifice on their behalf. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who were ransomed souls.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

(three times)

Practice: Bear your sufferings with patience and offer them for the holy souls.

Invocation: My Jesus, mercy!

DAY 25—Gratitude of the Holy Souls

The prayers and other works of charity which we offer for the suffering souls in purgatory not only increase our spiritual merit but also call forth the gratitude of the holy, ransomed souls.

How can the faithful departed, who are loved by God so tenderly and predestined to glory, fail to be able to pray, not indeed for themselves because they are not in a condition to merit, but with efficacy for their benefactors still alive? They will speedily pay their debt of gratitude by their prayers and sufferings offered for those who befriend them. And their prayers and penances will have great efficacy before God, whose greater honor and glory is promoted by their acts of charity.

And when these dear souls are by our endeavors admitted to the vision of God, they cease not to prove the warmth of their thankfulness and love by imploring for us the help of which we are so much in need in the manifold dangers and great troubles of life. They will show their gratitude by their petitions for us before the throne of God according to the assistance we have given them in our earthly lives.

The assistance of the holy souls is also experienced in temporal wants in favor of their benefactors. These destitute, suffering souls do not wait until they enter heaven to exhibit their gratitude toward their benefactors. Whilst they still languish in purgatory, they pray without intermission for their benefactors’ welfare of soul and body, recovery from disease, assistance in poverty, help in necessities, counsel and protection on journeys and in danger, and preservation and increase of their temporal goods; and above all, they aid them in the salvation of souls and come to their relief in their agonies of death and before the judgment seat of God.

Prayer: We beseech thee, O Lord, vouchsafe to hear the prayers of the suffering souls in purgatory who supplicate thee for their benefactors, that in union with these holy souls, for whom we offer our fervent prayers upon earth, we may praise thy mercies forever. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who suffer for the sins they committed against charity.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon
DAY 26—By Helping to Deliver the Souls from Purgatory, We Promote the Honor of God

According to St. Paul the Apostle, the honor and glory of God should be the principal motive of all our actions: “Whether you eat or drink or whatsoever else you do, do all things for the glory of God.” (1 Cor. 10:31) The glorification of God ought to be the special aim in our works for the faithful departed, and justly so, for by our assistance God delivers these poor souls and brings them to heaven, where alone God is perfectly known, loved, and glorified.

If the saints have declared their readiness to suffer all the tortures imaginable for the promotion of God’s glory in a single degree, what should we do and suffer for the deliverance of these souls from the flames of purgatory since in heaven they will glorify God most perfectly for all eternity!

Prayer: We thank and glorify thee, O Lord, for thy great mercy and goodness toward the p----

Special Intercession: Pray for the souls in purgatory who love thee and ardently desire to behold thee. Comfort them, then, O Lord! Let them behold thy face in the land of the blessed, where they shall honor, praise, and glorify thee, forever and ever. Amen.

Prayer Addressed to the Faithful Departed, p. 82.

Invocation: My Jesus, mercy!

DAY 27—The Lord Rewards Our Acts of Charity for the Holy Souls

“Blessed are the merciful, for they shall obtain mercy.” (Mt. 5:7) He who bestows mercy upon the suffering souls shall himself, if he goes to purgatory, receive great relief and assistance there. Even though he who satisfies for the suffering souls does not satisfy for himself, he performs a duty necessary for his own salvation; for if he should go to purgatory when he dies, God will see to it that the prayers of the faithful on earth will relieve him. Hence, by the mouth of the Royal Prophet, God declares: “Blessed is he that understandeth concerning the needy and the poor; the Lord will deliver him in the evil day.” (Ps. 11:1)

Prayer: We beseech thee, O Lord, graciously hear the humble and fervent prayers we offer for the souls in purgatory, and grant that the charity we extend toward our suffering brethren may, by their intercession, obtain for us protection and help. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who are suffering for their want of gratitude when they lived.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Pray the Prayer Addressed to the Faithful Departed, p. 82.

Invocation: My Jesus, mercy!

DAY 28—They Have Great Reason to Fear Who Show No Mercy toward the Faithful Departed

“If with what measure you mete, it shall be measured to you again.” (Mt. 7:2) It will be readily seen that these words of the divine Savior are applicable also to the assistance we should render the souls departed. He who in this life forgets the faithful departed and thus does not pray for them will not save his soul when he dies, for divine justice will punish with eternal hell his cruelty and hardness of heart. He will be damned to hell for all eternity for not loving

his brothers as God commanded as a necessity for salvation. Jesus said, “A new commandment I give unto you: That you love one another, as I have loved you, that you also love one another. By this shall all men know that you are my disciples, if you have love one for another.” (Jn. 13:34-35) Hence he who shows no mercy toward the suffering souls and remains cold and indifferent to their pain shall suffer eternal hell fire in which there is no relief.

However, he who does not forget the suffering souls completely but seldom prays for them will get only as much help as he gave to the poor souls if he should go to purgatory. His complaints will be answered by the words of St. Paul: “He that soweth sparingly shall also reap sparingly.” (2 Cor. 9:6)

Prayer: O God, in thy goodness and mercy have pity on the souls of those suffering in purgatory who on account of their want of charity when they lived are undeserving of thy bounty. Accept our fervent prayers in reparation for their lack of sufficient prayer and other good works for the poor souls. May they not suffer without consolation. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls of the faithful departed who while they lived did not sufficiently help the poor souls.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen.

Invocation: My Jesus, mercy!

DAY 29—We Can Make Even Our Most Trivial Actions Beneficial for the Holy Souls

By performing even the most trivial actions from the motive to please our dear Lord and to do His holy will, these acts become meritorious. Any meritorious act, as trivial as it may be, can benefit the poor souls in purgatory. For instance, if we are working from early in the morning

Invocation: My Jesus, mercy!

Practice: Bear patiently the ingratitude of others and offer it for the souls in purgatory.

the next shower, use cold water for part of the time if possible. If not, then perform some other act of physical mortification and offer it for the poor souls in purgatory.

Invocation: My Jesus, mercy!
until late at night, we can assist the suffering souls in an efficacious manner by offering for their relief our toil and fatigue in union with the merits of Jesus and Mary. Sick persons or those enduring spiritual sufferings, such as temptations, slander, or unjust treatment, may likewise benefit the poor souls by offering up their particular sufferings. Even a simple bump on the head or stubbing a toe can be offered up for the benefit of the poor souls. For example, we can offer up a prayer or other good work or pain for the poor souls by simply saying, “I offer this for the poor souls,” or “For the love of Jesus and Mary, and the relief of the suffering souls in purgatory.”

Prayer: My dear Redeemer! By neglecting to offer up my trivial good works for the poor souls, how many occasions have I lost to gain merits and thus to assist thy holy spouses? Pardon my negligence and graciously assist me in offering these actions for the poor souls. May my prayers, alms, spiritual and bodily sufferings, and other good deeds offered for the poor souls be united with thy merits and those of thy holy Mother Mary and all the saints. In return I beseech the poor souls to obtain for me, and for all those for whom I pray, abundant graces to lead a holy life and to persevere to the end. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who were negligent in offering up their trivial actions for the poor souls in purgatory.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Throughout the day, remember to offer up your trivial actions for the poor souls in purgatory.

Invocation: My Jesus, mercy!

Prayer: We beseech thee, O Lord, grant us the grace to persevere in our charity toward the souls in purgatory. Deign to look with eyes of mercy upon these penitent souls, deliver them from their sufferings, and open to them the portals of heaven. Through Christ our Lord. Amen.

Special Intercession: Pray for the souls in purgatory who suffer for their inconstancy in the service of God while they lived.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them; may they rest in peace. Amen. (three times)

Practice: Now that this 30-day devotion has ended, do not forget the poor souls in purgatory. Pray daily for them. Examine your daily prayer schedule and make sure it includes sufficient prayers for the poor souls. Daily prayers for the poor souls can be prayers specifically for the poor souls or petitions incorporated into other prayers, such as the Holy Rosary or Divine Office.

Invocation: My Jesus, mercy!

Other prayers for the Poor Souls


NOVENAS

Novena in Honor of the Most Holy Face of Jesus

This novena may be said at any time but especially in the nine days leading up to Shrove Day (i.e., begin on Sexagesima).

“I firmly wish that my face, reflecting the intimate pains of my soul, the suffering and love of my heart, be more honored! Whoever gazes upon me already consoles me.

“All those attracted by my love and venerating my countenance shall receive by virtue of my humanity a brilliant and vivid impression of my divinity. This splendor shall enlighten the depths of their souls so that in eternal glory the celestial court shall marvel at the marked likeness of their features with my divine countenance.”

Daily Consolation and Preparatory Prayer

(Consule the Holy Face of Jesus by gazing upon it and reflecting upon His great sufferings for the love of us.)

The Holy Shroud of Turin

O Most Holy and Blessed Trinity, through the intercession of Holy Mary, whose soul was pierced through by a sword of sorrow at the sight of the Passion of her divine Son, we ask thy help in making a perfect novena of reparation with Jesus, united with all His sorrows, love, and total abandonment. We now implore all the angels and saints to intercede
for us as we pray this novena to the Most Holy Face of Jesus and for the glory of the Most Holy Trinity, Father, Son, and Holy Spirit. Amen.

First Day
(Begin with “Daily Consolation and Preparatory Prayer”)

“Have mercy on me, O God, according to thy great mercy. And according to the multitude of thy tender mercies, blot out my iniquity.” (Ps. 50:3)

O most Holy Face of Jesus, look with tenderness on us who are sinners. Thou art a merciful God, full of love and compassion. Keep us pure of heart so that we may gaze upon thy Holy Face. Mary our Mother, intercede for us; St. Joseph, pray for us. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Second Day
(Begin with “Daily Consolation and Preparatory Prayer”)

“Have mercy on me, O God, according to thy great mercy. And according to the multitude of thy tender mercies, blot out my iniquity.” (Ps. 50:3)

Most Holy Face of Jesus, we are truly sorry that we have hurt thee so much by sinning and by failing to do all the good works we can. Immaculate Heart of Mary and St. Joseph, intercede for us; help us to console the most Holy Face of Jesus. Pray that we may share in the tremendous love thou hast for one another and for the most Holy and Blessed Trinity. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Third Day
(Begin with “Daily Consolation and Preparatory Prayer”)

“To thee only have I sinned and have done evil before thee, that thou mayest be justified in thy words and mayest overcome when thou art judged. For behold I was conceived in iniquities, and in sins did my mother conceive me.” (Ps. 50:6-7)

O Jesus! Cast upon us a look of mercy. Turn thy Face toward each of us as thou didst once turn thy Face to Veronica, not that we may see thy Face with our bodily eyes, for this we do not deserve, but turn it toward our hearts so that we may ever draw from this fountain of strength the vigor necessary to sustain the combats of life. Mary our Mother and St. Joseph, pray for us. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Fourth Day
(Begin with “Daily Consolation and Preparatory Prayer”)

“For behold thou hast loved truth; the uncertain and hidden things of thy wisdom thou hast made manifest to me. Thou shalt sprinkle me with hyssop, and I shall be cleansed; thou shalt wash me, and I shall be made whiter than snow.” (Ps. 50:8-9)

O Lord Jesus Christ, who said, “Learn of me, because I am meek and humble of heart,” and who manifested upon thy Holy Face the sentiments of thy divine Heart, grant that we may love to meditate frequently upon thy divine features. May we read therein thy gentleness and humility and learn to form our hearts in the practice of these two virtues which thou dost desire to see shine in thy servants. Mary our Mother and St. Joseph, help us. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Fifth Day
(Begin with “Daily Consolation and Preparatory Prayer”)

“To my hearing thou shalt give joy and gladness, and the bones that have been humbled shall rejoice. Turn away thy face from my sins, and blot out all my iniquities.” (Ps. 50:10-11)

Holy Face of Jesus, sacred countenance of God, how great is thy patience with mankind, how great is thy forgiveness. We are sinners yet thou dost love us. This gives us courage. For the glory of thy Holy Face and the Blessed Trinity, hear and answer us. Mary our Mother, intercede for us; St. Joseph, pray for us. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Sixth Day
(Begin with “Daily Consolation and Preparatory Prayer”)

“Create a clean heart in me, O God; and renew a right spirit within my bowels. Cast me not away from thy face, and take not thy holy spirit from me.” (Ps. 50:12-13)

May our hearts be cleansed, O Lord, by the inpouring of the Holy Spirit; and may He render them fruitful by watering them with His heavenly dew. Mary, most chaste spouse of the Holy Spirit, intercede for us; St. Joseph, pray for us. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Seventh Day
(Begin with “Daily Consolation and Preparatory Prayer”)

“Wash me yet more from my iniquity, and cleanse me from my sin. For I know my iniquity, and my sin is always before me.” (Ps. 50:4-5)

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)
“Restore unto me the joy of thy salvation, and strengthen me with a perfect spirit. I will teach the unjust thy ways, and the wicked shall be converted to thee.” (Ps. 50:14-15)

Lord Jesus! After contemplating thy features disfigured by grief, after meditating upon thy Passion with compunction and love, how can our hearts fail to be inflamed with a holy hatred of sin, which even now outrages thy adorable Face! Lord, suffer us not to be content with mere compassion but give us grace to follow thee closely in this Calvary so that thy opprobrium may fall upon us and we may thus have a share, small though it may be, in expiation of sin. Mary our Mother, intercede for us; St. Joseph, pray for us. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Eighth Day

(Begin with “Daily Consolation and Preparatory Prayer”)

“Deliver me from blood, O God, thou God of my salvation; and my tongue shall extol thy justice. O Lord, thou wilt open my lips, and my mouth shall declare thy praise.” (Ps. 50:16-17)

Most merciful Face of Jesus, who in this vale of tears was so moved by our misfortunes as to call thyself the Healer of the sick and the Good Shepherd of the souls gone astray, allow not Satan to draw us away from thee. Keep us always under thy loving protection, together with all those who endeavor to console thee. Mary our Mother, intercede for us; St. Joseph, pray for us. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Ninth Day

(Begin with “Daily Consolation and Preparatory Prayer”)

“For if thou hadst desired sacrifice, I would indeed have given it; with burnt offerings thou wilt not be delighted. A sacrifice to God is an afflicted spirit; a contrite and humbled heart, O God, thou wilt not despise. Deal favorably, O Lord, in thy good will with Sion that the walls of Jerusalem may be built up.” (Ps. 50:18-20)

Sacred Face of our Lord and God, what words can we say to express our gratitude? How can we speak of our joy that thou hast deigned to hear us, that thou hast chosen to answer us in our hour of need. We say this because thou hast promised to answer us in all things. Mary our Mother, we thank thee for thy intercession on our behalf. St. Joseph, we thank thee for thy prayers. O Jesus, through the merits of thy Precious Blood and thy Holy Face, grant us our petition (here make your petition). Pardon and mercy.

Our Father; Hail Mary; Glory Be.

O bleeding Face, O Face divine, be every adoration thine. (three times)

Recite the following Act of Consecration:

Act of Consecration

“For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God, in the face of Christ Jesus.” (2 Cor. 4:6)

O Lord Jesus Christ, we believe most firmly in thee and we love thee. Thou art the Eternal Son of God and the Incarnate Son of the Blessed Virgin Mary. Thou art the Lord and absolute Ruler of all creation; therefore we acknowledge thee as the universal Sovereign of all creatures and the Lord and supreme Ruler of all mankind. In acknowledging this thy dominion, we consecrate ourselves to thee now and forever. Loving Jesus, we place ourselves under the protection of thy Holy Face and of thy Virgin Mother, Mary most sorrowful. We promise to be faithful to thee for the rest of our lives and to observe with fidelity thy holy commandments. May we never deny thee and thy divine rights over us and all mankind. Grant us the grace to never sin again; nevertheless, if we should fail, O divine Savior, have mercy on us and restore us to thy grace. Radiate thy divine countenance upon us, and bless us now and forever. Embrace us at the hour of death and bring us to thy kingdom for all eternity, through the intercession of thy Blessed Mother, of all thy saints who behold thee in heaven, and the just who glorify thee on earth. O Jesus, be mindful of us forever and never forsake us; protect our family. O Mother of Sorrows, by the eternal glory which thou dost enjoy in heaven, through the merits of thy bitter anguish in the sacred Passion of thy Son, obtain for us the grace that the precious blood shed by Jesus for the redemption of our souls be not shed in vain. We love thee, O Mary our Mother. Embrace us and bless us; protect us in life and in death. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, forever and ever. Amen.

Novena to the Holy Spirit

(Recited from the day after Ascension Day through the Vigil of Pentecost)

Foreword

The novena to the Holy Spirit is the oldest of all novenas since it was first made at the direction of our Lord when He sent His apostles back to
Jerusalem to await the coming of the Holy Spirit on the first Pentecost. It is the only novena officially prescribed by the Catholic Church. Addressed to God the Holy Spirit, the Third Person of the Blessed Trinity, it is a powerful plea for the grace, faith, wisdom, strength, and love needed by every Catholic to be saved.

First Day

Holy Spirit! Lord of Light! / From thy clear celestial height / Thy pure beaming radiance give!

The Holy Spirit: God the Holy Spirit, the Third Divine Person of the Most Holy Trinity, creates, inspires, and sanctifies souls. He gives all men the grace to know, fear, love, worship, and obey God and thus to save their souls. And He dwells in sanctified souls; that is, in the souls of good Catholics. Without the Holy Spirit and His grace, no man can do or think anything good. The Holy Spirit is the Spirit of light, of strength, and of love. With His sevenfold gifts He inflames the heart with the fear and love of God; enlightens the mind with true wisdom, the Catholic faith; and strengthens the will so that we can obey all of God’s commandments. Hence we ought to invoke the Divine Spirit daily, for “the Spirit helpeth our infirmity. For we know not what we should pray for as we ought; but the Spirit Himself asketh for us with unspeakable groanings.”

Prayer

Almighty and eternal God, who hast vouchsafed to regenerate us by water and the Holy Spirit and hast given us forgiveness of sins, vouchsafe to send forth from heaven thy sevenfold Spirit upon us, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

Our Father; Hail Mary; 7 Glory Be’s; Act of Consecration to the Holy Spirit; Prayer for the Seven Gifts of the Holy Spirit.

Act of Consecration to the Holy Spirit

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body, to thee, Eternal Spirit of God. I adore the brightness of thy purity, the unerring keenness of thy justice, and the might of thy love. Thou art the strength and light of my soul. In thee I live and move and am. I desire never to grieve thee by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against thee. Mercifully guard my every thought; and grant that I may always watch for thy light, and listen to thy voice, and follow thy gracious inspirations. I cling to thee and give myself to thee and ask thee, by thy compassion, to watch over me in my weakness. Holding the pierced feet of Jesus, and looking at His five wounds, and trusting in His precious blood, and adoring His opened side and stricken heart, I implore thee, adorable Spirit, Helper of my infirmity, so to keep me in thy grace that I may never sin against thee. Give me grace, O Holy Spirit, Spirit of the Father and the Son, to say to thee always and everywhere: “Speak, Lord, for thy servant heareth. What wilt thou have me do?” Amen.

Prayer for the Seven Gifts of the Holy Spirit

O Lord Jesus Christ, who before ascending into heaven didst promise to send the Holy Spirit to finish thy work in the souls of thy Apostles and disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul the work of thy grace and thy love. Grant me the Spirit of Wisdom, that I may place the things that are eternal above the perishable things of this world; the Spirit of Understanding, to enlighten my mind with the light of thy divine truth; the Spirit of Counsel, that I may ever choose the surest way of pleasing God and gaining heaven; the Spirit of Fortitude, that I may bear my cross with thy help and that I may overcome with courage all the obstacles that oppose my salvation; the Spirit of Knowledge of the Catholic Faith, that I may know God and know myself and grow perfect in the science of the saints; the Spirit of Piety, that I may find the service of God sweet and amiable; the Spirit of Fear, that I may be filled with a loving reverence toward God and may dread in any way to displease Him. Mark me, dear Lord, with the sign of thy true disciples; and animate me in all things with thy Spirit. Amen.

Second Day

Come, thou Father of the poor! / Come, with treasures which endure! / Come, thou Light of all that live!

The Gift of Fear: The gift of Fear fills us with a sovereign respect for God and makes us dread nothing so much as to offend Him by sin. It is a fear that arises not only from the thought of hell but, more importantly, from sentiments of love, reverence, and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from the worldly pleasures that could in any way separate us from God. “They that fear the Lord will prepare their hearts and in His sight will sanctify their souls.”

Prayer

Come, O Blessed Spirit of Holy Fear, penetrate my inmost heart that I may set thee, my Lord and God, before my face forever. Help me to shun all things that can offend thee, and make me worthy to appear before the pure eyes of thy divine majesty in heaven, where thou livest and reignest in the unity of the ever Blessed Trinity, God, forever and ever. Amen.

Our Father; Hail Mary; 7 Glory Be’s; Act of Consecration to the Holy Spirit; Prayer for the Seven Gifts of the Holy Spirit.

Third Day

Thou, of all consolers best, / Visiting the troubled breast / Dost refreshing peace bestow.

The Gift of Piety: Piety is a gift of God which makes us devout, reverent, and zealous in His service. It begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect, for
His sake, persons and things consecrated to Him, as well as those who are vested with His authority. A Catholic who is filled with the gift of piety finds the practice of his religion not a burdensome duty but a delightful service. Where there is love, there is no labor.

Prayer
Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God that I may find satisfaction only in His service and for His sake lovingly submit to all legitimate authority. Amen.

Our Father; Hail Mary; 7 Glory Be's; Act of Consecration to the Holy Spirit; Prayer for the Seven Gifts of the Holy Spirit.

Fourth Day
Thou in toil art comfort sweet, / Pleasant coolness in the heat, / Solace in the midst of woe.

The Gift of Fortitude: By the gift of Fortitude, the soul is strengthened against natural fear and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to undertake without hesitancy the most arduous tasks, to face dangers, to trample underfoot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. “He that shall persevere unto the end, he shall be saved.”

Prayer
Come, O Blessed Spirit of Piety, grant me the gift of knowledge of the Catholic Faith and to know the will of the Father. Show me the nothingness of earthly things that I may realize their vanity and use them only for thy glory and my own salvation, looking ever beyond them to thee and thy eternal rewards. Amen.

Our Father; Hail Mary; 7 Glory Be's; Act of Consecration to the Holy Spirit; Prayer for the Seven Gifts of the Holy Spirit.

Sixth Day
If thou take thy grace away, / Nothing pure in man will stay, / All his good is turned to ill.

The Gift of Understanding: Understanding, as a gift of the Holy Spirit, helps us to grasp the meaning of the truths of our holy religion, our Catholic faith, without which we cannot be saved. By faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive but inspires a mode of life that bears eloquent testimony to the faith that is in us. We begin to “walk worthy of God in all things pleasing, and increasing in the knowledge of God.”

Prayer
Come, O Spirit of Understanding, and enlighten our minds that we may know and believe all the mysteries of salvation and may merit at last to see the eternal light of thy Light and in the light of thy glory to have a clear vision of thee and the Father and the Son. Amen.

Our Father; Hail Mary; 7 Glory Be's; Act of Consecration to the Holy Spirit; Prayer for the Seven Gifts of the Holy Spirit.

Seventh Day
Heal our wounds, our strength renew; / On our dryness pour thy dew; / Wash the stains of guilt away!

The Gift of Counsel: The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. “Above all things, pray to the Most High that He may direct thy way in truth.”

Prayer
Come, O Spirit of Counsel, help and guide me in all my ways that I may always do thy holy will. Incline my heart to that which is good, turn it away from all that is evil, and direct me by the straight path of thy commandments to that goal of eternal life for which I long. Amen.

Our Father; Hail Mary; 7 Glory Be's; Act of Consecration to the Holy Spirit; Prayer for the Seven Gifts of the Holy Spirit.

Eighth Day
Bend the stubborn heart and will; / Melt the frozen, warm the chill; / Guide the steps that go astray!

The Gift of Wisdom: Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most
perfect of the gifts. Of Wisdom it is written “all good things come to me with her, and innumerable riches through her hands.” It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys pale in comparison whilst the cross of Christ yields a divine sweetness, according to the words of the Savior: “Take up thy cross and follow me, for my yoke is sweet and my burden light.”

Prayer
Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power, and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them forever. Amen.

Our Father; Hail Mary; 7 Glory Be’s; Act of Consecration to the Holy Spirit; Prayer for the Seven Gifts of the Holy Spirit.

Ninth Day
Thou, on those who evermore / Thee confess and thee adore, / In thy sevenfold gifts descend; / Grant them comfort when they die; / Grant them life with thee on high; / Grant them joys which never end. Amen.

The Fruits of the Holy Spirit: The gifts of the Holy Spirit perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Spirit, our service becomes more sincere and generous, the practice of virtue becomes more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Spirit. These Fruits, in turn, render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God.

Prayer
Come, O Divine Spirit, fill my heart with thy heavenly fruits of charity, joy, peace, patience, benignity, goodness, long-suffering, mildness, faith, modesty, continency, and chastity, that I may never weary in the service of God but by continued faithful submission to thy inspiration may merit to be united eternally with thee in the love of the Father and the Son. Amen.

Prayer to the Holy Spirit
Come, O Holy Spirit, fill the hearts of thy faithful and enkindle in them the fire of thy love. Send forth thy Spirit and they shall be created, and thou shalt renew the face of the earth.

LET US PRAY: O God, who by the light of the Holy Spirit didst instruct the hearts of the faithful, grant that by the same Spirit we may be truly wise and ever rejoice in His consolation. Through Christ our Lord. Amen.

Novena to the Infant of Prague
O Lord Jesus Christ, who for the accomplishment of thy greatest works hast chosen the weak things of the world that no flesh may glory in thy sight, and who for a better and more widely diffused belief in the Immaculate Conception of thy Mother didst wish that the Miraculous Medal be manifested to St. Catherine Laboure, grant, I beseech thee, that filled with like...
Novena Prayer
O Immaculate Virgin Mary, Mother of our Lord Jesus, and our Mother, penetrated with the most lively confidence in thine all-powerful and never-failing intercession, manifested so often through the Miraculous Medal, we thy loving and trustful children implore thee to obtain for us the graces and favors we ask during this novena if they be beneficial to our immortal souls and the souls for whom we pray (here make your petition). Thou knowest, O Mary, how often our souls have been the sanctuaries of thy Son who hates iniquity. Obtain for us, then, a deep hatred of sin and that purity of heart which will attach us to God alone so that our every thought, word, and deed may tend to His greater glory. Obtain for us also a spirit of prayer and self denial, that we may recover by penance what we have lost by sin and at length attain to that blessed abode where thou art the Queen of angels and of men. Amen.

An Act of Consecration to Our Lady of the Miraculous Medal
O Virgin Mother of God, Mary Immaculate, we dedicate and consecrate ourselves to thee under the title of Our Lady of the Miraculous Medal. May this medal be for each one of us a sure sign of thy affection for us and a constant reminder of our duties toward thee. Ever while wearing it, may we be blessed by thy loving protection and preserved in the grace of thy Son. O most powerful Virgin, Mother of our Savior, keep us close to thee every moment of our lives. Obtain for us, thy children, the grace of a happy death so that in union with thee we may enjoy the bliss of heaven forever. Amen.

Recite three times:
V. O Mary, conceived without sin.
R. Pray for us who have recourse to thee.

Novena to St. Raphael the Archangel
Most illustrious Archangel St. Raphael, who faithfully accompanied the youth Tobias from Syria to Media, deign also to accompany me, a wretched sinner, on the dangerous journey which I am making now from time to eternity.

Glory be…
Most wise Archangel St. Raphael, who while walking beside the river Tigris preserved the youth Tobias from the peril of death, teaching him how to obtain control of the fish which threatened him, preserve my life also from the attacks of the monsters which threaten to devour me.

Glory be…
Most compassionate Archangel St. Raphael, who by a miracle wonderful in its simplicity restored the precious gift of sight to the blind Tobias, free my life, I beseech thee, from the blindness which afflicts and dishonors it so that I may know things in their true aspect. Never permit me to be deceived by appearances, but help me always to walk secure in the way of the divine commandments.

Glory be…
Most perfect Archangel St. Raphael, ever standing before the throne of the Most High to praise Him, to bless Him, to glorify Him, and to serve Him, obtain for me the grace never to lose sight of the Divine Presence so that my thoughts, my words, and my works may be directed always to the glory of God and to my own sanctification.

Glory be…

Novena to St. Anne
O glorious St. Anne, filled with compassion for those who invoke thee and with love for those who suffer, heavily laden with the weight of my troubles I cast myself at thy feet and humbly beg of thee to take under thy special protection the present request which I commend to thee (here make your petition).

Be pleased to commend it to thy daughter, the Blessed Virgin Mary, and lay it before the throne of Jesus so that He may bring it to a happy outcome. Cease not to intercede for me until my request is granted. Above all obtain for me the grace of one day beholding my God face to face and, with thee and Mary and all the saints, of praising and blessing Him for all eternity. Amen.

Good St. Anne, mother of her who is our life, our sweetness, and our hope, pray to her for us and obtain our request. (recite three times)

Good St. Anne, pray for us. Jesus, Mary, Anne.

LET US PRAY: O God, who didst vouchsafe to endow blessed Anne with grace so that she might be worthy to become the mother of her who brought forth thine only-begotten Son, mercifully grant that we who devoutly venerate her memory may also be helped by her

Novena for the Poor Souls

Prayer to Our Suffering Savior for the Holy Souls in Purgatory

(Said daily during the novena after the prayers for each day)

V. O most sweet Jesus, through the bloody sweat which thou didst suffer in the Garden of Gethsemane, have mercy on these blessed souls. Have mercy on them.

R. Have mercy on them, O Lord.

V. O most sweet Jesus, through the pains which thou didst suffer during thy most cruel scourging, have mercy on them.

R. Have mercy on them, O Lord.

V. O most sweet Jesus, through the pains which thou didst suffer in thy most painful crowning with thorns, have mercy on them.

R. Have mercy on them, O Lord.

V. O most sweet Jesus, through the pains which thou didst suffer in carrying thy cross to Calvary, have mercy on them.

R. Have mercy on them, O Lord.

V. O most sweet Jesus, through the pains which thou didst suffer during thy most cruel crucifixion, have mercy on them.

R. Have mercy on them, O Lord.

V. O most sweet Jesus, through the immense pain which thou didst suffer in breathing forth thy blessed soul, have mercy on them.

R. Have mercy on them, O Lord.

(Here recommend yourself to the souls in purgatory and mention your petition)

Blessed Souls, I have prayed for thee; I entreat thee, who are so dear to God and who are secure of never losing Him, to pray for me a miserable sinner who is in danger of being damned and of losing God forever. Amen.

Day One

Manifold are the sufferings which those blessed souls must endure, but the greatest of all is the reflection that their sins in life are the cause of their present torments.

Jesus, my Savior, I have so often deserved to be cast into hell! How great would be my suffering if I were now cast away and obliged to think that I myself had caused my damnation. I thank thee for the patience with which thou hast endured me. My God, I love thee above all things and I am heartily sorry for having offended thee because thou art infinite goodness. I would rather die than offend thee again. Grant me the grace of perseverance. Have pity on me and at the same time on those blessed souls suffering in purgatory. Mary, Mother of God, come to their assistance with thy powerful intercession.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.

Day Two

The second pain which causes these holy souls much suffering is the time lost in life when they might have gained merits for heaven, and the thought that they are unable to repair this loss because the time of life and merit is passed.

Woe to me, unhappy being; so many years have I already spent on earth and have earned naught but hell! I give thee thanks, O Lord, for granting me time even now to atone for my sins. My good God, I am heartily sorry for having offended thee. Send me thy assistance that I may apply the time yet remaining to me for thy love and service; have compassion on me and at the same time on the holy souls suffering in purgatory. O Mary, Mother of God, come to their assistance with thy powerful intercession.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.

Day Three

Another great pain of the holy souls is caused by the hideous vision of their guilt for which they now suffer. In this life the hideousness of sin is not seen as in the life to come, and this is one of the greatest sufferings of purgatory.

O my God! Because thou art infinite goodness, I love thee above all things and repent with my whole heart of my offenses against thee. Grant me the grace of holy perseverance. Have compassion on me and at the same time on the holy souls suffering in purgatory. And thou, Mary, Mother of God, come to their assistance with thy powerful intercession.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.

Day Four

The pain that still more afflicts these holy souls, the spouses of Jesus, is the thought of having, during life, displeased by their sins that God whom they so ardently love. Some penitents have felt so much pain and sorrow, in thinking of having by their sins offended so good a God, that they died of grief. The souls in purgatory understand, far better than we do, the claims that God has to our love; they love Him with all their strength. Hence, at the thought of having offended Him during life, they experience pain that surpasses all other pain.

O my God! Because thou art infinite goodness, I am sorry with my whole heart for having offended thee. I wish to die rather than ever offend thee...
more. Give me holy perseverance; have pity on me, and have pity on those holy souls who burn in the cleansing fire and who love thee with all their hearts. O Mary, Mother of God, assist them by thy powerful prayers.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.

Day Five

Another great suffering is caused these holy souls by the ignorance of the time of their deliverance. They are certain of being one day released, yet the uncertainty of the time when their purgatorial term will have ended gives them great pain.

Woe to me, unhappy being, if thou, O Lord, hadst cast me into hell, for from that dungeon of eternal pain there is no deliverance. I love thee above all things, O infinite God; and I am sincerely sorry for having offended thee. Grant me the grace of holy perseverance. Have compassion on me and at the same time on the holy souls suffering in purgatory. O Mary, Mother of God, come to their assistance with thy powerful intercession.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.

Day Six

The holy souls are, indeed, comforted by the recollection of the Passion of Jesus Christ and the Holy Sacrament of the Altar since they know they were saved by the Passion of Jesus Christ and have received, and still receive, so much consolation from Holy Masses and Holy Communion. Nevertheless, they are greatly pained by the recollection of their ingratitude for these two great gifts of the love of Jesus Christ.

O my divine Redeemer, thou didst die for me on the cross and hast so often united thyself with me in Holy Communion and I have repaid thee only with ingratitude. Now, however, I love thee above all things, O supreme God; and I am more grieved at my offences against thee than at any other evil. I would rather die than offend thee again. Grant me the grace of holy perseverance. Have compassion on me and at the same time on the holy souls suffering in purgatory. Mary, Mother of God, come to their aid with thy powerful intercession.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.

Day Seven

A further great sorrow of these holy souls consists in their ardent desire for the beatific vision. Slowly and painfully the moments of their purgatorial imprisonment pass by, for they love God deeply and desire to be delivered from their sad prison in order to praise Him forever.

O God, Father of Mercy, satisfy this their ardent desire! Send them thy holy angel to announce to them that thou, their Father, are now reconciled with them through the suffering and death of Jesus and that the moment of their deliverance has arrived.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.

Day Eight

Another bitter sorrow of these souls is caused by the reflection that God had distinguished them by so many graces not granted to others, and that they compelled Him by their sins to condemn them to these sufferings, and that they deserved hell and were pardoned and saved only by the mercy of God.

O my God! I also am one of these ungrateful beings, having received so much grace, and yet I despised thy love and desired to be cast by thee into hell. But thy mercy and goodness have spared me until now. Therefore I now love thee above all things and I am heartily sorry for having offended thee. I would rather die than ever offend thee again. Grant me the grace of holy perseverance. Have compassion on me and at the same time on the holy souls suffering in purgatory. Mary, Mother of God, come to their aid with thy powerful intercession.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.

Day Nine

Great are all the sufferings of the holy souls: the fire, the grief, the darkness, the uncertainty of the time of their deliverance from prison; but the greatest of all these sorrows is this: that these holy souls are separated from their divine Spouse and deprived of His beatific vision.

O my God! How was it possible that I, for so many years, bore tranquilly the separation from thee and thy holy grace! O infinite goodness, how long-suffering hast thou shown thyself to me! Henceforth I shall love thee above all things. I am deeply sorry for having offended thee; I wish to die rather than to offend thee again. Grant me the grace of holy perseverance, and do not permit that I should ever fall again into sin. Have compassion on the holy souls in purgatory. I pray thee: moderate their sufferings, shorten the time of their misery, call them soon unto thee in heaven that they may behold thee face to face and forever love thee. Mary, Mother of mercy, come to their aid with thy powerful intercession, and pray for us also who are still in danger of eternal damnation.

Our Father; Hail Mary; Prayer to Our Suffering Savior for the Holy Souls in Purgatory.
Novena to St. Benedict

O glorious St. Benedict, sublime model of all virtues, pure vessel of God’s grace! Behold me, humbly kneeling at thy feet. I implore thy loving heart to pray for me before the throne of God. To thee I have recourse in all the dangers which daily surround me. Shield me against my enemies; inspire me to imitate thee in all things. May thy blessings be with me always so that I may shun whatever God forbids and avoid the occasions of sin.

Graciously obtain for me from God those favors and graces of which I stand so much in need in the trials, miseries, and afflictions of life. Thy heart was always so full of love, compassion, and mercy toward those who were afflicted or troubled in any way. Thou didst never dismiss without consolation and assistance anyone who had recourse to thee. I therefore invoke thy powerful intercession in the confident hope that thou wilt hear my prayers and obtain for me the special grace and favor I so earnestly implore (here make your petition), if it be for the greater glory of God and the welfare of my soul.

Help me, O great St. Benedict, to live and die as a faithful child of God, to be ever submissive to His holy will, and to attain the eternal happiness of heaven. Amen.

BLESSINGS

Blessing of the Advent Wreath

V. Our help is in the name of the Lord.
R. Who made heaven and earth.

LET US PRAY: O God, by whose word all things are sanctified, pour forth thy blessing upon this wreath, and grant that we who use it may prepare our hearts for the coming of Christ and may receive from thee abundant graces. Through Christ our Lord. Amen.

(Sprinkle the wreath with holy water.)

Blessing for All Things

This form may be used for the blessing of anything which has no special blessing.

V. Our help is in the name of the Lord.
R. Who made heaven and earth.
V. The Lord be with you.
R. And with thy spirit.

LET US PRAY: O God, by whose word all things are made holy, pour out thy blessing on this creature (or item). And grant that whosoever uses it in accordance with thy will and thy law and with a spirit of thanksgiving may experience, by thy power, protection in soul and health in body as he invokes thy most holy name. Through Jesus Christ our Lord.
R. Amen.

(Sprinkle the item with holy water.)

Blessing of Animals

V. Our help is in the name of the Lord.
R. Who made heaven and earth.
V. The Lord be with you.
R. And with thy spirit.

LET US PRAY: O God, thou Source of mercy, our refuge and our strength, give ear to the entreaties of thy Church, and grant that what we seek with faith we may effectually obtain.

Almighty and everlasting God, who didst assist St. Antony of the Desert and St. Francis of Assisi to emerge unscathed from the many temptations of this world, grant that we thy servants may progress in virtue by their illustrious example and may be freed from the ever-present dangers of this life by their merits and intercession.

Let this animal receive thy blessing, * O Lord, to the benefit of its well being; and by the intercession of St. Antony and St. Francis, deliver it from all harm. Through Jesus Christ our Lord.
R. Amen.

(Sprinkle the animal with holy water.)

Blessing of a Sick Animal

V. Our help is in the name of the Lord.
R. Who made heaven and earth.
V. The Lord be with you.
R. And with thy spirit.

LET US PRAY: We humbly and perseveringly implore thy mercy, O Lord, that this animal afflicted with severe sickness may be cured in thy name and by the power of thy blessing. * Let any effects of evil spirits in this animal become extinct; lest sickness afflict it again; and be thou, O Lord, the guardian of its existence and the remedy to health. Through Jesus Christ, thy Son, our Lord, who liveth and reigneth with thee in the unity of the Holy Spirit, God, forever and ever.
R. Amen.

(Sprinkle the animal with holy water.)

Blessing of a Crucifix

V. Our help is in the name of the Lord.
R. Who made heaven and earth.
V. The Lord be with you.
R. And with thy spirit.

LET US PRAY: O Holy Lord, almighty Father, eternal God, bless this crucifix that it be a saving help to mankind. Let it be a bulwark of faith, an encouragement to good works, the redemption of souls; and may it be consolation, protection, and a shield against the cruel darts of the enemy.
Through Christ our Lord.
R. Amen.

LET US PRAY: O Lord Jesus Christ, bless ✝ this cross by which thou hast snatched the world from Satan’s grasp and upon which, by thy suffering, thou hast overcome him who is the prompter of sin and who rejoiced in Adam’s deception at the accursed tree of Paradise. *(Here sprinkle the crucifix with holy water.)*

May this symbol of salvation be sanctified in the name of the Father, ✝ and of the Son, ✝ and of the Holy ✝ Spirit; and may all who kneel and pray before this crucifix for our Lord’s honor receive health of body and soul. Through the same Jesus Christ our Lord.
R. Amen.

(The person who administered the blessing kneels before the crucifix and devoutly venerates and kisses it.)

**Daily Blessing of Equipment**

*Can be prayed the first time you use any equipment during the day.*

Bless these gifts, O Lord, that I have received from thy bounty, through Jesus Christ, thy Son our Lord. I beg of thee, O Lord God, to have mercy on me, that I may use these gifts and instruments thou hast given me primarily for thy great glory and for no sinful purpose. And I beg of thee, O Lord God, to have mercy on me, that thou wouldst appoint thy holy angels to protect these gifts and instruments thou hast given me so that the devils may not put their dirty, filthy, stinky, rotten paws upon them so as to interfere with this great and good work God hath given me. Amen. (RJMI)

**Consecration of Equipment or Property**

*Use for appliances, TV’s, computers, cars, land, homes, etc. Pluralize if necessary.*

V. Our help is in the name of the Lord.
R. Who made heaven and earth.

V. The Lord be with you.
R. And with thy spirit.

from whom it receives its increase, hear our prayers, we implore thee, that what we begin for thy honor and glory may be brought by the gift of thine eternal wisdom to a happy ending. Through Christ our Lord.
R. Amen.

V. Vouchsafe to bless ✝ these fields and gardens.
R. We beseech thee, hear us.

V. Vouchsafe to bless ✝ and consecrate ✝ these fields and gardens.
R. We beseech thee, hear us.

V. Vouchsafe to bless, ✝ consecrate, ✝ and protect ✝ from devilish infection these fields and gardens.
R. We beseech thee, hear us.

V. Vouchsafe mercifully to ward off and dispel from these fields and gardens all lightning, hailstorm, injurious tempests, and harmful floods.
R. We beseech thee, hear us.

V. Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.
R. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

V. Send forth thy Spirit, and the world shall arise as new.
R. And the countenance of the earth shall be renewed.

V. The Lord will give goodness.
R. And the earth shall yield her fruit.

V. O Lord, hear my prayer.
R. And let my cry come unto thee.

V. The Lord be with you.
R. And with thy spirit.

LET US PRAY: O almighty God, we humbly implore that thou wouldst shower thy blessing ✝ upon these fields and gardens and nurture them with favorable weather. Grant to thy people a constant gratitude for thy gifts. Destroy any infertility from the earth; and fill the hungry with thy gifts which the fruitful earth will yield in fullness, that the poor and needy may praise thy wondrous name forever and ever.
R. Amen.
(Sprinkle the fields and gardens with holy water.)

Blessing of Rosaries

To the honor and glory of the Virgin Mary, Mother of God, and in memory of the mysteries of the life, death, and Resurrection of our Lord Jesus Christ, may these rosaries be blessed and sanctified. In the name of the Father, ✞ and of the Son, ✞ and of the Holy ✞ Spirit.

R. Amen.

(Sprinkle the rosary with holy water.)

Blessing of Statues or Pictures of God

V. Our help is in the name of the Lord.
R. Who made heaven and earth.
V. The Lord be with you.
R. And with thy spirit.

LET US PRAY: O almighty everlasting God, thou dost approve of images of thyself in order that when we behold them we may be led to contemplate and imitate thy ways, life, and holiness. Wherefore, we beseech thee to bless ✞ and sanctify ✞ this image wrought to the memory and honor of (N.), and grant that whosoever through the inspiration of this image earnestly strives to honor him (or her) may by his (or her) merits obtain grace in this life and eternal glory in the next. Through Christ our Lord.

R. Amen.

(The image is sprinkled with holy water.)

Blessing of Travelers

Canticle of Zachary: Blessed be the Lord God of Israel, for He hath visited and redeemed His people and hath raised up the abundance of salvation for us in the lineage of David His servant.

Glory be...

Along ways of peace and prosperity may the almighty and merciful Lord lead you, and may the Angel Raphael accompany you on the journey. So may you in peace, health, and joy return unto your own!

V. Lord, have mercy on us.
R. Christ, have mercy on us.
V. Lord, have mercy on us.

V. Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.
R. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

V. Preserve thy servants.
R. Who trust in thee, O my God.
V. Send them aid, O Lord, from on high.
R. And from Sion watch over them.
V. Be thou unto them a mighty fortress.
R. In the face of the enemy.
V. Let the enemy be powerless against them.
R. And the son of iniquity do nothing to harm them.

V. May the Lord be praised at all times.
R. May God, our Helper, grant us a peaceful journey.
V. Show us thy ways, O Lord.
R. And conduct us along thy paths.
V. Oh, that our ways be directed.
R. To the keeping of thy precepts.
V. For crooked ways will be made straight.
R. And rough ways smooth.
V. God hath given His angels charge over you.
R. To guard you in all undertakings.
V. O Lord, hear my prayer.
R. And let my cry come unto thee.
V. The Lord be with you.
R. And with thy spirit.

LET US PRAY: O God, who didst lead the sons of Israel through the sea over a dry path, and didst reveal the way to the three Magi by the guidance of a star, vouchsafe to grant these servants a happy journey and a peaceful time, that accompanied by thy angel they may safely reach their present destination and come finally to the haven of eternal security.

O GOD, who didst lead thy servant Abraham out of Ur of the Chaldeans, safeguarding him in all his wanderings, guide these thy servants, we implore thee. Be thou unto them support in battle, refuge in journeying, shade in the heat, covering in the rain, a carriage in tiredness, protection in adversity, a staff in insecurity, a harbor in shipwreck, so that under thy leadership they may successfully reach their destination and finally return safe to their homes.

GIVE ear, we pray thee, O Lord, to our entreaties! Direct the steps of thy servants on the paths of righteousness so that in all the vicissitudes of the journey and of life they may have thee as their constant protector. Grant, O almighty God, that thy servants march forth on the way of security; and heeding the exhortations of Blessed John, the Precursor, let them come safely to Him whom John foretold, Jesus Christ, thy Son, our Lord.

15 Such as the Sacred Heart of Jesus, the Infant of Prague, the Blessed Trinity, etc.
HEAR our prayers, O Lord, and graciously accompany thy servants on the journey. And since thy power reaches everywhere, dispense thy mercy to them in all places, that protected by thy help from all dangers they will be able to offer thanksgiving to thee. Through Christ our Lord. R. Amen.

May the peace and blessing of God the Father, God the Son, and God the Holy Spirit come upon you and remain with you for all time. R. Amen.

(The travelers are now sprinkled with holy water.)

**BRIEF PRAYERS**

Blessed be God!
My God and my all.
Praised be Jesus Christ, now and forevermore.
My Jesus, mercy!
Eucharistic Heart of Jesus, increase in us thy faith, hope, and charity.

Eternal Father! I offer thee the Precious Blood of Jesus in satisfaction for my sins and for the wants of the Holy Catholic Church.

May the most just, most high, and most adorable will of God be in all things done, praised, and magnified, forever and ever. Amen.

My Lord, grant that I may love thee, and that the reward of my love may be to love thee ever more and more.

Jesus, my God, I love thee above all things.

O Jesus in the Blessed Sacrament, have mercy on us.

Jesus, Son of David, have mercy on me.

Savior of the world, have mercy on us.

Jesus and Mary.

Jesus, Mary, Joseph.

Jesus, Mary, and Joseph, bless us now and at the hour of our death.

Jesus, Mary, and Joseph, I give thee my heart and my soul. Jesus, Mary, and Joseph, assist me in my last agony. Jesus, Mary, and Joseph, may I breathe out my soul in peace with thee.

Sweet Heart of Mary, be my love!
Blessed be the holy and Immaculate Conception of the most Blessed Virgin Mary, Mother of God.

My Mother, preserve me this day from mortal sin.

Mother of love, of sorrow, and of mercy, pray for us.

Holy Mary, deliver us from the pains of hell.

My Mother, my trust!
Mary, Virgin Mother of God, pray to Jesus for me.

In thy conception, O Virgin Mary, thou wast immaculate; pray for us to the Father, whose Son Jesus Christ, conceived of the Holy Spirit, thou didst bring forth.

To thee, O Virgin Mother, who wast never defiled with the slightest stain of original or actual sin. I commend and entrust the purity of my heart.

Mary, our hope, have pity on us.

O Mary, conceived without sin, pray for us who have recourse to thee.

As the hart panteth after the fountains of water, so my soul panteth after thee, O God. (Ps. 41:2)

Come, O Lord, and tarry not.

**OTHER PRAYERS**

**Prayer to the Holy Family**

Jesus, Mary, and Joseph, bless us and grant us the grace of loving the Holy Catholic Church above every earthly thing, as we are bound to do, and of ever showing forth our love by our faith and good deeds.

**Our Father; Hail Mary; Glory Be.**

Jesus, Mary, and Joseph, bless us and grant us the grace of openly professing with courage and without human respect, as we are bound to do, the faith that we received when we entered the Catholic Church.

**Our Father; Hail Mary; Glory Be.**

Jesus, Mary, and Joseph, bless us and grant us the grace of sharing in the defense and propagation of the Catholic faith, as we are bound to do, whether by word or by the sacrifice of our fortunes and our lives.

**Our Father; Hail Mary; Glory Be.**

Jesus, Mary, and Joseph, bless us and grant us the grace of loving one another in mutual charity, as we are bound to do, and establish us in perfect harmony of thought, will, and action, under the rule and guidance of our holy pastors.

**Our Father; Hail Mary; Glory Be.**

Jesus, Mary, and Joseph, bless us and grant us the grace of conforming our lives fully to the commandments of God’s law and those of His Holy Catholic Church, as we are bound to do, so that we may live always in that charity which they set forth.

**Our Father; Hail Mary; Glory Be.**

**Prayer to Benefit from Punishments**

*by St. Augustine*

Before thy eyes, O Lord, we bring our offences and we compare them with the stripes we have received. If we consider the evil we have wrought, what we suffer is little, what we deserve is great. What we have committed is very grave, what we have suffered is very slight. We feel the punishment of sin, yet withdraw not from the obstinacy of sinning. Under thy lash our inconstancy is visited, but our sinfulness is not changed. Our suffering soul is tormented, but our neck is not bent. Our life groans under sorrow, yet mends not in deed. If thou spare us, we correct not our ways; if thou punish, we cannot endure it. In time of correction, we confess our wrongdoing; after thy visitation, we forget that we have wept. If thou stretchest forth thy hand, we promise amendment; if thou withholdest the sword, we keep not our promise. If thou striketh, we cry out for mercy; if
thou sparest, we again provoke thee to strike. Here we are before thee, O Lord, shameless criminals; we know that unless thou pardon, we shall deservedly perish. Almighty God, have mercy on us, pardon us, and grant us the grace and other helps we need to truly repent when punished. Through Christ our Lord. Amen.

V. Deal not with us, O Lord, according to our sins.
R. Neither requite us according to our iniquities.

LET US PRAY: O God, who by sin art offended and by penance pacified, mercifully regard the prayers of thy suppliant people and turn away the scourges of thy wrath which we deserve for our sins. Through Christ our Lord. Amen.

The Life Everlasting
by St. Augustine

As the hart panteth after the fountain of waters, so my soul panteth after thee, O God. My soul hath thirsted after the strong living God; when shall I come and appear before the face of God? O thou Fountain of life, thou spring of living waters, when shall I pass from this desert, from this pathless, barren land to the waters of thy sweetness, to see thy beauty and thy glory, and to slake my soul’s thirst at the gushing streams of thy love? I thirst, O Lord: Thou art the Fountain of life; give thou me to drink. I thirst, O my Lord; I thirst for thee, the living God. Oh, when shall I come and appear before thy face! Shall I in very deed see that day, that day of joy and gladness, that day which the Lord hath made that we may rejoice and be glad in it?

O bright and glorious day which knoweth no evening, whose sun shall no more go down; in which I shall hear the voice of praise, the voice of joy and thanksgiving, thy voice saying unto me: Enter into the joy of thy Lord; enter into joy everlasting, into the house of the Lord thy God, where are things great and unsearchable, and wonderful things without number; enter into joy wherein is no sorrow but untroubled gladness; wherein is all manner of good, and no manner of thing that is evil; where all thine heart’s desire shall be satisfied, and all that thou fearest and hastest shall be far from thee; where life shall be calm and glad; wherein the hateful enemy shall not enter, nor any breath of temptation shall come near thee; where is supreme and settled security, and tranquil joy, and joyful happiness, and a happy eternity, an eternal blessedness, the Blessed Trinity, and the unity of the Trinity, the Godhead in unity, the blissful vision of the Godhead: the joy of thy Lord!

O joy upon joy, joy transcending all joys! When shall I enter into thee and behold my Lord, whose dwelling is in thee! I shall go thither and see this great sight. And now what keepeth me back? Woe is me, that my sojournings are prolonged! How long, O Lord, shall it be said to me: Wait, wait, yet awhile? Come, O Lord, delay no longer! Come, Lord Jesus Christ, and visit us in peace; come and bring forth thy captives from their dungeon, that they may praise thee with a perfect heart! Come, thou desire of all nations, show thy face and we shall be saved! Come, my light, my Redeemer, bring my soul out of prison that it may give thanks to thy Name.

Blessed are they who have passed over the great and wide sea to the eternal shore and are now blessed in their desired rest. Blessed are they who have escaped from all evils and are secure of their unaging glory in thee, thou kingdom of blessedness! How long shall I be tossed about on the waves of this my mortal life, crying unto thee, O Lord God, while thou hearest me not? Hear me, O Lord, from this great and wide ocean, and bring me to the everlasting haven.

O everlasting kingdom, kingdom of endless ages, wherein rests the untroubled light and the peace of God, which passeth all understanding, where the souls of the saints are at rest, and everlasting joy is upon their heads, and sorrow and sighing have fled away! Oh, how glorious is the kingdom in which all thy saints reign with thee, O Lord, clothed with light as with a garment, and having on their heads a crown of precious stones! For there is infinite unfading joy, gladness without sorrow, health without a pang, life without toil, light without darkness, life without death; there the vigor of age knows no decay, and beauty withers not, nor doth love grow cold, nor joy wane away, for there we look evermore upon the face of the Lord God of hosts.

O Christ, our refuge and strength, thou hope of mankind, whose light shineth from afar upon the dark clouds which hang around us; behold, thy redeemed ones cry unto thee, thy banished ones whom thou hast redeemed with thine own most precious Blood. Hear us, O God our Savior, thou who art the hope of all the ends of the earth and of those that are afar off on the wide sea. We are tossed about on the wild and raging waves in the dark night; and thou, standing on the everlasting shore, dost behold our sore peril: Save us for thy Name’s sake. Guide us amidst the shoals and quicksands which beset all our course, and so bring us in safety to the haven where we desire to be. Amen.

Prayer for All Things Necessary to Salvation

O my God, I believe in thee; but do thou strengthen my faith. All my hopes are in thee; do thou secure them. I love thee with my whole heart; teach me to love thee daily more and more. I am sorry for having offended thee; do thou increase my sorrow.

I adore thee as my Creator; I aspire after thee as my Redeemer and Judge. I give thee thanks as my constant benefactor; I call upon thee as my sovereign protector.

Vouchsafe, O my God, to conduct me by thy wisdom, to restrain me by thy justice, to comfort me by thy mercy, to defend me by thy power.

To thee I desire to consecrate all my thoughts, words, actions, and sufferings, that henceforth I may think of thee, speak of thee, and willingly refer all my actions to thy greater glory and suffer willingly whatever thou shalt appoint.
Lord, I desire that in all things thy will may be done, because it is thy will, and in the manner that thou wilt.

I beg of thee to enlighten my understanding, to inflame my will, to purify my body, and to sanctify my soul.

Give me strength, O my God, to expiate my offences, to overcome my temptations, to subdue my unruly passions, and to acquire the virtues proper for my state.

Fill my heart with tender affection for thy goodness, a hatred for my sins, a love for my neighbor, and a contempt of the world.

Let me always remember to be submissive to the legitimate commands of my superiors, benevolent to my inferiors, loyal to my friends, and loving toward my enemies.

Assist me to overcome sensuality by mortification, avarice by almsgiving, anger by meekness, and tepidity by devotion.

O my God, make me prudent in my undertakings, courageous in dangers, patient in afflictions, and humble in prosperity.

Grant that I may ever be attentive in my prayers, temperate at my meals, diligent in my employments, and constant in my resolutions.

Let my conscience be ever upright and pure, my exterior modest, my conversation edifying, and my comportment well balanced.

Assist me that, by corresponding to thy grace, I may repent of my sins, overcome temptations, bridle my concupiscence, keep thy commandments, and work out my salvation with fear and trembling.

Discover to me, O my God, the nothingness of this world, the greatness of heaven, the shortness of time, and the length of eternity.

Grant that I may prepare for death, that I may fear thy judgments, that I may escape hell and in the end obtain heaven, through Jesus Christ our Lord. Amen.

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Prayer for Enlightenment

Almighty and everlasting God, through Jesus Christ, thy Son our Lord, and the mediation of the Blessed Virgin Mary, I beg of thee to show me the way and the truth that leads to everlasting life. If I am not now on that path, please, O please, show me what I must do to enter that path and be saved.

Lord, your servants teach that “There is a way that seemeth to a man right, and the ends thereof lead to death…”16 and “I am not conscious to myself of anything, yet I am not hereby justified.”17 Please, Lord, help me to truly examine my conscience; expose any sins I may be hiding from myself. Do not let me make excuses for my sins. “Who can understand sins? From my secret ones cleanse me, O Lord. …Incline not my heart to evil words, to make excuses in sins.”18 Reveal my sins to me in spite of my stubbornness. I know that none of my sins can be forgiven unless I am inside the Catholic Church because “Outside the Catholic Church there is no salvation or remission of sins.” If I am outside the Catholic Church for mortal sins of apostasy, heresy, or schism, show me these sins. Do not let me make excuses for them. Tell me what I must do to enter the Catholic Church in order that my sins can be forgiven so that I may have a hope to be saved. If I am guilty of mortal sins against the moral commandments, show them to me so I can confess them with perfect contrition and sin no more.

Lord, thou hast promised that all who wholeheartedly seek thee shall find thee. “Ask, and it shall be given you; seek, and you shall find; knock, and it shall be opened to you. For everyone that asketh, receiveth; and he that seeketh, findeth; and to him that knocketh, it shall be opened.”19 Behold, I ask, I seek, and I knock.

I know that only those who obey all of thy words are blessed. “Blessed are they who hear the word of God and keep it.”20 Please, O please, I beg of thee, Lord God, have mercy on me and show me the way to eternal life and give me whatever I need to follow that way by obedience to all of thy words and commandments.

Lord, I have confidence that thou wilt answer my prayer provided I offer it with my whole heart, for thou never refuseth any good thing to those who truly desire it and are willing to love and obey thee. May it not be said of me, “You ask and receive not, because you ask amiss.”21 If I have offered this prayer with a double heart or some other impure motive so as not to be heard by thee, then please reveal this also to me so that I may pray it again with a pure heart and deserve to be heard by thee. O God, this we ask of thee through the same our Lord Jesus Christ thy Son, the author and finisher of faith,22 who liveth and reigneth with thee in the unity of the Holy Spirit, one God, forever and ever. Amen. (RJMI)

Pray The Penitential Psalms, p. 12.

Prayer for Forgiveness

Forgive me my sins, O Lord, forgive me my sins; the sins of my youth, the sins of my age, the sins of my body; my idle sins, my voluntary sins; the sins I know, the sins I do not know; the sins I have concealed for so long and which are now hidden from my memory. I am truly sorry for every sin, mortal and venial, for all the sins I have committed up to the present hour. I know my sins have wounded thy tender Heart, O my Savior; let me be freed from the bonds of evil through thy most bitter Passion.

O my Jesus, forget and forgive what I have been. Amen.

Prayer for Generosity

Lord, teach me to be generous.

Teach me to serve thee as thou dost deserve,

To give and not to count the cost,

To fight and not to heed the wounds,

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16 Prv. 16:25. 17 1 Cor. 4:4. 18 Ps. 18:13; 140:4. 19 Mt. 7:7. 20 Lk. 11:28. 21 Ja. 4:3. 22 Heb. 12:2.
To toil and not to seek for rest,
To labor and not to ask for reward
except that of knowing that I do thy holy will.

Prayer of Oblation
Take, O Lord, into thy hands my entire liberty, my memory, my understanding, and my will. All that I am and have thou hast given me, and I surrender them to thee to be so disposed in accordance with thy holy will. Give me thy love and thy grace; with these I am rich enough and desire nothing more.

Prayer for Perfection
O God the Holy Spirit, through the intercession of the Blessed Virgin Mary and my Guardian Angel, make me aware of my sins so that I may confess them, do penance for them, and amend my life so that I may be perfect as God is perfect, and holy as God is holy. From my secret sins cleanse me, O Lord, and from those of others spare thy servant. Incline not my heart to evil words to make excuses in sins. May I not fall prey to gluttony, alcoholism, oversleeping, over recreating, over curiosity, bragging, distractions in prayers (add whatever else applies). Through our Lord Jesus Christ, to whom with the Father and thee, O Holy Spirit, be honor and glory forever and ever. Amen. (RJMI)

Prayer for Perseverance
O supreme and eternal God, I thank thee for creating me, redeeming me by Jesus Christ, making me a Christian called to the true faith, and having waited for my repentance after so many sins. O infinite Bounty, I love thee above all things and I repent with all my heart for having offended thee. I have confidence that thou hast already pardoned me; but being always in danger of again falling into sin, I beg of thee, for the love of Jesus Christ, to grant me holy perseverance until death. Help me, O Lord, for thou knowest my weakness, and suffer me not again to be separated from thee. May I never again have the misfortune of losing thy grace. O Mary, my Mother, obtain for me holy perseverance. Amen.

Prayer for Those Undergoing Chastisement
Almighty and most merciful Father, who loveth those whom thou chastiseth, and turnest away thine anger from us, look down in pity upon my distress and sorrow. Grant that the affliction which it has pleased thee to bring upon me may be a means of drawing me nearer to thee. Strengthen me, O Lord, that I may not languish in fruitless and unavailing sorrow but by the assistance of thy Holy Spirit may truly repent, meekly submit, and effectually be comforted; that I may obtain that peace which the world cannot give, and may pass the rest of my life in humble resignation and cheerful obedience. Teach me to set my affections on things above and not on things of earth; on those joys which never fade, the pleasures that are at thy right hand for evermore. Amen.
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