# The Rule of Mary's Little Remnant

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# R. J. M. I.

By

The Precious Blood of Jesus Christ;
The Grace of the God of the Holy Catholic Church;
The Mediation of the Blessed Virgin Mary,
Our Lady of Good Counsel and Crusher of Heretics;
The Protection of Saint Joseph,
Patriarch of the Holy Family and Patron of the Holy Catholic Church;
The Guidance of the Good Saint Anne,
Mother of Mary and Grandmother of God;
The Intercession of the Archangels Michael, Gabriel, and Raphael;
The Intercession of All the Other Angels and Saints;
and the Cooperation of

Richard Joseph Michael Ibranyi (Superior of Mary's Little Remnant)

To Jesus through Mary

Júdica me, Deus, et discérne causam meam de gente non sancta: ab hómine iníquo, et dolóso érue me

Ad Majorem Dei Gloriam

# "Thus saith the Lord: Behold I set before you the way of life... a path in the wilderness."

(Jeremias 21:8; Luke 3:4)



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**Mary's Little Remnant** 

302 East Joffre St.

Truth or Consequences, New Mexico 87901-2878, USA

Website: <a href="www.JohnTheBaptist.us">www.JohnTheBaptist.us</a> (Send for a free catalog)

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# Introduction

Mary's Little Remnant (MLR) is a Catholic lay order, but clerics can also belong to it. It appeals to a future pope to confirm the order. This rule is for members of Mary's Little Remnant but is recommended for catechumens, laymen, and clerics not under a rule of their own. It is stricter in some parts than the Catholic Church's universal rule for Catholics who belong to the Western part of the Catholic Church. For example,

- The universal law for daily prayers requires morning, afternoon, and night prayers; prayers before and after meals; prayers for the poor souls in purgatory; and other prayers for certain days. However, the MLR Rule requires more prayers.
- The universal law for fasting allows for the consumption of alcohol on all fasting days, but the MLR Rule does not.
- The universal law for studying the Catholic faith is once a week outside of Lent and several times a week during Lent, but the MLR Rule is to study the Catholic faith every day.
- The universal law does not impose a three-day liquid fast during Lent, but the MLR Rule does.

The three pillars for Catholics to be saved are prayer, penance, and studying the Catholic faith. Feasting and recreation are also necessary for salvation. All the prayers listed in this rule are contained in *The Catholic Prayer Book*, Version 2019, compiled by Mary's Little Remnant.

# **Religious Communion**

Both the faithful and catechumens are believers, adhere to the Catholic Church, and are Catholic. However, the faithful adhere to the Church as members and catechumens adhere to the Church as non-members. Hence the faithful are in religious communion only with one another and thus must not perform acts of religion with those who are not of the faithful. And catechumens are in religious communion only with one another and thus must not perform acts of religion with anyone who is not a catechumen. However, catechumens can receive invocative blessings and other sacramentals from the faithful because these are not acts of religious communion.<sup>2</sup>

#### Sacramentals

Members of MLR are required to wear the following sacramentals:

- St. Benedict Crucifix around the neck
- Miraculous Medal around the neck
- Sacred Heart Badge pinned on the left side of the chest
- St. Philomena Cord around the waist and under clothing. The cord is red and white: red for the two-fold spirit of martyrdom to kill and die for Christ, and white for purity of soul.

All but the St. Philomena Cord must be worn outside of the clothing and thus be visible to the public unless they are forbidden by an employer or other person in authority or if they will get in the way of work when doing heavy labor. If you wear a suit and tie for your job, you can wear a Catholic religious pin on your lapel if your employer allows it; and you can wear the rest of the

<sup>&</sup>lt;sup>1</sup> Some universal rules of the Catholic Church apply to both the Western and Eastern parts of the Catholic Church, while some only apply to the Western. The Eastern part of the Catholic Church (known as the Uniates) has some unique rules of its own, just as the MLR Rule does.

<sup>&</sup>lt;sup>2</sup> See RJMI article Catechumens, Religious Communion, and RJMI's Former Heresies.

sacramentals under your clothing. You must not wear the sacramentals when bathing. The only one you are required to wear when sleeping is the St. Philomena Cord.

# Altars, Holy Pictures, and Statues

Members of MLR are required, if possible, to set aside a place in their home for an altar to pray before. It must have a crucifix; images of the Holy Trinity, the Holy Face of Jesus from the Shroud of Turin, the Blessed Virgin Mary, St. Joseph, and St. Michael; and relics if possible. You can also have other holy items according to your devotions.

Your home must also contain a sufficient amount of holy items so that whoever visits you will know that you are Catholic and that you put your faith above all else. The only time you do not have to display holy items in your home is when the State forbids it. In this case, you can hide them and only bring them out when it is safe.

# **Daily Prayers and Study Schedule**

"We ought to pray and not to faint."
(Luke 18:1)

"He that refuseth to learn shall fall into evils." (Proverbs 17:16)

#### **Divine Offices**

- The Divine Offices are prayed kneeling when possible except for Vespers on the Lord's Day and other days of obligation. Vespers is prayed only on the Lord's Day and certain days of obligation.
- If possible, the Offices should be prayed before an altar or a holy place in your home. If not possible, then they can be prayed while riding in a car, walking, etc.
- The Offices are to be prayed in the vernacular so that laymen can understand what they are praying.
- On days of obligation, pray the Lord's Day Offices. When praying Prime on days of obligation that are not the Lord's Day, omit the Athanasian Creed. If the day of obligation is a feast day of the Blessed Virgin Mary [hereafter BVM], pray the Office of the BVM instead of the Lord's Day Offices.
- The Office of Compline during Lent is prayed with arms extended (except on the Lord's Day).
- The Office of the BVM is prayed on the following feast days: the Annunciation, the Visitation, the Assumption, the Coronation of the BVM, the Immaculate Heart of Mary, the Nativity of the BVM, the Seven Sorrows of the BVM (9/15), the Most Holy Rosary, the Maternity of the BVM, and the Immaculate Conception.
- The Office of the Faithful Departed is prayed on All Souls in Purgatory Day.

#### **Morning prayers**

- 1. The Morning Offering
- 2. Prayer for Protection at the Beginning of the Day (RJMI)
- 3. St. Patrick Breastplate

- 4. RJMI Morning Prayer
- 5. Prime (Divine Office) for the day
- 6. If you did not receive Holy Communion, then pray the *Spiritual Communion*. After Holy Communion or spiritual communion, pray the *Corpus Christi*.

#### Prayers and study within the day

Unless specified, these prayers and studies can be done at any time during the day and may be done while walking, riding in a car, etc.

- 1. The *Angelus*, beginning the day after the Octave Day of Pentecost until Resurrection Day; or the *Regina Coeli*, beginning Resurrection Day through the Octave Day of Pentecost. Prayed in the morning, at noon, and at evening.
- 2. The Rosary (five decades)
- 3. The Angelic Chaplet
- 4. St. Francis of Assisi's Prayer for Peace
- 5. Litany for the weekday (see Weekly Prayers)
- 6. The Roman Martyrology reading for the day
- 7. Bible reading (3 chapters)<sup>3</sup>
- 8. Listen, watch, or read about the Catholic faith from items on the St. John the Baptist website (at least 15 minutes).
- 9. The *Daily Blessing of Equipment* before using your computer and all other equipment for the day
- 10. The Prayer before Using the Internet before using the Internet for the day
- 11. Prayers before and after meals
- 12. The Guardian Angel Prayer for Travel before traveling
- 13. If possible, you must set aside time for recreation every day.
- 14. When applicable, the faithful greet each other, and catechumens greet each other, by saying "Praised be Jesus, Mary, and Joseph," to which the response is "Now and forever." When departing, say "Dominus vobiscum" [The Lord be with you], to which the response is "Et cum spiritu tuo" [And with your spirit].

#### Rosary schedule

- 1. <u>Joyful Mysteries</u> unless otherwise noted, prayed on the 2nd and 5th weekdays throughout the year; the Lord's Day from the beginning of Advent until the beginning of Lent; every day from Christmas Day through Epiphany Day; and on the feast days of the Presentation (1/4), the Annunciation (3/25), the Visitation (6/21), and the Maternity of the BVM (10/11).
- 2. <u>Sorrowful Mysteries</u> unless otherwise noted, prayed on the 3rd and 6th weekdays throughout the year; the Lord's Day throughout Lent; every day of Holy Week; and on the feast days of the Finding of the Holy Cross (5/3), the Most Precious Blood of Jesus (7/1), and the Seven Sorrows of the BVM (9/15).
- 3. <u>Glorious Mysteries</u> unless otherwise noted, prayed on the 4th and 7th weekdays throughout the year; the Lord's Day from Resurrection Day until Advent; every day of Resurrection Week;

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<sup>&</sup>lt;sup>3</sup> See MLR Daily Bible Reading Schedule.

every day from Pentecost through its octave; and on the feast days of the Ascension, the Assumption (8/15), and the Coronation of the BVM.

# Night prayers

- 1. Examination of conscience regarding thoughts and actions of the day<sup>4</sup>
- 2. Compline (Divine Office) for the day
- 3. The Evening Prayer of Thanksgiving

# **Weekly Prayers**

- 1. Attend Mass on the Lord's Day and other days of obligation if possible. If a Catholic Mass is not available, pray the Mass prayers instead: the Introit, Collect, Lesson, Epistle, the prayers after the Epistle and before the Gospel, the Gospel, Creed, Offertory, Secret, Communion, and Postcommunion.
- 2. The following prayers are to be said before and after Mass on the Lord's Day: The one prayer required before Mass is *Prayer to God the Holy Spirit*. If you did not receive Holy Communion, then pray the *Spiritual Communion*. After Holy Communion or spiritual communion, pray the *Corpus Christi* and *Prayer for All Things Necessary to Salvation*.
- 3. Vespers on the Lord's Day, Christmas, Ascension Day, the Annunciation, the Assumption, and the Immaculate Conception.
- 4. Litany of the Most Holy Name of Jesus (Lord's Day)
- 5. Litany of the Holy Spirit (2nd Weekday)
- 6. Litany of Good St. Anne (3rd Weekday)
- 7. Litany of St. Joseph (4th Weekday)
- 8. Litany of St. Michael the Archangel (5th Weekday)
- 9. Litany of the Sacred Heart of Jesus (6th Weekday)
- 10. Litany of the Blessed Virgin Mary (7th Weekday)

# **Monthly Prayers**

- The Holy Hour of Reparation on the First 6th Weekday of each month (unless transferred). The
  monthly Holy Hour is transferred to Maundy Day from the closest First Sixth Weekday to
  Maundy Day.
- 2. The *Long Exorcism Prayer* on the First 7th Weekday of each month (unless transferred).

If these prayers cannot be prayed on the prescribed day, then pray them on the first available day.

<sup>&</sup>lt;sup>4</sup> You only have to read a full examination of conscience once a year.

# **Seasonal Prayers**

#### Advent

- 1. Advent Prayers, see *The Catholic Prayer Book*, Version 2019, compiled by MLR: "Advent Prayers."
- 2. On Christmas Decorations: Put up the Manger Scene and Christmas lights about two weeks before Christmas. But do not put in the Wise Men until the eve of Epiphany Day. And do not put up the indoor Christmas items until Christmas Eve, preferable after sundown. The Manger Scene, along with other Christmas decorations, should be taken down on 1/14.

#### Lent

- 1. Stations of the Cross (on 6th Weekdays in Lent)
- 2. Penitential Psalms (each week during Lent on a day of your choosing, or spread out within the week)
- 3. Consecrate yourself or re-new your consecration to the Blessed Virgin Mary on the feast day of Our Lady of Sorrows (the 6th Weekday of the 5th week in Lent) using the *Consecration to the Blessed Virgin Mary*.
- 4. Holy Week prayers and services as listed in the following Holy Week Schedule

## Holy Week Schedule

What follows is the schedule for Mary's Little Remnant. If you have a Catholic priest to conduct the prayers and services for Holy Week, then you must follow his schedule.

# **Spy Day**

1) **12:00 pm** – Noon Prayers; Mass prayers, which includes the Passion readings (cycle through the four Gospels every four years)

# **Maundy Day**

- 1) **3:00 pm** Mass prayers
- 2) Sing Pange Lingua
- 3) 5 Our Father's and 5 Hail Mary's in thanksgiving for the Holy Eucharist; and 1 Our Father and 1 Hail Mary for the Holy Roman Pontiff (or if the Holy See is vacant, for the papacy and a future Roman Pontiff)
- 4) Dinner
- 5) Stripping of the altar
- 6) Readings and the Washing of the Feet
- 7) Maundy Day Tenebrae (replaces Compline)
- 8) 12:00 am Night Vigil from midnight to 6:00 am at MLR and MLH, during which time the Holy Hour is to be prayed (the Vigil is separated into one-hour vigils in which at least one person must be present during each hour of the Vigil)

#### Good Sixth Weekday

No Mass (only the priest receives the Host consecrated on Maundy Day)

- 1) Mass of the Pre-sanctified (n/a)
- 2) **11:30 am** Meet at MLH; Noon Prayers
- 3) Veneration of the Cross; sing or read *Crux Fidelis*; uncover the crucifixes when possible
- 4) Procession from MLH to MLR, 4.5 miles; silence until 2:30 pm when Stations begin.

- 5) **2:30 pm** Stations of the Cross, followed by the conclusion of *Stabat Mater*
- 6) Readings and Solemn Prayers
- 7) 5 Our Father's and 5 Hail Mary's in thanksgiving for the Holy Eucharist; and 1 Our Father and 1 Hail Mary for the Holy Roman Pontiff (or if the Holy See is vacant, for the papacy and a future Roman Pontiff)
- 8) Dinner
- 9) Good Sixth Weekday Tenebrae (replaces Compline)

### Holy Seventh Weekday

- 1) **3:00 pm** Prophecies
- 2) Catechumens received into the Church
- 3) Dinner
- 4) Holy Seventh Weekday Tenebrae (replaces Compline)
- 5) Unveil statues and pictures before retiring

## **Resurrection Day**

- 1) **One hour before sunrise** Earthquake sound effects; New Fire; procession into the church
- 2) Light Paschal Candle
- 3) Litany of the Saints
- 4) Mass; hymns
- 5) **11:00 am** Lecture
- 6) Dinner
- 7) Special Vespers
- 8) Dessert
- 9) Recreation or rest time
- 10) **7:00 pm** Compline
- 11) Movie

**Notes:** Do all shopping before Maundy Day

# Other seasonal prayers

- 1. *Litany for the Forty Hours' Devotion* (on Ember Days)
- Novena in Honor of the Most Holy Face of Jesus (begins on Trinity Day) the main intention
  for this novena is to gain all the graces and other helps necessary to make a good penitential
  Lent.
- 3. Novena to the Holy Spirit (begins the day after Ascension Day)
- 4. Novena to St. Anne (begins on 7/17)
- 5. Prayer to St. Joseph for the Tenth Month (prayed after the Rosary on each Lord's Day during the 10th month)
- 6. Office of the Faithful Departed (on All Souls in Purgatory Day)
- 7. Thirty-Day Prayer for the Souls in Purgatory (each day of the 11th month)
- 8. *Novena for the Souls in Purgatory* (ends the day before the 1st Lord's Day in Advent) the main intention for this novena is to gain all the graces and other helps necessary to make a good penitential Advent.
- 9. Litany of the Saints on the Vigil of Pentecost

# **Special Occasion Prayers**

- 1. Consecration of Equipment or Property
- 2. *RJMI Birthday Blessing* (to be given by a priest if possible; if not, then by the spiritual head of the flock or family if possible; if not, then by the next in charge)
- 3. For other special occasion prayers, see *The Catholic Prayer Book*, Version 2019, compiled by MLR.

## Other Rules

Other rules for Mary's Little Remnant are the same as for all Catholics as contained in RJMI article *Things Catholics Must Believe and Do*, such as rules regarding penitential and non-penitential days, fasting and feasting, modesty rules, on tithes, and on no unnecessary work on the Lord's Day and other days of obligation.