The Rule of Mary's Little Remnant

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R. J. M. I.

By

The Precious Blood of Jesus Christ;
The Grace of the God of the Holy Catholic Church;
The Mediation of the Blessed Virgin Mary,
Our Lady of Good Counsel and Crusher of Heretics;
The Protection of Saint Joseph,
Patriarch of the Holy Family and Patron of the Holy Catholic Church;
The Guidance of the Good Saint Anne,
Mother of Mary and Grandmother of God;
The Intercession of the Archangels Michael, Gabriel, and Raphael;
The Intercession of All the Other Angels and Saints;
and the Cooperation of

Richard Joseph Michael Ibranyi
(Superior of Mary's Little Remnant)

To Jesus through Mary

Júdica me, Deus, et discérne causam meam de gente non sancta:
ab hómine iníquo, et dolóso érue me

Ad Majorem Dei Gloriam

“Thus saith the Lord: Behold I set before you the way of life…
a path in the wilderness.”
(Jeremias 21:8; Luke 3:4)

“We be of the same mind, let us also continue in the same rule.”
(Philippians 3:16)

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Introduction

Mary's Little Remnant (MLR) is a Catholic lay order, but clerics can also belong to it. It appeals to a future pope to confirm the order. This rule is for members of Mary's Little Remnant. It is stricter in some parts than the Catholic Church's universal rule for Catholics who belong to the Western part of the Catholic Church.[1] For example,

The universal law for daily prayers requires morning, afternoon, and night prayers; prayers before and after meals; prayers for the poor souls in purgatory; and other prayers for certain days. However, the MLR Rule requires more prayers.

The universal law for regular fast days allows for the consumption of alcohol, but the MLR Rule does not. However, the MLR Rule allows the consumption of alcohol on light fast days and non-fast days.

The universal law for studying the Catholic faith is once a week outside of Lent and several times a week during Lent, but the MLR Rule is to study the Catholic faith every day.

The three pillars for Catholics to be saved are prayer, penance, and studying the Catholic faith. Feasting and recreation are also necessary for salvation. All the prayers listed in this rule are contained in *MLR's Catholic Prayer Book*.

Religious Communion

Both the faithful and catechumens are believers, adhere to the Catholic Church, and are Catholic. However, the faithful adhere to the Church as members and catechumens adhere to the Church as non-members. Hence the faithful are in religious communion only with one another and thus must not perform acts of religion with those who are not of the faithful. And catechumens are in religious communion only with one another and thus must not perform acts of religion with anyone who is not a catechumen. However, catechumens, as well as inquirers, can receive invocative blessings and other sacramentals from the faithful because these are not acts of religious communion.[2]

Constitutive blessings vs. Invocative blessings

Here is a commentary from the MLR Catholic Bible on Genesis 47:7:

> "After this Joseph brought in his father to the [pagan] king and presented him before him, and he blessed him" (Gen. 47:7)

Gen. 47:7. **Blessed him:** [RJMI: There are two general kinds of blessings the faithful can give: 1) Constitutive blessings, which consecrate or dedicate a subject, person, place, or thing to God. These can only be given to believers. 2) Invocative blessings, which are requests to God to bestow a special grace or favor upon a person, place, or thing and hence can even be given to

[1] Some universal rules of the Catholic Church apply to both the Western and Eastern parts of the Catholic Church, while some only apply to the Western. The Eastern part of the Catholic Church (known as the Uniates) has some unique rules of its own, just as the MLR Rule does. (For things all Catholic must believe and do, see RJMI article Things Catholics Must Believe and Do.)
[2] See RJMI article *Catechumens, Religious Communion, and RJMI's Former Heresies*.

unbelievers. While the faithful can give invocative blessings to unbelievers, they cannot call the unbelievers blessed. For instance, it is sinful to say to an unbeliever "You are blessed." But it is not sinful to say to an unbeliever "May God bless you." However, so that there is no misunderstanding with the unbeliever, it would be better to say "May God grant you a blessing." The blessing that Jacob gave to Pharao was an invocative blessing in which Jacob wished him well and when blessing him perhaps said "God save the king" or "O king, live forever," thus wishing that he might enjoy health and prosperity.]

Sacramentals

Members of MLR are required to wear the following sacramentals:

1) St. Benedict Crucifix around the neck

2) Miraculous Medal around the neck

3) Sacred Heart Badge pinned on the left side of the chest

4) St. Philomena Cord around the waist and under clothing. The cord is white and red: white for purity of soul, and red for the two-fold spirit of martyrdom to kill and die for Christ if necessary.

All but the St. Philomena Cord must be worn outside of the clothing and thus be visible to the public unless they are forbidden by an employer or other person in authority or if they will get in the way of work when doing heavy labor. If you wear a suit and tie for your job, you can wear a Catholic religious pin on your lapel if your employer allows it; and you can wear the rest of the sacramentals under your clothing. You must not wear the sacramentals when bathing. The only one you are required to wear when sleeping is the St. Philomena Cord.

Altars, Holy Pictures, and Statues

Members of MLR are required, if possible, to set aside a place in their home for an altar to pray before. It must have a crucifix; images of the Holy Trinity, the Holy Face of Jesus from the Shroud of Turin, the Blessed Virgin Mary, St. Joseph, and St. Michael; and relics if possible. You can also have other holy items according to your devotions.

Your home must also contain a sufficient amount of holy items so that whoever visits you will know that you are Catholic and that you put your faith above all else. The only time you do not have to display holy items in your home is when the State forbids it. In this case, you can hide them and only bring them out when it is safe.

Daily Prayers and Study Schedule

"We ought to pray and not to faint."
(Luke 18:1)

"He that refuseth to learn shall fall into evils."
(Proverbs 17:16)

Morning and night prayers

(See the morning and night prayers listed in the first pages of the *MLR's Catholic Prayer Book*.)

Divine Offices

- The Divine Offices are prayed kneeling when possible except for Vespers on the Lord's Day and other days of obligation. Vespers is prayed only on the Lord's Day and certain days of obligation.
- If possible, the Offices should be prayed before an altar or a holy place in your home. If not possible, then they can be prayed while riding in a car, walking, etc.
- The Offices are to be prayed in the vernacular so that laymen can understand what they are praying.
- On days of obligation, pray the Lord's Day Offices. When praying Prime on days of obligation that are not the Lord's Day, omit the Athanasian Creed.
- The Office of Compline during Lent is prayed with arms extended (except on the Lord's Day and other Holy Days of Obligation).
- For the days in which the Office of the BVM is prayed, see *MLR's Catholic Prayer Book*.
- The Office of the Faithful Departed is prayed on All Souls in Purgatory Day.

Prayers and study within the day

Unless specified, these prayers and studies can be done at any time during the day and may be done while walking, riding in a car, etc.

1. The *Angelus*, beginning the day after the Octave Day of Pentecost until Resurrection Day; or the *Regina Coeli*, beginning Resurrection Day through the Octave Day of Pentecost. Prayed in the morning, at noon, and at evening.

2. Litany for the weekday (see in next section this book)

3. The *Roman Martyrology* reading for the day

4. Bible reading (3 chapters), according to *MLR Daily Bible Reading Schedule*.

5. Listen, watch, or read about the Catholic faith from items on the St. John the Baptist website (at least 15 minutes).

6. The *Daily Blessing of Equipment* before using your computer and all other equipment for the day. This only needs to be prayed once daily, usually in the beginning of your day.

7. The *Prayer before Using the Internet* before using the Internet for the day.

8. Prayers before and after meals

9. The Guardian Angel Prayer for Travel before traveling.

10. If possible, you must set aside time for recreation every day.

The faithful, catechumens, aa well as inquirers, can greet each other by saying "Praised be Jesus, Mary, and Joseph," to which the response is "Now and forever." When departing, say "Dominus vobiscum" [The Lord be with you], to which the response is "Et cum spiritu tuo" [And with your spirit]. This is not an act of religious communion but simply holy words of greeting and departing and invocative blessings.[3]

[3] See in this book "Constitutive blessings vs. Invocative blessings," p.7.

Weekly Prayers

1. Attend Mass on the Lord's Day and other days of obligation if possible. If a Catholic Mass is not available, pray the Mass prayers instead: the Introit, Collect, Lesson, Epistle, the prayers after the Epistle and before the Gospel, the Gospel, Creed, Offertory, Secret, Communion, and Postcommunion.

2. The following prayers are to be said before and after Mass on the Lord's Day: The one prayer required before Mass is *Prayer to God the Holy Spirit*. If you did not receive Holy Communion, then pray the *Spiritual Communion*. After Holy Communion or spiritual communion, pray the *Corpus Christi* and any other after-Mass prayers you want to pray.

3. Vespers on the Lord's Days, Christmas, Epiphany, Ascension Day, the Annunciation, the Assumption, and the Immaculate Conception.

4. The Rosary (five decades) on three days of the week. The first day, the joyful mysteries; the second day the sorrowful mysteries; and the third day the glorious mysteries.

5. The Angelic Chaplet, on three days of the week.

6. Litanies:

    - Lord's Day: Litany of God the Father
    - 2nd Weekday: Litany of the Most Holy Name of Jesus
    - 3rd Weekday: Litany of the Holy Spirit
    - 4th Weekday: Litany of St. Joseph
    - 5th Weekday: Litany of St. Michael the Archangel
    - 6th Weekday: Litany of the Sacred Heart of Jesus
    - 7th Weekday: Litany of the Blessed Virgin Mary
    - On the 7th Weekday, sing the hymn O Mary, Conceived without Sin.

O Mary, conceived without sin, pray for us, pray for us.
O Mary, conceived without sin, pray for us who have recourse to thee.

Monthly Prayers

1. *The Holy Hour of Reparation* on the First 6th Weekday of each month (unless transferred). For one example, the monthly Holy Hour is transferred to Maundy Day from the closest First Sixth Weekday to Maundy Day. See the MLR Catholic Calendar to see which ones are transferred for the given year.

2. The *Long Exorcism Prayer* on the First 7th Weekday of each month (unless transferred).

Members of Mary's Little Remnant benefit from these prayers even if they are not able to pray them with the group on the prescribed days due to a good reason. So they are dispensed from praying them on those days.

Seasonal Prayers

Advent

(For Advent Prayers and practices, see *MLR Catholic Prayer Book*.)

On Christmas Decorations: Put up the Manger Scene and Christmas lights about two weeks before Christmas. But do not put in the Wise Men until the eve of Epiphany Day. And do not put up the indoor Christmas items until Christmas Eve, preferable after sundown. The Manger Scene, along with other Christmas decorations, should be taken down on 1/14.

Lent

1. The Stations of the Cross and the Penitential Psalms on Good Sixth Weekday.

2. Consecrate yourself or re-new your consecration to the Blessed Virgin Mary on the feast day of The Seven Sorrows of the Blessed Virgin Mary (the 6th Weekday of the 5th week in Lent) using the *Consecration to the Blessed Virgin Mary* as contained in the *MLR Catholic Prayer Book*. It would be good to print it out and sign it, but that is not necessary.

3. Holy Week prayers and services are listed in RJMI's article Holy Week Schedule.

Other seasonal prayers

1. Litany for the Forty Hours' Devotion (on Ember Days)

2. *Novena in Honor of the Most Holy Face of Jesus* (begins on Trinity Day) – the main intention for this novena is to gain all the graces and other helps necessary to make a good penitential Lent.

3. *Novena to the Holy Spirit* (begins the day after Ascension Day)

4. Novena to St. Anne (begins on 7/17)

5. *Prayer to St. Joseph for the Third Month* (prayed on the Lord's Days in the 3rd month)

6. Office of the Faithful Departed (on All Souls in Purgatory Day)

7. Thirty-Day Prayer for the Souls in Purgatory (each day of the 11th month)

8. *Novena for the Souls in Purgatory* (ends the day before the 1st Lord's Day in Advent) – the main intention for this novena is to gain all the graces and other helps necessary to make a good semi-penitential Advent.

9. *Litany of the Saints* on the Vigil of Pentecost

Special Occasion Prayers

1. Consecration of Equipment or Property

2. *RJMI Birthday Blessing* (to be given by a priest if possible; if not, then by the spiritual head of the flock or family if possible; if not, then by the next in charge)

3. For other special occasion prayers, see *MLR's Catholic Prayer Book.*

Other Rules

Other rules for Mary's Little Remnant are the same as for all Catholics as contained in RJMI article *Things Catholics Must Believe and Do*, such as rules regarding penitential and non-penitential days, fasting and feasting, modesty rules, on tithes, and on no unnecessary work on the Lord's Day and other days of obligation.

Catholic Calendar, by MLR

(See the *Catholic Calendar* by MLR for many (but not all) of the rules and practices for members of Mary's Little Remnant.)