

Mary's Little Remnant Catholic Calendar

*For the Year of Our Lord
2020*

The last pages of this calendar contain
important rules and information







And after the days of her purification according to the law of Moses were accomplished, they carried him to Jerusalem to present him to the Lord...and to offer a sacrifice, according as it is written in the law of the Lord, a pair of turtledoves or two young pigeons. And behold there was a man in Jerusalem named Simeon; and this man was just and devout, waiting for the consolation of Israel, and the Holy Spirit was in him.

(Luke 2:22-25)

First Month 2020

Month of the Holy Name of Jesus

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
			1 <small>w</small> FEAST DAY OF OBLIGATION CIRCUMCISION OF OUR LORD/Octave Day of Christmas (1DO/1oct)	2 <small>w</small> <i>Holy Hour</i> (transferred from 1/3) Ferial Day (3fer)	3 <small>w</small>  <u>First 6th Weekday</u> Exorcism (transferred from 1/4) Ferial Day (3fer)	4 <small>w</small> FEAST DAY OF OBLIGATION <u>First 7th Weekday</u> PRESENTATION OF JESUS/ PURIFICATION OF MARY (1DO): Candlemas Day
5 <small>w</small> MOST HOLY NAME OF JESUS (1f) <i>St. Telesphorus, PM</i>	6 <small>w</small> FEAST DAY OF OBLIGATION EPIPHANY OF OUR LORD (1DO/2oct)	7 <small>r</small> FEAST DAY OF OBLIGATION THE HOLY INNOCENTS, Mm (3DO)	8 <small>w</small> Within the Octave (2oct)	9 <small>r</small> St. Stephen, 1st Martyr (3f) <i>Within the Octave</i>	10 <small>w</small>  Within the Octave (2oct)	11 <small>r</small> St. Hyginus, PM (4f) <i>Within the Octave</i>
12 <small>w</small> THE HOLY FAMILY/1st Lord's Day after Epiphany (1DO/2LD)	13 <small>w</small> Octave Day of the Epiphany (2oct)	14 <small>w</small> St. Hilary, BpCD (4f) <i>St. Felix of Nola, M</i>	15 <small>w</small> St. Maurus, Ab (4f) <i>St. Paul, 1st Hermit, C</i>	16 <small>r</small> St. Marcellus I, PM (4f)	17 <small>w</small>  St. Antony of the Desert, Ab (4f)	18 <small>w</small> St. Peter's Chair at Rome (4f) <i>St. Paul, Ap</i> <i>St. Prisca, VM</i>
19 <small>g</small> 2nd Lord's Day after Epiphany (2LD) <i>St. Canute IV, King, RM</i> <i>Ss. Marius, Martha, Audifax & Abachum, Mm</i>	20 <small>r</small> Ss. Fabian, P & Sebastian, Mm (4f)	21 <small>r</small> St. Agnes, VM (4f) <i>Vigil of Solemnity of the Apostles</i>	22 <small>w</small> FEAST DAY OF OBLIGATION SOLEMNITY OF THE APOSTLES (3DO)	23 <small>r</small> St. Emerentiana, VM (4f)	24 <small>r</small>  St. Timothy, BpM (3f)	25 <small>w</small> Conversion of St. Paul, Ap (3f) <i>St. Peter, Ap</i> <i>St. Ananias, baptizer of St. Paul, M</i>
26 <small>g</small> 3rd Lord's Day after Epiphany (2LD) <i>St. Polycarp, BpM</i>	27 <small>w</small> Ss. Lydia, Dorcas & Phoebe, HWw (3f)	28 <small>w</small> St. Charlemagne, Holy Roman Emperor, RC (4f) <i>St. Agnes, VM –2nd feast</i>	29 <small>g</small> Ferial Day (3fer)	30 <small>r</small> St. Martina, VM (4f)	31 <small>g</small>  <i>Holy Hour</i> (transferred from 2/7) Ferial Day (3fer)	



Most Holy Trinity,
Godhead indivisible,
Father, Son, and Holy Spirit,
our Creator and Judge,
since thou hast made us after thine
own image, grant that all the
affections of our hearts, all the
thoughts of our minds, all the words
of our tongues, and all our actions
may be always conformed to thy
most holy will so that we may come
at last to contemplate thee
face to face in the perfect possession
of thee forever in heaven.
Amen.

Second Month 2020

Month of the Holy Family

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
						1 <small>R</small> <u>First 7th Weekday</u> <i>Exorcism</i> St. Ignatius of Antioch, BpM (4f)
2 <small>G</small> 4th Lord's Day after Epiphany (2LD)	3 <small>R</small> St. Blaise, BpM (4f)	4 <small>G</small> Ferial Day (3fer)	5 <small>R</small>  Light Fast St. Agatha, VM (4f)	6 <small>W</small> St. Titus, BpC (3f) St. Dorothy, VM	7 <small>W</small>  Regular Fast <u>First 6th Weekday</u> St. Romuald, Ab (4f)	8 <small>W</small> Our Lady's Day (4f)
9 <small>G</small> 5th Lord's Day after Epiphany (2LD) St. Cyril of Alexandria, BpCD St. Apollonia, VM	10 <small>W</small> St. Scholastica, V (4f)	11 <small>W</small> Apparition of Our Lady of Lourdes (2f)	12 <small>W</small>  Light Fast Seven Holy Founders of the Servite Order, Cc (4f)	13 <small>W</small> St. Agabus, Prophet, D (3f)	14 <small>R</small>  Regular Fast St. Valentine, Priest, M (4f)	15 <small>V</small>  Regular Fast Vigil of Trinity Day (1vig)
16 <small>W (1)</small> TRINITY DAY (1DO/1oct/1LD) (Begin Holy Face Novena)	17 <small>W (2)</small> FEAST DAY OF OBLIGATION TRINITY 2ND WEEKDAY (1DO/1oct)	18 <small>W (3)</small> FEAST DAY OF OBLIGATION TRINITY 3RD WEEKDAY (1DO/1oct)	19 <small>W (4)</small> Trinity 4th Weekday (1oct)	20 <small>W (5)</small> Trinity 5th Weekday (1oct)	21 <small>W (6)</small>  Trinity 6th Weekday (1oct)	22 <small>W (7)</small> Trinity 7th Weekday (1oct) St. Peter's Chair at Antioch St. Paul, Ap
23 <small>W (8)</small> Octave Day of Trinity Day/Last Lord's Day after Epiphany (1oct/2LD)	24 <small>R (9)</small> St. Matthias, Ap (3f)	25 <small>W</small> Feast of the Holy Face (1f) (Shrove Day)	26 <small>V</small>  Regular Fast PENITENTIAL DAY OF OBLIGATION ASH DAY (3DO/1fer)	27 <small>V</small>  Regular Fast Ferial Day (2fer)	28 <small>V</small>  Regular Fast Stations Ferial Day (2fer)	29 <small>V</small>  Regular Fast Ferial Day (2fer)



O glorious *Saint Joseph*,
spouse of the *Immaculate Virgin*,
obtain for me a pure, humble,
and charitable heart and perfect
resignation to the divine will.

Be my guide, father, and model
through life, that *I* may merit to die
as thou didst in the arms of

Jesus and *Mary*.

Help us, *Saint Joseph*, in our
earthly strife ever to lead a pure
and blameless life.

Amen.

Third Month 2020

Month of Saint Joseph

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
1 v 1st Lord's Day in Lent (1LD)	2 v  Regular Fast Ferial Day (2fer)	3 v  Regular Fast Ferial Day (2fer)	4 R  Regular Fast St. Lucius I, PM (4f) <i>Ember 4th Weekday</i>	5 v  Regular Fast Holy Hour <i>(transferred from 3/6)</i> Ferial Day (2fer)	6 v  Regular Fast First 6th Weekday Stations <i>Ember 6th Weekday (1fer)</i>	7 R  Regular Fast First 7th Weekday Exorcism Ss. Perpetua & Felicitas, Mm (4f) <i>Ember 7th Weekday</i>
8 v 2nd Lord's Day in Lent (1LD)	9 w  Regular Fast St. Frances of Rome, W (4f) <i>Ferial Day</i>	10 R  Regular Fast The Forty Holy Martyrs of Sebaste (4f) <i>Ferial Day</i>	11 v  Regular Fast Ferial Day (2fer)	12 w  Regular Fast St. Gregory the Great, PCD (4f) <i>Ferial Day</i>	13 v  Regular Fast Stations Ferial Day (2fer)	14 v  Regular Fast Ferial Day (2fer)
15 v 3rd Lord's Day in Lent (1LD) <i>St. Longinus, M</i>	16 v  Regular Fast Ferial Day (2fer)	17 w  Regular Fast St. Patrick, BpC (4f) <i>Ferial Day</i> ST. PATRICK, BpC (4DO) <i>for USA and other places</i>	18 w  Regular Fast St. Cyril of Jerusalem, BpCD (4f) <i>Ferial Day</i>	19 w  Light Fast St. Joseph, Spouse of the Blessed Virgin (3f) <i>Ferial Day</i>	20 v  Regular Fast Stations Ferial Day (2fer)	21 w  Regular Fast St. Benedict, Ab (4f) <i>Ferial Day</i>
22 v (Rose) 4th Lord's Day in Lent (1LD): Laetare <i>St. Isidore the Farmer, C (Blessing of Gardens & Fields)</i>	23 v  Regular Fast Ferial Day (2fer)	24 w  Light Fast St. Gabriel the Archangel (3f) <i>Ferial Day</i>	25 w FEAST DAY OF OBLIGATION THE ANNUNCIATION & INCARNATION (1DO)	26 v  Regular Fast Ferial Day (2fer)	27 v  Regular Fast Stations Ferial Day (2fer)	28 v  Regular Fast Ferial Day (2fer)
29 v 5th Lord's Day in Lent (1LD)	30 v  Regular Fast Ferial Day (2fer)	31 v  Regular Fast Ferial Day (2fer)				



Christ the Lord is risen today! Christians, haste your vows to pay;
Offer ye your praises meet at the paschal Victim's feet.
For the sheep the Lamb hath bled, sinless in the sinner's stead;
Christ the Lord is risen on high, now he lives no more to die!

Fourth Month 2020

Month of Our Risen Lord


Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
			1 v  Regular Fast (begin 72-Hour Liquid Fast after meal) Ferial Day (2fer)	2 w Liquid Fast St. Mary of Egypt, Penitent, HW (4f) Ferial Day	3 w  Liquid Fast First 6th Weekday Stations Holy Hour (transferred to Maundy Day All-Night Vigil) Our Lady of Sorrows (2f) Ferial Day (Consecration to the Blessed Virgin Mary)	4 v  Regular Fast (Liquid Fast ends) First 7th Weekday Exorcism Ferial Day (2fer)
5 v PALM DAY (1DO/1LD)	6 v  Regular Fast Holy Week 2nd Weekday (1fer) (Veil statues & pictures)	7 v  Regular Fast Holy Week 3rd Weekday (1fer)	8 v  Regular Fast Holy Week 4th Weekday (1fer): Spy Day	9 w  Regular Fast PENITENTIAL DAY OF OBLIGATION MAUNDY DAY (1DO) (Maundy Day Tenebrae)	10 B  Regular Fast PENITENTIAL DAY OF OBLIGATION Stations GOOD 6TH WEEKDAY (1DO) Tre Ore Silence 12-3pm (Good 6th Weekday Tenebrae)	11 v  Regular Fast PENITENTIAL DAY OF OBLIGATION HOLY 7TH WEEKDAY (1DO) (Holy 7th Weekday Tenebrae)
12 w RESURRECTION DAY (1DO/1oct/1LD) (Regina Coeli begins; unveil statues & pictures before Mass)	13 w FEAST DAY OF OBLIGATION RESURRECTION 2ND WEEKDAY (1DO/1oct)	14 w FEAST DAY OF OBLIGATION RESURRECTION 3RD WEEKDAY (1DO/1oct)	15 w Resurrection 4th Weekday (1oct)	16 w Resurrection 5th Weekday (1oct)	17 w  Resurrection 6th Weekday (1oct) St. Anicetus, PM	18 w Resurrection 7th Weekday (1oct)
19 w Octave Day of Resurrection Day/Low Day (1oct/2LD)	20 w Ferial Day (3fer)	21 w Ferial Day (3fer)	22 R Ss. Soter & Caius, PpMm (4f)	23 R St. George, M (4f)	24 R  St. Fidelis of Sigmaringen, M (4f)	25 R St. Mark, Ev (3f)
26 w 2nd Lord's Day after the Resurrection (2LD): Good Shepherd Day Ss. Cletus & Marcellinus, PpMm	27 w Ferial Day (3fer)	28 R St. Vitalis, M (4f) Vigil of Solemnity of St. Joseph	29 w FEAST DAY OF OBLIGATION SOLEMNITY OF ST. JOSEPH, PATRON OF THE UNIVERSAL CHURCH (3DO/2oct)	30 w Within the Octave (2oct)		

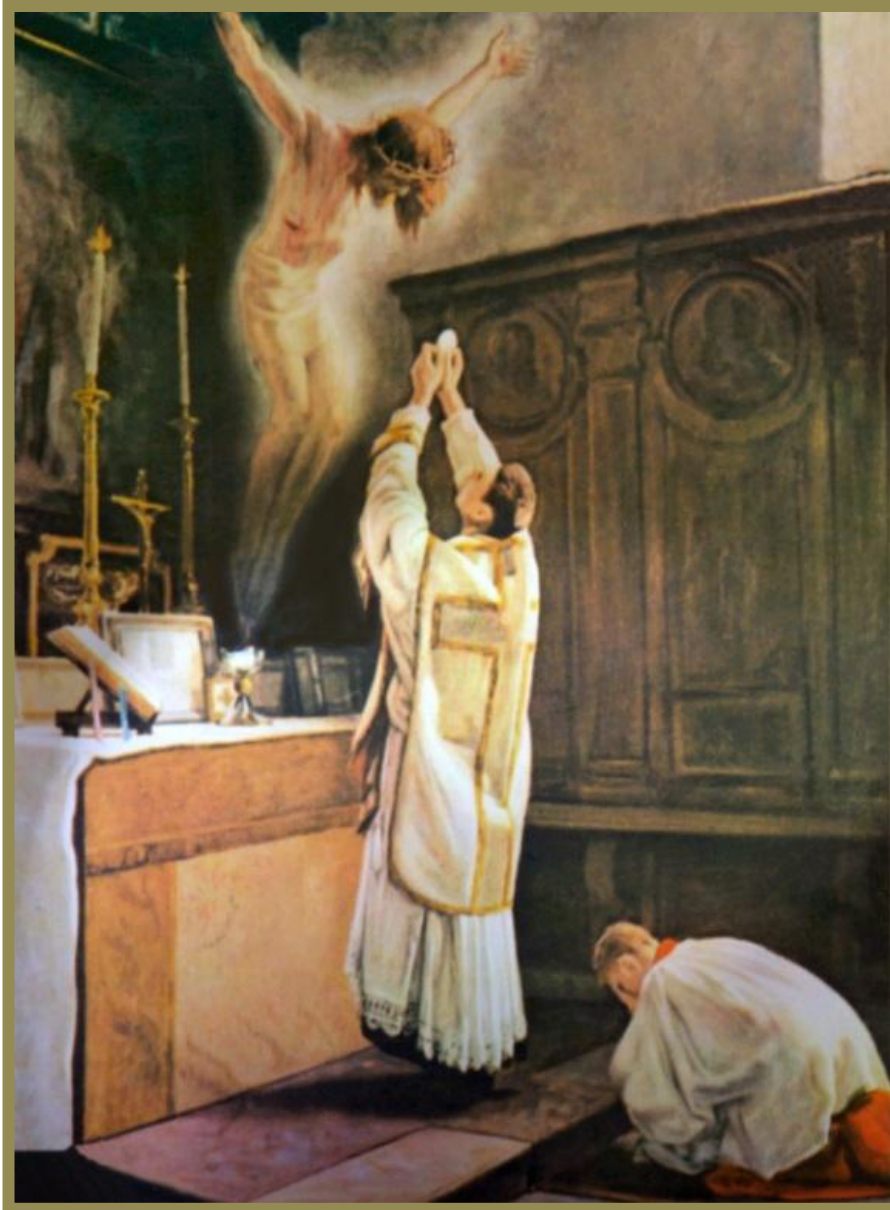


Come, O Blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set thee, my Lord and God, before my face forever. Help me to shun all things that can offend thee, and make me worthy to appear before the pure eyes of thy divine majesty in heaven, where thou livest and reignest in the unity of the ever Blessed Trinity, God, forever and ever. Amen.

Fifth Month 2020

Month of the Blessed Virgin Mary

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
					1 <small>R</small>  First 6th Weekday <i>Holy Hour</i> Mary's Crowning Ss. Philip & James, App (3f) <i>Within the Octave</i>	2 <small>w</small> First 7th Weekday <i>Exorcism</i> St. Athanasius, BpCD (4f) <i>Within the Octave</i>
3 <small>w</small> 3rd Lord's Day after the Resurrection (2LD) <i>Finding of the Holy Cross</i> Ss. Alexander I, PM; Eventius & Theodulus, Mm; and Juvenal, BpC <i>[Within the Octave]</i>	4 <small>w</small> St. Monica, W (4f) <i>Within the Octave</i>	5 <small>w</small> Within the Octave (2oct)	6 <small>R</small> St. John before the Latin Gate (4f) <i>Octave Day of Solemnity of St. Joseph</i>	7 <small>R</small> St. Stanislaus, BpM (4f)	8 <small>w</small>  Apparition of St. Michael the Archangel (4f)	9 <small>w</small> Our Lady's Day (4f)
10 <small>w</small> 4th Lord's Day after the Resurrection (2LD) Ss. Gordian & Epimachus, Mm	11 <small>w</small> Ferial Day (3fer)	12 <small>R</small> Ss. Nereus, Achilleus, Domitilla & Pancratius, Mm (4f)	13 <small>w</small> Ferial Day (3fer)	14 <small>R</small> St. Boniface, M (4f)	15 <small>R</small>  St. Dymphna, VM (4f)	16 <small>w</small> St. Ubaldu, BpC (4f)
17 <small>w</small> 5th Lord's Day after the Resurrection (2LD)	18 <small>R</small> St. Venantius, M (4f)	19 <small>R</small> St. Pudentiana, VM (4f)	20 <small>w</small> Vigil of the Ascension (2vig)	21 <small>w</small> FEAST DAY OF OBLIGATION ASCENSION OF OUR LORD (1DO/2oct)	22 <small>w</small> (1)  St. Rita, W (4f) <i>Within the Octave</i> (Begin Holy Spirit Novena)	23 <small>w</small> (2) Within the Octave (2oct)
24 <small>w</small> (3) Lord's Day within the Octave of the Ascension (2LD/2oct)	25 <small>R</small> (4)	26 <small>R</small> (5)	27 <small>R</small> (6)	28 <small>w</small> (7)	29 <small>w</small> (8)  Ferial Day (3fer)	30 <small>v/R</small> (9)  Regular Fast
31 <small>R</small> PENTECOST DAY (1DO/1oct/1LD)	St. Urban I, PM (4f) <i>Within the Octave</i>	St. Eleutherius, PM (4f) <i>Within the Octave</i>	St. John I, PM (4f) <i>Within the Octave</i>	St. Augustine of Canterbury, BpC (4f) <i>Octave Day of the Ascension</i>	Ferial Day (3fer)	Vigil of Pentecost (1vig)



© MY © OD,
in union with the
Immaculate Heart of Mary,
I offer thee the precious
Body and Blood of Jesus
from all the altars throughout the world,
joining with this Holy Eucharist
the offering of my every thought,
word, and action of this day.
O my Jesus, I desire today to gain
every merit I can and I offer them,
together with myself, to Mary Immaculate
that she may best apply them to the
interests of thy most Sacred Heart.
Precious Body and Blood of Jesus, save us!
Immaculate Heart of Mary, pray for us!
Most Sacred Heart of Jesus,
have mercy on us!

Sixth Month 2020

Month of the Sacred Heart of Jesus











Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
	1_R FEAST DAY OF OBLIGATION PENTECOST 2ND WEEKDAY (1DO/1oct)	2_R FEAST DAY OF OBLIGATION PENTECOST 3RD WEEKDAY (1DO/1oct)	3_R Pentecost 4th Weekday (1oct) <i>Ember 4th Weekday</i>	4_R Pentecost 5th Weekday (1oct)	5_R  First 6th Weekday Holy Hour Pentecost 6th Weekday (1oct) <i>St. Boniface, BpM</i> <i>Ember 6th Weekday</i>	6_R First 7th Weekday Exorcism Pentecost 7th Weekday (1oct) <i>Ss. Philip the Deacon, C & his Prophetess Daughters, Vv</i> <i>St. Norbert, BpC</i> <i>Ember 7th Weekday</i>
7_R Octave Day of Pentecost/1st Lord's Day after Pentecost (1oct/2LD)	8_G Ferial Day (3fer) <i>(Angelus begins)</i>	9_R Ss. Primus & Felician, Mm (4f)	10_W  Light Fast St. Margaret, Queen of Scots, W (4f)	11_W FEAST DAY OF OBLIGATION CORPUS ET SANGUIS CHRISTI (1DO/2oct)	12_W  Regular Fast St. Leo III, PC (4f) <i>Ss. Basilides, Cyrinus, Nabor & Nazarius, Mm</i> <i>Within the Octave</i>	13_W St. Anthony of Padua, C (4f) <i>Within the Octave</i>
14_W 2nd Lord's Day after Pentecost (2LD) <i>Within the Octave</i>	15_R Ss. Vitus, Modestus & Crescentia, Mm (4f) <i>Within the Octave</i>	16_W Within the Octave (2oct)	17_W  Light Fast Within the Octave (2oct)	18_W St. Ephrem, Deacon, CD (4f) <i>Ss. Mark & Marcellianus, Mm</i> <i>Octave Day of Corpus et Sanguis Christi</i>	19_W FEAST DAY OF OBLIGATION SACRED HEART OF JESUS (1DO/2oct)	20_R St. Silverius, PM (4f) <i>Within the Octave</i>
21_W Visitation of the Blessed Virgin Mary (2f) <i>3rd Lord's Day after Pentecost</i> <i>St. Lazarus the Beggar, C</i> <i>[Within the Octave]</i>	22_W St. Paulinus, BpC (4f) <i>Within the Octave</i>	23_V Vigil of the Nativity of St. John the Baptist (2vig) <i>Within the Octave</i>	24_W FEAST DAY OF OBLIGATION NATIVITY OF ST. JOHN THE BAPTIST (3DO/2oct)	25_W St. William, Ab (4f) <i>Within the Octave of SHJ</i> <i>Within the Octave of SJB</i>	26_R  Regular Fast Ss. John & Paul, Mm (4f) <i>Octave Day of the Sacred Heart of Jesus</i> <i>Within the Octave of SJB</i>	27_W Our Lady of Perpetual Help (2f) <i>Within the Octave of SJB</i>
28_G 4th Lord's Day after Pentecost (2LD) <i>St. Irenaeus, BpM</i> <i>Within the Octave of SJB</i>	29_R FEAST DAY OF OBLIGATION SS. PETER & PAUL, App (3DO/2oct)	30_R Commemoration of St. Paul, Ap (4f) <i>St. Peter, Ap</i> <i>Within the Octave of SJB</i> <i>[Within the Octave of SsPP]</i>				



© God, who didst vouchsafe
to endow blessed *Anne* with grace
so that she might be worthy
to become the mother of her who
brought forth thine only-begotten *Son*,
mercifully grant that we
who devoutly venerate her memory
may also be helped by her
powerful intercession.
Through *Christ* our *Lord*,
who livest and reignest with thee
in the unity of the *Holy Spirit*,
God, forever and ever.
Amen.

Seventh Month 2020

Month of the Precious Blood of Jesus

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
			1_R  Light Fast Most Precious Blood of Jesus (1f) <i>Octave Day of SJB</i> <i>Within the Octave of SsPP</i>	2_R Ss. Processus & Martinian, Mm (4f) <i>Within the Octave of SsPP</i>	3_W  Regular Fast <u>First 6th Weekday</u> Holy Hour	4_R <u>First 7th Weekday</u> Exorcism Within the Octave of SsPP (2oct)
5_G 5th Lord's Day after Pentecost (2LD) <i>Within the Octave of SsPP</i>	6_W St. Maria Goretti, V (4f) <i>Octave Day of Ss. Peter & Paul</i>	7_W Ss. Cyril & Methodius, BppCc (4f)	8_W  Light Fast St. Elizabeth, Queen of Portugal, W (4f)	9_W FEAST DAY OF OBLIGATION THE ARCHANGELS ST. MICHAEL, ST. GABRIEL, AND ST. RAPHAEL (3DO)	10_R  Regular Fast Seven Holy Brothers, Mm; Ss. Rufina & Secunda, VvMm (4f)	11_R St. Pius I, PM (4f)
12_G 6th Lord's Day after Pentecost (2LD) <i>St. John Gualbert, Ab</i> <i>Ss. Nabor & Felix, Mm</i>	13_R St. Anacletus, PM (4f)	14_G Ferial Day (3fer)	15_W  Light Fast OT Women: Eve, Sara (wife of Abraham), Rebecca, Rachel, Lia, Bala, Zelpha, Prophetess Mariam (sister of Moses & Aaron), Rahab, Ruth, Judith, Susanna, Sara (wife of Tobias), Queen Esther & Prophetess Holda, HWw (3f)	16_G Ferial Day (3fer)	17_{G(1)}  Regular Fast Ferial Day (3fer) <i>(Begin St. Anne Novena)</i>	18_{R(2)} Ss. Symphorosa & her Seven Sons, Mm (4f)
19_{G(3)} 7th Lord's Day after Pentecost (2LD) St. Joseph, called Barsabas, Disciple, C (3f) <i>St. Margaret, VM</i>	20_{W(4)} St. Joseph, called Barsabas, Disciple, C (3f) <i>St. Margaret, VM</i>	21_{W(5)} St. Praxedes, V (4f)	22_{W(6)}  Light Fast St. Mary Magdalen, HW (3f)	23_{R(7)} St. Apollinaris, BpM (4f) <i>St. Liborius, BpC</i>	24_{R(8)}  Regular Fast St. Christina, VM (4f)	25_{R(9)} St. James the Greater, Ap (3f) <i>St. Christopher, M</i>
26_W ST. ANNE, MOTHER OF THE BLESSED VIRGIN MARY (3DO)	27_R St. Pantaleon, M (4f) <i>Mass of 8th Lord's Day after Pentecost (transferred), Green Vestments</i>	28_R Ss. Nazarius & Celsus, Mm; Victor I, PM; and Innocent I, PC (4f)	29_W  Light Fast Ss. Lazarus, BpC, and Martha & Mary of Bethany, Vv (3f) <i>Ss. Felix II, PM; Simplicius, Faustinus & Beatrice, Mm</i>	30_R Ss. Abdon & Sennen, Mm (4f)	31_W  Light Fast Holy Hour <i>(transferred from 8/7)</i> Ss. Joseph of Arimathea, Nicodemus, Gamaliel & Abibo, Cc (3f)	



Hail, holy Queen,
Mother of mercy; hail, our life,
our sweetness, and our hope!
To thee do we cry,
poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping
in this valley of tears. Turn then,
most gracious advocate,
thine eyes of mercy towards us;
and after this our exile
show unto us the blessed fruit
of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary!

Eighth Month 2020

Month of the Immaculate Heart of Mary

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
						1 <small>w</small> <u>First 7th Weekday</u> <i>Exorcism</i> St. Peter's Chains (3f) <i>St. Paul, Ap</i>
2 <small>G</small> 9th Lord's Day after Pentecost (2LD) <i>OT: The Seven Machabean Martyrs & their Mother, Mm</i>	3 <small>R</small> Finding of the Body of St. Stephen the 1st Martyr (4f)	4 <small>w</small> St. Dominic, C (4f)	5 <small>w</small>  Light Fast Dedication of the Church of Our Lady of the Snow (4f)	6 <small>w</small> Transfiguration of Our Lord (1f) <i>Ss. Sixtus II, PM; and Felicissimus & Agapitus, Mm</i>	7 <small>R</small>  Regular Fast <u>First 6th Weekday</u> St. Donatus, BpM (4f)	8 <small>R</small> Ss. Cyriacus, Largus & Smaragdus, Mm (4f)
9 <small>G</small> 10th Lord's Day after Pentecost (2LD) <i>St. Romanus, M</i>	10 <small>R</small> St. Laurence, M (4f)	11 <small>R</small> Ss. Tiburtius, M & Susanna, VM (4f) <i>St. Philomena, VM</i>	12 <small>w</small>  Light Fast St. Clare, V (4f)	13 <small>R</small> Ss. Hippolytus & Cassian, Mm (4f)	14 <small>w</small>  Regular Fast St. Eusebius of Rome, C (4f) <i>Vigil of the Assumption</i>	15 <small>w</small> FEAST DAY OF OBLIGATION ASSUMPTION OF THE BLESSED VIRGIN MARY (2DO/2oct)
16 <small>w</small> CORONATION AND QUEENSHIP OF THE BLESSED VIRGIN MARY (2DO)	17 <small>w</small> FEAST DAY OF OBLIGATION <i>(transferred from 8/16)</i> ST. JOACHIM, FATHER OF THE BLESSED VIRGIN MARY (3DO)	18 <small>R</small> St. Agapitus, M (4f) <i>Within the Octave</i>	19 <small>w</small>  Light Fast Within the Octave (2oct) <i>Mass of 11th Lord's Day after Pentecost (transferred), Green Vestments</i>	20 <small>w</small> OT Prophets: Enoch, Samuel, Elias, Eliseus, Job, Ananias, Azarias & Misael, Dd (3f) <i>Within the Octave</i>	21 <small>w</small>  Regular Fast Within the Octave (2oct)	22 <small>w</small> The Immaculate Heart of Mary (2f) <i>Ss. Timothy, Hippolytus & Symphorian, Mm</i> <i>Octave Day of the Assumption</i>
23 <small>G</small> 12th Lord's Day after Pentecost (2LD)	24 <small>R</small> St. Bartholomew, Ap (3f)	25 <small>G</small> Ferial Day (3fer)	26 <small>R</small>  Light Fast St. Zephyrinus, PM (4f)	27 <small>G</small> Ferial Day (3fer)	28 <small>w</small>  Regular Fast St. Augustine, BpCD (4f) <i>St. Hermes, M</i>	29 <small>R</small> Beheading of St. John the Baptist (3f) <i>St. Sabina, M</i>
30 <small>G</small> 13th Lord's Day after Pentecost (2LD) <i>Ss. Felix & Adauctus, Mm</i>	31 <small>G</small> Ferial Day (3fer)	31 <small>G</small> Ferial Day (3fer)				



I compassionate thee, O most sorrowful Mother, for this sword of sorrow which pierced thy heart when thy beloved Son was taken down from the cross and laid in thy loving arms.

Dear Mother, by thy heart then so transfixed by grief, obtain for me the grace to dwell always in the loving heart of Jesus, pierced by the lance for me.

Ninth Month 2020

Month of the Seven Sorrows of the Blessed Virgin

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
		1 W St. Giles, Ab (4f) <i>Ss. Boniface & Thecla and their Twelve Sons, Mm</i>	2 W  Light Fast St. Stephen, King of Hungary, RC (4f)	3 G Ferial Day (3fer)	4 W  Light Fast <u>First 6th Weekday</u> Holy Hour OT Supreme Religious Rulers: Moses, Aaron & Esdras, Pp (3f)	5 W <u>First 7th Weekday</u> Exorcism Our Lady's Day (4f)
6 G 14th Lord's Day after Pentecost (2LD)	7 W OT Judges: Debbora, Gedeon & Samson, Cc (3f)	8 W Nativity of the Blessed Virgin Mary (2f) <i>St. Adrian, M</i>	9 R  Light Fast Ss. Gorgonius, Dorotheus & Comp., Mm (4f)	10 G Ferial Day (3fer)	11 R  Regular Fast Ss. Protus & Hyacinth, Mm (4f)	12 W The Most Holy Name of Mary (2f)
13 G 15th Lord's Day after Pentecost (2LD)	14 R Exaltation of the Holy Cross (4f)	15 W Seven Sorrows of the Blessed Virgin Mary (2f) <i>St. Nicomedes, M</i>	16 R  Regular Fast Ss. Cornelius, PM & Cyprian, BpM (4f) <i>Ss. Euphemia, VM; and Lucy & Geminianus, Mm</i> <u>Ember 4th Weekday</u>	17 W Impression of the Stigmata of St. Francis, C (4f)	18 V  Regular Fast <u>Ember 6th Weekday (1fer)</u>	19 R  Regular Fast Ss. Januarius, BpM & Comp., Mm (4f) <u>Ember 7th Weekday</u>
20 G 16th Lord's Day after Pentecost (2LD) <i>Ss. Eustace & Comp., Mm</i>	21 R St. Matthew, ApEv (3f)	22 R Ss. Maurice & Comp., Mm (4f)	23 R  Light Fast St. Linus, PM (4f) <i>St. Thecla, V</i>	24 W Our Lady of Ransom (2f)	25 W  Light Fast Ss. Cleophas & Comp., Disciples of Our Lord, Cc (3f)	26 W St. John, ApEv (3f) <i>Ss. Cyprian, M & Justina, VM</i>
27 G 17th Lord's Day after Pentecost (2LD) <i>Ss. Cosmas & Damian, Mm</i>	28 R St. Wenceslaus, Duke, RM (4f)	29 W Dedication of the Basilica of St. Michael the Archangel (4f)	30 G  Light Fast Ferial Day (3fer)			



*O Queen of the most holy Rosary,
in these times of brazen impiety
show again thy power
with the signs which accompanied
thy victories of old; and from
the throne where thou art seated,
dispensing pardon and grace,
in pity watch over the
Church of thy Son
and every order of the clergy and laity
suffering in grievous warfare.*

Tenth Month 2020

Month of the Holy Rosary

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
				1 w <i>Holy Hour</i> <i>(transferred from 10/2)</i> St. Remigius, BpC (4f) <i>Vigil of Holy Angels' Day</i>	2 w FEAST DAY OF OBLIGATION First 6th Weekday HOLY ANGELS' DAY (3DO/2oct)	3 w First 7th Weekday <i>Exorcism</i> Within the Octave (2oct)
4 G 18th Lord's Day after Pentecost (2LD) <i>St. Francis of Assisi, C</i> <i>Within the Octave</i>	5 R Ss. Placidus & Comp., Mm (4f) <i>Within the Octave</i>	6 w St. Bruno, C (4f) <i>Within the Octave</i>	7 w  Light Fast The Most Holy Rosary (2f) <i>St. Mark, PC</i> <i>Ss. Sergius, Bacchus, Marcellus & Apuleius, Mm</i> <i>[Within the Octave]</i>	8 w Prophet Simeon, C & Prophetess Anna, W (3f) <i>Within the Octave</i>	9 w  Light Fast OT Supreme Patriarchs: Noe, Abraham, Isaac & Jacob, Cc (3f) <i>Ss. Dionysius, BpM; and Rusticus & Eleutherius, Mm</i> <i>Octave Day of Holy Angels' Day</i>	10 w Our Lady's Day (4f)
11 w Maternity of the Blessed Virgin Mary (2f) <i>19th Lord's Day after Pentecost</i>	12 w OT Fathers: Adam, Abel, Seth, Lot, Caleb, Tobit, Tobias & Mardochai, Cc (3f)	13 w St. Edward, King of England, RC (4f)	14 R  Light Fast St. Callistus I, PM (4f)	15 w St. Hedwig, W (4f)	16 G  Regular Fast Ferial Day (3fer)	17 w Our Lady's Day (4f)
18 G 20th Lord's Day after Pentecost (2LD) <i>St. Luke, Ev</i>	19 G Ferial Day (3fer)	20 G Ferial Day (3fer)	21 w  Light Fast St. Hilarion, Ab (4f) <i>Ss. Ursula & Comp., VvMm</i>	22 w St. Mary Salome, mother of the Apostles James & John, HW (3f) <i>St. Cordula, VM, last of St. Ursula's Companions</i>	23 G  Regular Fast Ferial Day (3fer)	24 w St. Raphael the Archangel (3f)
25 w CHRIST THE KING (1DO)	26 R St. Evaristus, PM (4f)	27 G Ferial Day (3fer) <i>Mass of 21st Lord's Day after Pentecost (transferred), Green Vestments</i>	28 R  Light Fast Ss. Simon & Jude, App (3f)	29 G Ferial Day (3fer)	30 G  Regular Fast Ferial Day (3fer)	31 v Vigil of All Saints' Day (2vig)



THE EIGHT BEATITUDES

(Matthew 5:2-10)

Blessed are the poor in spirit: *for theirs is the kingdom of heaven.*

Blessed are the meek: *for they shall possess the land.*

Blessed are they that mourn: *for they shall be comforted.*

Blessed are they that hunger and thirst after justice: *for they shall have their fill.*

Blessed are the merciful: *for they shall obtain mercy.*

Blessed are the clean of heart: *for they shall see God.*

Blessed are the peacemakers: *for they shall be called the children of God.*

Blessed are they that suffer persecution for justice' sake: *for theirs is the kingdom of heaven.*

Eleventh Month 2020

Month of the Holy Souls in Purgatory

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
1 W (1) ALL SAINTS' DAY (3&4DO/2oct) <i>(Begin 30-Day Prayer for the Souls in Purgatory)</i>	2 B (2) All Souls in Purgatory Day (4f) <i>Within the Octave</i>	3 R (3) St. Winefride, VM (4f) <i>Within the Octave</i>	4 R (4)  Light Fast Ss. Vitalis & Agricola, Mm (4f) <i>Within the Octave</i>	5 W (5) Ss. Zachary & Elizabeth, parents of St. John the Baptist (3f) <i>Within the Octave</i>	6 W (6)  Regular Fast First 6th Weekday Holy Hour Within the Octave (2oct) <i>Mass of 22nd Lord's Day after Pentecost (transferred), Green Vestments</i>	7 V (7)  Regular Fast First 7th Weekday Exorcism Vigil of Feast of God the Father (1vig)
8 W (8) FEAST OF GOD THE FATHER (1DO/1oct/1LD)	9 W (9) FEAST DAY OF OBLIGATION GOD THE FATHER 2ND WEEKDAY (1DO/1oct)	10 W (10) FEAST DAY OF OBLIGATION GOD THE FATHER 3RD WEEKDAY (1DO/1oct)	11 W (11) God the Father 4th Weekday (1oct) <i>St. Martin of Tours, BpC</i> <i>St. Mennas, M</i>	12 W (12) God the Father 5th Weekday (1oct) <i>St. Martin I, PM</i>	13 W (13)  God the Father 6th Weekday (1oct)	14 W (14) God the Father 7th Weekday (1oct)
15 W (15) Octave Day of Feast of God the Father (1oct) <i>24th Lord's Day after Pentecost</i>	16 W (16) St. Gertrude, V (4f)	17 G (17) Ferial Day (3fer)	18 W (18)  Light Fast Dedication of the Basilicas of Ss. Peter & Paul in 4th Century AD (4f)	19 R (19) St. Pontianus, PM (4f) <i>St. Elizabeth of Hungary, W</i>	20 W (20, 1)  Regular Fast St. Felix of Valois, C (4f) <i>(Begin Novena for the Souls in Purgatory)</i>	21 W (21, 2) OT Minor Prophets: Osee, Joel, Amos, Abdias, Jonas, Micheas, Nahum, Habacuc, Sophonias, Aggeus, Zacharias & Malachias, Dd (3f)
22 G (22, 3) Harvest Week No Fasting Last Lord's Day after Pentecost (2LD) <i>St. Cecilia, VM</i>	23 R (23, 4) St. Clement I, PM (4f) <i>St. Felicitas, M</i>	24 R (24, 5) St. Chrysogonus, M (4f)	25 R (25, 6) St. Catherine of Alexandria, VM (4f)	26 W (26, 7) The Purification of St. Anne (3f) <i>St. Peter of Alexandria, BpM</i> <i>St. Sylvester, Ab</i>	27 W (27, 8)  Our Lady of the Miraculous Medal (2f)	28 W (28, 9) St. Catherine Labouré, V (4f)
29 V (29) 1st Lord's Day in Advent (1LD) <i>St. Saturninus, M</i> <i>(Begin Advent Antiphons)</i>	30 R (30)  Light Fast St. Andrew, Ap (3f) <i>Ferial Day</i> <i>(Begin St. Andrew Advent Prayer)</i>					



The shepherds said one to another:
Let us go over to Bethlehem, and let us
see this word that is come to pass,
which the Lord hath shewed to us.
And they came with haste; and they
found Mary and Joseph, and the Infant
lying in the manger. And seeing, they
understood of the word that had been
spoken to them concerning this Child.
And the shepherds returned,
glorifying and praising God,
for all the things they had heard and
seen, as it was told unto them.
(Luke 2:15-17, 20)

Twelfth Month 2020

Month of the Nativity of Our Lord

Lord's Day	2nd Weekday	3rd Weekday	4th Weekday	5th Weekday	6th Weekday	7th Weekday
		1 v Ferial Day (2fer)	2 R  Regular Fast St. Bibiana, VM (4f) Ferial Day	3 w OT Kings & Other Rulers: Joseph, Josue, King David, King Ezechias, King Josias & Nehemias, RrCc (3f) Ferial Day	4 w  Regular Fast <u>First 6th Weekday</u> Holy Hour St. Peter Chrysologus, BpCD (4f) St. Barbara, VM Ferial Day	5 w <u>First 7th Weekday</u> Exorcism St. Sabbas, Ab (4f) Ferial Day
6 v 2nd Lord's Day in Advent (1LD) St. Nicholas, BpC	7 w  Regular Fast St. Ambrose, BpCD (4f) Ferial Day	8 w FEAST DAY OF OBLIGATION IMMACULATE CONCEPTION OF THE BLESSED VIRGIN MARY (2DO/2oct)	9 w  Regular Fast Within the Octave (2oct) Ferial Day	10 R St. Melchiades, PM (4f) Within the Octave Ferial Day	11 w  Regular Fast St. Damasus I, PC (4f) Within the Octave Ferial Day	12 w Within the Octave (2oct) Ferial Day OUR LADY OF GUADALUPE (2DO) for New Mexico and other places
13 v (Rose) 3rd Lord's Day in Advent (1LD): Gaudete St. Lucy, VM Within the Octave	14 w  Regular Fast Within the Octave (2oct) Ferial Day	15 w Octave Day of the Immaculate Conception (2oct) Ferial Day	16 w  Regular Fast St. Eusebius of Vercelli, BpC (4f) Ember 4th Weekday	17 w  Light Fast OT Major Prophets: Isaias, Jeremias, Baruch, Ezechiel & Daniel, Dd (3f) Ferial Day (Begin "O" Antiphons)	18 v  Regular Fast Ember 6th Weekday (1fer)	19 w  Regular Fast St. Anastasius I, PC (4f) Ember 7th Weekday
20 v 4th Lord's Day in Advent (1LD)	21 R  Light Fast St. Thomas, Ap (3f) Ferial Day	22 v  Regular Fast Ferial Day (2fer)	23 w  Light Fast OT Machabees: Mathathias, John, Simon, Judas, Eleazar & Jonathan, RrCc (3f) Ferial Day	24 v  Regular Fast Vigil of the Nativity of Our Lord (1vig)	25 w FEAST DAY OF OBLIGATION NATIVITY OF OUR LORD JESUS CHRIST (1DO/1oct): Christmas Day	26 w FEAST DAY OF OBLIGATION WITHIN THE OCTAVE OF CHRISTMAS (1DO/1oct)
27 w LORD'S DAY WITHIN THE OCTAVE OF CHRISTMAS (1DO/1oct/2LD)	28 w Within the Octave of Christmas (1oct)	29 w Within the Octave of Christmas (1oct) St. Thomas Becket, BpM	30 w Within the Octave of Christmas (1oct)	31 w Within the Octave of Christmas (1oct) St. Sylvester I, PC		

On Mary's Little Remnant Catholic Calendar

Mary's Little Remnant (MLR) is a Catholic lay order, formed and ruled by me, Richard Joseph Michael Ibranyi (RJMI), but clerics can also belong to it. It appeals to a future pope to confirm the order. The Rule of Mary's Little Remnant is for members of Mary's Little Remnant but is recommended for all catechumens, laymen, and clerics not under a rule of their own. It is stricter in some parts than the Catholic Church's universal rule for Catholics. (See *The Rule of Mary's Little Remnant*.)

The current nominal-Catholic universal calendar is null and void because apostate antipopes promulgated it. (See RJMI book *Non-Catholics Cannot Hold Offices in the Catholic Church*.) The universal calendar from the time of the last true pope, Honorius II (d. 1130), is still in force. However, I have not yet discovered a calendar from that time period. But even if I do, I would still have the right to make a calendar for my religious order, just as the Benedictines and the Uniate Eastern Church had the right to make their own calendars. Of course, this requires papal approval if possible. When it is not possible to get papal approval and there is good reason to revise the calendar, the law of epikeia allows me to revise the calendar for my religious order. In emergency situations, epikeia allows exemptions from non-dogmatic laws without the need of confirmation or a dispensation from a competent authority. See RJMI book *Exemptions from the Law*. The emergency situation is that the current null-and-void calendar contains the following problems:

1. It contains anti-saints;
2. It contains irreverent rankings of some holy things;
3. It contains out-of-sequence events (which undermines the Biblical record of these events);
4. It contains hardly any Old Testament saints;
5. It abolished the Lenten and Advent fasts;
6. It does not contain some New Testament era saints that should be honored;
7. It contains contradictions to its own laws in writing and practice;
8. It contains too many exceptions.

It is my hope that the next pope will confirm this calendar as the universal calendar. Until then, I can only bind my religious order to it. I can only recommend that Catholics who do not belong to my order follow it.

However, all Catholics are bound to observe the things in this calendar that are also contained in the universal calendar that was in force in the days of Honorius II. Even though I do not have that calendar, I used the information I do have that is closest to that time as the rule for what all Catholics are bound to observe and I have noted it in these rules.

The pre- and post-1960 ranking system for feasts and other days in the liturgical year are null and void because they were promulgated by apostate antipopes. The pre-1960 system (as contained in 1950's missals) was a mess, contradicted itself in

several places, and contained the eight problems mentioned previously. The ranking system promulgated by Apostate Antipope John XXIII in 1960 is better but included too many exceptions and contains the same eight problems. Hence my ranking system is based mostly upon the post-1960 ranking system with revisions to it. For a detailed explanation of all the revisions and additions to the calendar and the rubrics, see RJMI book *Revisions to the Roman Missal and Calendar*.

Abbreviations

Titles

Ab	Abbot	OT	Old Testament
Ap(p)	Apostle(s)	P(p)	Pope(s)
Bp(p)	Bishop(s)	R(r)	Secular Ruler(s)
C(c)	Confessor(s)	St	Saint
D	Doctor of the Church	Ss	Saints
Ev	Evangelist	V(v)	Virgin(s)
HW(w)	Holy Woman (Women)	W	Widow
M(m)	Martyr(s)	<i>(italics)</i>	Diocesan observances
		[]	Not commemorated at Mass because of too many commemorations

Rankings and vestment colors

1	first class	fer	ferial day
2	second class	LD	Lord's Day
3	third class	B	black vestments
4	fourth class	G	green vestments
f	feast	R	red vestments
oct	octave	V	violet vestments
vig	vigil	W	white vestments
DO	day of obligation		

List of Days of Obligation for Members of MLR

The current null-and-void calendar contains too few days of obligation. For example, in the fourth century the Lord's Day and the major feast days of Christmas, Epiphany, and Resurrection Day, and the seven days which preceded and followed each feast were days of obligation, as well as several other days. A 1938 Roman Breviary lists the current holy days of obligation including some formerly kept. There were 35 days plus 52 Lord's Days that were days of obligation, which equals 87 days of the year. And that does not include non-universal days of obligation for specific dioceses and religious orders.

The days of obligation on the MLR Calendar are shaded in dark gray; and first, second, and third class feast days that are not days of obligation are shaded in light gray. While members of MLR believe the doctrines of the Immaculate Conception

and the Assumption, these doctrines have not yet been infallibly defined. Apostate Antipopes Pius IX in 1854 and Pius XII in 1950 attempted to infallibly define them, but their acts were null and void. However, even before these attempted infallible definitions, these feasts were observed by certain religious orders and in certain dioceses. Hence MLR observes them as feast days of obligation.

What follows is the MLR Calendar's list of days of obligation which all of its members are bound to observe. The days of obligation that are always on the Lord's Day are marked with a cross (†).

- | | |
|-------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. † The Lord's Day, on the 1st day of the week (1LD or 2LD) | 17. Corpus et Sanguis Christi, on the 5th Weekday after the Octave Day of Pentecost (1DO/2oct) |
| 2. Circumcision of Our Lord/Octave Day of Christmas, on 1/1 (1DO/1oct) | 18. Sacred Heart of Jesus, on the day after the Octave Day of Corpus et Sanguis Christi (1DO/2oct) |
| 3. Presentation of Jesus/Purification of Mary, on 1/4 (1DO) | 19. Nativity of St. John the Baptist, on 6/24 (3DO/2oct) |
| 4. Epiphany of Our Lord, on 1/6 (1DO/2oct) | 20. Ss. Peter and Paul, on 6/29 (3DO/2oct) |
| 5. The Holy Innocents, on 1/7 (3DO/2oct) | 21. The Archangels St. Michael, St. Gabriel, and St. Raphael, on 7/9 (3DO) |
| 6. † The Holy Family/First Lord's Day after Epiphany (1DO/2LD) | 22. St. Anne, Mother of the Blessed Virgin Mary, on 7/26 (3DO) |
| 7. Solemnity of the Apostles, on the 4th Weekday after the Second Lord's Day after Epiphany (3DO) | 23. Assumption of the Blessed Virgin Mary, on 8/15 (2DO/2oct) |
| 8. † Trinity Day (1DO/1oct/1LD), on the Lord's Day before the Last Lord's Day after Epiphany, and the two days following (1DO/1oct) | 24. † Coronation and Queenship of the Blessed Virgin Mary, on the Lord's Day after the Assumption (2DO) |
| 9. Ash Day (3DO/1fer) | 25. St. Joachim, Father of the Blessed Virgin Mary, on 8/16 (3DO) |
| 10. The Annunciation & Incarnation, on 3/25 (1DO) | 26. Holy Angels' Day, on 10/2 (3DO/2oct) |
| 11. † Palm Day (1DO/1LD) | 27. † Christ the King, on the last Lord's Day in the 10th month (1DO) |
| 12. Maundy Day, Good 6th Weekday, and Holy 7th Weekday (1DO) | 28. All Saints' Day, on 11/1 (3&4DO/2oct) |
| 13. † Resurrection Day (1DO/1oct/1LD), and the two days following (1DO/1oct) | 29. † Feast of God the Father (1DO/1oct/1LD), on the second Lord's Day before the Last Lord's Day after Pentecost, and the two days following (1DO/1oct) |
| 14. Solemnity of St. Joseph, Patron of the Universal Church, on the third 4th Weekday after Resurrection Day (3DO/2oct) | 30. Immaculate Conception of the Blessed Virgin Mary, on 12/8 (2DO/2oct) |
| 15. Ascension of Our Lord, on the 40th day after Resurrection Day inclusive (1DO/2oct) | 31. Nativity of Our Lord Jesus Christ: Christmas Day (1DO/1oct), on 12/25, and the two days following (1DO/1oct) |
| 16. † Pentecost Day (1DO/1oct/1LD), on the 50th day after Resurrection Day inclusive, and the two days following (1DO/1oct) | |


Lord's Days = 52 or 53; days of obligation not normally on the Lord's Day = 21; Holy Week = 3; and the 2 days that follow Christmas, Trinity Day, Resurrection Day, Pentecost Day, and the Feast of God the Father = 10; Total days of obligation = 86 or 87.

It is recommended that Catholics take off from work, if possible, the week after Christmas, Trinity Day, Resurrection Day, Pentecost Day, and the Feast of God the Father and thus not just the two days that follow the feast day. For exceptions for Catholics living in non-Catholic nations and for work that can be done on days of obligation, see RJMI article *The Law of No Unnecessary Work on the Lord's Day*.

Prayer Notations for Mary's Little Remnant

This calendar contains notations as a reminder for novenas and other special prayers that are prayed by Mary's Little Remnant. On the beginning day of the novenas and the Thirty-Day Prayer for the Souls in Purgatory, a (1) is listed, followed by a (2) the next day, etc., to show the day for the particular novena or Thirty-Day Prayer for the Souls in Purgatory. Other Catholics who do not belong to Mary's Little Remnant are not bound to these special prayers. For the prayer schedule for MLR, see *The Rule of Mary's Little Remnant*.

Rules for Abstinence and Fasting

-  **Abstinence:** No meat, meat gravy, soup made from meat, or lard may be taken. The 6th weekday is a day of abstinence for all Catholics unless it is also a feast day of obligation.
- **Total Fast:** No food or drink (including water).
- **Liquid Fast:** No solid food is allowed.
- **Regular Fast:** One meal is allowed.
- **Light Fast:** Two meals are allowed.
- **Eucharistic Fast:** No food or drink (except water) may be taken from three hours before Holy Communion until 15 minutes after.
- **Alcohol and dessert:** The general rule for the universal Church does not ban alcohol or dessert on fasting days. However, some religious orders, such as MLR, ban alcohol or dessert on some fasting days. The MLR Rule does not allow alcohol or dessert on days of regular fast but allows alcohol and one dessert on days of light fast.
- **No eating between meals on fasting days:** Eating outside of the allowed meal or meals on fasting days is not permitted. Water, coffee, tea, fruit juices, and sodas are allowed. Milk or pureed juices (such as tomato juice, V8, or smoothies) are not allowed outside of the meal except for milk or cream in coffee or tea.

For necessary information regarding penitential and non-penitential days (such as exemptions, reductions, or transferrals), see the *Rule of Mary's Little Remnant*.



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